



The harmoniously and symmetrically arranged college emblem presents a mix of nearly ten significant ingredients viz, a flaming torch in a firmly holding hand; a star at the centre; the motto of the institution with the name of the institution inscribed underneath; coconut trees and a sea coast; an open book; ink-pot and pen; and an encircling crescent. The flaming torch in the hand of the seeker of knowledge symbolizes the dissemination of knowledge; the star signifies a steady source of light and wisdom imparted by the college; the motto of the institution means, "Lord, increase my knowledge"; the coconut trees and a sea coast represent Kerala and the Arabian Sea, whose histories have always remained intertwined; the ink-pot and pen signify the dissemination of knowledge through writing; the open book symbolizes transparency and universal nature of knowledge imparted by the institution; while the encircling crescent signifies peace embracing varying sectors.

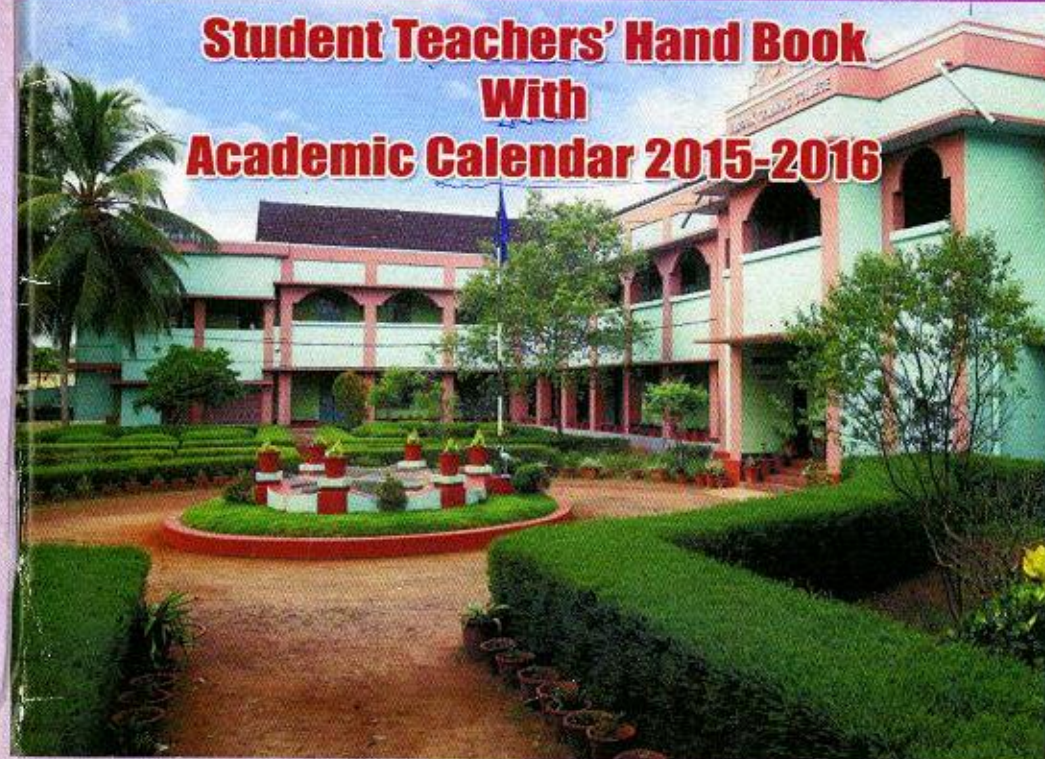


FAROOK TRAINING COLLEGE

RESEARCH CENTRE IN EDUCATION

(Re-accredited at A Grade with CGPA 3.54)

Student Teachers' Hand Book With Academic Calendar 2015-2016



FAROOK COLLEGE.P.O., CALICUT, KERALA - 673 632

Ph : 0495-2440662, Fax : 0495-2443219,

E-mail : farooktc06@yahoo.co.in Web : www.farooktrainingcollege.org

Enter to Learn; Exit to Serve

VISION

To become a center par excellence of Teacher Education, unique in Experience, Value based in approach and Pioneering in efforts for enriching and fulfilling life of all.

MISSION

To impart state-of-the-art knowledge in to pre service teachers in various educational disciplines and to inculcate in them a high degree of social consciousness and human values, thereby enabling them and their students to face the challenges of life with courage and conviction.

FAROOK TRAINING COLLEGE

RESEARCH CENTRE IN EDUCATION

ESTD . 1961

(Re-accredited at A Grade with CGPA 3.54)

Ph : 0495 - 2440662, Fax : 0495 - 2443219

E-mail : farooktc06@yahoo.co.in

Website : www.farooktrainingcollege.org



ACADEMIC CALENDAR 2015-2016

Name :

Programme :

Optional Subject :

Roll No. :

[Signature]
Prof.(Dr.)T. Mohamed Saleem
Principal
Farook Training College
P.O.Farook College ,Kozhikode



പ്രാർത്ഥന

ലോകങ്ങളൊക്കെയും കാത്തു രക്ഷിച്ചിടും
 ലോകൈകനാഥനെ വാഴ്ത്തുന്നു സർവരും
 കാരൂണ്യമേകുന്ന രക്ഷകാനിൻ കൃപാപുരം
 നിരന്തരം വർഷിക്ക ഞങ്ങളിൽ

നിന്നോട് മാത്രം നിവേദനം ചെയ്തിടും
 അന്യദൈവങ്ങളെ തേടില്ലാരിക്കലും
 നേരായ മാർഗം തെളിക്കണേ രക്ഷകാ
 പാരാകെ നിത്യം നയിക്കുമാറാകണേ

സത്തുകൾ പോയോരു മാർഗേണിത്യവും
 സത്യത്തിലെത്താൻ തുണക്കുമാറാകണേ
 നിൻകോപ വഹ്നിയിൽ വീണൊരു മർത്യന്റെ
 പിൻപെ അയ്ക്കല്ലൊ രക്ഷകാ ഞങ്ങളെ

(ലോകങ്ങളൊക്കെയും കാത്തു രക്ഷിച്ചിടും)

P.O. Farook College, Kozhikode
 Farook Training College
 Principal
 P.O. (Dr.) T. Mohamed Saleem



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Principal
 Farook Training College
 P.O. Farook College, (Calicut)

Enter to learn.....

Education is the progressive discovery of one's ignorance. Learning how to learn is the basis of education. It directs our choice between right and wrong. It is a good system of education which indicates the principles of humanity. Nature brings out the distinction between man and brute, and education brings out the difference between one man and another.

It is education which makes people easy to lead but hard to drive, easy to govern but hard to enslave.

OUR MOTTO

There was an elderly person planting some acorns. A man passing by asked, "Old man, look at your age. Do you think you will live long enough to see the Oak trees" And the man replied, "All the trees that have given me shade and fruits - did I plant all of them? There are people coming behind me too"

..... Exit to serve

enter to learn; exit to Serve

ABOUT THE COLLEGE

Farook College Campus, the multi institutional complex represents an era of renaissance in the educational and socio-cultural dimensions of Malabar. Farook Training College, the third institution in this prestigious campus, established in 1961 by Rouzathul Uloom Association, is the first teacher training college managed by Muslim minority in the state to promote the cause of education in Malabar, to provide quality education to all classes of people, to attract and encourage talented students towards teaching profession, especially from among financially and educationally backward Muslim minority students and other marginalized sections of the society. The institution was very particular to cater to the dire needs of the region for trained teachers that trained teachers had to be searched from other parts of Kerala to run secondary schools. During the last fifty years the college geared all its academic and extension activities in pursuit of quality teacher education to all classes of people.

