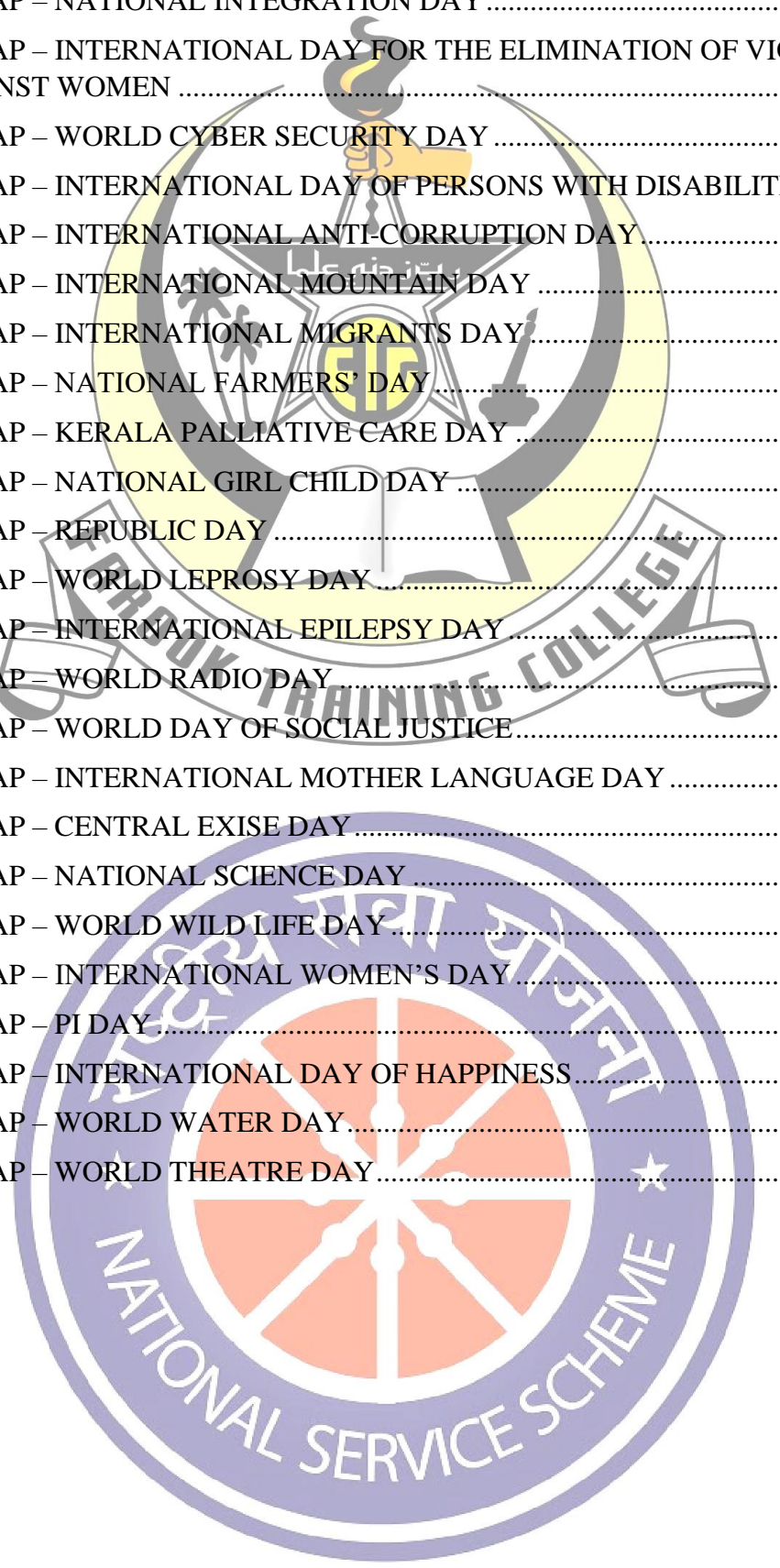


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INTRODUCTION

The Students Initiative Day Celebration Awareness Project (SIDCAP) serves as a platform dedicated to raising awareness about both international and national day celebrations. Operated through Farook Training College's official YouTube channel, "Gurudarshan," SIDCAP aims to inform and engage society by producing informative and engaging video content. NSS volunteers and interested students actively participate in this initiative by selecting special days of interest and creating video material to commemorate them. These videos are carefully crafted to capture the essence and significance of each celebrated day. Following the creation phase, dedicated coordinators within SIDCAP oversee the editing process to ensure the highest quality and coherence of the content. Once finalized, the videos are uploaded to the YouTube platform. On the designated day of celebration, these videos are then shared widely through various channels, including WhatsApp, reaching not only the official channels of Farook Training College but also extending to broader society. Through this dissemination process, SIDCAP aims to amplify awareness and appreciation for these special occasions, fostering a sense of connection and celebration within the community.

PROJECT COORDINATOR

Mr. Faseel Ahammed

VOLUNTEER COORDINATORS

Gayathri.O

Mohammed Fasil.P

MEMBERS

Asla.P

Nandana Mohanan

Nayana Narda

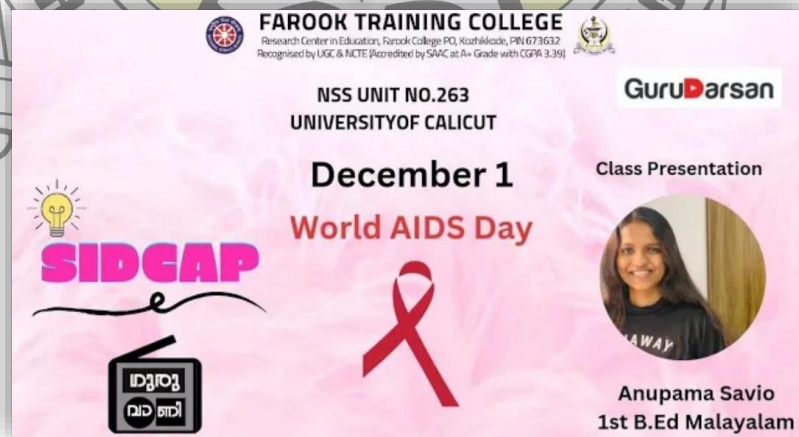
Sadique Ali



NATIONAL SERVICE SCHEME

SIDCAP AIDS DAY DECEMBER 1,2022

Farook Training college NSS unit no.263 started their project SIDCAP (Students Initiative Day Celebration Awareness Project).The aim of this project is to give awareness to students about important days and to support them to perform well in competitive exams such as PSC,SSC,etc.And the classes are done through Guruvani (Radio of Farook Training College),Gurudarsan(Video classes through YouTube),Live classes and Documentaries. It's first episode done on December 1 World AIDS Day.The class was done by Anupama Savio (First B.Ed Malayalam), through Guruvani.The class made students aware about AIDS and how could we remove AIDS from our world. SIDCAP coordinators Sadique and Gayathri conducted the programme.



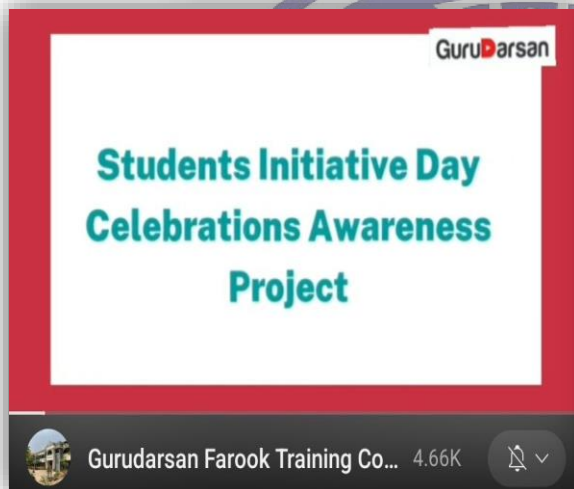
SIDCAP – HUMAN RIGHTS DAY
DECEMBER 10,2022

Farook Training College NSS (Unit No. 263) conducted the 2nd episode of the Students Initiative Day Celebrations Awareness Project (SIDCAP) on December 10, focusing on 'Human Rights Day'. The presentation provided a comprehensive overview of the Human Rights Day, and it serves as a platform for advocating for human rights issues, shedding light on injustices and inequalities that still exist around the world. The Presentation was delivered by Aparna A K, first-year B.Ed. student of Social Science. The programme was coordinated by Gayathri O and Sadique. The presentation video can be accessed through the official YouTube channel of Farook Training College .



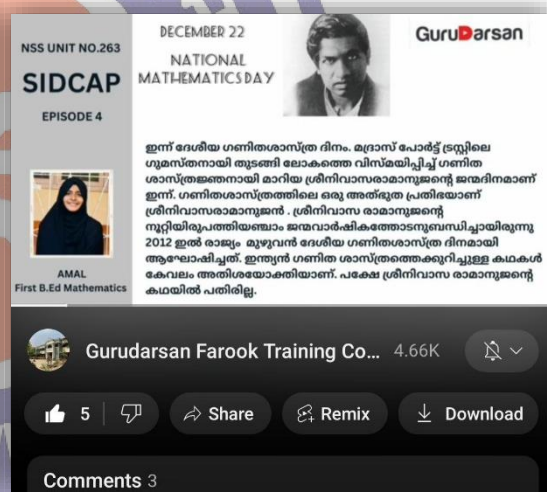
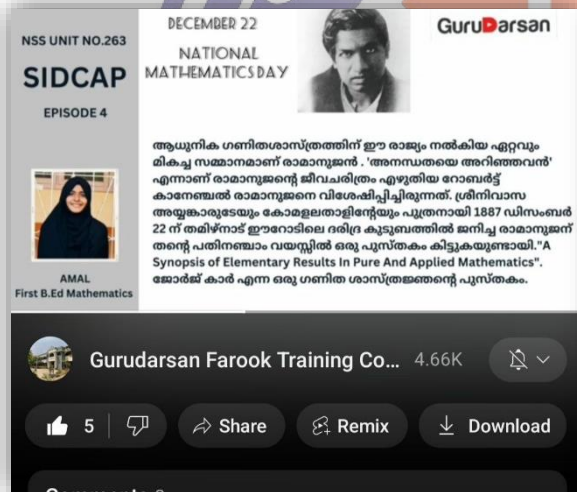
SIDCAP – NATIONAL ENERGY CONSERVATION DAY
DECEMBER 14,2022

Farook Training College NSS (Unit No. 263) conducted the 3rd episode of the Students Initiative Day Celebrations Awareness Project (SIDCAP) on December 14, focusing on 'National Energy Conservation Day'. The presentation provided a comprehensive overview of the National Energy Conservation Day, importance of conserving energy and to showcase the achievements of the nation in energy efficiency and conservation. The Presentation was delivered by Haritha, first-year B.Ed. student of Physical Science. The programme was coordinated by Gayathri O and Sadique. The presentation video can be accessed through the official YouTube channel of Farook Training College .



SIDCAP-NATIONAL MATHEMATICS DAY
DECEMBER 22,2022

Farook Training college NSS unit no.263 conducted a presentation under the project SIDCAP (Students Initiative Day Celebration Awareness Project). This project aims to give awareness to students about important days. The presentation was done by Amal saeed (B.Ed mathematics) through Gurudarsan. The video reached students through Gurudarsan(the Official YouTube channel of Farook training college). The 4th episode was on national mathematics day which is celebrated on December, 22. she emphasized the contribution of India to mathematics and especially the contribution of Indian mathematician Srinivasa Ramanujan to the world. She explained the magic of mathematics by introducing the man who knew infinity. SIDCAP coordinators Sadique and Gayathri conducted the programme



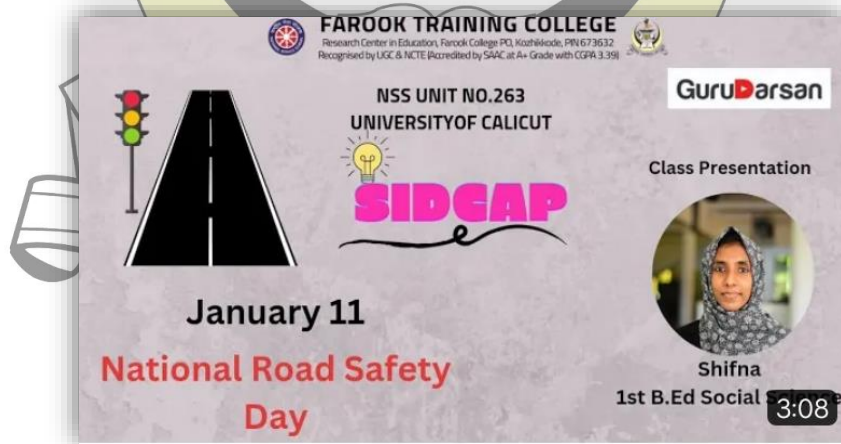
SIDCAP-FARMERS' DAY DECEMBER 23,2022

Farook Training college NSS unit no.263 conducted a presentation under the project SIDCAP (Students Initiative Day Celebration Awareness Project). This project aims to give awareness to students about important days. The 5th episode was on Farmer's day which is celebrated on December, 23. The presentation was done by Aswathy M (B.Ed Natural Science). The video reached students through Gurudarsan (the Official YouTube channel of Farook training college). She emphasized the contribution of Farmers to our social well-being. Every citizen of the country is dependent on the agricultural products produced by farmers, but nobody cares about their welfare. She pointed out a neglected major social issue. SIDCAP coordinators Sadique and Gayathri conducted the program.



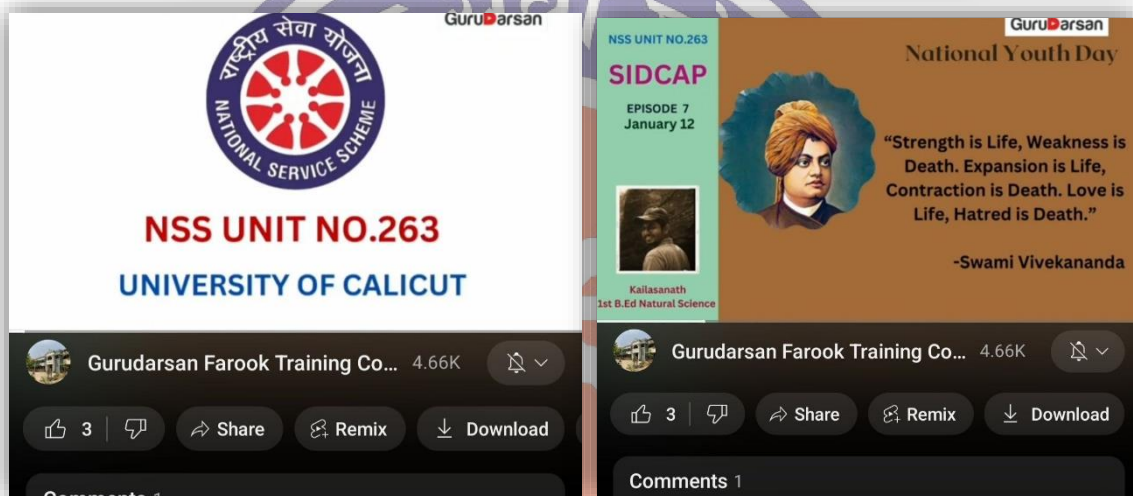
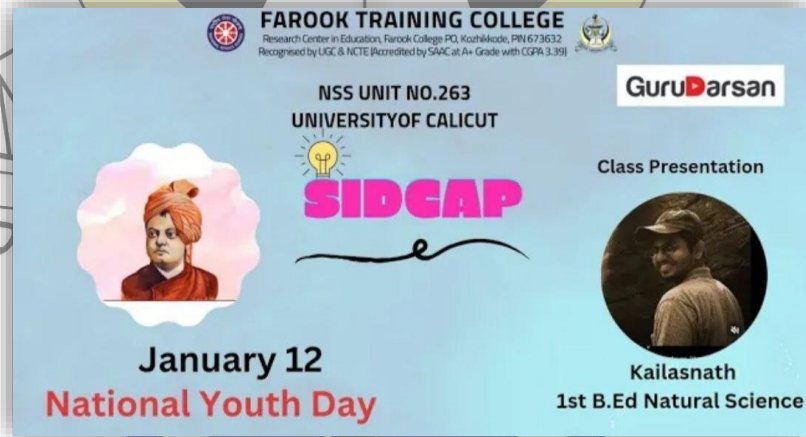
SIDCAP-NATIONAL ROAD SAFETY DAY JANUARY 11,2023

Farook Training college NSS unit no.263 lead a presentation under the project SIDCAP (Students Initiative Day Celebration Awareness Project). This project aims to give awareness to students about important days. The 5th episode was on National Road safety day which is celebrated on January 11th. The presentation was done by Shifna K(B.Ed Social Science). Sge reminded the students the importance of road safety.SIDCAP coordinators Sadique and Gayathri conducted the programme



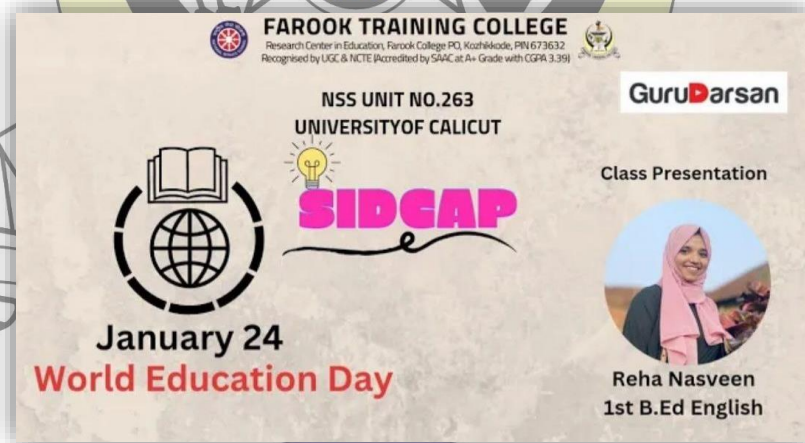
SIDCAP-NATIONAL YOUTH DAY
JANUARY 12,2023

Farook Training college NSS unit no.263 lead a presentation under the project SIDCAP (Students Initiative Day Celebration Awareness Project). This project aims to give awareness to students about important days. The 7th episode was on National youth day which is celebrated on January 12th. National youth day is celebrated every year to commemorate the birth anniversary of Swamy Vivekananda. The presentation was done by Kailasnath (B.Ed Natural Science). He reminded students of the greatness of the ideals and teachings of Swami Vivekananda.SIDCAP coordinators Sadique and Gayathri conducted the programme.



