

7.2 Best Practices (2021-22)

7.2.1. PTEP (Professional Teacher Empowerment Programme)

Goal: To prepare all our students to qualify various teacher qualifying exams through specialized training modules and to contribute quality teachers in to the society.

Context

Students join B.Ed programmes primarily to become teachers. Along with professional degree programmes such as B.Ed and M.Ed qualifying teacher eligibility test is essential to serve as approved teachers. For those students who want to serve as teacher qualifying teacher eligibility test is the first ladder they have to climb after completion of their B.Ed course. The college has been working with the motto that students who come to study will go out being fully equipped for community service. To add this, the percentage of results in such examination in recent years is very low. Hence it is high time to have plan of actions to prepare for teacher eligibility test along with BEd programmes. PTEP is a project started in 2015 with the aim that all students who complete B.Ed. Programme from our college should qualify various Teacher qualifying exams such as SET, NET and KTET. The initial goal of the project was to prepare all our students to qualify for such exams by providing specialized training for qualifying exams such as NET, SET and KTET. Later, as part of the project, we were able to organize training programs under the supervision of our expert faculty for other candidates who are now preparing for other teacher competition exams.

The practice

The unique methodology of the project is remarkable as it include continuous and systematic module which help the students to sustain the motivation to qualify these exams. When the notification for such examination has been issued by the concerned authority the students will be given a general orientation on the importance of the exam and application procedure. Help desks will be open for the students till the last date of application and due attention shall be paid that all of the eligible students have applied for the exam. Financial assistance will be given for deserving students. Training session starts when the exam date comes out and continues till one week prior to the examination. The module includes

a general orientation by an external expert faculty and syllabus based classes by the selected faculty. The faculties will be selected to give syllabus based classes and each area of syllabus will be covered systematically. Our specifically designed methodology involves distribution of materials in advance of each session and students will attend the session after reading those simple but comprehensive notes. In order sustain their motivation and keep them alive regular supervision of their study through frequent consultation and periodic assessment by our project team will be made. As a conclusion of the training session a consolidation lecture will be arranged by any expert faculty. The specially curated study plan by the project saves study time for students and help students focus on studies in the stipulated time period.

The unique methodology of the project has three phases viz. **Pre-Coaching Phase** which includes general orientation after the notification, help desk for application and financial assistance for deserving students, **The Coaching Phase** - syllabus based classes by the selected faculty and **Post Coaching Phase** which includes consolidation and mock tests. Our specifically designed methodology involves distribution of materials in advance of each session and students will attend the session after reading those simple but comprehensive notes. Regular supervision through frequent consultation and periodic assessment will also be made to keep students alive till the examination.

Impact of the programmes

After the introduction of this project we could achieve outstanding results in the competitive exams that all of our students should qualify any of teacher eligibility tests before leaving the college. The results of our students in the various competitive examinations for the last five years is given below

Year	NET	SET	KTET	CTET
2015-16	6(16)	13(21)	36(42)	7(11)
2016-17	16(29)	29(41)	82(91)	11(19)
2017-18	20(36)	33(46)	86(93)	14(21)

2018-19	29(45)	39(54)	89 (96)	21(30)
2019-20	19(30)	29(41)	86(97)	
2020_21	31(56)	39(51)	82(92)	
2021-22	29(41)	40(56)	58(69)	

Obstacles faced and resources required

One of the major obstacles to the proper conduct of the programme is the paucity of time. B.Ed programme being a roller-coaster ride, gives little time for activities of this kind. It was resolved to find time outside the class hours, if necessary, for the conduct of the sessions. The major obstacle to execute the programme was the finance as it was very challenging to raise fund for the project. Hence, it was decided to collect a nominal registration fee from outside candidates. Raising additional human and material resources remain was another challenge. Care was taken to utilize the expertise of our faculty members voluntarily.

7.2.2: Finishing School

Title of the Practice: Finishing School

Goal: To empower and equip student teachers with essential skills to meet with the demands of emerging student community and to level up students' confidence and self-esteem so that they are able to face unusual and difficult situations with ease during their future career.