The college has been upgraded as a Research Centre in Education by the University of Calicut in 2012. At present the college provides courses in Education at graduate and post graduate levels. The courses are recognised by NCTE. IGNOU has identified the college as a Programme Centre for B.Ed., M.Ed, M.A (Education) and PGDET courses. The college has excellent infrastructure and resourceful staff members. In September 2012, the College was re-accredited at A grade with a CGPA of 3.54 by the National Assessment and Accreditation Council (NAAC).

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Principal

Farook Training College
P.O. Farook College, (Calicut)

PRINCIPAL'S NOTE

Welcome to Farook Training College, one of the premier institutions for Teacher Education under the University of Calicut. Farook Training College offers top-quality education and training to prospective teachers, with well established resources in terms of infrastructure, proficient faculty and vibrant curricular programmes. This educational gate way takes you to the expansive vista of a career that has been described- for good reason- as the best of all calling.

For the teacher's is not just any career, but one that grooms the "Generation Next", and sets the tone for posterity. The teacher moulds and directs the future by bringing up its human resources. It is a calling that touches alike the humble home and the wide world, the individual and society, the village and the metropolis, and fundamentally at that. There is in today's talent-driven world, a great demand for teachers of various disciplines, well trained and able to identify the latent potential of the students. The teacher's profession is a composite skill that needs to be developed and nurtured to provide calibre, competence and commitment. And that is what you get at Farook Training College. At the same time, we understand it is a skill that cannot be seen in isolation but as part of the overall personal make-up of the teacher. Which is why we aim at the "Complete Teacher". Above all, we offer courses that reckon with enduring human values combined with an eye for the ever-changing strategies of teaching.

The College offers courses designed by the University, but they are administered with unique imaginativeness and finesse. We deal with the nuances of human resource development and management, equip the trainees to cope with the changing profile of the profession, and familiarize them with the latest techniques and technology. Naturally, we also provide full residential facilities for the teacher trainee. Farook Training College is situated on a hillock that comprises an educational township, the ideal – and unique – location for the teacher trainee.

We expect the whole hearted support and timely co- operation of all students to realize our mission in its oneness and fullness.

GOVERNING BODY

1. Jb: P.K.Ahamed (President)	0495-2421703 (O) 0495-2421705 (R)
2. Jb: P.Mohamed Ali (Vice President)	0484-2706116 (O) 009689310004 (M)
3 Adv. V. Veeran (Secretary)	0495-2482231 (O) 0495-2482731 (R)
4 Jb. M. Ayub (Jt.Secretary)	0495-2440664 (O) 0495-2320296 (R)
5 Jb. S. Mohammed Yunus (Treasurer)	0495-2720310 (O) 0495-2320879 (R)
6 Jb. K.V. Haseeb Ahamed (Manager)	0495-2365831 (O) 0495-2370404 (R)
7 Prof. A. Kuttialikutty (Member)	0495-2441444 (R)
8 Jb. P.P. Kunhammed Koya (Member)	0495-230 2987 (O) 0495-2305111(R)
9 Prof:U.Mohamed (Manager)	0495-2440595 (O) 0495-2441445 (R)
10 Jb. C. A. Ummer Koya (Member)	0495-2366216 (O) 0495-2301834 (R)
11 Jb. K.V. Kunhammed Koya (Member Ex Officio)	0495-2703893 (O) 0495-2370404 (R)
12 Prof. E.P. Imbichi Koya (Member Ex.Officio)	0495-2440464 (O) 0495-2482310 (R)
13 Dr. C.A. Jawahar (Member Ex.Officio)	0495-2443218 (O) 0495-2443314 (R)

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Principal

Farook Training College
P.O. Farook College, (Calicut)

SUCCESSION LIST OF PRINCIPALS

1. Sri. T.K. Subramanian, MA, LT	18.07.1961 to 31.05.1967
2. Prof. M.A. Shukoor, M.A, LLB, B.Ed	01.06.1967 to 20.12.1979
3. Dr. V. Aiyappan Pillai, MA, M.Ed, Ph.D	21.12.1979 to 31.03.1986
4. Dr.C.P.Sreekantan Nair, MA, M.Ed, Ph.D	01.04.1986 to 12.02.1996
5. Prof.C. Abdusalam., MA, M.Ed., M.Phil	13.02.1996 to 31.03.2006
6. Dr. S. Nirmala Devi, M.Sc, M.Ed, Ph.D	01.04.2006 to 30.06.2007
7. Prof. A. Faziluddin, M.Sc, M.Ed	1.07.2007 to 31.03.2014
8. Dr. C.A. Jawahar, MA., MEd.,M.PEd., Mphil, PhD	1.04.2014 onwards

FACULTY MEMBERS

1. Principal Dr.C.A. Jawahar, MA (Eco), M.Ed, M.PEd., M.Phil, Ph.D Associate Professor (Physical Education) cajawahar97@gmail.com https://sites.google.com/site/cajsports/	0495-2443314 9744944588
2. Mr. Abdul Basheer Uzhunnan, M.Sc (Zoo), M.Ed. Associate Professor (Education) basheerfc@gmail.com https://sites.google.com/site/abuopenwindow/	0495-2443049 9961856215
3. Dr. C.M. Bindhu, MA (Mal), M.A(Socio), M.Sc (Applied Psy), M.Ed, Ph.D Associate Professor (Malayalam) & Research Guide drbindhucm@gmail.com https://sites.google.com/site/drbindhucm	0495-2443065 9447636182
4. Dr. N.S. Mumthas. M.Sc (Maths), M.A (Socio), M.Ed, Ph.D Associate Professor (Education) & Research Guide mumthasns@yahoo.co.in http://sites.google.com/site/mumthas	0495-2443076 9496283212
5. Dr. Abdul Hameed Muktar Mahal, M.A (Eng), M.Sc (Psy), M.Ed, M.Phil, PGDGC, Ph.D Associate Professor (Education) ahmuktar@gmail.com, www.muktamahal.blogspot.com www.sites.google.com/sites/bedandmedpsychologynotes	0495-2306127 9847337505
6. Dr. K. Vijayakumari, M.Sc (Maths), M.Sc (Psy), M.Ed, Ph.D Associate Professor (Mathematics) & Research Guide vijiedu@gmail.com http://sites/satisticsineducation	0495-2443081 9447228049
7. Dr. M. Jesa, M.A (Eng.) MA (Socio) M.Ed, Ph.D Associate Professor (English) & Research Guide jesasajeev@gmail.com http://sites.google.com/site/eltresource	0495-2440594 9447908842

8.	Dr. Manoj Praveen G, M.Sc (Phy), M.Ed, Ph.D (on PDF) 0491-2506117 Associate Professor (Physical Science) & Research Guide 9446645939 manojpraveeng@gmail.com www.sites.google.com/site/bedphysicalscience	
9.	Dr. M.P.Hassan Koya, M.S (Bot), M.Ed, Ph.D 0495-2359860 Assistant Professor (Natural Science) & Research Guide 9847781500 hassankoyamp@gmail.com www.sites.google.com/sites/trainingspsychology	
10.	Dr.T. Mohamed Saleem. 0483-2642109 M.A (His), M.A. (Socio), M.Sc (Psy), M.Ed., GIT, Ph.D 9496363353 Assistant Professor (Education) & Research Guide drsalimt@gmail.com http://sites.google.com/site/drsalimftc	
11.	Dr. Noushad P.P, M.A. (His), M.A. (Socio), M.Ed, Ph.D 0494-2482091 Assistant Professor (Social Science) & Research Guide 9447675755 noushadftc@gmail.com https://sites.google.com/site/noushadftc	
12.	Dr.Afeef Tharavattath, 0483-2854399 M.Sc (Zoo), M.Ed. (Tech), M.Phil, Ph.D 9447754318 Assistant Professor (Natural Science) afeeft@gmail.com www.sites.google.com/site/bednaturalscience	
13.	Dr. T.K. Umer Farooque, 0495-2441641 M.A (Arabic), M.A (Socio), M.Ed, M.Phil, M.Sc (Applied Psy), Ph.D 9447346817 Assistant Professor (Education) farooquetk@gmail.com https://sites.google.com/site/fqmashftc/	
14.	Dr. P. Rekha, M.Sc. (Zoo), M.Ed., Ph.D Assistant Professor (Education) & Research Guide 9447269224 dr.rekharavi@gmail.com https://cms.rekhaftc.webnode.com	