SIDCAP-WORLD EDUCATION DAY JANUARY 24,2023

Farook Training college NSS unit no.263 lead a presentation under the project SIDCAP (Students Initiative Day Celebration Awareness Project). This project aims to give awareness to students about important days. The 8th episode was on National World Education day which is celebrated on January 11th. The presentation was done by Reha Nasveen(B.Ed English). She reminded the students the importance of education. SIDCAP coordinators Sadique and Gayathri conducted the programme



FAROOK TRAINING COLLEGE
Research Center in Education, Farook College PO, Kozhikode, PIN 673632
Recognized by UGC & NCTE (Accredited by SAAC at A+ Grade with CGPA 3.99)

NSS UNIT NO.263
UNIVERSITY OF CALICUT

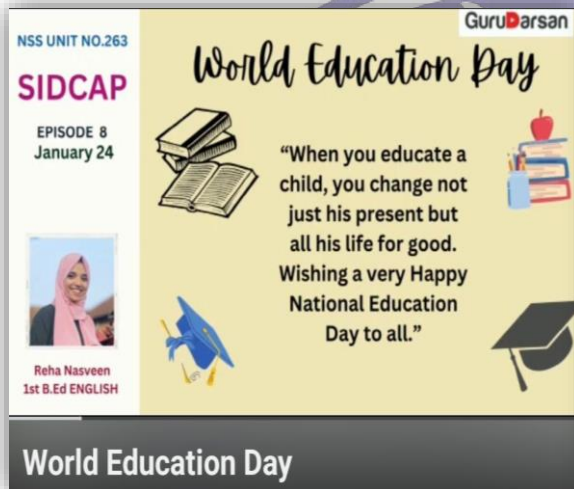
GuruDarsan

Class Presentation

SIDCAP

January 24
World Education Day

Reha Nasveen
1st B.Ed English



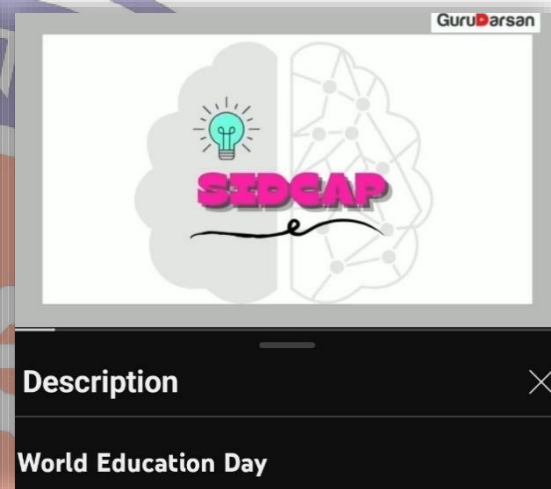
NSS UNIT NO.263
SIDCAP
EPISODE 8
January 24

World Education Day

“When you educate a child, you change not just his present but all his life for good. Wishing a very Happy National Education Day to all.”

Reha Nasveen
1st B.Ed ENGLISH

World Education Day



GuruDarsan

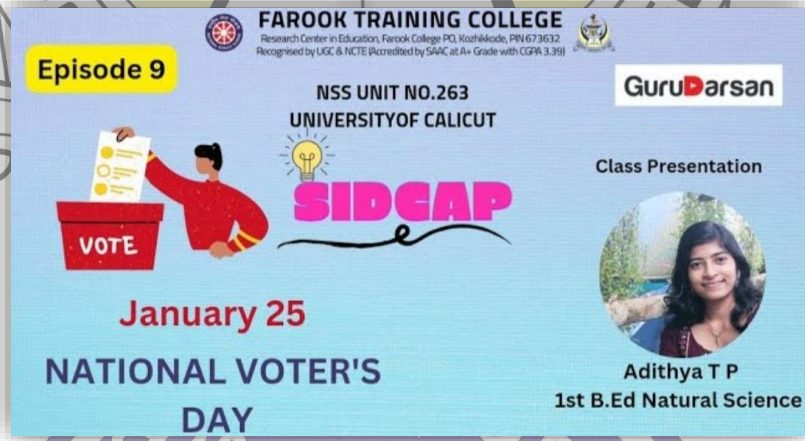
SIDCAP

Description

World Education Day

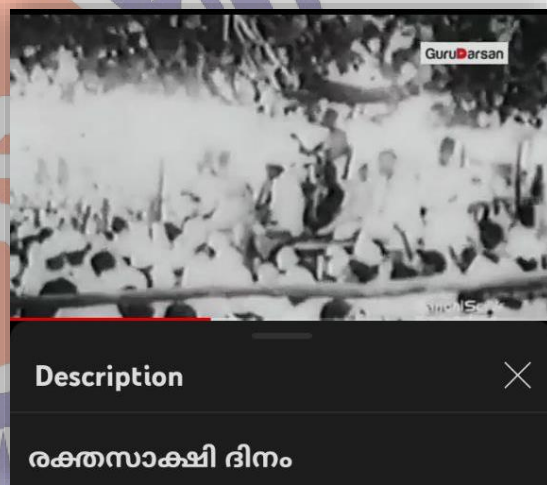
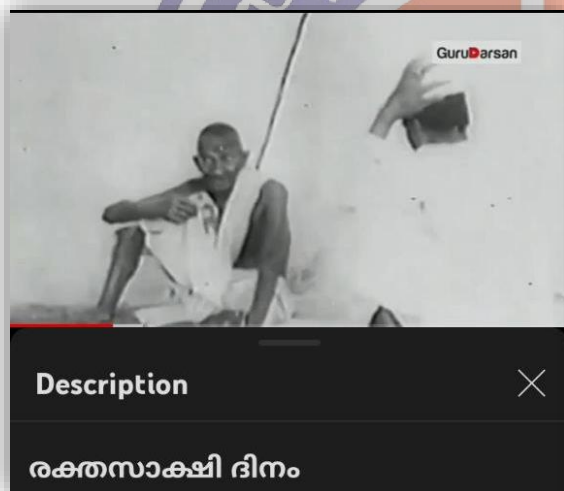
SIDCAP - NATIONAL VOTERS DAY
JANUARY 25,2023

Farook Training college NSS unit no.263 conducted a presentation under the project SIDCAP (Students Initiative Day Celebration Awareness Project). This project aims to give awareness to students about important days. The presentation was done by Aditya T.P (B.Ed Natural science) through Guruvani. The video reached students through Gurudarsan(the Official YouTube channel of Farook training college). The 9th episode was on national voters day which is celebrated on January, 25.this day celebration is done in order to encourage more young voters to take part in the political process.SIDCAP coordinators Sadique and Gayathri conducted the programme.



SIDCAP - NATIONAL MARTYRS' DAY JANUARY 30,2023

Farook Training college NSS unit no.263 conducted a presentation under the project SIDCAP (Students Initiative Day Celebration Awareness Project). This project aims to give awareness to students about important days. The presentation was done by Anoop.C (M.Ed second year) through Guruvani. The video reached students through Gurudarsan(the Official YouTube channel of Farook training college). The 10th episode was on national Martyrs day which is celebrated on January, 30.Martyrs' Day is observed to commemorate the death of Mahatma Gandhi, who was assassinated on the same day in 1948. Mohandas Karamchand Gandhi is widely regarded as 'Bapu', or 'Father of the nation' in India.SIDCAP coordinators Sadique and Gayathri conducted the programme.



SIDCAP – SAFER INTERNET DAY
FEBRUARY 7, 2023

Farook Training College NSS Unit No. 263 conducted the twelfth episode of the Students Initiative Day Celebration Awareness Project (SIDCAP) on February 7, highlighting the importance of internet safety. The presentation was done by Rajitha M.P, a first-year B.Ed student pursuing Natural Science, emphasizing the need for students to be cautious while sharing personal information online and being aware of suspicious messages. The project continues to make a significant impact in educating students on important days and raising awareness on topics of national and global significance.

SIDCAP – WOMEN AND CHILD SAFETY DAY
FEBRUARY 11, 2023

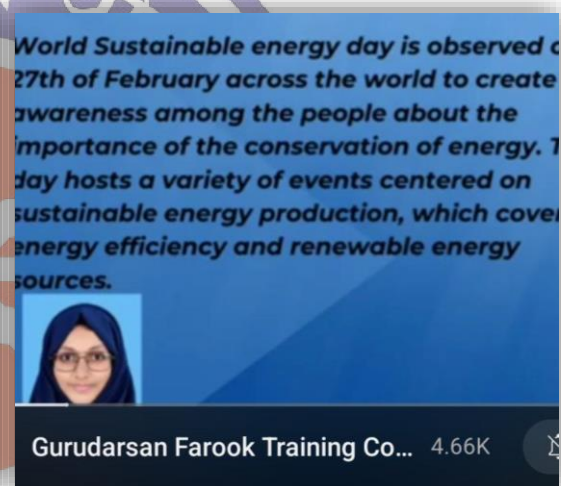
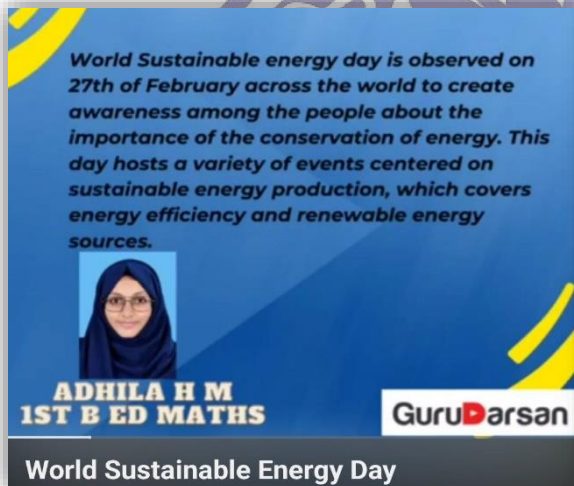
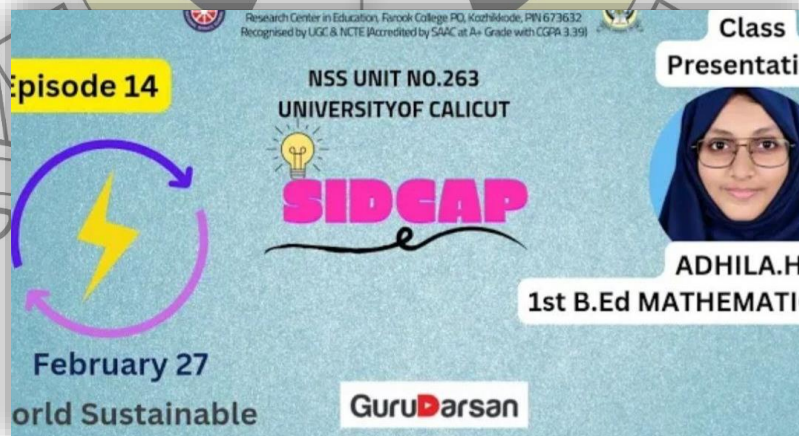
Farook Training College NSS Unit No. 263 conducted the eleventh episode of the Students Initiative Day Celebration Awareness Project (SIDCAP) on February 11, focused on Women and Child Safety. The presentation was delivered by Surya C, a first-year B.Ed student pursuing Malayalam, highlighting the importance of ensuring the safety and protection of women and children. The project aims to increase students' awareness of important days and topics of national and global significance.

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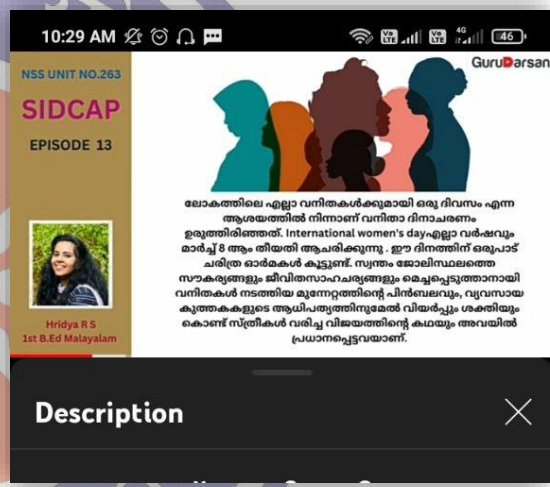
SIDCAP – WORLD SUSTAINABLE ENERGY DAY
FEBRUARY 27, 2023

Farook Training College NSS Unit No. 263 conducted the fourteenth episode of the Students Initiative Day Celebration Awareness Project (SIDCAP) on February 27, focusing on World Energy Sustainable Day. The project aims to raise awareness among students about important days, and the presentation was delivered by Adhila H.M, a first-year B.Ed student pursuing Mathematics. The program was coordinated by Gayathri and Sadiq, and we are proud to be part of such an initiative that emphasizes the importance of sustainable energy and its role in shaping a greener future. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.



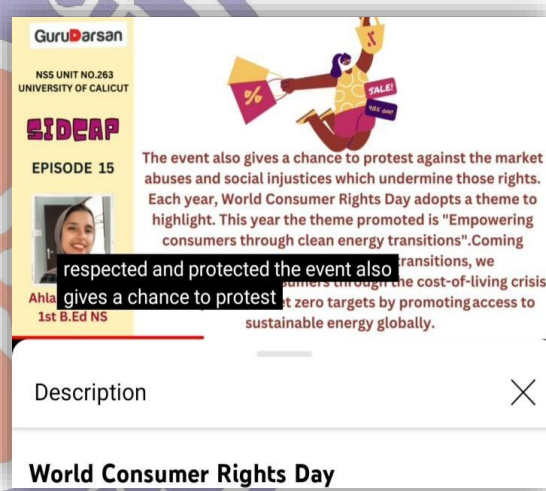
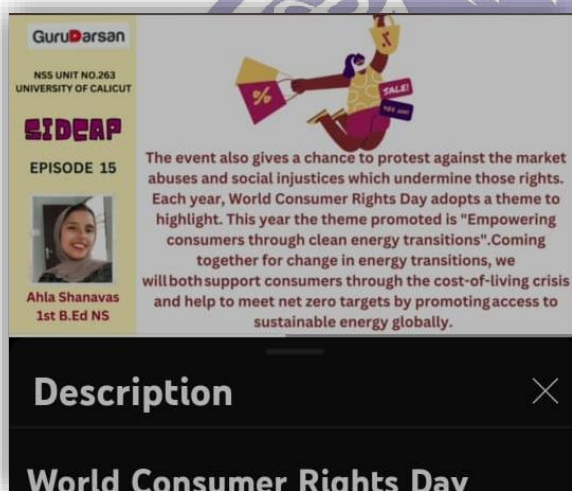
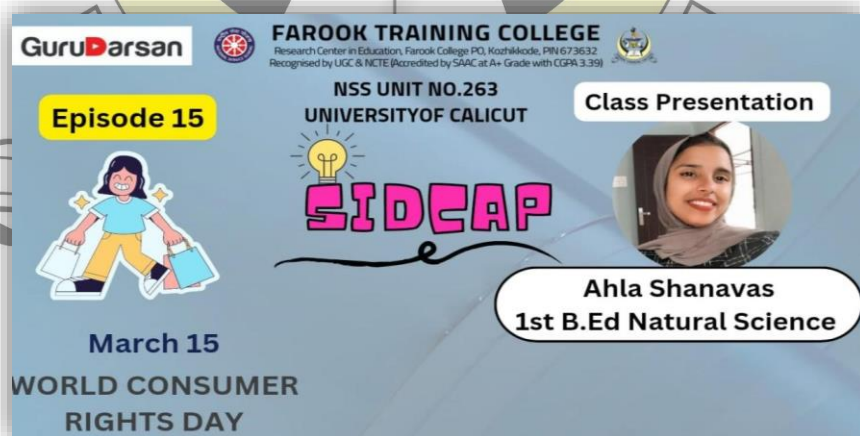
SIDCAP – WOMEN’S DAY
MARCH 8, 2023

Farook Training College NSS Unit No. 263 conducted the thirteenth episode of the Students Initiative Day Celebration Awareness Project (SIDCAP) on March 8, focusing on International Women's Day. The project aims to raise awareness among students about important days, and the presentation was delivered by Hridya R S, a first-year B.Ed student pursuing Malayalam. The program was coordinated by Gayathri and Sadiq, and we are proud to be part of such an initiative that highlights the importance of women's empowerment and gender equality.