The Context: Teacher education curriculum is unique in nature compared to other academic programmes offered in arts and science colleges. Teacher education is a programme that is related to the development of teacher proficiency and competence that would enable and empower the teacher to meet the requirements of the profession and face the challenges therein. In order to prepare teachers who are competent to face the challenges of the dynamic society, Teacher education has to keep abreast of recent developments and trends. In order to prepare quality teachers equipped with necessary skills to meet the demand of latest changes in the field of school education there is an increased need for a skill based exclusive programme. This necessitated additional efforts to enhance the skills of student teachers. This is an attempt to equip our students with essential skills to meet with the demands of emerging student community and to keep abreast of recent developments and trends

The major outcomes

- **Personality enrichment**-to develop a balanced personality well equipped to adjust with demand of different social situation
- **Leadership skills**- to develop leadership qualities which enable each learner to initiate, and organize different programmes and manage a heterogeneous group
- **Communication**- to develop effective communication skills in both mother tongue and English
- **Interpersonal skills and life skills**-to build practical knowledge to lead an effective social life
- **ICT skills**- to equip for the effective use of 21 century tool for efficient transaction of the school curriculum

The practice: Finishing School is the concept that reaches its horizon beyond 4E's-Education, Employment, Entrepreneurship, Empowerment. The project, launched in 2016, works on an agenda towards empowering the inner potential of our student teachers for equipping them with essential skills to meet with the demands of emerging student community. It has a unique training methodology that incorporates learning, skills and self-development with a curriculum that is entertaining, stimulating and rewarding. We utilize the expertise of our teachers, content, infrastructure, systems and digital technology aids that enhance better learning outcomes, outstanding personal development and effective social skills among our student teachers developed in over five decades of experience in the field of teacher education. It finely blends into modern and futuristic professional set up and demand. As the entire educational system was online during Covid 19 lockdown, efforts were taken to arrange online training classes. Gurudarsan, Our YouTube channel and Guruvani, Our radio were utilized to initiate skills development programme

Methodology

The programme was designed to give special training on the following twenty first century skills

1. LIFE SKILLS TRAINING (25 hours)
2. SOFT SKILLS(25 hours)
3. COMPUTER TECHNOLOGY IN EDUCATION (25 hours)
4. EFFECTIVE COMMUNICATION(25 hours)

As Covid 19 pandemic spread over the world and educational institutions shut their door no offline practical sessions could be organized. Raising to the occasion our project team planned and initiated a Web Talk Series by eminent speakers on different topics. Gurudarsan has also launched GSLIP as a skill development project where students are supposed to prepare video classes for public. Guruvani was made available to enhance students creativity during lockdown students were assigned task of organizing creative programme each day. That helped the students to improve their communication

skill as each student got the chance to present a programme. Care was also taken to organize competitions occasionally.

Impact of the practice

The programme helped our students to stay live and dynamic during Covid 19 lockdown and they were equipped with new digital skills like poster making, video making, sound mixing etc.

Obstacles faced and resources required

No offline practical session could be arranged due to Covid 19 outbreaks. Efforts were taken to use online platform effectively with Web Talk Series, Gurudarsan and Guruvani.

Web link for PTEP

<https://farooktrainingcollege.ac.in/ptep-professional-teacher-enrichment-project/>

Web link for finishing school

<https://farooktrainingcollege.ac.in/finishing-school/>

Web link for best practices

<https://farooktrainingcollege.ac.in/best-practices/>

Detailed Project Report

1. Professional Teacher Empowerment Project

Professional Teacher Empowerment Project was initially designed to help our students to qualify various competitive examinations such as SET, K-TET, NET and C_TET before completing BEd and MEd courses. Thus, intensive training programme has been arranged for our students from 2015 onward. Under this scheme our students were able to achieve unparalleled result in various competitive examinations. Later, in the light of Covid pandemic, attempts were made to arrange online training programmes and the project was extended to the public. Special online training programme was also arranged for those candidates appearing for LPSA and UPSA examinations.

The faculty classes arranged online are made available to the public via online.