15.	Mr. Anees Mohammed. C, M.Sc.(Phy), M.Sc.(Psy), M.Ed. M.B.A, M.Phil(Phy), M.Phil(Edn), DNYS Assistant Professor (Education) 0483 - 2714031 hai80ani@gmail.com 9946197560 https://google.com/edu4solutions.com	
16.	Mrs.Niranjana. K.P, M.Com, M.Ed, M.Phil, PGDCA Assistant Professor (Education) 0494-2608388 niranjana_bmenon@yahoo.com 9447335854 https://sites.google.com/site/bedmedcommerce	
17.	Mrs. Fathima Jaseena MPM, M.A.(Hindi), M.Ed. Diploma in translation Assistant Professor (Education) 0495-2770744 jessympm@gmail.com, 9446072144 www.sites.google.com/jaseena4ict	
18.	Mr. Jouhar Munavvir.T., M.A.(Eco), M.A.(Socio), M.Ed, M.Phil Assistant Professor (Social Science) 9847154767 jouhamunavvir@gmail.com https://sites.google.com/site/jhreducator	
19.	Mr. Rishad Kolothumthodi 9446691444 M.A (Eng), M.Sc.(Maths), M.Ed., PGDEA, PGDPRM 0483 2858330 Assistant Professor (Mathematics) rishadkt@gmail.com www.sites.google.com/site/rishadedutech.	
20.	Mrs. Irshana Shahnaz Ulladan, M.Sc. (Phy), M.Ed 9744366986 Assistant Professor (Physical Science) Irshana07@gmail.com www.sites.google.com/sites/irshana	Certified to be a true copy
21.	Mr. Nowfal. C. 9946860313 M.A (Eng), M.Ed. Assistant Professor (English) nifoos@gmail.com	
22.	Mr. Mohammed Sareef. K., M.A., M.Ed., M Phil 9447276416 Assistant Professor (Malayalam) mohammedsareef@gmail.com www.kathamash.blogspot.com	Principal Farook Training College P.O, Farook College, (Candia)

23. Mrs. Bindu. T.V, M.Com., M.Ed., Assistant Professor (Commerce) bindutvtsy@gmail.com https://sites.google.com/site/philocom4success/	0495-2225982 9400532622
24. Ms. Foushiba. P.K.M, M.Com., M.Ed. Assistant Professor (Commerce) foushibagazali001@gmail.com www.sites.google.com/sites/foushiba	9847694575
25. Mrs. Himna P.A., M.Sc (Chem), M.Ed Assistant Professor (Physical Science) himnapa@gmail.com	9496363010

ADMINISTRATIVE STAFF

1. Mrs.P.M. Rubeena, Junior Superintendent	0495-2443314 9995263888
2. Mr.Saidalavi. K.M , Head Accountant	9847440662
3. Mr. Aslam. N, Senior Clerk	0495-2853736 9895235772
4. Mr.Muhammed Basheer T, Senior Clerk	9846025475
5. Ali Akbar Athikkavil, Clerk	9496905150
6. Mr. K. Muhammed, Store Keeper	9961012662
7. Mr. Faez C , Typist	9947755018
8. M. Sabira, Librarian (UGC)	0495-2415614
9. Mr. T.T. Abdul Rasheed, Lib.Asst	9656624280
10. Mr. N. Basheer, Lib Asst (HG)	9072838599
11. Mr. P.P. Kunhali, Office Assistant (HG)	9633740986
12. Mr. K.P. Ahamad, Office Assistant (HG)	9846197864
13. Mr. P.C. Majeed, Office Attendent (HG)	0483-2833086 9847699215
14. Nishad. O, Office Attendent	9946920075
15. Arsal. R.M., Technical Staff	9746202744
16. Sheeba, Sweeper	9947841803

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ROLL OF HONOUR

B.Ed

1979 - 80	Dastoor Abanfredon	-	I Rank (Eng)
1983 - 84	Molly Joseph	-	I Rank (Eng)
1988 - 89	Meera Rahman	-	I Rank (NS)
1990 - 91	Rasheed K. Killyalil	-	II Rank (NS)
1993 - 94	Ashraf. T.P	-	I Rank (Eng)
1994 - 95	Mohamedunni Alias Musthafa.M.N-	I Rank (NS)	
1997 - 98	Raji. B	-	I Rank (NS)
1998 - 99	Jafar P. C	-	II Rank (NS)
1999 - 00	Manjusha K.J	-	III Rank (NS)
2001 - 02	Sindhu Jayaraj	-	II Rank(Com)
	Vinod Kumar P.K	-	IV Rank (NS)
2002 - 03	Prajeesha P.	-	IV Rank (NS)
2003 - 04	Shemi. C	-	II Rank (NS)
	Reeja Mol	-	III Rank (NS)
2004 - 05	Beena. P.R	-	III Rank (NS)
	Nifsa. P	-	VIII Rank (PS)
2006-07	Muhammed.K.V.	-	II Rank (SS)
2007-08	Ashmi Thara	-	II Rank (Eng)
2008-09	Radhika.K.	-	II Rank (Com)
	Abdul Majeed Kadooran	-	III Rank (SS)
2009-10	Sajjila. V.S.	-	I Rank (MT)
2010-11	Sabna. P	-	II Rank (MT)
2011-12	Divya. C	-	(PS)
2012-13	Sajitha. K	-	(Com)

M.Ed

1996 - 97	Nisha. P	-	VII Rank
1998 - 99	Philip Joseph	-	I Rank
	Suchithra. K	-	II Rank
	Sivaprasad	-	V Rank
	Priya. K.P	-	VII Rank
	Shalina Beegum	-	IX Rank
1999 - 00	Vineetha. M	-	IV Rank
2000 - 01	Safeera. M. A	-	I Rank
2002 - 03	Jasla Zaheer	-	IV Rank
2003 - 04	Sreepriya. C	-	V Rank
2009 - 10	Sindhu	-	III Rank
2011-12	Reena. K.R	-	
2012-13	Usha. K	-	

COURSES OFFERED

1. B.Ed (Regular)

English

Malayalam

Mathematics

Physical Science

Natural Science

Social Studies

Commerce (Unaided)

2. M. Ed. (Regular)

3. B.Ed. (IGNOU)

4. M.A. (Edn.) [IGNOU]

5. M.Ed. [IGNOU]

6. PGDET [IGNOU]

7. Ph. D Programme [Part time & Full time]

OPEN STREAM

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The only way to climb to the highest mountain is one step at a time.