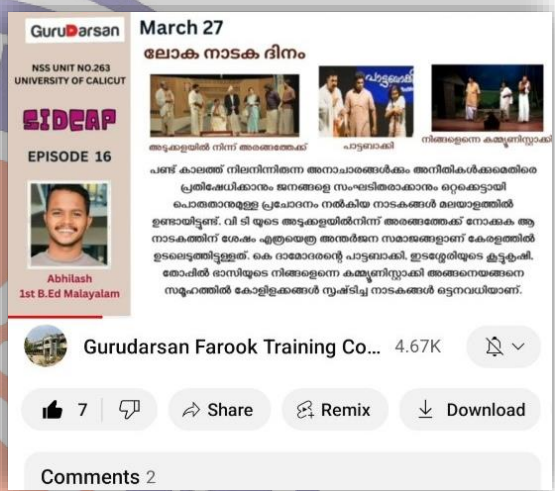
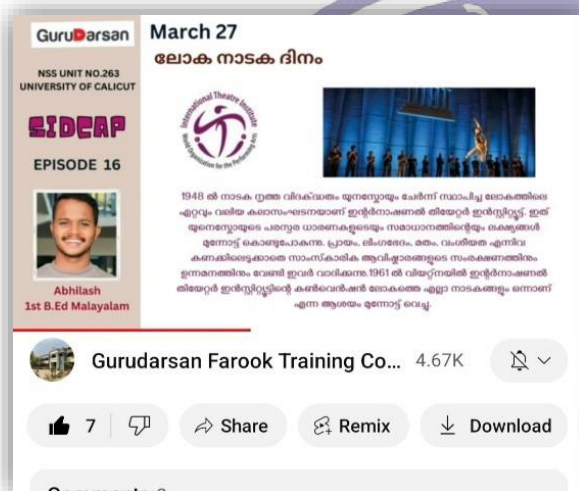
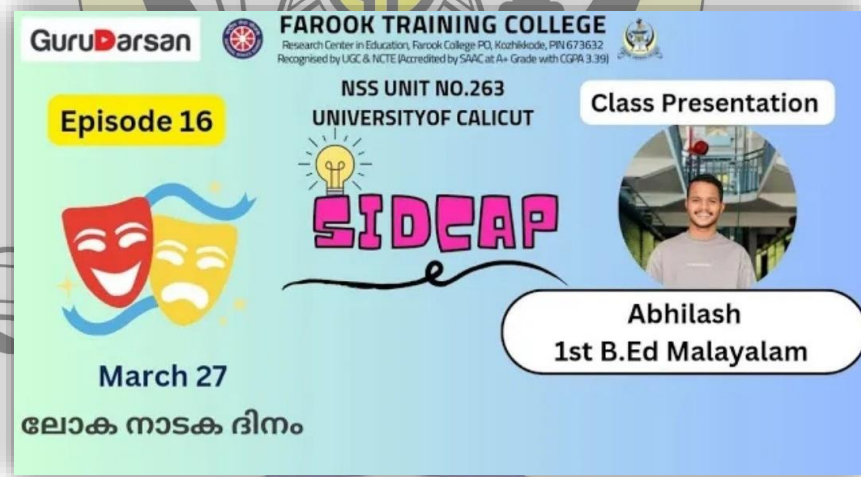
SIDCAP – WORLD CONSUMER RIGHTS DAY MARCH 15, 2023

Farook Training College NSS (Unit No. 263) conducted the fifteenth episode of the Students Initiative Day Celebration Awareness Project (SIDCAP) on March 15, focusing on World Consumer Right Day. The project aims to raise awareness among students about important days, and the presentation was delivered by Ahla Shanavas, first-year B.Ed student pursuing Natural Science. The programme was coordinated by Gayathri and Sadiq, and we are proud to be part of such an initiative that highlights the importance of consumer rights and protection. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.



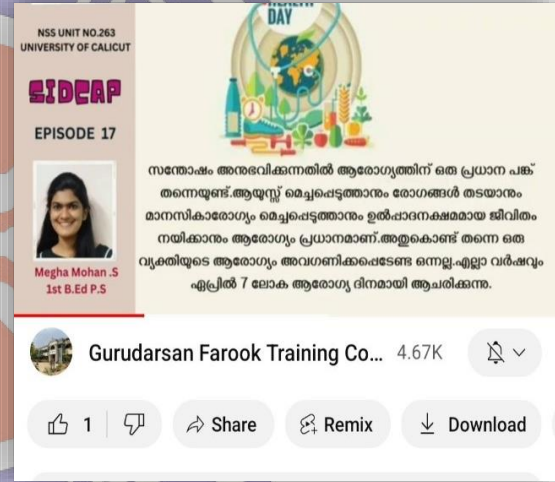
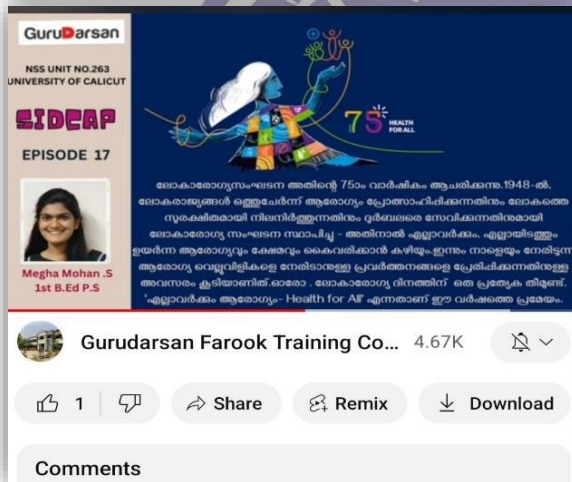
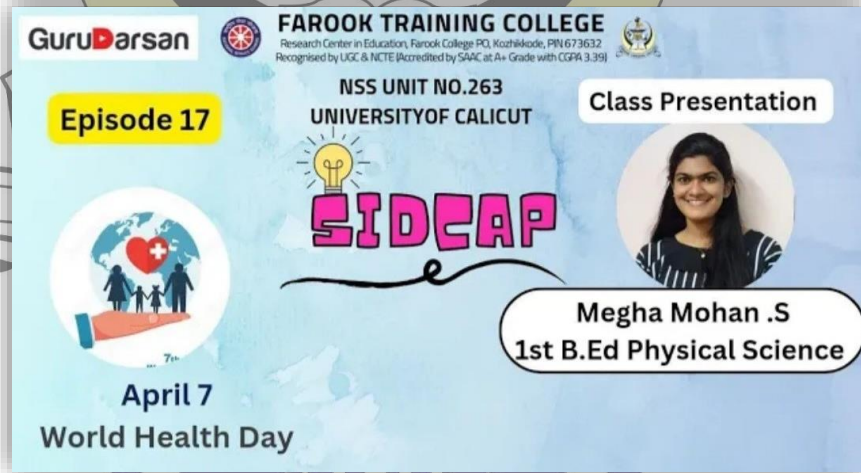
SIDCAP – WORLD THEATRE DAY
MARCH 27, 2023

SIDCAP, a project by Farook Training College NSS Unit No. 263, organized its sixteenth episode on March 27, focusing on World Drama Day. The presentation was delivered by Abhilash K S, a first-year B.Ed student pursuing Malayalam. The program aims to create awareness among students about important days, and it was coordinated by Gayathri and Sadique . The official YouTube channel of Farook Training College has the presentation video.



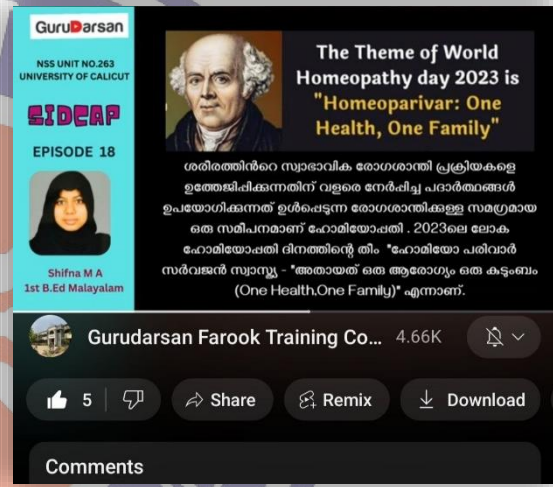
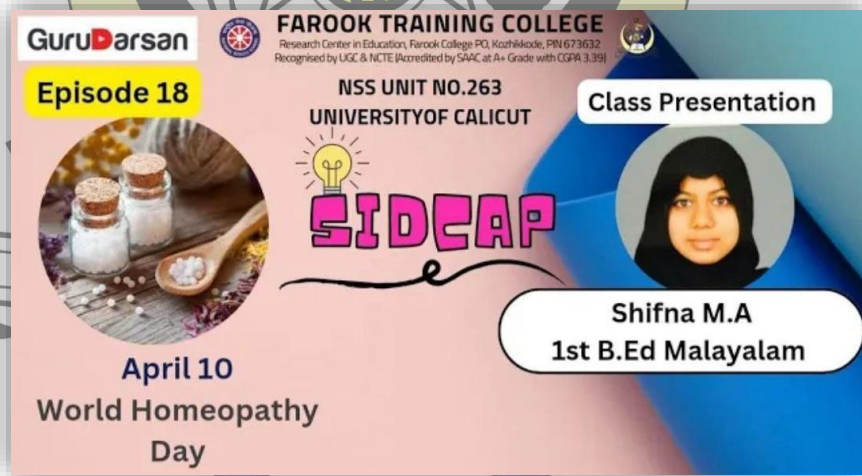
SIDCAP – WORLD HEALTH DAY
APRIL 7, 2023

Farook Training College NSS Unit No. 263 presented the seventeenth episode of the Students Initiative Day Celebration Awareness Project (SIDCAP) on April 7, which focused on World Health Day. The presentation was given by Megha Mohan S, a first-year B.Ed student studying Physical Science. The aim of the project is to create awareness among students about important days, and it is coordinated by Gayathri and Nayana Narda. The presentation video is available on the official YouTube channel of Farook Training College named Gurudarshan



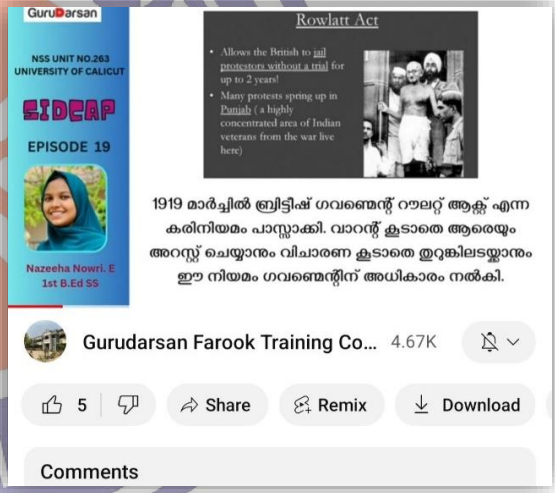
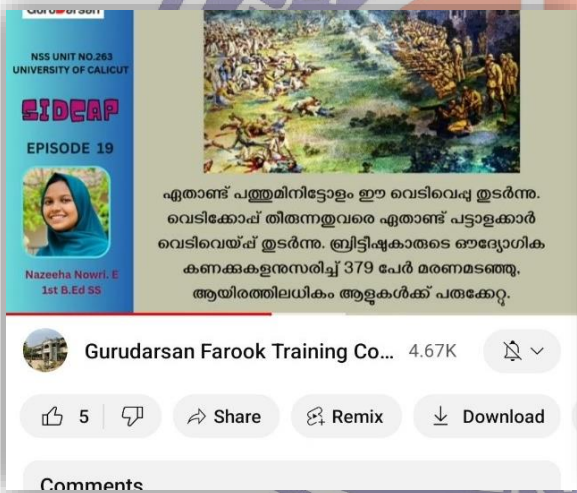
SIDCAP – WORLD HOMEOPATHY DAY
APRIL 10,2023

Farook Training College's NSS Unit No. 263 conducted another episode of its SIDCAP (Student Initiative Day Celebration Awareness Project), which aims to raise awareness among students about important days. The program was coordinated by Gayathri and Sadiq and was presented on their official YouTube channel. Episode 18 was held on April 10, which is celebrated as World Homeopathy Day, and the presentation was done by Shifna M.A., a student of 1st B.Ed Malayalam.



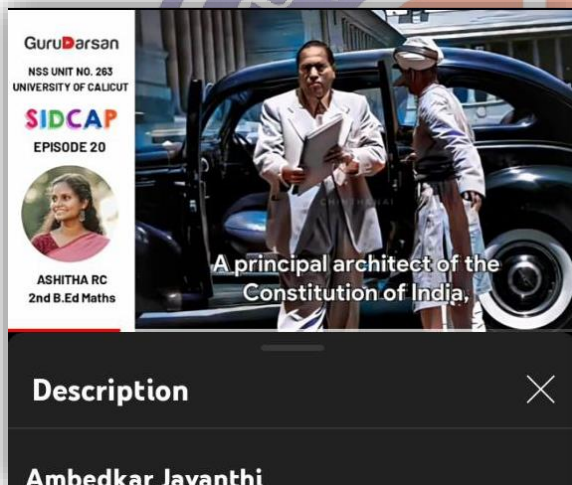
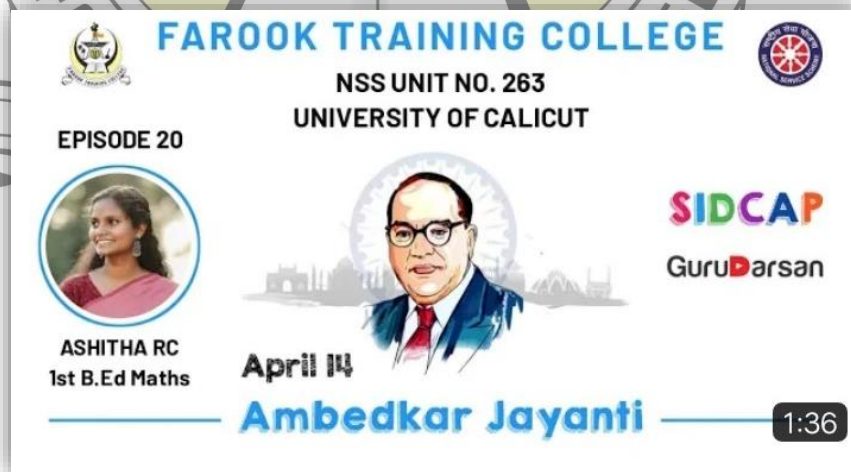
SIDCAP – JALLIANWALA BAGH DAY
APRIL 13,2023

Farook Training College NSS (Unit No. 263) conducted the 19th episode of the Students Initiative Day Celebrations Awareness Project (SIDCAP) on April 13, focusing on 'Jallianwalabagh Day'. The presentation provided a comprehensive overview of the Jallianwalabagh Day, commemorating Jallianwala Bagh massacre, also known as the Amritsar massacre, took place on 13 April 1919. The Presentation was delivered by Nazeeha Nowri. E, first-year B.Ed. student of Social Science. The programme was coordinated by Gayathri O and Nayana Narda. The presentation video can be accessed through the official YouTube channel of Farook Training College .



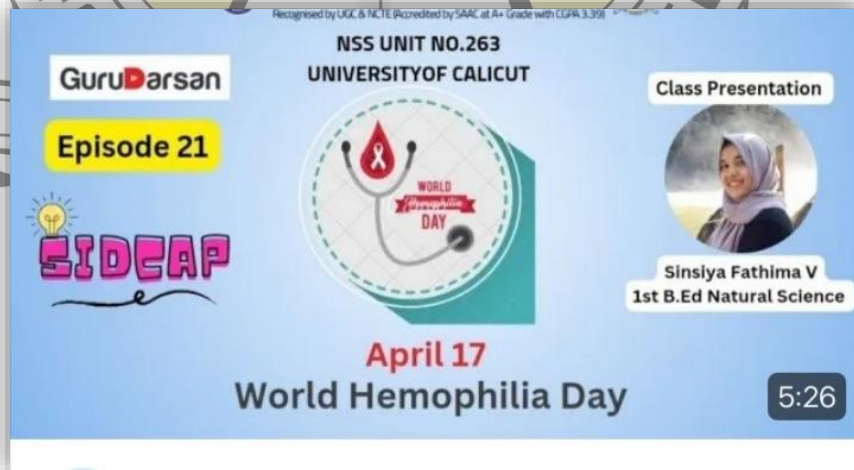
SIDCAP – AMBEDKAR JAYANTI
APRIL 14,2023

Farook Training college NSS unit no.263 conducted a presentation under the project SIDCAP (Students Initiative Day Celebration Awareness Project). This project aims to give awareness to students about important days. The 20th episode was on Ambedkar Jayanti which is celebrated on April 14. The presentation was done by Ashitha R C. (2nd BEd Mathematics). The video reached students through Gurudarsan (the Official YouTube channel of Farook training college). SIDCAP coordinators Sadique, Gayathri and Nayana Narda conducted the program.