The project team includes

Dr Mohamed Saleem (Principal): Project head

Mr Nowfal C (Assistant Professor): Director

Associate Directors

Dr Anees Muhammed C (Assistant Professor)

Mrs Irshana Shahnaz Ulladan (Assistant Professor)

Mr Faseel Ahmed (Assistant Director)

Mr Fasalul Abid CM (Assistant Professor)

The details of the session arranged under the project are given below



Dr Muhammed KV (Assistant Professor, school of pedagogical Sciences, MG University) & Dr P P Noushad (Head and Associate Professor, School of Gandian though and Developmental Studies, MG University gives orientation)

Details of session conducted

Year	Programme	Mode	Results	Participants
2016	Training for K_TET	Offline	86%	Our students
2017	KTET , NET and SET	Offline	(90 % for KTET, 70 % for SET and 55% for NET)	Our students and Alumni
2018-19	KTET, NET and SET	Offline	92% for KTET, &72% for SET 64% for NET	Our students and alumni

2019-20	KTET, NET and SET	Offline	(88 % for KTET, 70 % for SET and 63% for NET)	Our students and alumni
2020-21	KTET, NET and SET	Online	89% for K-TET, &6 for SET 55% for NET)	Our students, alumni and Public
2020-21	LPSA and UPSA			Public
21-22	KTET, NET and SET	Online and Offline	87% for KTET &74% for SET 51% for nET	Our Students

The effectiveness of the project is evident from the result of the students in various competitive examinations after 2015 shown below

PTEP- result of our BEd students in competitive examinations form 2015

Year	NET	SET	KTET	CTET
2015-16	6(16)	13(21)	36(42)	7(11)
2016-17	16(29)	29(41)	82(91)	11(19)
2017-18	20(36)	33(46)	86(93)	14(21)
2018-19	29(45)	39(54)	89 (96)	21(30)
2019-20	19(30)	29(41)	86(97)	
2020_21	31(56)	39(51)	82(92)	

Honouring the winners

It is also part of the project to honour the achievers in befitting manner once the result is published.

This should help them as well as their juniors to get motivated and to try their level best for further achievements.



List of achievers

Care has been taken to keep the list of winners of various competitive examinations among our students and the list is frequently updated when the result is out. A sample is given below



The detailed list of achievers from our students in different batches is available in the following link.

<https://farooktrainingcollege.ac.in/wp-content/uploads/2022/07/PTET-STUDENTS-ACHIEVEMENTS-3.pdf>

Online classes

The online classes of the faculty are also made available to the public via our YouTube channels Guru Darsan.

Links of some sessions are given below

KTET General Orientation by Dr T Mohamed Saleem Principal Farook Training College

<https://youtu.be/sUTXeiuIjs4>

K TET Category 1&2 Exam tips by Mansoor Kappungal

https://youtu.be/25oJN_V8JfM

K TET Category 1&2 Psychology Part 1

<https://youtu.be/IfJ6mCrgZL8>

K TET Category 1 &2 Psychology Part 2 [https://youtu.be/EV0-](https://youtu.be/EV0-tvEVxa8)

[tvEVxa8](https://youtu.be/EV0-tvEVxa8)

K TET Category 1&2 Psychology Part 3

https://youtu.be/a5p_J0YdwdY

KTET category 3 Teaching aptitude 1

<https://youtu.be/qrtjQrExqqc>

KTET category 3 Teaching aptitude 2 https://youtu.be/x7a_wp_1xcY

K TET Category 3 teaching aptitude 3

<https://youtu.be/M67STqP29qA>

KTET category 3 factors affecting learning and creativity

<https://youtu.be/WT7On8n0JnA>

Report of the sessions (2021-22)



Meeting

Department Name : IQAC

Meeting date | time 9/15/2021 2:00 PM | Meeting location *Online- G Meet*

Meeting called by Dr. Manoj Praveen G

Type of meeting PTEP

Facilitator Dr. T Mohammed Saleem

Note taker Mr. Noufal C

Timekeeper Mr. Rishad KT

Attendees

Dr. Muhammed Saleem T

Dr. Manoj Praveen G

Mr. Nufal C

Mr. Fasalul Abid CM

Mr. Muhammed Sareef K, Staff Secretary

IQAC Members

Meeting Agenda

Date 15/09/2021 | **Time allotted** 1 | **From** 2.00pm **To** 2.30 pm | **Presenter** Mr. Noufal C

- Farook Training College PTEP is planned to organize an online orientation program (for general paper and Education) in connection with the UGC_NTA NET exam to be held from October 6, 2021.