Anonymous

Principal
Farook Training College
P.O. Farook College, (Cannal)

FEE REGULATIONS

1) Fees and Fine (Year - wise)

A. Tuition fee Rs. 2000/- for B.Ed and Rs. 3000/- for M.Ed

Special Fees	B.Ed	M.Ed
1. Admission Fee	50	100
2. Library Fee	100	150
3. Excursion Fee	50	60
4. Medical Inspection Fee	5	5
5. Magazine Fee	50	50
6. Calendar Fee	30	30
7. Association & College Day Fee	50	50
8. Laboratory Fee (Science students)	50	50
9. Audio Visual Education Fee	10	10
10. Teaching Practice Fee	50	50
11. Stationery Fee	25	25
12. Students aid Fund	5	5
13. Women's study Fund	5	5
14. Athletic / Games Fee	50	50

University Fees

1. University Union Fee	50	50
2. University Sports Affiliation Fee	100	100

All these fees will be collected at the time of admission :

1. Caution deposit of Rs. 360/- for B.Ed and Rs. 600/- for M.Ed. will be collected at the time of admission. Students should keep the fee receipts issued from the office.
2. If any student fails to pay the fees or special fees on the due date he/she shall be liable to pay a fine of 50 paise along with the fees on or before the 10th day after the due date. If the 10th day happens to be a holiday, the next working day will be counted as 10th day
3. If the fees with a fine of 50 paise is not paid on or before the 10th day after the due date, an additional fine of Re. 1/- will have to be paid and if the fees and fine are not paid within 15 days from the due date, the name of the student will be removed from the rolls of the college with effect from the date following the expiry of this period and the student shall not get the benefit of attendance from the date of removal and if the student is to be re-admitted he/she has to apply for the special permission of the principal and also has to remit all the arrears of fees with fine. The re-admitted students shall get the benefit of attendance only from the date of re-admission.
4. If the student leaves the college during the middle of a term he/she shall pay the tuition fees for that term
5. The university examination fee for B.Ed and M.Ed will be notified by the university for all Semesters.
6. Graduates from other universities should remit Rs.100/- (Rs. 50/- for recognition of the qualifying degree and Rs. 50/- for Matriculation in the Calicut University)


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 Farook Training College
 17 P.O. Farook College, (Calicut)

Refund of caution deposit

The Caution Deposit shall be refunded when the students leave the college after deducting dues if any. They shall apply in the prescribed form immediately before the expiry of the academic year or at the time of leaving the college, in case they discontinue in the middle of the academic year. If the claim for refund is not made before the date of re-opening the college for the next academic year, the amount will be forfeited and remitted to the general revenue account of the Government as per rules. The original receipt issued for remittance of caution deposit is to be produced along with the application.

Fee Concession and Scholarship

Full fee concession is granted to students on production of necessary income, nativity, and community certificates. A number of scholarships are awarded every year to students belonging to the backward classes by the government of India. Students of the college are eligible also for Merit scholarship awarded by the Government of India and University.

You should be a scholar or a student or a listener or a lover of a knowledge and you should not be the fifth which makes you perish.

Prophet Muhammed

GENERAL RULES OF CONDUCT

1. Students will always behave with dignity and courtesy. They should always carry their identity cards in the college.
2. Students shall be clean and decent in appearance and dress.
3. Women students shall observe strict modesty in dress.
4. The students should wear uniform, as suggested by the college on all days except wednesdays.
5. Men students shall not be found with folded up dhothies, unbuttoned shirts, low waist pants and T-shirts in the college.
6. Students shall wish the members of the staff the first time they see them.
7. When a visitor or a member of the staff enters the class, the students shall stand up and should remain standing until the visitor or staff member is seated or has directed them to sit.
8. Students shall leave lecture hall quietly permitting the women students to leave first.
9. Crowding on the verandah and door way and shouting etc. will be treated as act of indiscipline.
10. No student shall leave the lecture hall when the class or guest lecture is in progress, except for an unavoidable reason. Leaving without permission is highly irregular.
11. Students shall be in their seats 5 minutes before the commencement of the class.
12. No late comer shall enter the class without permission of the lecturer concerned.
13. Students are expected to be in the library when they have no class. Loitering on the verandah and in the premises will be treated as indiscipline.

Principal

Farook Training College
P.O. Farook College, (Calicut)

14. Students are forbidden from entering the laboratory except with the consent of the lecturer in charge.
15. Furniture should not be misplaced and dislocated.
16. Students are warned not to participate in any agitation against authority nor should they engage in any activity promoting communal or religious disharmony.
17. Addressing any gathering in the premises without the permission of the principal is irregular except for college union activities.
18. No student shall appear for an interview or examination without prior permission of the principal.
19. Students are not permitted to use the college office phone, except in extreme urgency. A Coin box telephone is installed for students' use.
20. Mobile phones, cinematic dance and fashion show shall not be allowed inside the college campus.
21. Any office bearer of the college union if found to be repeatedly violating the rules of conduct will be relieved from the office he holds.
22. Banners, flags, posters etc. shall not be allowed inside the campus and at the gate for the purpose of any activity without the permission of the Principal.
23. No certificate will be issued from the college unless the principal is satisfied with the reason stated by the applicant for such certificate.
24. Application for certificate should be made at least two days in advance.
25. Conduct certificate will ordinarily be issued only along with the transfer certificate when the student has completed his course.
26. Ragging of any form is a non-bailable offence and required criminal procedure.
27. Outsiders are not permitted to attend or organise any programme or activity without the permission of the principal.

Regularity and Punctuality

Students should be regular and punctual in attendance. Late comers shall be permitted to attend further sessions only after the ratification of genuine reason by the authority.

LEAVE AND ATTENDANCE RULES

1. Students are not permitted to absent themselves without leave. Application for leave in the prescribed form should be submitted sufficiently earlier.
2. Absence without leave for part of a day and full day will be regarded as absence for one day and two days respectively.
3. Absence for 15 consecutive working days will be considered sufficient reason for removal of his / her name from the rolls.
4. Leave may be granted for not more than 10 days at a stretch including holidays in the case of unavoidable reasons (illness etc.), Additional leave may be given on producing certificates from a registered Medical Practitioner.
5. Attendance certificate required by the University for admission to University examinations will not be granted unless the principal is satisfied with the conduct and progress of the student. A student shall be considered to have satisfactory attendance to appear the university examination if he/she attends not less than 80% of the total working days for theory classes and attends fully the practice teaching days. No condonation will be there for lack of attendance of practice teaching days. So also, there will be no condonation beyond 10% of the shortage of attendance for theory working days.
6. Absence from class tests or examination without convincing reasons will be treated as breach of discipline.

Principal
Farook Training College
P.O. Farook College, (Calicut)

Form of application for leave

1. Name of the student with contact number. :
2. Roll No. and optional subject :
3. Period of leave with date :
(Specify FN or AN for half day)
4. Reason :
5. Leave already availed during the year :
6. Signature of applicant with date :
7. Orders of sanctioning authority :

Station :

Date :

Library Rules

1. All students of the college are members of the library.
2. The library shall be kept opened from 9.30 am to 5 pm on working days.
3. Strict silence is expected to be observed in the library by all users.
4. Students are entitled to borrow books on production of borrower's cards which can be bought from the library. The cards should be registered at the library and they shall be returned at the end of the year. A lost card can be replaced only on payment of penalty of Rs. 30/-.
5. Application for the issue of books should be made in the prescribed form.
6. The number of books issued to a post graduate student at a time will not be more than six and to other students not more than three.

7. Books shall be issued from / returned to the library at the time and in the manner notified in the library from time to time.
8. Books may not be retained by any student for more than 15 days. But they may be renewed for a further period of 15 days, should there be no application for the same book meanwhile.
9. Absence from college will not be admitted as an excuse for delay in returning books.
10. Those who return the books should see that the necessary entries are made in the issue register regarding the returning of books.
11. Before the books are taken out, students should satisfy themselves that the books lend to them are in good condition and if not, the fact should be brought to the notice of the librarian. Students shall not damage or mark upon any book / journal belonging to the library.
12. A fine of Re. 1/- per book per day will be levied for delay in returning books.
13. Members shall replace books lost or pay the estimated cost for them as per rules from time to time.
14. Students shall not on any account sub lend library books.
15. The librarian may recall a book at any time even when the normal period of loan is not over.
16. All members of the staff of the college are members of the library. A member of the teaching staff may borrow upto 10 books at a time. A member of the non-teaching staff may borrow 5 books at a time.
17. Ordinarily books will not be issued to non members. In exceptional cases the principal may permit a non-member to have access to library or to borrow books on such terms the principal determines.