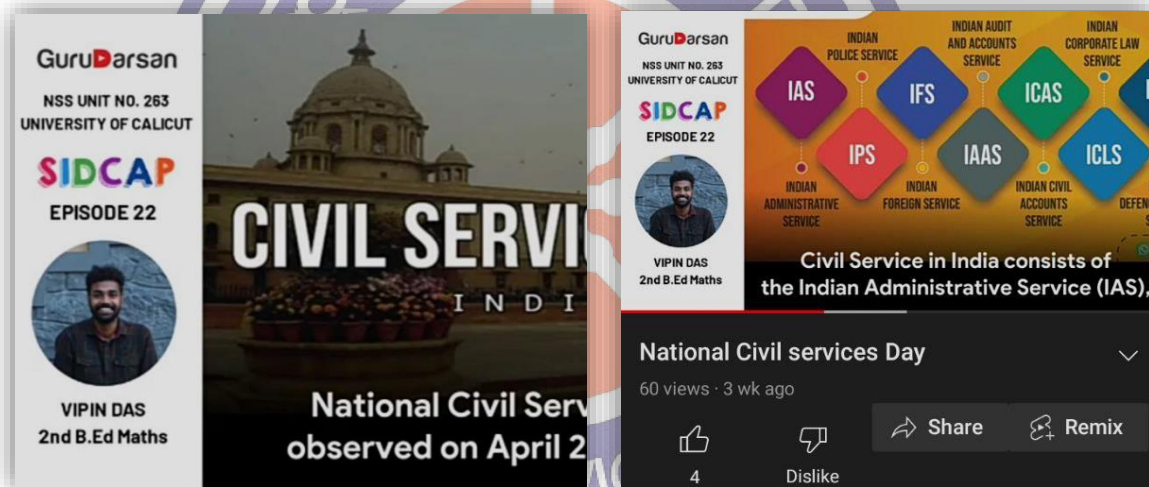
SIDCAP – WORLD HEMOPHILIA DAY
APRIL 17, 2023

Farook Training College's NSS Unit No. 263 conducted a presentation as a part of the Students Initiative Day Celebration Awareness Project (SIDCAP). The aim of this project is to raise awareness among students about important days. The presentation focused on World Hemophilia Day, which is celebrated on April 17, and was presented by Sinsiya Fathima V, a 1st-year B.Ed Natural Science student. The program was coordinated by Gayathri and Sadiq, and was presented on the official YouTube channel of the NSS Unit. The presentation successfully achieved the objective of the project, which is to give awareness to students about important days.



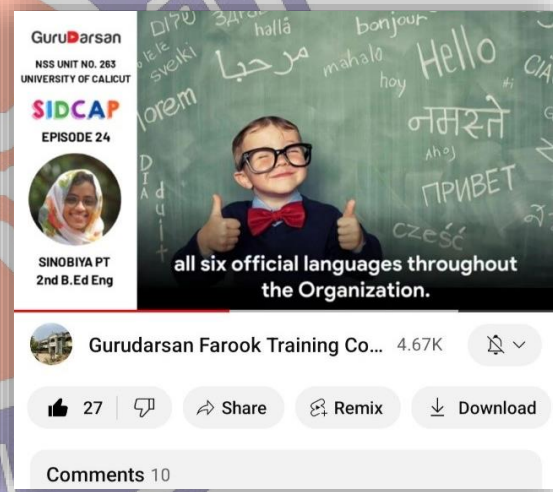
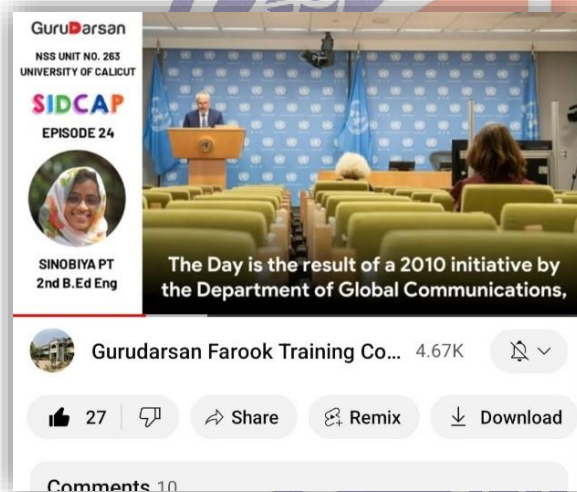
SIDCAP – NATIONAL CIVIL SERVICES DAY
APRIL 21, 2023

Farook Training College's NSS Unit No. 263 conducted a presentation as a part of the Students Initiative Day Celebration Awareness Project (SIDCAP). The objective of this project is to raise awareness among students about important days. The presentation focused on National Civil Services Day, which is celebrated on April 21, and was presented by Vipin Das, a 2nd-year B.Ed Mathematics student. The program was coordinated by Gayathri and Sadiq, and was presented on the official YouTube channel of the NSS Unit. The presentation highlighted the importance of the civil services in our country and the role they play in maintaining law and order.



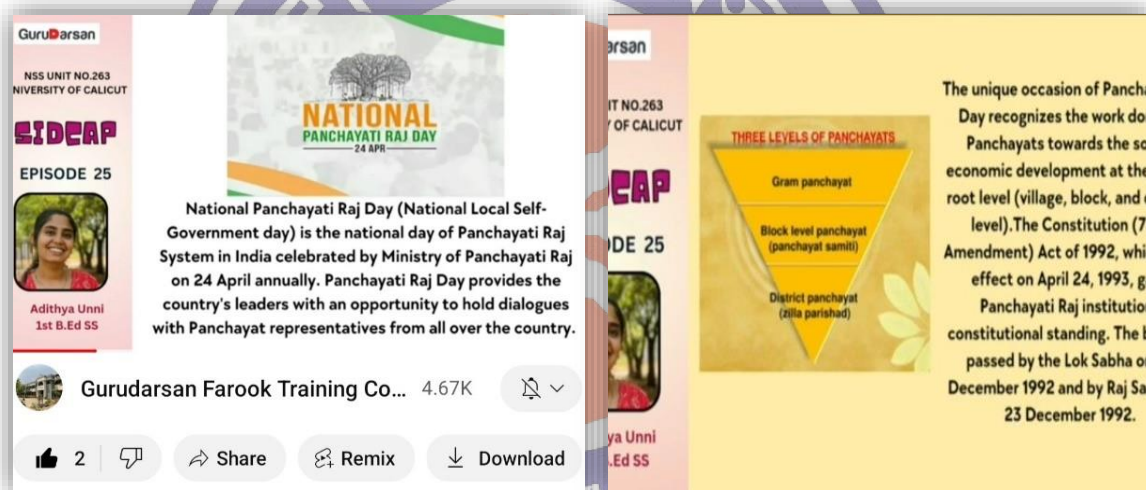
SIDCAP – ENGLISH LANGUAGE DAY
APRIL 23,2023

Farook Training college NSS unit no.263 conducted a presentation on April 23rd under the project SIDCAP (Students Initiative Day Celebration Awareness Project). The presentation aimed to raise awareness among students about the importance of English Language Day, which is celebrated on April 23rd each year. The program was presented by Sinobiya P T, a 2nd year B.Ed English student, and was coordinated by Gayathri and Nayana Narda. The presentation was made available on the official YouTube channel of Farook Training College, providing students with access to the information at their convenience.



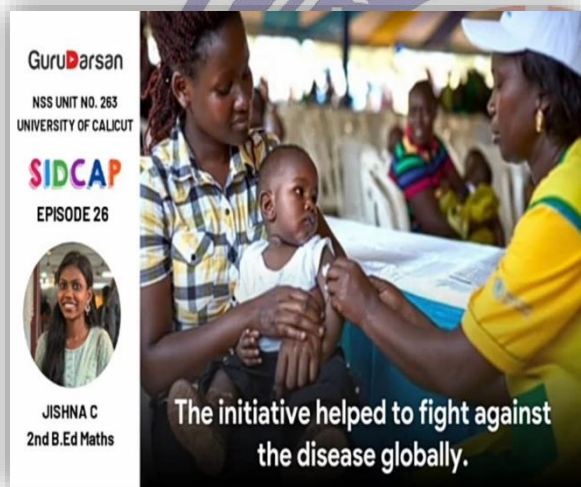
SIDCAP – NATIONAL PANCHAYATI RAJ DAY APRIL 24,2023

Farook Training College's NSS Unit No. 263 conducted a presentation on National Panchayati Raj Day under the project SIDCAP (Student Initiative Day Celebration Awareness Project). The aim of the project is to raise awareness among students about important days. The program was coordinated by Gayathri and Sadique and was presented on their official YouTube channel. Adithya Unni, a 1st B.Ed Social Science student, delivered the presentation on the significance of National Panchayati Raj Day and its role in strengthening democracy at the grassroots level.



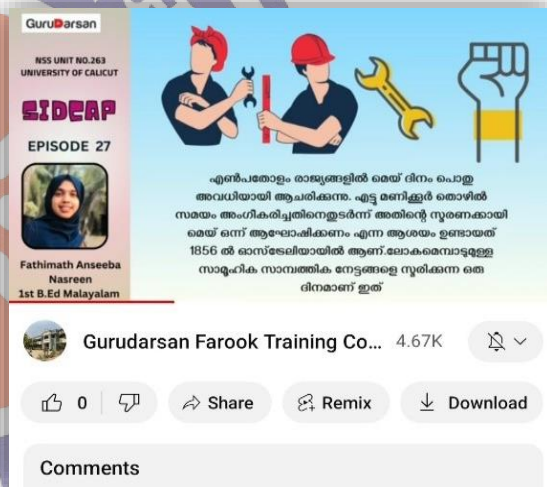
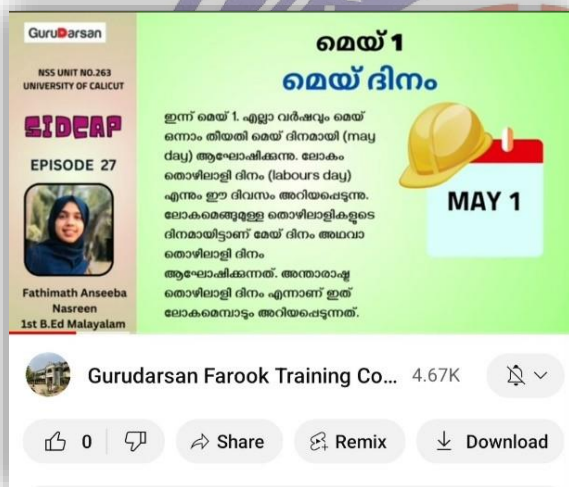
SIDCAP – WORLD MALARIA DAY APRIL 25, 2023

On April 25, the NSS Unit No. 263 of Farook Training College conducted a presentation under the project SIDCAP (Student Initiative Day Celebration Awareness Project) on World Malaria Day. The aim of the project is to raise awareness among students about important days. The program was coordinated by Jishna C, a 2nd B.Ed Maths student, and was presented on their official YouTube channel. Jishna delivered the presentation on the significance of World Malaria Day and its role in raising awareness about the global effort to control and eliminate malaria.



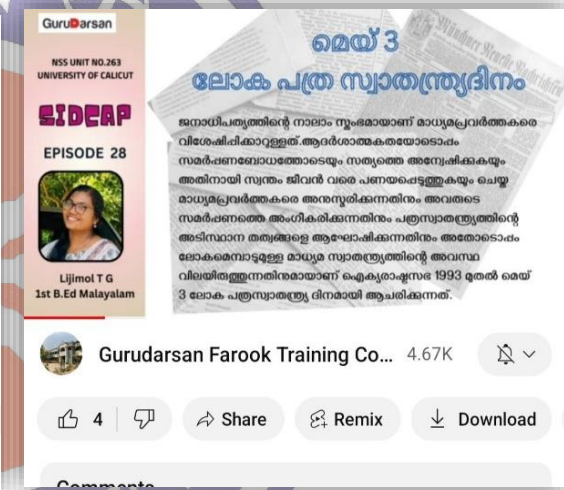
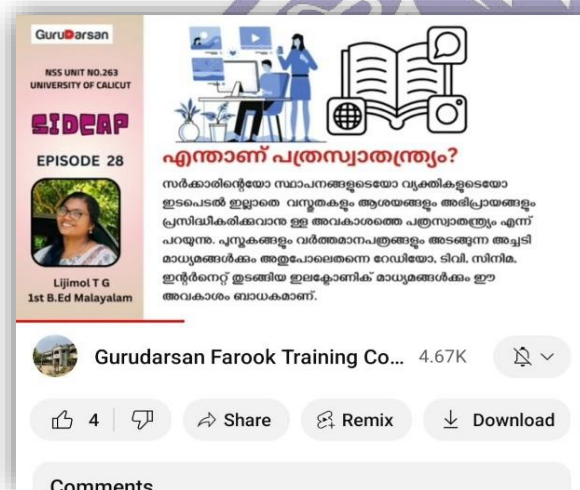
SIDCAP – MAY DAY MAY 1, 2023

On May 1, the NSS Unit No. 263 of Farook Training College conducted a presentation under the project SIDCAP (Student Initiative Day Celebration Awareness Project) on International Workers' Day, also known as May Day. The aim of the project is to raise awareness among students about important days. The program was coordinated by Fathimath Anseeba Nasreen, a 1st B.Ed Malayalam student, and was presented on their official YouTube channel. Fathimath delivered the presentation on the significance of International Workers' Day and its role in commemorating the struggles and achievements of workers worldwide



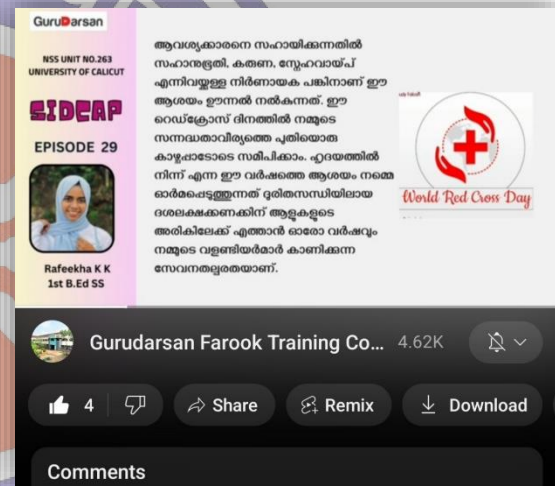
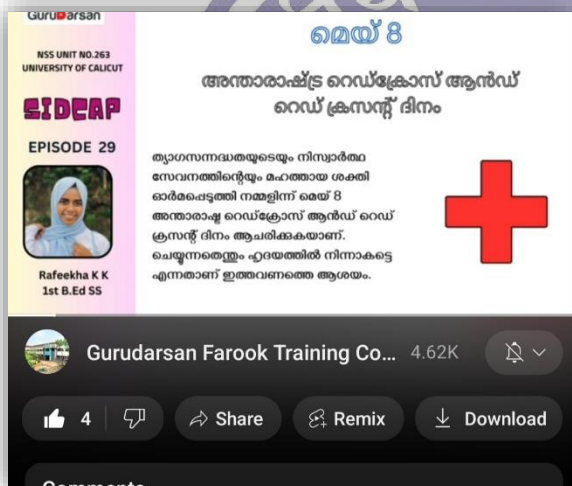
SIDCAP – WORLD PRESS FREEDOM DAY
MAY 3, 2023

Farook Training College's NSS Unit No. 263 organized a program as part of their Students Initiative Day Celebration Awareness Project (SIDCAP). The aim of the project was to raise awareness among students about significant days. The program was presented by Lijimol T.G, a 1st-year B.Ed Malayalam student, and focused on World Press Freedom Day, which is celebrated on May 3. The presentation was coordinated by the NSS Unit and broadcasted on official YouTube channel of college. It emphasized the importance of a free and responsible press in a democratic society.



SIDCAP-WORLD REDCROSS DAY
MAY 08 2023

Farook Training College's NSS Unit No. 263 organized a program as part of their Students Initiative Day Celebration Awareness Project (SIDCAP). The aim of the project was to raise awareness among students about significant days. The program was presented by Rafeekha K K, a 1st-year B.Ed Social Science student, and based on World Red Cross and Red Crescent Day, which is celebrated on May 8. The presentation was coordinated by the NSS Unit and broadcasted on official YouTube channel of college.