PTEP- PTEP-Prospective Teacher Empowerment Programme- NET Online Orientation

21 September 2021- 2nd October 2021

As part of our mission to equip our students to qualify NET examination , 10 days Online Enrichment sessions for NET aspirants was organised by Farook Training College, Calicut from 23/09/21 to 2/10/20. The initiative commenced on 23/09/2021 with the Inauguration and general orientation by Dr T Muhammad Saleem, the principal, Farook Training College. Presidential talk was delivered by Mr Nowfal C, the project director. Classes were handled by eminent resource persons including Dr Vijayakumari, Dr Jesa M , Dr Manoj Praveen G Dr Hassan Koya MP , Nowfal C, Dr. Muhammed K V, Rajitha KV, Dr Afeef T, Dr TK Umer Farooque, Fasalu Abid, Dr Fathima Jaseena ,KM Shareef, Dr Jouhar Munavvir, Irshana U, Rishad K, Dr Niranjana and on the various content areas covering the syllabus. The detailed schedule was given below

FAROOK TRAINING COLLEGE
PTEP-Prospective Teacher Empowerment Programme
NET Online Orientation
Schedule

SESSION	DATE	TIME	RP	TOPIC	AREA
	21/09/21	10-12 FN	Dr Muhammed KV MG UNiversity	Teaching Aptitude	General Paper
	21/09/21	2-4 AN	Dr Muhammed KV MG UNiversity	Inclusive Education	Core Paper
	22/09/21	2-3 AN	Dr T Mohamed Saleem Principal, FTC	General Orientation & Inauguration	
	23/09/21	1.30 - 2.30 FN	Dr Jesa M	Reading Comprehension	General Paper
	23/09/21	AN 4-5.30	Rajitha KV	Higher education	General & Core paper
6	24/09/21	AN 1.30_3.30	Dr Jesa M	Curriculum	Core paper
7	24/09/21	Night 7-8.30	Dr Jouhar Munavvir	Guidance and counselling	Core paper
8	25/09/21	10-12 FN	Dr Afeef Tharavattath FTC	Pupil and Enviornment	General Paper
9	25/09/21	AN 2-4	Dr P Rekha	Sociology	Core paper
10	26/09/21	FN 10-12	Rishad K	ICT	General paper

11	26/09/21	AN 2-4	Dr Fathima Jaseena MPM	Curriculum	Core paper
12	26/09/21	Night 7-8.30	Irshana Shahnaz Ulladan	Curriculum	Core paper
13	27/09 /21	AN 2-4	Dr Nirnjana KP	Teacher education	Core paper
14	27/09/21	Night 7-8.30	Dr Umer Farooque	Growth and development	Core paper
15	28/09/21	AN 2-4	Nowfal C	Communication	General paper
16	28/09/21	Night 7-8.30	Fasalul Abid CM	Personality	Core paper
17	29/09/21	2-4 AN	Dr Anees Muhammed C	Research aptitude	General and core
18	29/09/21	Night 7-8.30	Dr Nazimudeen	Personality	Core paper
19	30/09/21	AN 2-4	Dr vijayakumari	Research in education	Core paper
20	30/09/21	Night 7-8.30	Muhammed Sareef K	Learner and learning process	Core paper
21	1/10/21	AN 2-4	Dr Manoj Praveen G	Technology in education	Core paper
22	1/10/21	Night 7-8.30	Dr Hassan Koya MP	Pedagogy and Andragogy	Core paper
23	2/10/21	FN 10-12	Dr Anees Muhammed	Indian Philosophy	Core paper
24	2/10/21	AN 2-4	Nowfal C	Assessment	Core
25	2/10/21	Night 7-8.30	Dr Afeef Tharavattathu	Education commission	Core