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Principal

*Parook Training College
P.O. Parook College, (Calicut)*

18. Readers and visitors shall leave all their belongings outside, before entering the library.
19. All books taken from the library will have to be returned to the library at the time of stock verification.

Reading room rules

1. The Reading Room will be kept opened from 9.30 am to 5 pm on working days.
2. Strict silence shall be observed in the Reading Room.
3. Periodicals shall not be displaced from their positions on the tables or removed from the room.
4. No current issue of a periodical will be loaned to a student
5. No student shall keep a periodical lend to him/her for more than three days.
6. A fine of Re.1/- per day will be levied if a periodical is detained beyond three days.

Hostel Rules.

1. Admission to hostels is for one year only and will be subject to the availability of facility provided by Farook College Hostels Managing committee. Inmates of the hostels should strictly follow the rules framed by the chief warden.
2. Residents shall observe strictly the study times from 6 am to 8 am and 8 pm to 10.30 pm.
3. Residents of the hostel shall not receive or entertain guests without the prior consent of the warden.
4. They shall not act in any way causing disturbance or dislocation of normal arrangement in the hostel premises.

5. Residents shall not go outside the hostel at night after 6.00 pm. In the event of any unavoidable necessity, they shall seek the special permission of the warden.
6. Residents of the women's hostel shall strictly adhere to the directions given by the Matron in respect of their conduct inside and outside the hostel.
7. Serious misconduct like the following shall invite severe punishment including expulsion from the hostel forthwith and dismissal from the college.
 - a. Rude or immoral behaviour in or out of the hostel.
 - b. Absence from the hostel without prior permission.
 - c. Going outside the hostel at night without special permission.
 - d. Use or possession of alcoholic drinks or drugs.
 - e. Absence from class/ exams without proper reason.
 - f. Violation of hostel rules framed by authorities from time to time. The chief warden has the power to act on the report submitted by the warden/matron or on his personal conviction with regard to all matters concerning hostels

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Principal
Farook Training College
280, Farook College, (Calicut)

THE COLLEGE COUNCIL

The College Council is a body to advise the principal in the internal affairs of the college. It consists of Principal, all the faculty members and college Librarian.

RESOURCES AND SERVICES

Library

College library has rich collection of books (17124 volumes), International Encyclopedia of Education, General Encyclopedias, Educational Journals and Periodicals. Apart from this a good collection of periodicals, CD's and Dissertations are available in the library. Magazines and newspapers are available to enhance the general reading of the users. The reading room has 100 + seating capacity and a reader friendly atmosphere. Open access and book bank facilities are also provided to the students.

Computer Lab with Broad band Internet Facility

The college has two well-maintained computer labs with 40 systems and accessories. Internet and Reprographic facilities are made available to students and the staff members.

Laboratories

The institution maintains well – equipped Science laboratory, Social Science laboratory, Psychology Laboratory and Educational Technology laboratory, which give the trainees real impetus for practical work.

Facilities for Indoor and Outdoor Games

The college has sufficient facilities for conducting sports and games.

Remedial Coaching Centre for SC /ST/OBC Minority Students

This is a UGC Sponsored centre for supporting SC/ST/OBC/ minority students in learning process and compensatory education.

Students Aid Fund

Deserving students are given financial assistance from the students aid fund.

Hostels

The Parent Institution has hostels of its own. Deserving students will get accommodation in the hostels of Farook College on request.

Health Centre

Jubilee Health Centre of the Campus is open for all students of the Farook College Campus for free medical service.

Cooperative Store

The cooperative store of Farook College extends its membership to our institution also and hence our students can be members by purchasing one or more shares worth rupees five each. Students can purchase stationery and study materials at concession rate from the store.

Cafeteria

The cafeteria functioning in the campus provides refreshments to the students and staff.

Bank Extension Counter

Students can have service of SBT Farook College branch working in the campus.

Women Development Cell

Women Development Cell acts as a forum for providing a conducive environment of girls students, with the motto, "Each woman for a woman". The college will organise a minimum of eight programmes for women empowerment. A complaint book is kept in the college for reporting issues from the students.

Career Guidance and placement cell

A career guidance centre is functioning in the college under the sponsorship of UGC. The centre offers career and course guidance services for students. It conducts NET, SET and TET coaching classes for the students. The placement cell of the college renders commendable services as a feeder centre by providing teachers at various level for the needy institutions. Campus recruitment

Principal

Farook Training College

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facility is arranged in the college for recruiting teachers to various schools and teacher education institutions.

Alumi Association

The purpose of Association is to foster and perpetuate friendship, contact and co-operation among the old students through informal meetings and through other means. The association seeks to further social, literacy and cultural interests of the college by maintaining an active channel of communication between the college and the alumni. The members of Alumni consists of :

1. President
2. Vice President
3. Secretary
4. Joint Secretary
5. Treasurer
6. Executive members
7. Principal (Ex-Officio)

ACADEMIC AND ADMINISTRATIVE COMMITTEES

Internal Quality Assurance Cell (IQAC)

Internal Quality Assurance Cell is a body proposed by the National Assessment and Accreditation Council (NAAC) for performance evaluation, assessment and accreditation and quality upgradation of the College. The prime task of the IQAC is to develop a system for conscious, consistent, and catalytic improvement in the performance of the institutions. The composition of the IQAC may be as follows

- i) Principal (Chairman)
- ii) A Few senior Administrative Officers
- iii) Three to eight teachers
- iv) One or two members from the management
- v) One or two nominees from local societies
- vi) One of the teachers as co-ordinator.

Academic Monitoring Cell

The Academic Monitoring Cell facilitates and co-ordinates the activities for the academic improvement of the students. The cell consists of following members.

1. Principal (Chairman)
2. Mr. Abdul Basheer Uzhunnan
3. Dr. N.S. Mumthas
4. Dr. K. Vijayakumari

Evaluation Monitoring Committee

To enhance the quality of Continuous and Comprehensive Evaluation, an Evaluation Monitoring Committee is functioning in the college. The committee consists of following members:

1. Principal (Chairman)
2. Dr. K. Vijayakumari
3. Dr. P.P. Noushad (Staff Secretary)
4. Dr. T.K. Umer Farooque
5. Mrs. Niranjana. K.P

Admission Committee

For monitoring the admission procedure of the B.Ed. programme for the current year, an Admission Committee is constituted. The Committee consists of.

- | | |
|--------------------|---|
| 1. Principal | - Chairman |
| Co ordinator | - Mr. Abdul Basheer Uzhunnan |
| 2. Sub committees: | |
| a. Social Science | - Dr. Noushad. P.P
Mr. Jouhar Munavvir. T
Mrs. Bindu. T.V.
Mrs. Foushiba P.K.M |
| b. Malayalam | - Dr. C.M. Bindhu
Mr. Mohammed Sareef
Mrs. Niranjana. K.P |
| c. Natural Science | - Dr. M.P.Hassan Koya
Dr. Afeef Tharavattath
Dr. P. Rekha |
| d. Mathematics | - Dr. K. Vijayakumari
Mr. Rishad Kolothumthodi
Mrs. Fathima Jaseena MPM |

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Dr. P. Rekha |
| d. Mathematics | - Dr. K. Vijayakumari
Mr. Rishad Kolothumthodi
Mrs. Fathima Jaseena MPM |

- | | |
|----------------------|---|
| e. Physical Science- | Mr. Anees Mohammed. C.
Mrs. Irshana Shahnaz Ulladan
Mrs. Himna P.A. |
| f. English | - Dr. M. Jesa
Mr. Nowfal. C.
Dr. T.K. Umer Farooque |
| g. M. Ed | - Dr. N.S. Mumthas
- Dr. T. Mohammed Saleem |

Library Advisory Committee.