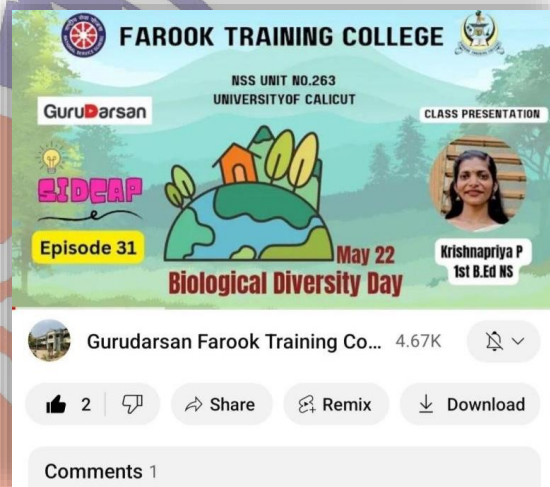
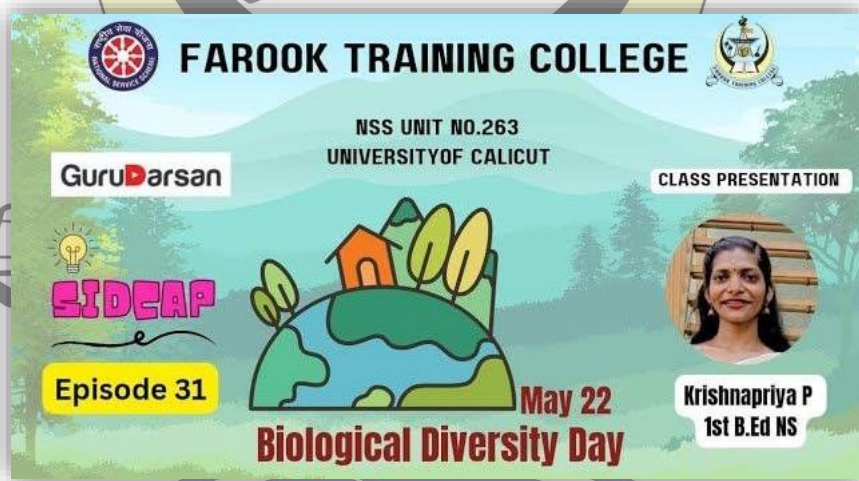
SIDCAP-WORLD MIGRATORY BIRD DAY
MAY 13 2023

Farook Training College's NSS Unit No. 263 organised a programme as part of their Student Initiative Day Celebration Awareness Project (SIDCAP). The aim of the project was to raise awareness among students about significant days. The programme was presented by Raha.V.K,a 1st-year B.Ed. Mathematics student, and based on World Migratory Bird Day, which is celebrated on May 13. The presentation was coordinated by the NSS Unit and broadcast on the official YouTube channel of the college. The aim of the video was to draw attention to the threats faced by migratory birds, their ecological importance, and the need for international cooperation in order to conserve them.



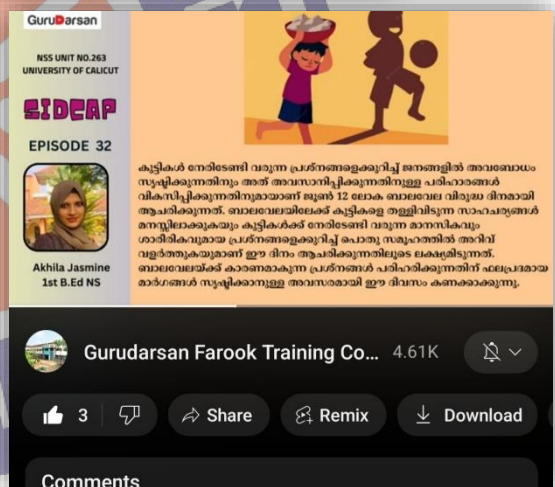
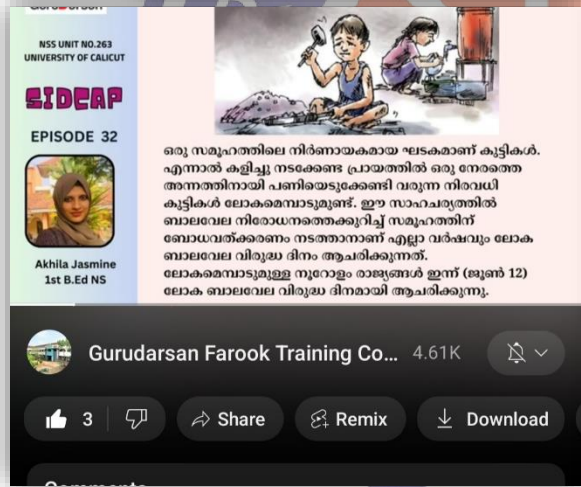
SIDCAP – BIOLOGICAL DIVERSITY DAY
MAY 22, 2023

SIDCAP (Students Initiative Day Celebration Awareness Project) - a project of Farook Training College NSS UNIT NO.263 - has conducted a program as part of Biological Diversity Day , May 22. A class presentation was done by first year Natural Science student Krishnapriya .P on the basis of Biological Diversity Day. And the class shared through Farook Training College official YouTube channel Gurudarsan. SIDCAP coordinators led the program.



SIDCAP – WORLD DAY AGAINST CHILD LABOUR
JUNE 12, 2023

SIDCAP (Students Initiative Day Celebration Awareness Project) - a project of Farook Training College NSS UNIT NO.263 - has conducted a program as part of Biological Diversity Day , May 22. A class presentation was done by first year Natural Science student Krishnapriya .P on the basis of Biological Diversity Day. And the class shared through Farook Training College official YouTube channel Gurudarsan. SIDCAP coordinators led the program. Farook Training College's NSS Unit No. 263 organized a program as part of their Students Initiative Day Celebration Awareness Project (SIDCAP). The aim of the project was to raise awareness among students about significant days. The program was presented by Akhila Jasmine , a 1st-year B.Ed Natural Science student, and was based on World Day Against Child Labour , which is celebrated on June 12. The presentation was coordinated by the NSS Unit and broadcasted on official YouTube channel of college. The importance of the video was to support the expanding anti-child labour movement.



SIDCAP – WORLD BLOOD DONOR DAY
JUNE 14, 2023

On June 14, the NSS Unit No. 263 of Farook Training College conducted a presentation under the project SIDCAP (Student Initiative Day Celebration Awareness Project) on World Blood Donor Day. The aim of the project is to raise awareness among students about important days. The presentation was done by Afiya T, a 1st B.Ed Natural Science student, and shared on the official YouTube channel of Farook Training College. Afiya delivered the presentation on the significance of World Blood Donor Day and its importance.

FAROOK TRAINING COLLEGE

NSS UNIT NO.263
UNIVERSITY OF CALICUT

CLASS PRESENTATION

BLOOD Donation

June 14
World Blood Donor Day

Afiya T
1st B.Ed NS

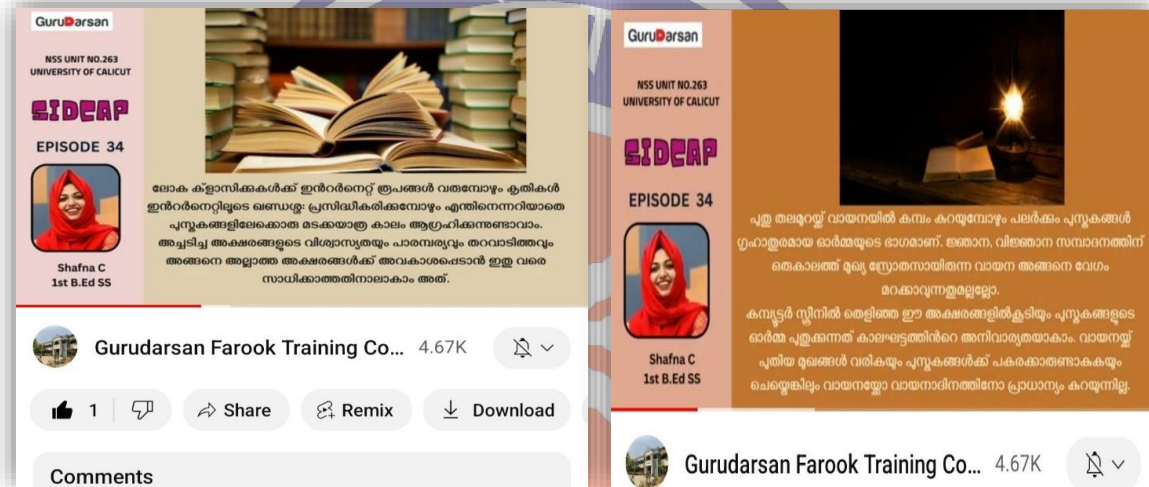
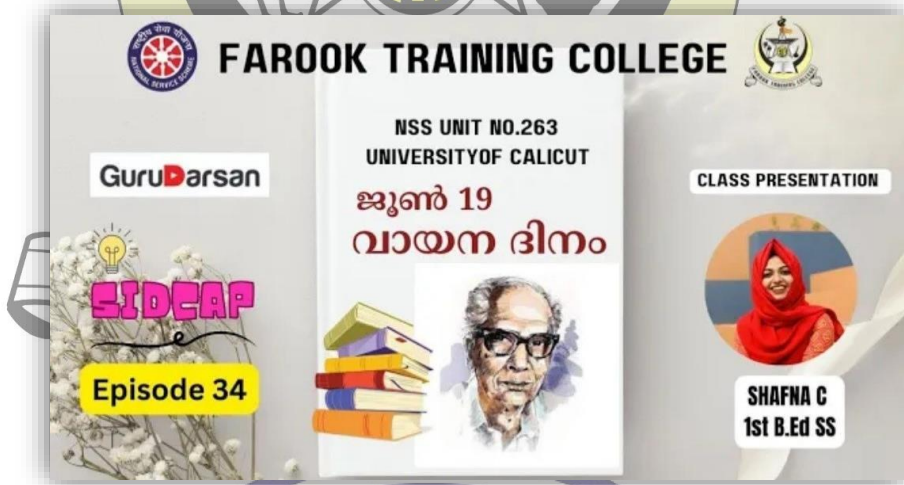
ജൂൺ 14
ലോക രക്തദാന ദിനം

“രക്ത ദാനം മഹാ ദാനം” ഇത് കേൾക്കാത്തവരായി മലയാളികൾ ആരും തന്നെ ഉണ്ടാവില്ല. ജൂൺ 14 ലോക രക്തദാന ദിനം, ഓരൾ സ്വന്തം സമ്മതത്തോടെ മറ്റൊരാൾക്കോ, സൂക്ഷിക്കുന്നതിനു വേണ്ടിയോ ശാസ്ത്രീയമായ മാർഗ്ഗങ്ങളിലൂടെ രക്തം ദാനം ചെയ്യുന്ന പ്രക്രിയയാണ് സന്നദ്ധ രക്തദാനം.

അപകടങ്ങളുടെയും ശസ്ത്രക്രിയകളുടെയും ഭാഗമായി മനുഷ്യശരീരത്തിൽ നിന്ന് നഷ്ടപ്പെടുന്ന രക്തത്തിന് പകരം, നഷ്ടമായതിന് തുല്യ അളവിലും ചേർച്ചയിലുമുള്ള മനുഷ്യരക്തം നൽകിയാൽ മാത്രമേ ശാരീരികപ്രവർത്തനങ്ങൾ വീണ്ടും പ്രവർത്തനക്ഷമമാകുകയുള്ളൂ. ആരോഗ്യമേഖലയിൽ നാം ഇന്ന് ഏറെ പുരോഗമിച്ചെങ്കിലും മനുഷ്യരക്തത്തിനു സമമായ കൃത്രിമരക്തം മാത്രം വികസിപ്പിച്ചെടുക്കാൻ ഇതുവരെ സാധിച്ചിട്ടില്ല. ഈ സാഹചര്യത്തിലാണ് രക്തദാനത്തിന്റെ പ്രസക്തി വർദ്ധിക്കുന്നത് 18 മുതൽ 65 വയസ്സുവരെ പ്രായമുള്ള 45 കിലോയിൽ കൂടുതൽ ശരീരഭാരമുള്ള ഏതൊരാൾക്കും രക്തം ദാനം ചെയ്യാം. ദാനാവിൻറെ രക്തത്തിൽ ഹീമോഗ്ലോബിന്റെ അളവ് 12.5 ആവണം. ഓരളുടെ ശരീരത്തിൽ ശരാശരി അഞ്ചു ലിറ്റർ രക്തം ഉണ്ടാകും. 350 മില്ല്യൻ രക്തമാണ് ഒരു വ്യക്തിയിൽ നിന്ന് ഒരു തവണ ശേഖരിക്കുക.

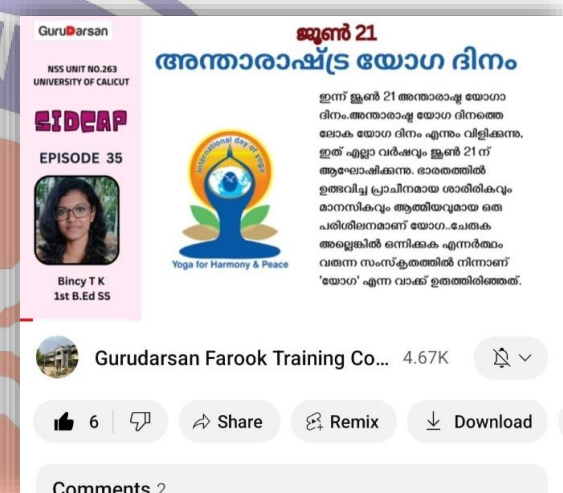
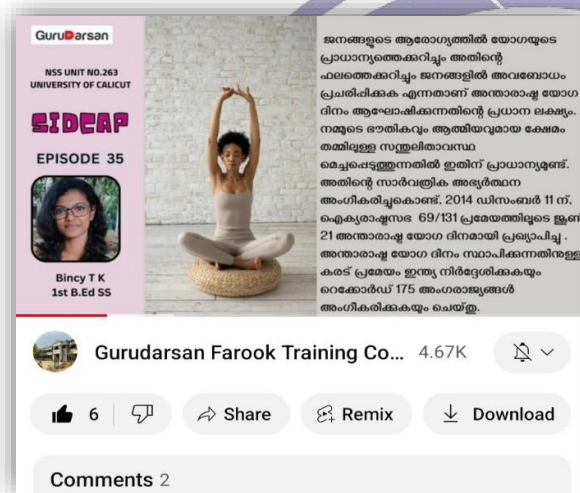
SIDCAP – NATIONAL READING DAY
JUNE 19, 2023

On the occasion of National Reading Day on June 19, NSS Unit No. 263 of Farook Training College made a presentation under the project SIDCAP (Student Initiative Day Celebration Awareness Project). The aim of the project is to create awareness among the students about the important days. The presentation was done by Shafna C, a 1st B.Ed Social Science student and shared on the official YouTube channel of Farook Training College. Shafna gave a presentation on the significance of National Reading Day .



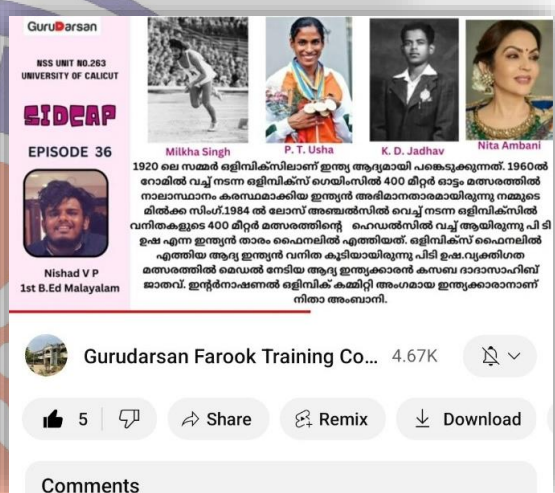
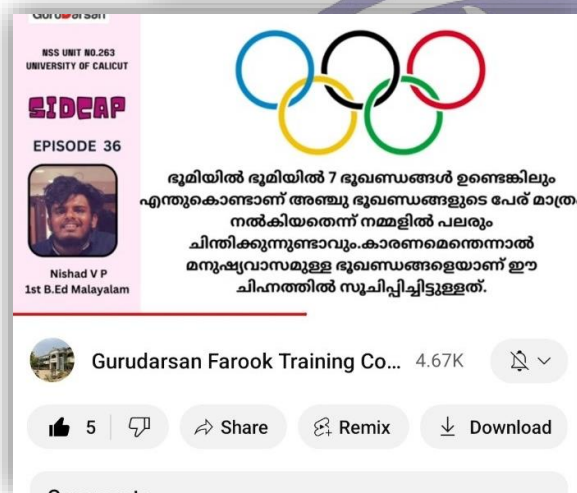
SIDCAP – INTERNATIONAL DAY OF YOGA
JUNE 21, 2023

On International Day of Yoga, June 21, NSS Unit No. 263 of Farook Training College made a presentation under the project SIDCAP (Student Initiative Day Celebration Awareness Project). The aim of the project is to create awareness among the students about the important days. The presentation was done by Bincy T K, a first year B.Ed Social Science student and shared on the official YouTube channel of Farook Training College. Bincy gave a presentation on the importance of International Day of Yoga .