Prepared by Media Cell, FTC

Union Meeting



Meeting

Minutes of

Department Name : PTEP & IQAC

Meeting date | time 1/1/2022 2:00 PM | Meeting location IQAC Room

Meeting called by Mr. Noufal C

Type of meeting PTEP & IQAC

Facilitator Dr. T Mohammed Saleem

Note taker Dr. Manoj Praveen G

Timekeeper Mr. Rishad KT

Attendees

Dr. Muhammed Saleem T

Dr. Manoj Praveen G

Mr. Nufal C

Mr. Fasalul Abid CM

Mr. Muhammed Sareef K, Staff Secretary

IQAC Members

Meeting Agenda

Date 01/01/2022 | **Time allotted** 1 | **From** 2.00pm **To** 2.30 pm | **Presenter** Mr. Noufal C

- Farook Training College PTEP is planned to organize two days offline orientation program for the SET aspirants on 5th & 6th January 2022.



PTEP- SET Orientation Programme 5th – 6th January 2022

Farook Training College has conducted offline orientation program on Tuesday & Wednesday, 4-5 January 2022 for the aspirants of State Eligibility Test (SET) to be held in near future. The first day of the program held at the college auditorium on 4th January was formally started at 10:00 am with the welcome address by Ms. Rahidha, followed by presentation of the outline of the program by Dr. Anees and a motivational remark by Dr. Farook. While Mr. Navas Kalpatta, a well-known motivator trainer and chief Resource Person handled the main content of the program covering areas of General

Knowledge and Current Affairs. Apart from short 15minutes refreshing break at 11:30 am, and the lunch break during 1:00 pm - 2:00 pm, participants enjoyed the valuable sessions until 4:00 pm when the program was formally concluded with vote of thanks rendered by Ms. Raveena Krishnan. This successful orientation program was well coordinated by Mr. Noufal C.

The second day of the program was held at the M Ed lecture hall on 5th January 2022 and Dr. Anees Mohamed delivered a detailed Power Point presentation on Research Methodology, elaborating various aspects of research including research aptitude, preparing research proposal, tools and techniques to be used for research etc. Dr. Anees also discussed some of the questions asked for SET examination during previous years. At the end of the second day's session, Ms. Greeshma, M Ed student rendered vote of thanks. SET aspirants from Farook Training College greatly appreciated the orientation program.





Day 1- 5th January 2022



Day 2- 6th January 2022



Prepared by Media Cell, FTC

Report and documentation (2021-22)



Meeting

Department Name : IQAC , PTEP

Meeting date | time 8/4/2022 2:00 PM | Meeting location *Online- G Meet*

Meeting called by Mr. Noufal C

Type of meeting PTEP

Facilitator Dr. T Mohammed Saleem

Note taker Dr. K Vijayakumari

Timekeeper Mr. Rishad KT

Attendees

Dr. Muhammed Saleem T

Dr. Vijayakumari K

Mr. Noufal C

Mr. Rishad KT

IQAC Members

Meeting Agenda

Date 08/04/2022 | **Time allotted** 1 | **From** 2.00pm To 2.30 pm | **Presenter** Mr. Noufal C

- Farook Training College PTEP is planned to organize an online orientation program (for general paper and Education) in connection with the K-TET Examination be held on 4th & 5th May 2022.



PTEP- Prospective Teacher Empowerment Programme- K-TET Coaching Class
18 April 2022 – 26th April 2022

As part of our mission to empower prospective teachers and to equip our students to qualify for the KTET examination, 8-day online enrichment sessions for KTET aspirants were organised by Farook Training College, Calicut from 18/04/22 to 26/04/22. Classes were handled by eminent resource persons including Dr. Muhammed K V, Abdul Qadir, Dr. Afeef T, Dr. TK Umer Farooque, Rajitha KV, KM Shareef, Nowfal C, Dr Hassan Koya, Dr Jouhar Munavvir, Fasalul Abid CM, Irshana U, on the various content areas covering Psychology, Pedagogy, English, Malayalam, Social Science, Physical Science, Natural Science, and Mathematics based on the syllabus prescribed for KTET category 3. Mr. Nowfal C, the project director, along with student coordinators Jineesh Kumar and Anjana, coordinated various sessions.