A Library Advisory Committee functions in the college to advise the Principal on all matters relating to library. It consists of:

1. Principal (Chairman)
2. Librarian (Secretary) - Mrs. M. Sabira
3. Five Faculty members - Abdul Basheer Uzhunnan,
Dr. C.M. Bindhu, Dr. N.S. Mumthas,
Dr. Abdul Hameed Muktas Mahal
Dr. K. Vikayakumari
4. Student Representative.

Anti-Ragging Squad

Ragging

Any disorderly conduct whether by words spoken or written or by an act which has the effect of teasing, treating or handling with rudeness any other student, indulging in rowdy or undisciplined activities which causes or is likely to cause annoyance, hardship or psychological harm or to raise fear or apprehension thereof in a fresher or a junior student or asking the students to do any act or perform something which such student will not in the ordinary course and which has the effect of causing or generating a sense of shame or embarrassment so as to adversely affect the psyche of a fresher or a junior student will be treated as ragging.

The Anti-Ragging Squad shall be nominated by the Head of the institution with such representation as considered necessary and shall consist of members belonging to the various sections of the campus community. The squad will have vigil, oversight and patrolling functions. It shall be kept mobile, alert and active at all times and shall be empowered to inspect places of potential ragging and make surprise raids on hostels and other hot spots. The squad shall investigate incidents of ragging and make recommendation to the Anti -Ragging Committee and shall work under the overall guidance of the said Committee.

The Committee Consists of following members

1. Principal
2. Four faculty members (Two ladies)-Dr. M. Jesa, Dr. Manoj Praveen. G,
Dr. M.P.Hassan Koya, Mrs. Fathima Jaseena MPM
3. Senior Office Staff- Mrs. P.M.Rubeena, ,
4. Chairman of college union
5. Representative from PTA

Grievance Redress Forum

Grievance Redress Forum is an appellate body to hear and decide on the matters related to academic, discipline, curricular and co-curricular activities. The Grievance Redress Forum will consist of the following members:

1. Principal (Chairman)
2. Staff Advisor - Dr. Afeef Tharavattath
3. A Senior Lady Teacher - Dr. C.M. Bindhu
4. A member from the College Council nominated by the Principal
- Dr. T. Mohamed Saleem, Dr. T.K. Umer Farooque
5. College Union Chairman (Student Representative)

Ethics Committee

An Ethics Committee has been constituted as per the Govt. order (RT) No.346/05/H.Edn. dt. 1-03-2005 to monitor implementation of the decision-banning mobile phones,

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P.O. Farook College, (Cairn)

cinematic dance and fashion show on the campus with the co-operation of the college PTA, staff members, students' union, management committee, and local authorities. The committee consists of the following members:

1. Chairman - Principal
2. Vice-Chairman - PTA President
3. Convenor - Staff Secretary- Dr. P.P. Noushad
4. Joint Convenor - Chairman, College Union
5. Members - Management Representative-Secretary
- Panchayath Ward Member
- Lady Member from Teachers
Dr. K. Vijayakumari

Academic Calendar Committee

To chalk out the academic and non-academic programmes for B.Ed & M.Ed courses during academic year, an Academic Calendar Committee functions in the college. The Committee prepares the Academic Callendar for the year. The committee consists of:

1. Principal (Chairman)
2. Mrs. Niranjana. K.P.
3. Mr. Rishad Kolothumthodi
4. Mrs. Bindu. T.V.

Attendance Committee

The Attendance Committee functions in the college for recording and monitoring the attendance of the students.

The Attendance Committee consists of

1. Principal (Chairman)
2. B. Ed

Co - ordinator : Mr. Mohammed Sareef

Attendance : Mrs. Niranjana. K.P.

3. M. Ed

Co - ordinator & Attendance : Dr. K. Vijayakumari

Time Table Committee

To prepare the time-table for the B.Ed and M.Ed course, during the academic year a Time Table committee functions in the college. The Committee consist of:

1. Principal (Chairman)
2. Dr. Abdul Hameed Muktar Mahal
3. Dr. K. Vijayakumari
4. Dr. T. Mohamed Saleem
5. Dr. Noushad. P.P
6. Dr. T.K. Umer Farooque

College Union

All the students of the college shall be the members of the College Union. The College Union Office bearers are elected through College Union Election, as per the rules of University of Calicut. The objectives of the College Union are:

1. To train the students of the college in the duties and rights of citizenship.
2. To promote opportunities for the development of character, leadership efficiency, knowledge and spirit of service among students.
3. To organize debates. Seminars and such other activities.
4. To promote opportunities for students to organise sports, arts and other cultural activities.

The Returning Officer is entrusted with the duties of College Union Election. The Returning Officer for this academic year is Mr. Abdul Basheer Uzhunnan

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Fine Arts Committee

Fine arts committee organizes programmes on occasions of social relevance like Independence Day, Republic Day, Teachers Day, World Literacy Day, World Human Rights Day, World Environment Day, Gandhi Jayanthi, Onam, Eid, Christmas, New Year, etc. The Fine Arts Committee also

Principal
Farook Training College
P.O. Farook College, (Calicut)

organizes fine arts day, talents day etc. for the academic year.

The committee consists of :

1. The Principal
2. Mr. Anees Mohammed. C
3. Student Representative (Fine Arts Secretary)

College Magazine Committee

The College magazine will be published at the end of every academic year. The College Magazine Committee consists of:

1. The Principal (Chief Editor)
2. Mr. Rishad Kolothumthodi
3. Student Representative (Student Editor)

The Principal has the option to nominate a few more members. In addition to this, every optional class shall publish manuscript magazines and wall magazines.

Parent Teacher Association

To maintain continued association between the parents and teachers and to promote activities for the well being of the students a Parent Teacher Association is formed. The Association meets at intervals to discuss various problems relating to the general welfare of the students. The members of PTA consists of :

1. President
2. Vice President
3. Secretary (Principal)
4. Treasurer
5. All faculty members
6. All parents

EXTENSION SERVICES

Research Cell

A research cell functions in the college to provide research guidance to the M.Ed students, Research Scholars and those who are engaged in research activities.

Publication Wing

Publication wing opens the channel for the dissemination of research output through the publishing of a research journal "**Endevours in Education**". It provides a platform for the research and creative efforts of the faculty, students, teacher educators of other institutions educational administrators and research scholars.

IGNOU Study Centre

Farook Training College is a recognized study centre for B.Ed, M.Ed, M.A(Education) and Post Graduate Diploma in Educational Technology (PGDET) courses, under the Indira Gandhi National Open University, New Delhi.

Blood Donor's Forum

The College Blood Donor's Forum is one of the active blood donor's forums in the locality, which is affiliated to District Blood Donor's Association, Calicut. The forum publishes a blood group directory of all the students and staff members every year.

Hridayapoorvam

Campus extends to community to share, care and cure. Various social service activities are organized and conducted under this scheme.

Counselling Cell

A Counselling Cell functions in the college under qualified and experienced faculty. Counselling service is extended to the students in the college as well as outsiders.

School Adoption Programme

One of the best practices of the college is the school adoption programme. The college has adopted Govt. L.P. School, Karinkallai which is a striving public sector educational institution with insufficient infrastructure and financial support. Farook Training college as a part of its extension activities adopted the school which was at the verge of closure. The college extends Material support and expert services for the overall quality improvement of the school.

Aksharadeepam

The purpose of Aksharadeepam project is to support the school libraries. The libraries of the schools where our teacher trainees undergoes their teaching practice cum internship are empowered with books. It is a life-long educational support and is unique of that kind. The programme is run by the fund raised by the teacher trainees of respective schools.