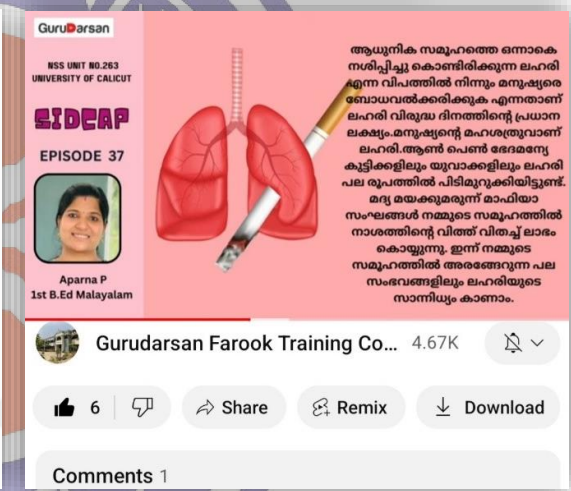
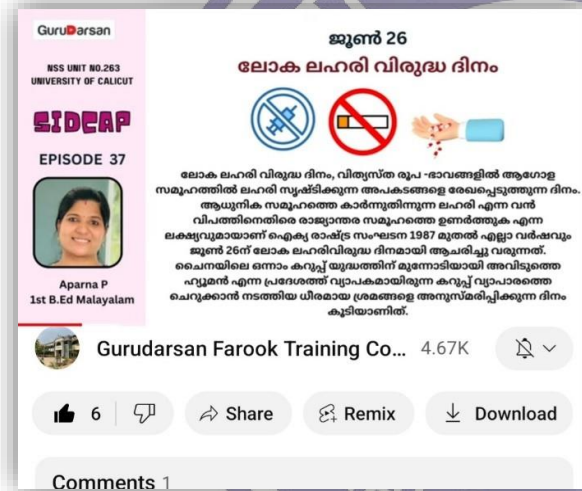
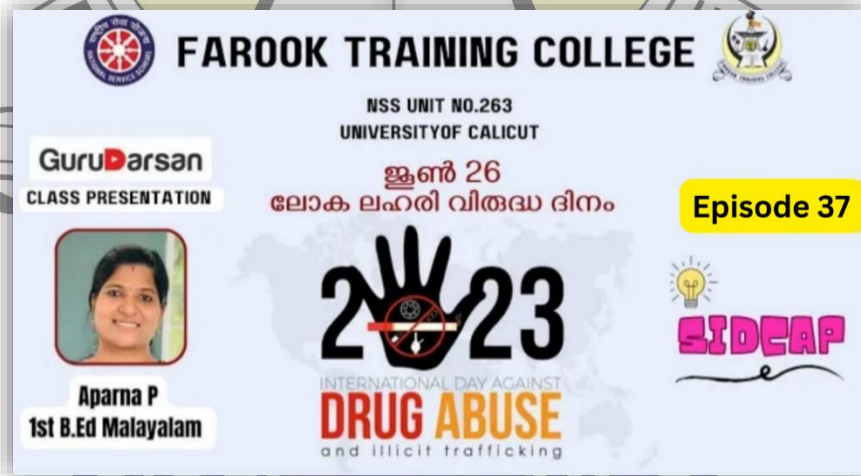
SIDCAP – INTERNATIONAL OLYMPIC DAY
JUNE 23, 2023

On International Olympic Day, June 23, NSS Unit No. 263 of Farook Training College made a presentation under the project SIDCAP (Student Initiative Day Celebration Awareness Project). The aim of the project is to create awareness among the students about the important days. The presentation was done by Nishad V P, a first year B.Ed Malayalam student and shared on the official YouTube channel of Farook Training College. Nishad gave a presentation on the importance of International Olympic Day .



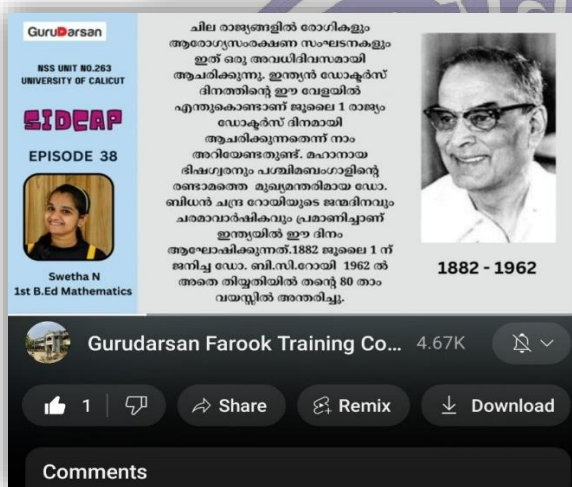
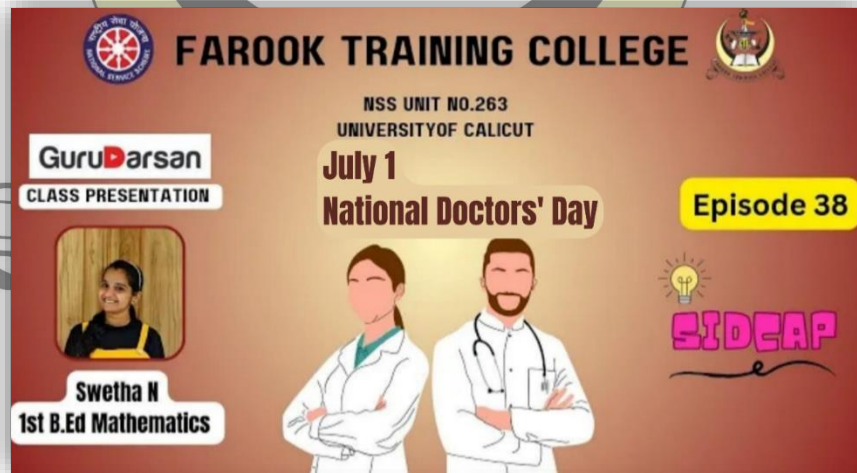
**SIDCAP – INTERNATIONAL DAY AGAINST DRUG ABUSE AND -
ILLCIT TRAFFICKING**
JUNE 26, 2023

As part of the International Day against Drug Abuse and Illicit Trafficking, July 26, Farook Training College NSS Unit No. 263 organized a class presentation under the leadership of SIDCAP (Students Initiative Day Celebration Awareness Project). A video presentation by Aparna, a first year Malayalam student, was shared on Farook Training College official YouTube channel Gurudarshan. Aparna spoke about the importance of International Day against Drug Abuse and Illicit Trafficking in the video.



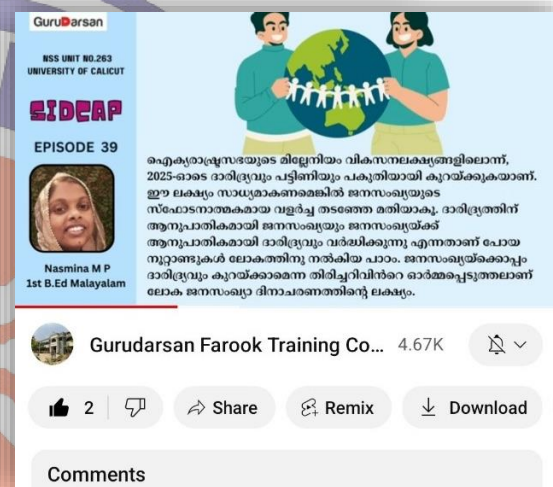
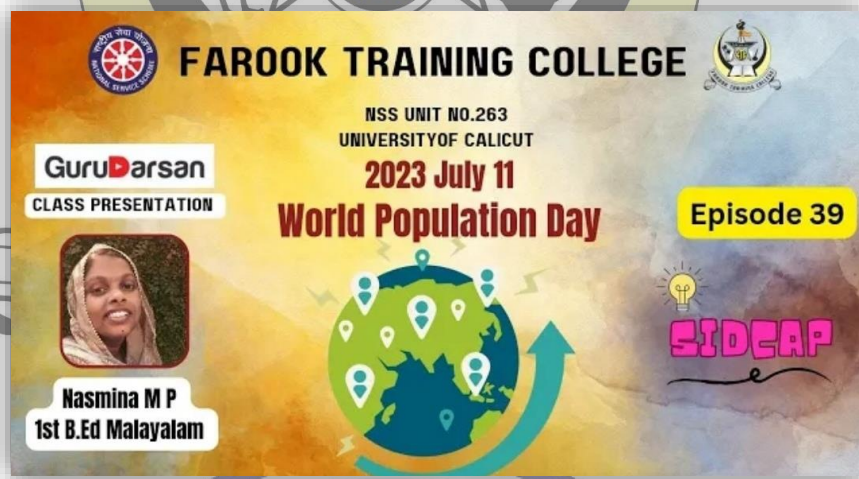
SIDCAP – NATIONAL DOCTORS' DAY
JULY 1, 2023

The 38th episode of the program "SIDCAP" (Students' Initiative Day Celebration Awareness Project) was dedicated to commemorating Doctor's Day. The program aimed to express gratitude towards healthcare professionals and raise awareness about their significant contributions to society. The video presentation for this episode was done by Swetha N, a first-year Mathematics student, and led by coordinators Sadique Ali and Gayathri O. The video was uploaded to the official YouTube channel of Farook Training College, Gurudarsan..



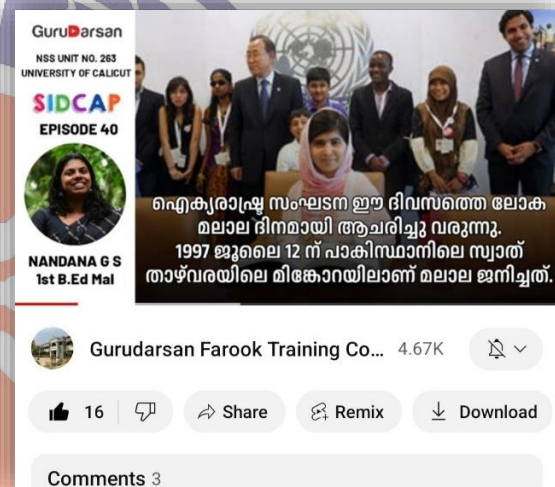
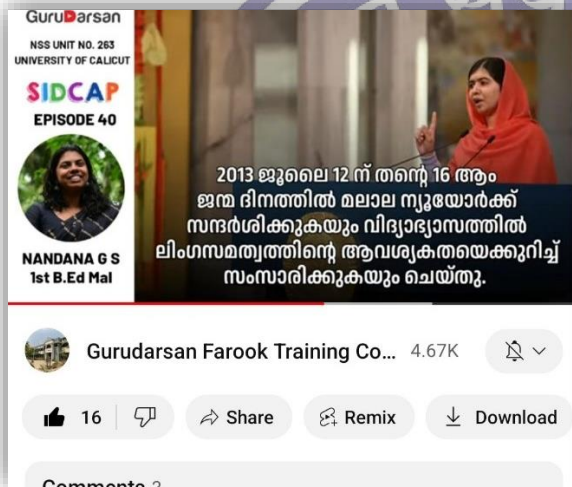
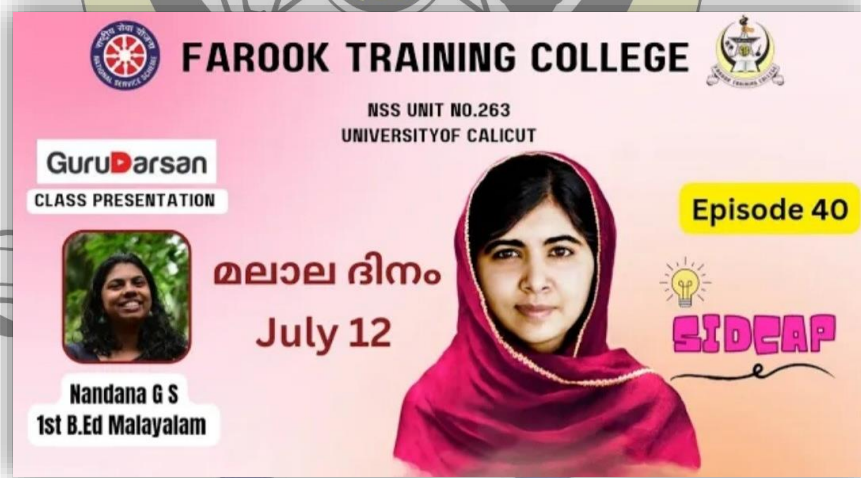
SIDCAP – WORLD POPULATION DAY
JULY 11, 2023

On July 11 as part of the World Population Day, Farook Training College NSS Unit No. 263 organized a class presentation under the leadership of SIDCAP(Students Initiative Day Celebration Awareness Project).The aim SIDCAP is to give awareness to the students about important days. A video presentation by Nasmina M P, a first year B.Ed Malayalam student, was shared on Farook Training College official YouTube channel Gurudarshan. Nasmina spoke about the concerns and issues regarding population in the video.



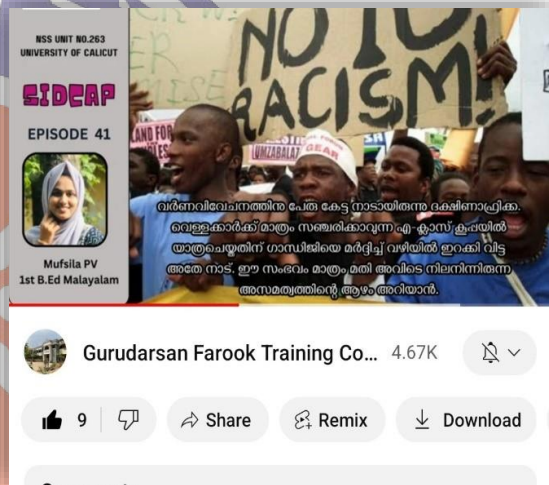
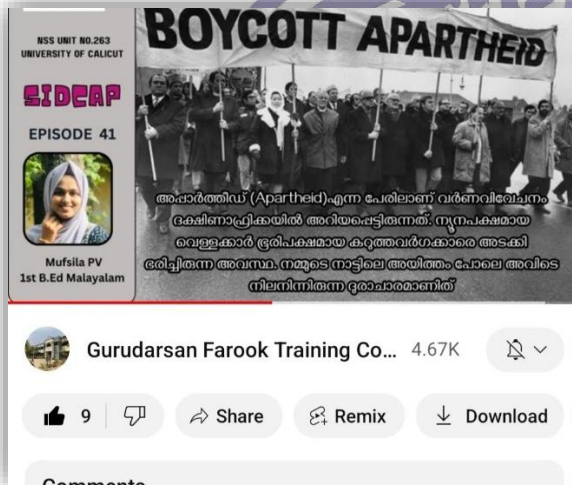
SIDCAP – MALALA DAY
JULY 12, 2023

On July 12 as part of the Malala Day, Farook Training College NSS Unit No. 263 organized a class presentation under the leadership of SIDCAP(Students Initiative Day Celebration Awareness Project).The aim SIDCAP is to give awareness to the students about important days. A video presentation by Nandana G S, a first year B.Ed Malayalam student, was shared on Farook Training College's official YouTube channel Gurudarshan. Nandana spoke about the life and activities of Malala, who is an inspiration to all.



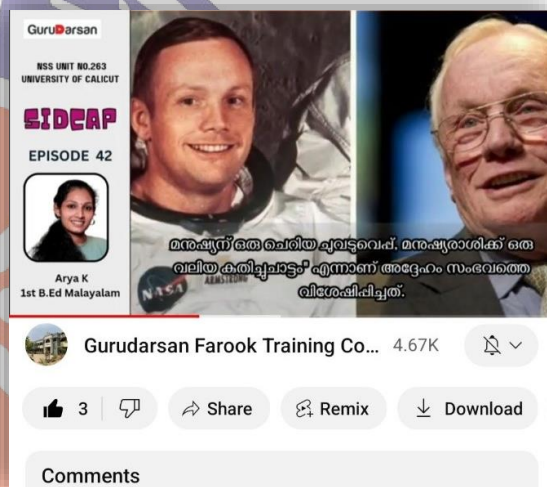
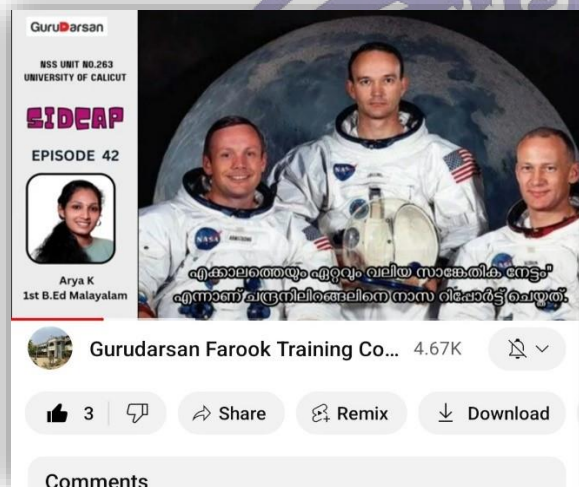
SIDCAP – MANDELA DAY
JULY 18, 2023

On July 18 as part of the Mandela Day, Farook Training College NSS Unit No. 263 organized a class presentation under the leadership of SIDCAP(Students Initiative Day Celebration Awareness Project).The aim SIDCAP is to give awareness to the students about important days. A video presentation by Mufsila P V, a first year B.Ed Malayalam student, was shared on Farook Training College's official YouTube channel Gurudarshan. Mufsila spoke about the life and activities of Nelson Mandela, who is an inspiration to all.