FAROOK TRAINING COLLEGE
PTEP-Prospective Teacher Empowerment Programme
K-TET Coaching 2022
Schedule

Mode: Online

Sl No.	Date	Resource Person	Topic	Time
1	18/04/22	Dr Muhammed KV, Assistant Professor, MG University	General Orientation and Teaching Aptitude	9.30-1 pm FN (Offline)

2	19/04/22	Rajitha KV, FTC	Malayalam	10-12.30, FN
4	19/04/22	Rajitha KV, FTC	Malayalam	1.30-3.30, AN
5	20/04/22	Mohammed Shareef, FTC	Learning Theories	10-12.30, FN
6	20/04/22	Abdul Qadir	Developmental Theories	1.30-3.30, AN
7	21/04/22	Nowfal C, FTC	Assessment and Evaluation	10-12.30, FN
8	22/04/22	Dr Umer Farooque TK, FTC	Growth and Development	10-12.30, FN
9	23/04/22	Nowfal C, FTC	General English	10-12.30, FN
10	23/04/22	Dr Aseel Abdul Wahid	Children with special Needs	1.30_3.30, AN
11	24/04/22	Optional	Optional	FN &AN
12	26/04/22	Dr Afeef T, FTC	Factors affecting learning	FN

Prepared by Media Cell, FTC

Guruvani & Gurudarshan



Minutes of

Meeting

Department Name : MEd Association & G-SLIP

Meeting date | time2/20/2022 3:00 PM | Meeting location *MEd Class Room*

Meeting called by Rekha P

Type of meeting MEd Association & G-SLIP

Facilitator Dr. Nasimudheen T

Note taker Mr. Fasalul Abid CM

Timekeeper Mr. Rishad KT

Attendees

Dr. T Mohammed Saleem

Dr. P Rekha

Mr. Fasalul Abid CM

Dr. Muhammed Nasimudheen T

Mr. Rishad KT

MEd students representatives

Meeting Agenda

- To conduct one day workshop on Soft Skills ICT for the M.Ed students by Dr. Hassankoya MP, Assistant Professor FTC on 23rd February 2022, 10 am.



Report

Workshop on Soft Skills 23rd February 2021

Farook Training College has conducted soft skill workshop on Wednesday, 23 February 2022 for the ME.d first year students. The workshop held at the ME.d lecture hall was formally started at 10:00 am by presentation of the outline of the program by Dr. Hassan Koya. The Ten groups from students handled the main content of the program covering areas of Ten softskills. Apart from short 15minutes refreshing break at 11:00 am, participants enjoyed the valuable sessions until 2:00 pm when the program was formally concluded. Ten groups Representatives delivered a detailed PowerPoint presentation on Assertiveness, Time management, Effective communication, Adaptability, Problem solving, Team work, Creativity, Leadership, Stress management, Work ethics to be used for Modifying students behaviour , personality etc. The ten groups explained the ten soft skills with examples and activities. Dr. Hassan Koya MP also discussed some of the sof tskills. ME.d Students from Farook Training College greatly appreciated the workshop.



Gallery







The session was puppetry drama which was under the guidance of eminent personality in drama and puppetry drama Mr Krishnakumar Kizhisseri. In the beginning he gave a brief description about puppetry. After his short explanation about

puppetry he asked to sit in a group of ten and gave instruction to each group to make puppetry. Each group made different puppets which include shadow puppet, spring puppet, thread puppet, muppet, hand puppet etc. Finally he played a drama which was about environmental pollution. FN session ended at 2pm and all students dispersed for lunch break after a photo session with puppets





Day-3- 9th February 2021- Music Is Life

As part of Mazi 2021, the two camp of B. Ed 2019-21 batch, arranged a Zumba class on 10th march 2021 at 2.30pm. Fida binth basheer from B. Ed optional English

delivered welcome speech to the session. The class was handled by Mr. Sreejith K, Assistant professor of physical education in Kannur University and Mrs. Divya, professional zumba trainer. It was a marvelous session and received high applause from students. The session got a formal conclusion with a vote of thanks from Anusree of B. Ed Maths. After the



DAY 5- Drama Presentation