Natura

'NATURA' is the nature club of Farook Training college and is affiliated to Malabar Natural History Society. 'Conserve the nature, Build the future' is the slogan of Natura. Those who are interested in environmental conservation activities can join Natura. Natura conducts nature camps, field trips, eco campaign etc. Keeping the campus plastic waste free is the duty of every staff and students.

Panorama

The film club of Farook Training College is named as 'Panorama'. Film club help the trainees to acquaint with world class movies of different languages. Panorama provides a golden opportunity to expand the vision of teaching. Members can borrow CD's from the Panorama CD library. Occasional film shows are also arranged on behalf of Panorama.

CURRICULAR AND CO CURRICULAR ACTIVITIES

Teaching Practice cum Internship

Practice teaching is a learning process that provides experiences to student teachers for development of their teaching competence. In practice teaching, trainees will plan their lesson, deliver them under the supervision of senior teachers, and get feedback to improve their teaching competence as a result of guided experience. The internship will be organised for a continuous period of 16 weeks in selected schools

Thought for the Day

Trainees should participate in Thought for the day programme conducted once in a week.

Community Living Camp

A four day community living camp is a compulsory curricular requirement for the B.Ed students.

Field Trips / Tours

Field Trips / Tours is a compulsory curricular requirement. The college conducts various field trips and tours suiting educational requirements of various categories of students.

Competitions.

The college conducts intra collegiate competitions such as Debate, Elocutions, Essay writing, Dance and Music competitions Annual sports competitions etc. *Certified to be a true copy*

Celebrations

The college organises and celebrates various occasions of social relevance. They include Independence day, Republic day, Teachers day, World literacy day, World Human Rights day, World Environment day, Gandhi Jayanthi, Onam, Eid, Christmas, New Year' etc.

Principal
Farook Training College
P.O. Farook College, Calicut

Sports and Games

Every student should take part in the college games either as participant or as sports meet official unless physically unfit and specially exempted by the principal. A sports committee shall be formed in order to advise and assist the working of the Physical Education Department. The Principal shall be the ex-officio president and the Physical Director, the General Captain and House Captains shall be the other members of the committee.

Socially useful Productive Work (SUPW) and working with community

It is a compulsory curricular requirement for B.Ed Programme in which the students have to prepare atleast two socially useful items.

More details of B.Ed. and M.Ed. curriculum are available in the college and university websites.

ACADEMIC CALENDAR 2015-2016

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*Principal
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B.O. Farook College, Calicut*

June 2015

Date	Day	Programmes	Working Days
1	Mon	College reopens after summer vacation	1
2	Tue	Submission of Assignment II - M.Ed	2
3	Wed	Model Examination - B.Ed I Semester (3 days)	3
4	Thu		4
5	Fri	World Environment Day	5
6	Sat		
7	Sun		
8	Mon		6
9	Tue	Field Experience and practicals - M.Ed	7
10	Wed	Demonstration lessons	8
11	Thu		9
12	Fri		10
13	Sat		
14	Sun		
15	Mon	Criticism Classes	11
16	Tue	Criticism Classes	12
17	Wed	Criticism Classes	13
18	Thu		14
19	Fri	Reading Day	15
20	Sat		
21	Sun		
22	Mon		16
23	Tue	Submission of report of field experiences & practicals - M.Ed	17
24	Wed		18
25	Thu		19
26	Fri	World Anti-Narcotic Day	20
27	Sat		
28	Sun		
29	Mon		21
30	Tue	B.Ed First Semester Ends, Class test II M.Ed	22

*College reopens after summer vacation : A cool welcome
Demonstration classes: observe carefully.*

Criticism classes : Accept criticisms and try to change your teaching behaviours, it makes you a perfect teacher.

July 2015

Date	Day	Programmes	Working Days
1	Wed	Commencement of Two Year B. Ed & M Ed programme (2015-2017)	23
2	Thu		24
3	Fri		25
4	Sat		
5	Sun		
6	Mon		26
7	Tue		27
8	Wed		28
9	Thu		29
10	Fri		
11	Sat	World population Day	
12	Sun		
13	Mon		30
14	Tue		31
15	Wed		32
16	Thu		33
17	Fri	Ifthar Meet-Ramzan Celebrations	34
18	Sat	Eid-ul-Fitr	
19	Sun		
20	Mon		35
21	Tue		36
22	Wed		37
23	Thu		38
24	Fri		39
25	Sat		
26	Sun		
27	Mon		40
28	Tue	World Nature conservation Day	41
29	Wed	SUPW	42
30	Thu		43
31	Fri		44

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Highlight :
Commencement of two Year B.Ed & M. Ed programme

Principal
Farook Training Co.
P.O. Farook College, (Calicut),

August 2015

Date	Day	Programmes	Working Days
1	Sat		
2	Sun		
3	Mon		45
4	Tue	Freshers Day	46
5	Wed		47
6	Thu		48
7	Fri		49
8	Sat		
9	Sun	Nagasaki Day	
10	Mon		50
11	Tue		51
12	Wed		52
13	Thu		53
14	Fri	Karkidakavavu	
15	Sat	Independence Day	
16	Sun		
17	Mon		54
18	Tue		55
19	Wed		56
20	Thu		57
21	Fri	Onam Celebration, college closes for Onam holidays	58
22	Sat		
23	Sun		
24	Mon		
25	Tue		
26	Wed		
27	Thu		
28	Fri	Thiruvonam (Ayyankali Jayanthi)	
29	Sat	Third Onam	
30	Sun		
31	Mon	Sadbhavana Divas	

Freshers Day

September 2015

Date	Day	Programmes	Working Days
1	Tue	College reopens after Onam holidays	59
2	Wed		60
3	Thu		61
4	Fri	Teacher's Day Celebration	62
5	Sat	Sreekrishna Jayanthi Teacher's Day	
6	Sun		
7	Mon		63
8	Tue	World Literacy Day	64
9	Wed		65
10	Thu		66
11	Fri		67
12	Sat		
13	Sun		
14	Mon		68
15	Tue		69
16	Wed		70
17	Thu		71
18	Fri		72
19	Sat		
20	Sun		
21	Mon	Sreenarauana Guru Samadhi	
22	Tue		73
23	Wed		74
24	Thu	Bakrid	
25	Fri		75
26	Sat		
27	Sun	World Tourism Day	
28	Mon		76
29	Tue		77
30	Wed		78

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*Thank your teacher for their
thoughtful ways*

Principal
Farook Training College
P.O. Farook College, (Calicut)

October 2015

Date	Day	Programmes	Working Days
1	Thu	National Blood Donor's Day	79
2	Fri	Gandhi Jayanthi	
3	Sat		
4	Sun		
5	Mon		80
6	Tue		81
7	Wed		82
8	Thu		83
9	Fri		84
10	Sat		
11	Sun		
12	Mon		85
13	Tue		86
14	Wed		87
15	Thu		88
16	Fri		89
17	Sat		
18	Sun		
19	Mon		90
20	Tue		91
21	Wed		92
22	Thu	Mahanavami	
23	Fri	Vijayadeshami, Pollution Day	
24	Sat	Muharam	
25	Sun		
26	Mon		93
27	Tue		94
28	Wed		95
29	Thu		96
30	Fri		97
31	Sat	National Integration Day	

November 2015

Date	Day	Programmes	Working Days
1	Sun	Kerala Piravi	
2	Mon		98
3	Tue		99
4	Wed		100
5	Thu		101
6	Fri		102
7	Sat		
8	Sun		
9	Mon		103
10	Tue	Deepavali	
11	Wed		104
12	Thu		105
13	Fri		106
14	Sat	Children's Day	
15	Sun		
16	Mon		107
17	Tue		108
18	Wed		109
19	Thu		110
20	Fri	U.N. Child Right Day	111
21	Sat		
22	Sun		
23	Mon		112
24	Tue		113
25	Wed		114
26	Thu	Fine Arts Day	115
27	Fri		116
28	Sat		
29	Sun		
30	Mon		117