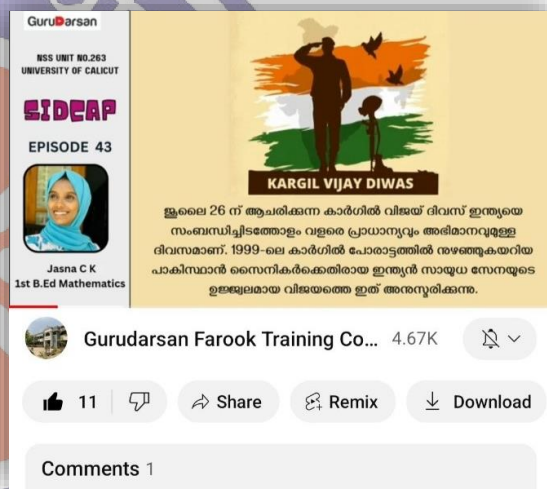
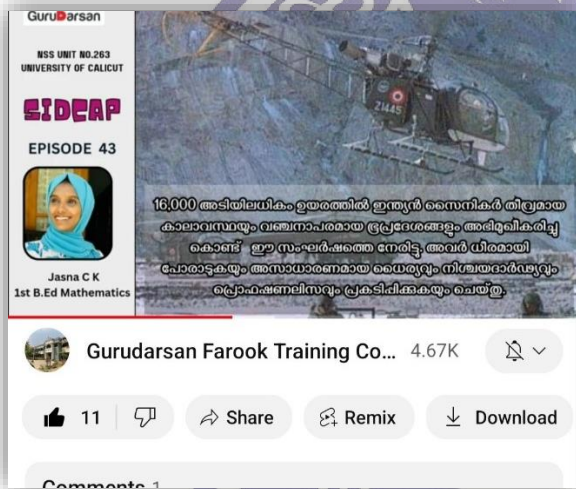
SIDCAP – INTERNATIONAL MOON DAY
JULY 21, 2023

On July 21 as part of the International Moon Day, Farook Training College NSS Unit No. 263 organized a class presentation under the leadership of SIDCAP(Students Initiative Day Celebration Awareness Project).The aim SIDCAP is to give awareness to the students about important days. A video presentation by Arya K, a first year B.Ed Malayalam student, was shared on Farook Training College's official YouTube channel Gurudarshan.Arya spoke about man's landing on the moon and new discoveries.



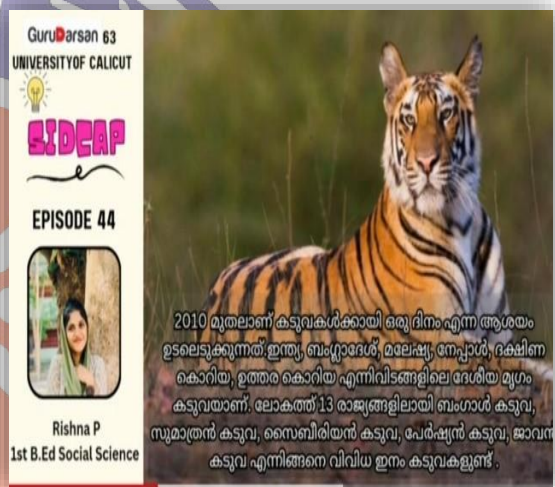
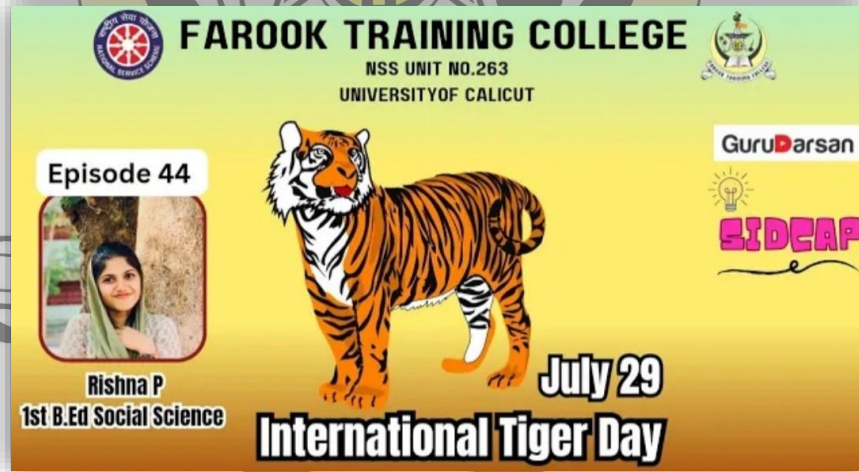
SIDCAP – KARGIL VIJAY DIWAS
JULY 26, 2023

On July 26 as part of the Kargil Vijay Diwas , Farook Training College NSS Unit No. 263 organized a class presentation under the leadership of SIDCAP(Students Initiative Day Celebration Awareness Project).The aim of SIDCAP is to give awareness to the students about important days. A video presentation by Jasna C K, a first year B.Ed Mathematics student, was shared on Farook Training College's official YouTube channel Gurudarsan .Jasna spoke about the Kargil war and the strength and effort of the soldiers in defending the country.



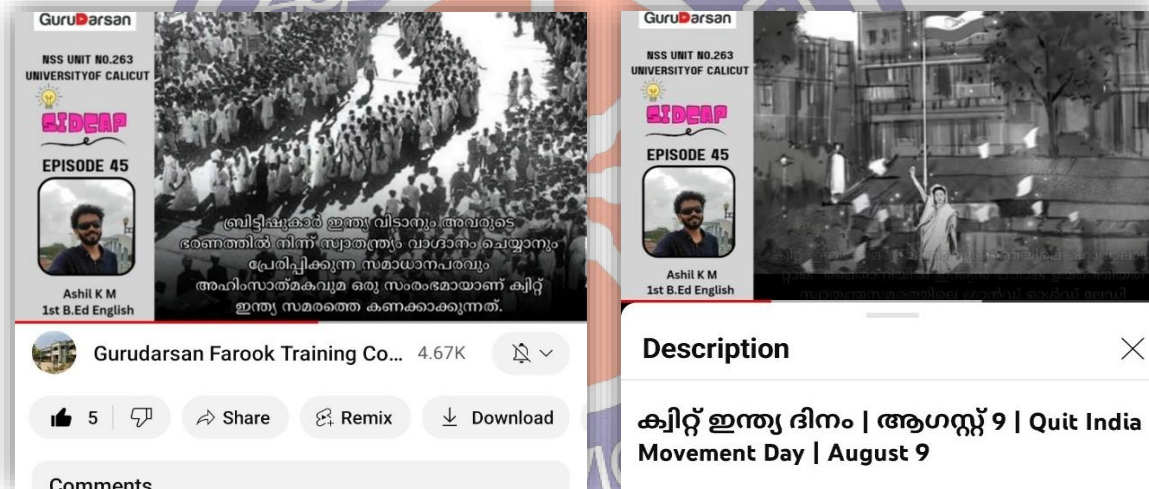
SIDCAP – INTERNATIONAL TIGER DAY
JULY 29, 2023

On July 29 as part of the International Tiger Day , Farook Training College NSS Unit No. 263 organized a class presentation under the leadership of SIDCAP(Students Initiative Day Celebration Awareness Project).The aim SIDCAP is to give awareness to the students about important days. A video presentation by Rishna P, a first year B.Ed Social Science student, was shared on Farook Training College's official YouTube channel Gurudarshan.Rishna spoke about the extinction of tigers and the need to protect them.



SIDCAP – QUIT INDIA MOVEMENT DAY
AUGUST 9, 2023

Farook Training College NSS (Unit No. 263) conducted the 45th episode of the Students Initiative Day Celebrations Awareness Project (SIDCAP) on August 9, focusing on 'Quit India Movement Day'. The presentation provided a comprehensive overview of the Quit India Movement, highlighting its origins, key leaders, and objectives. The Presentation was delivered by Ashil K M, first-year B.Ed. student of English. The programme was coordinated by Gayathri O and Sadique Ali. The video highlights the crucial role played by youth in the freedom struggle, the episode underscored the spirit of activism and sacrifice. The presentation video can be accessed through the official YouTube channel of Farook Training College .



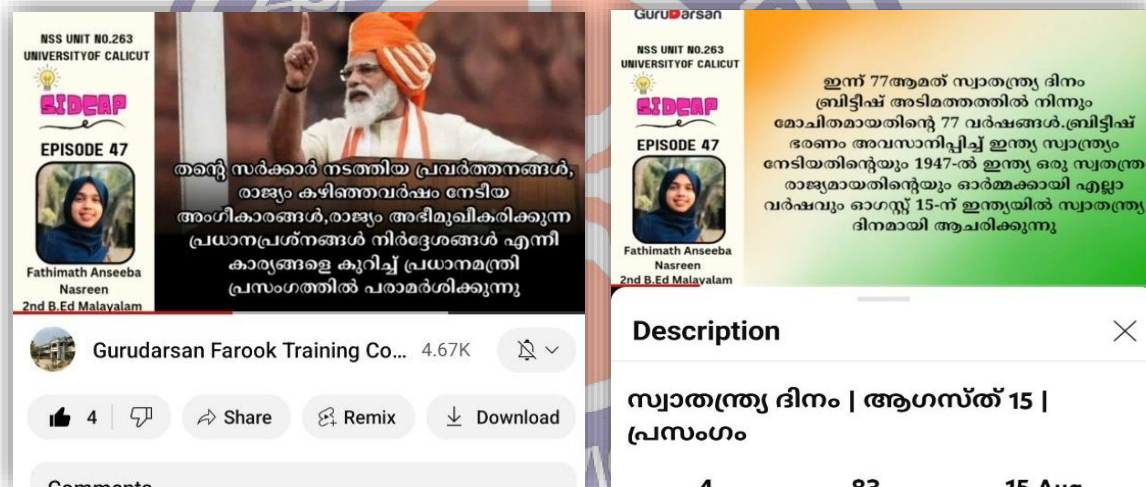
SIDCAP – WORLD ORGAN DONATION DAY
AUGUST 13, 2023

Farook Training College NSS (Unit No. 263) conducted the 46th episode of the Students Initiative Day Celebrations Awareness Project (SIDCAP) on August 13, focusing on 'World Organ Donation Day'. The presentation provided a comprehensive overview of the importance Organ Donation, and it encourages the viewers to become organ donors themselves. The Presentation was delivered by Aswathy A, first-year B.Ed. student of Natural Science. The programme was coordinated by Gayathri O and Sadique Ali. The video highlights the impact of organ donation on saving lives and improving quality of life for recipients. The presentation video can be accessed through the official YouTube channel of Farook Training College .



SIDCAP – INDEPENDENCE DAY
AUGUST 15, 2023

Farook Training College NSS (Unit No. 263) conducted the 47th episode of the Students Initiative Day Celebrations Awareness Project (SIDCAP) on August 15, focusing on 'Independence Day'. The presentation provided a comprehensive overview of the Independence Day, showcasing significant moments from the country's struggle for independence. The Presentation was delivered by Fathimath Anseeba Nasreen, second-year B.Ed. student of Malayalam. The programme was coordinated by Gayathri O and Sadique Ali. The video honors the sacrifices of freedom fighters and military personnel. The presentation video can be accessed through the official YouTube channel of Farook Training College .



SIDCAP – KERALA FARMERS' DAY
AUGUST 17, 2023

Farook Training College NSS (Unit No. 263) conducted the 48th episode of the Students Initiative Day Celebrations Awareness Project (SIDCAP) on August 17, focusing on 'Kerala Farmers' Day'. The presentation provided a comprehensive overview of the Kerala Farmers' Day, showcasing traditional and modern farming techniques used by Kerala farmers. The Presentation was delivered by Babu T P, second-year B.Ed. student of Malayalam. The programme was coordinated by Gayathri O and Sadique Ali. The video discusses the future of farming in Kerala and the importance of supporting and investing in the agriculture sector.. The presentation video can be accessed through the official YouTube channel of Farook Training College .



Description

ചിങ്ങം 1 | കേരള കർഷക ദിനം | ആഗസ്റ്റ് 17



Gurudarsan Farook Training Co... 4.67K

14 | Share | Remix | Download

Comments 3

SIDCAP – WORLD HUMANITARIAN DAY
AUGUST 19, 2023

Farook Training College NSS (Unit No. 263) conducted the 49th episode of the Students Initiative Day Celebrations Awareness Project (SIDCAP) on August 19, focusing on 'World Humanitarian Day'. The presentation provided a comprehensive overview of the World Humanitarian Day, obstacles and difficulties faced by humanitarian workers in delivering aid, including access restrictions, conflict zones, and natural disasters. The Presentation was delivered by Kadeeja Asna, second-year B.Ed. student of Natural Science. The programme was coordinated by Gayathri O and Sadique Ali. The presentation video can be accessed through the official YouTube channel of Farook Training College.

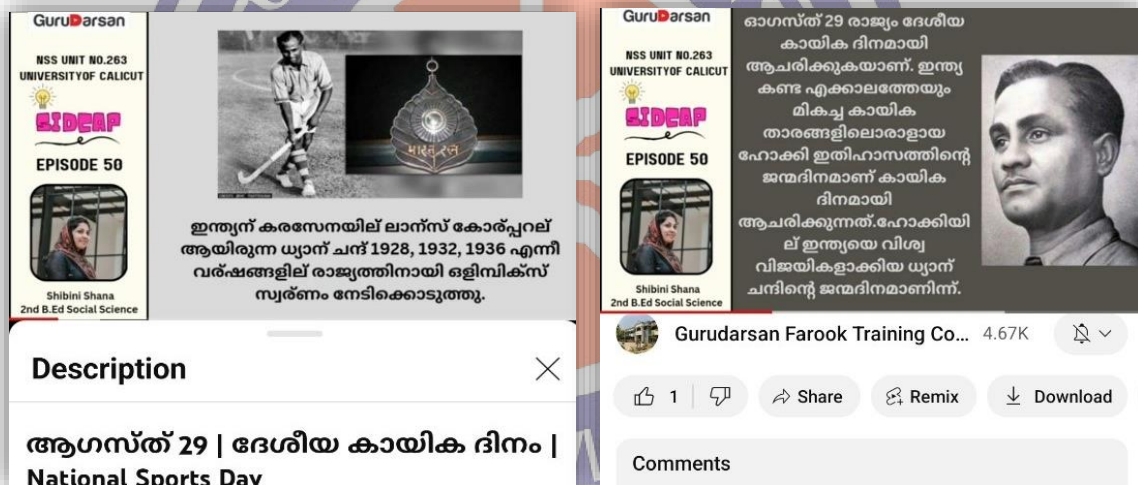


Description

ആഗസ്റ്റ് 19 | ലോക ജീവകാരുണ്യ

SIDCAP – NATIONAL SPORTS DAY
AUGUST 29, 2023

Farook Training College NSS (Unit No. 263) conducted the 50th episode of the Students Initiative Day Celebrations Awareness Project (SIDCAP) on August 29, focusing on 'National Sports Day'. The presentation provided a comprehensive overview of the National Sports Day, commemorating the birth anniversary of hockey legend Major Dhyana Chand Singh. The Presentation was delivered by Shibini Shana, second-year B.Ed. student of Social Science. The programme was coordinated by Gayathri O and Sadique Ali. The presentation video can be accessed through the official YouTube channel of Farook Training College.



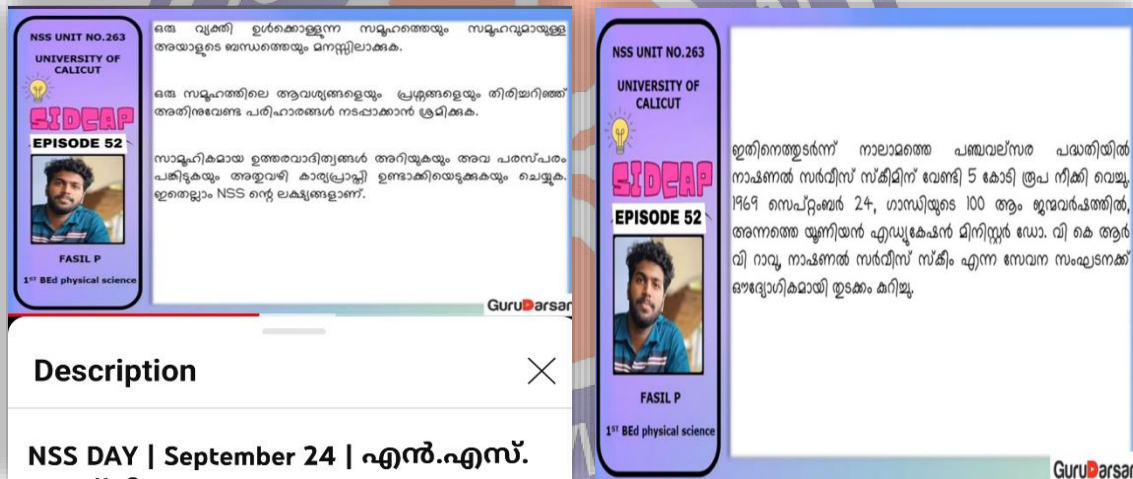
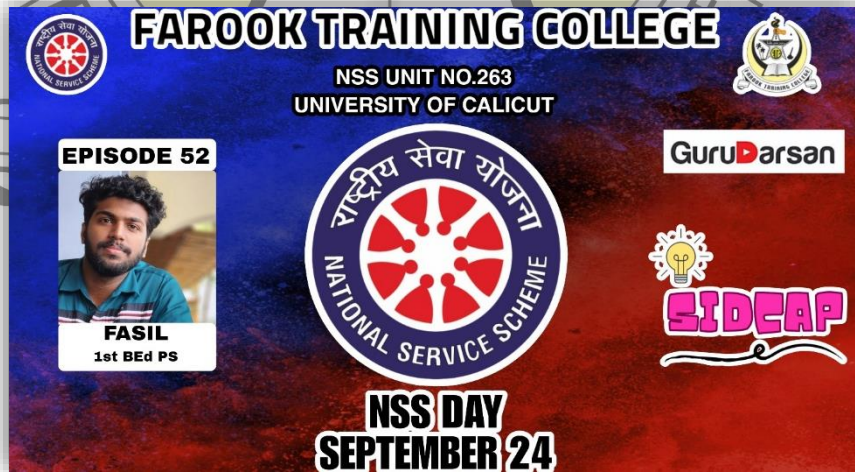
SIDCAP – TEACHERS’ DAY
SEPTEMBER 5,2023

Farook Training College NSS (Unit No.263) conducted the 51st episode of the Students Initiative Day Celebrations Awareness Project (SIDCAP) on September 5, focusing on ‘Teachers’ Day’. The presentation provided a comprehensive overview of the Teachers’ Day, honoring Dr. Sarvepalli Radhakrishnan, the country’s first Vice President and former President. The Presentation was delivered by Aleesha K, second-year B.Ed. student of Mathematics . The programme was coordinated by Gayathri O and Sadique Ali.The presentation video can be accessed through the official YouTube channel of Farook Training College.