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Highlight :
Fine Arts Day :
Bring out your talents

Principal
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P.O. Farook College, (Calicut)

December 2015

Date	Day	Programmes	Working Days
1	Tue	World Aids Day	118
2	Wed		119
3	Thu		120
4	Fri	I Semester B. Ed & M. Ed Ends (2015 -2017) (Tentative)	121
5	Sat		
6	Sun		
7	Mon	I Semester B, Ed & M. Ed (2015 - 2017) University Exam (5 days)	122
8	Tue		123
9	Wed		124
10	Thu	Human Rights Day	125
11	Fri		126
12	Sat		
13	Sun		
14	Mon	II Semester B.Ed & M. Ed begins (2015 - 2017) (Tentative)	127
15	Tue		128
16	Wed		129
17	Thu		130
18	Fri		131
19	Sat	Christmas Celebrations, College closes for Christmas holidays	132
20	Sun		
21	Mon		
22	Tue		
23	Wed		
24	Thu	Milad - Sherif	
25	Fri	X'Mas	
26	Sat		
27	Sun		
28	Mon		
29	Tue		
30	Wed	College reopens after christmas holidays, M.Ed II Semester Ends Closure of M.Ed Programme 2014-15 (tentative)	133
31	Thu		134

Highlight :

*I Semester M.Ed. & B.Ed. ends (2015 - 2017)
II Semester M.Ed. & B.Ed. starts (2015-2017)
Closure of M.Ed. Programme (2014 - 2015)*

January 2016

Date	Day	Programmes	Working Days
1	Fri		135
2	Sat	Mannam Jayanthi	
3	Sun		
4	Mon		136
5	Tue	B.Ed. II Semester Ends. Closure of B.Ed. Programme 2014 -15 (Tentative)	137
6	Wed		138
7	Thu		139
8	Fri		140
9	Sat		
10	Sun		
11	Mon		141
12	Tue	National Youth Day	142
13	Wed		143
14	Thu		144
15	Fri		145
16	Sat		
17	Sun		
18	Mon		146
19	Tue		147
20	Wed		148
21	Thu		149
22	Fri		150
23	Sat		
24	Sun		
25	Mon		151
26	Tue	Republic Day	
27	Wed		152
28	Thu		153
29	Fri		154
30	Sat	Martyr's Day	
31	Sun		

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Highlight :

Closure of B.Ed. Programme 2014 - 2015

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P.O. Farook College, (Calicut)*

February 2016

Date	Day	Programmes	Working Days
1	Mon		155
2	Tue		156
3	Wed		157
4	Thu		158
5	Fri		159
6	Sat		
7	Sun		
8	Mon		160
9	Tue		161
10	Wed		162
11	Thu		163
12	Fri		164
13	Sat		
14	Sun		
15	Mon		165
16	Tue		166
17	Wed		167
18	Thu		168
19	Fri		169
20	Sat		
21	Sun		
22	Mon		170
23	Tue		171
24	Wed		172
25	Thu		173
26	Fri		174
27	Sat		
28	Sun	National Science Day	

March 2016

Date	Day	Programmes	Working Days
1	Mon		175
2	Tue		176
3	Wed		177
4	Thu		178
5	Fri		179
6	Sat		
7	Sun	Sivarathri	
8	Mon		180
9	Tue		181
10	Wed		182
11	Thur		183
12	Fri		184
13	Sat		
14	Sun		
15	Mon		185
16	Tue		186
17	Wed		187
18	Thur		188
19	Fri		189
20	Sat		
21	Sun		
22	Mon		190
23	Tue		191
24	Wed		192
25	Thu	Maundy Thursday	
26	Fri	Good Friday	
27	Sat		
28	Sun		
29	Mon		193
30	Tue		194
31	Wed		195

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April 2016

Date	Day	Programmes	Working Days
1	Fri		.
2	Sat		.
3	Sun		.
4	Mon		.
5	Tue		.
6	Wed		.
7	Thu		.
8	Fri		.
9	Sat		.
10	Sun		.
11	Mon		.
12	Tue		.
13	Wed		.
14	Thu	Dr. Ambedkar Jayanthi	.
15	Fri	Vishu	.
16	Sat		.
17	Sun		.
18	Mon		.
19	Tue		.
20	Wed		.
21	Thu		.
22	Fri		.
23	Sat		.
24	Sun		.
25	Mon		.
26	Tue		.
27	Wed		.
28	Thu		.
29	Fri		.
30	Sat		.

Highlight :
*No vacation for friendship.
 Keep in touch*

May 2016

Date	Day	Programmes	Working Days
1	Sun	May Day	.
2	Mon		.
3	Tue		.
4	Wed		.
5	Thu		.
6	Fri		.
7	Sat		.
8	Sun		.
9	Mon		.
10	Tue		.
11	Wed		.
12	Thu		.
13	Fri		.
14	Sat		.
15	Sun		.
16	Mon		.
17	Tue		.
18	Wed		.
19	Thu		.
20	Fri		.
21	Sat		.
22	Sun		.
23	Mon		.
24	Tue		.
25	Wed		.
26	Thu		.
27	Fri		.
28	Sat		.
29	Sun		.
30	Mon		.
31	Tue		.

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*Don't be lazy : Get ready with your criticism lesson plans.
 Sharpen your teaching skills*

Principal

*Farook Training College
 P.O. Farook College, (Calicut)*

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LATE NOTE

SL. No.	Date	Reason for Late Coming	Signature of Class Lecturer

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Principal's Remark


Principal
Farook Training College
P.O. Farook College (Calicut)

TIME TABLE

	LUNCH BREAK					
DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
TIME						

ALLIED INSTITUTIONS

STD CODE
0495

Farook College	Office : 2440660 Principal : 2440464
A. L. Mudaliar Hostel	2440666
Sir Syed Hostel & Working Women's Hostel	2440668
Zahira & I.D.B. Hostel	2440669
Iqbal (PG) Hostel	2440773
Azad Hostel	2443342
R.U.A. College	2440663
Farook Higher Secondary School	2440670
Al-Farook Residential School	2440667
Al-Farook Educational Centre	2440757
Abu Sabah Library, Farook College	2440664
Farook Institute of Management studies	2440658
P.M. Institute of Civil Service Examinations	2441775
Farook Institute of Teacher Education	3295646

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Farook Training College
P.O. Farook College, Kozhikode

**UNIVERSITY OF CALICUT
IMPORTANT TELEPHONE NUMBERS**

EPABX	0494 2401144 to 52
	0494 2401665 to 72
FAX	0494 2400269
E-mail	reg@unical.ac.in
Vice Chancellor	0494 2400241
Pro Vice Chancellor	0494 2400243
Registrar	0494 2400252
Controller of Exams	0494 2400291
Finance Officer	0494 2400224
Director, College Development Council	0494 2401149
Director, Academic Staff College	0494 2400352
Director, School of Distance Education	0494 2400288
Dean of Students Welfare	0494 2400296
Librarian, CHMK Library	0494 2401161
Exam Enquiry	227, 288 EPABX

Other Important Telephone Numbers

Airport	0483-2712375
KSRTC Bus Station	0495-2723796
Railway Station - FEROKE	0495-2482280
Railway Station - CALICUT	0495-2701234
Police Station	0495-2482230


Prof. (Dr.) T. Mohamed Saleem
Principal
Farook Training College
P.O. Farook College, Kozhikode

Prophet
MUHAMMED'S
Quote

*God does not look upon your
bodies and appearances:*

*He looks upon your
hearts and your deeds*