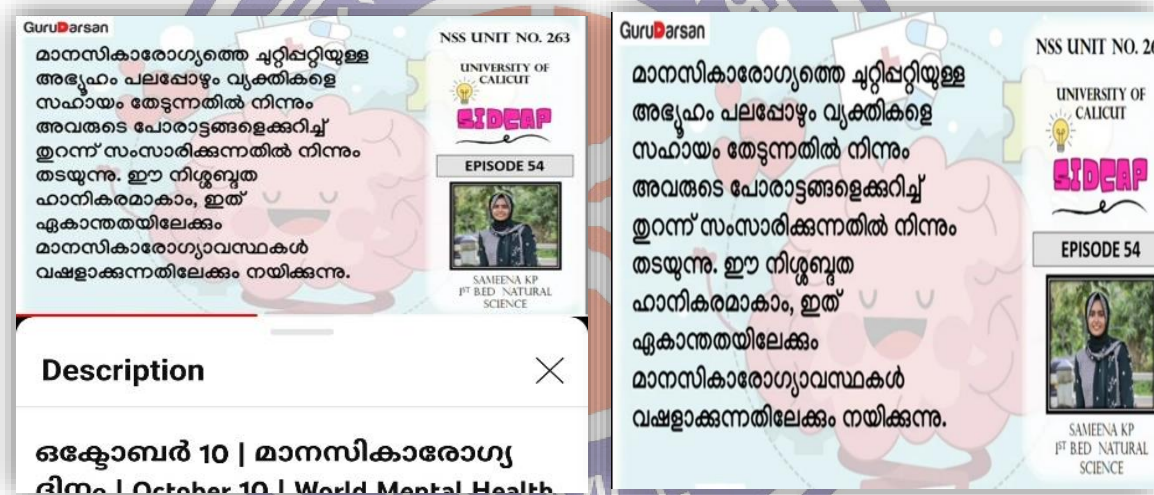
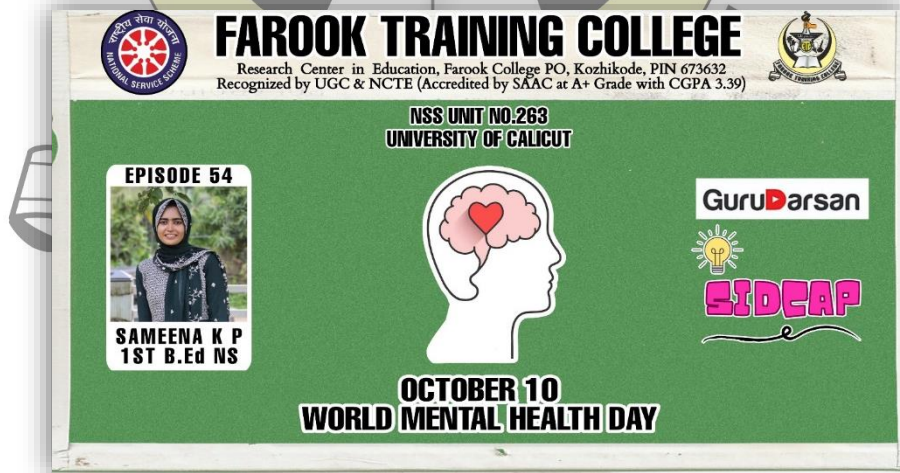
SIDCAP – NATIONAL SERVICE SCHEME DAY
SEPTEMBER 24,2023

Farook Training College NSS (Unit No. 263) conducted the 52nd episode of the Students Initiative Day Celebration Awareness Project (SIDCAP) on September 24, focusing on National Service Scheme day. The project aims to raise awareness among NSS volunteers and students about the history, contributions and importance of the NSS. The Presentation was delivered by Mohammed Fasil,P, first-year B.Ed. student of Physical Science. The programme was coordinated by Gayathri and Sadiq. The video highlights the important role of social service schemes and the contributions of NSS in building a society where people live in harmony. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.



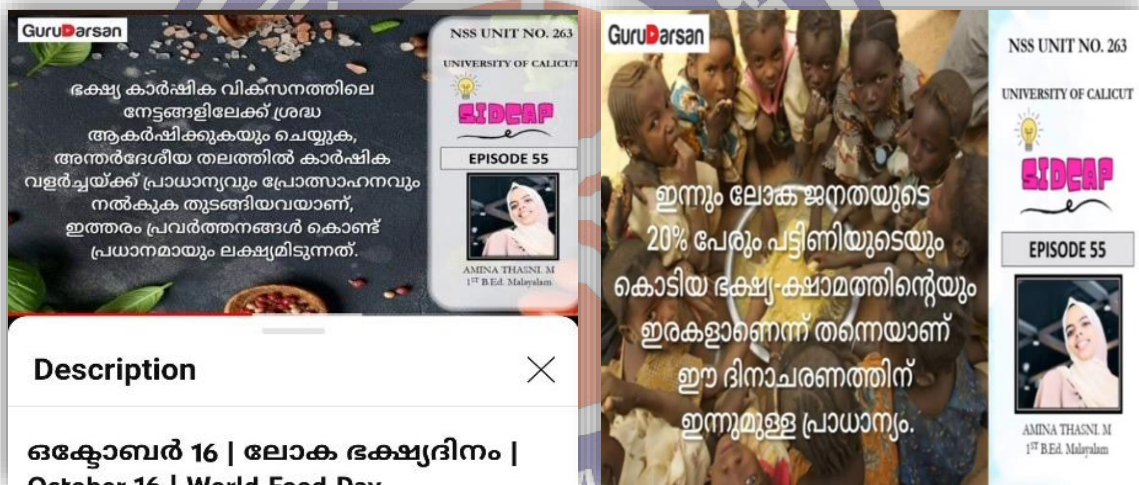
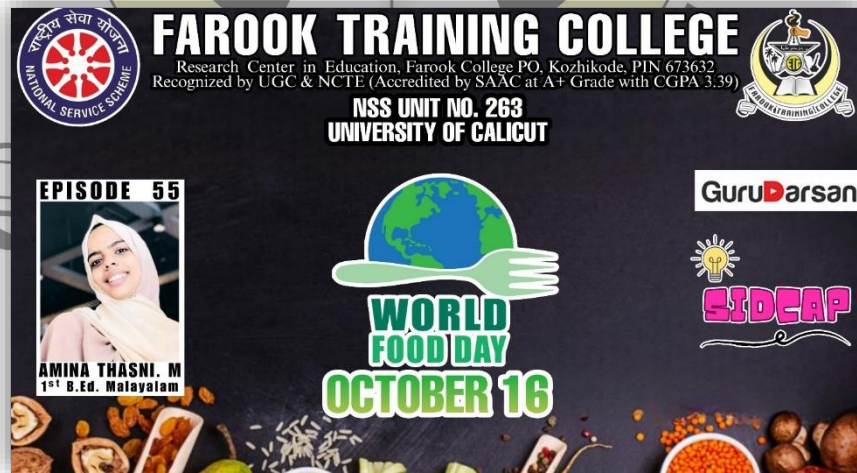
SIDCAP – WORLD MENTAL HEALTH DAY
OCTOBER 10,2023

Farook Training College NSS (Unit No. 263) conducted the 54th episode of the Students Initiative Day Celebration Awareness Project (SIDCAP) on October 10, focusing on ‘World Mental Health Day’. The project aims to develop awareness about the mental health and mental hygiene. The Presentation was delivered by Sameena K P, first-year B.Ed. student of Natural Science. The programme was coordinated by Gayathri and Asla P. The video is meant for knowing the importance of a healthy mind to live a healthy life. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.



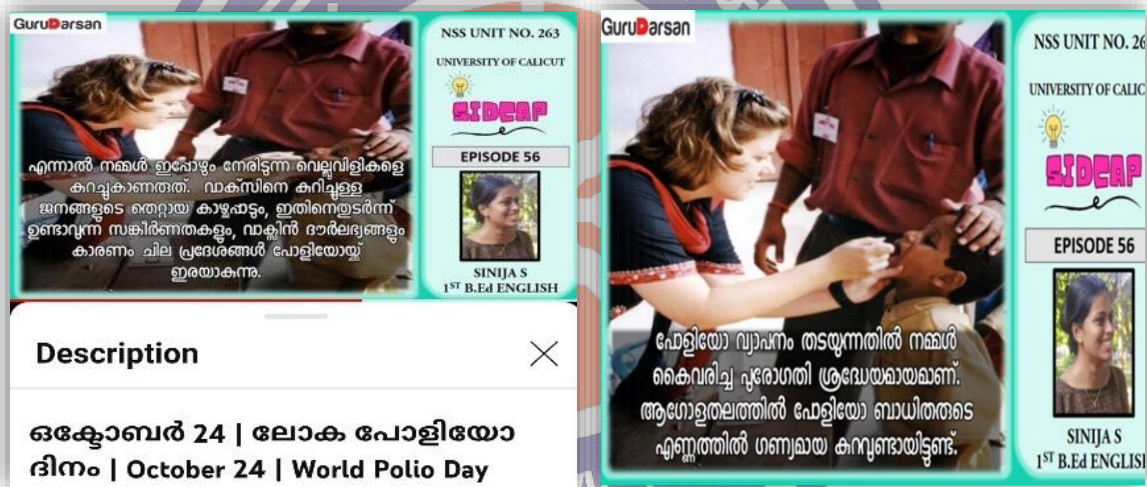
SIDCAP – WORLD FOOD DAY
OCTOBER 16,2023

Farook Training College NSS (Unit No. 263) conducted the 55th episode of the Students Initiative Day Celebration Awareness Project (SIDCAP) on October 16, focusing on ‘World Food Day’. The project aims to create awareness about the importance of preserving our food and water. The Presentation was delivered by Amina Thasni. M, first-year B.Ed. student of Malayalam. The programme was coordinated by Asla P and Mohammed Fasil.P. The video is meant for promoting the idea of feeding the world and eliminating poverty in rural areas. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.



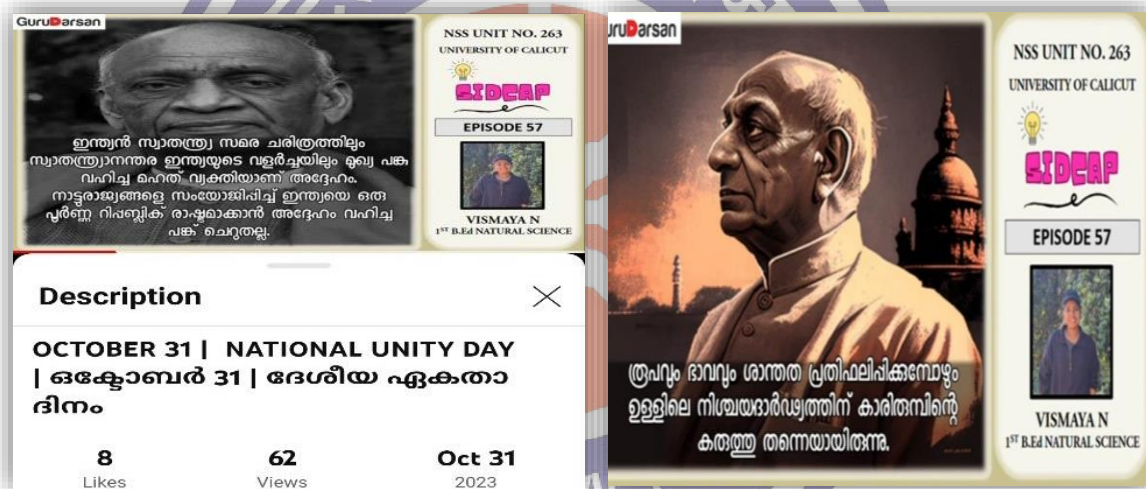
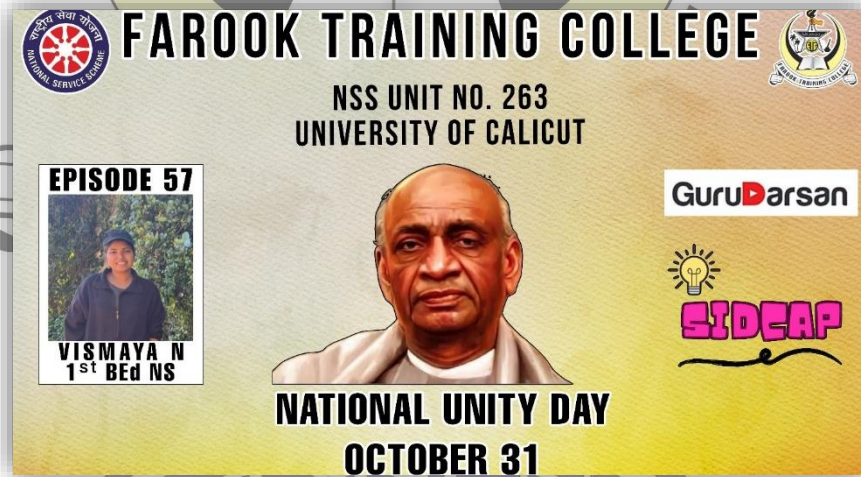
SIDCAP – WORLD POLIO DAY
OCTOBER 24,2023

Farook Training College NSS (Unit No. 263) conducted the 56th episode of the Students Initiative Day Celebration Awareness Project (SIDCAP) on October 24, focusing on ‘World Polio Day’. The project aims to raise awareness of the significance of Polio vaccination to protect every child from this devastating disease. The Presentation was delivered by Sinija S, first-year B.Ed. student of English. The programme was coordinated by Mohammed Fasil.P and Asla P. The video also highlights the importance of vaccination. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.



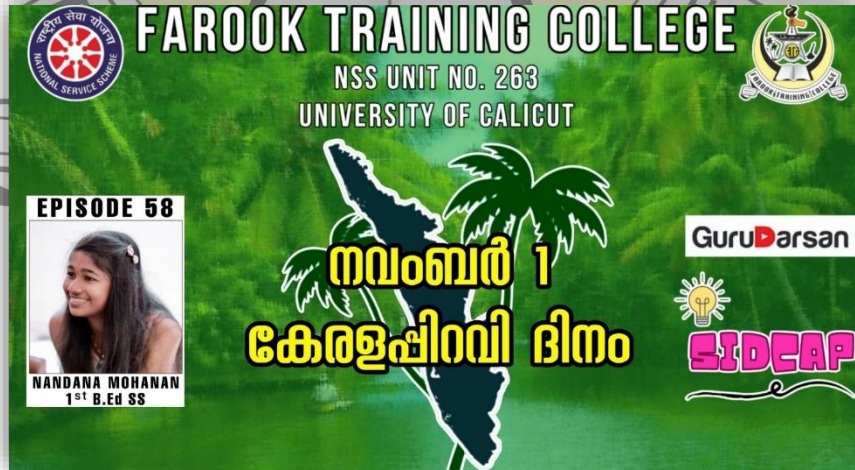
SIDCAP – NATIONAL UNITY DAY
OCTOBER 31,2023

Farook Training College NSS (Unit No. 263) conducted the 57th episode of the Students Initiative Day Celebration Awareness Project (SIDCAP) on October 31, focusing on ‘National Unity Day’. The project aims to pay tribute to the great man Sardar Vallabhai Patel who put his efforts to unify the country. The Presentation was delivered by Vismaya N, first-year B.Ed. student of Natural Science. The programme was coordinated by Mohammed Fasil.P and Nandana Mohanan. The video also highlights the importance of the national integration. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.



SIDCAP – KERALAPPIRAVI DINAM
NOVEMBER 1, 2023

Farook Training College NSS (Unit No. 263) conducted the 58th episode of the Students Initiative Day Celebration Awareness Project (SIDCAP) on November 1, focusing on ‘Kerala Piravi Dinam’. The project aims to celebrate the birth anniversary of Kerala. The Presentation was delivered by Nandana Mohanan, first-year B.Ed. student of Social Science. The programme was coordinated by Mohammed Fasil.P and Nandana Mohanan. The video highlights the history of Kerala and Malayalam language and the importance of commemorating the birth of Kerala as an independent state in the Republic of India on November 1, 1956. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.



SIDCAP – NATIONAL CANCER AWARENESS DAY
NOVEMBER 7, 2023

Farook Training College NSS (Unit No. 263) conducted the 59th episode of the Students Initiative Day Celebration Awareness Project (SIDCAP) on November 7, focusing on ‘National Cancer Awareness Day’. The project aims to spread awareness about the types of cancer, need for early detection, and important lifestyle changes. The Presentation was delivered by Asla P, first-year B.Ed. student of Mathematics. The programme was coordinated by Asla P and Mohammed Fasil.P. The video also highlights the importance of reducing the burden of cancer nationwide and promotes early diagnosis. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.

Description ✕

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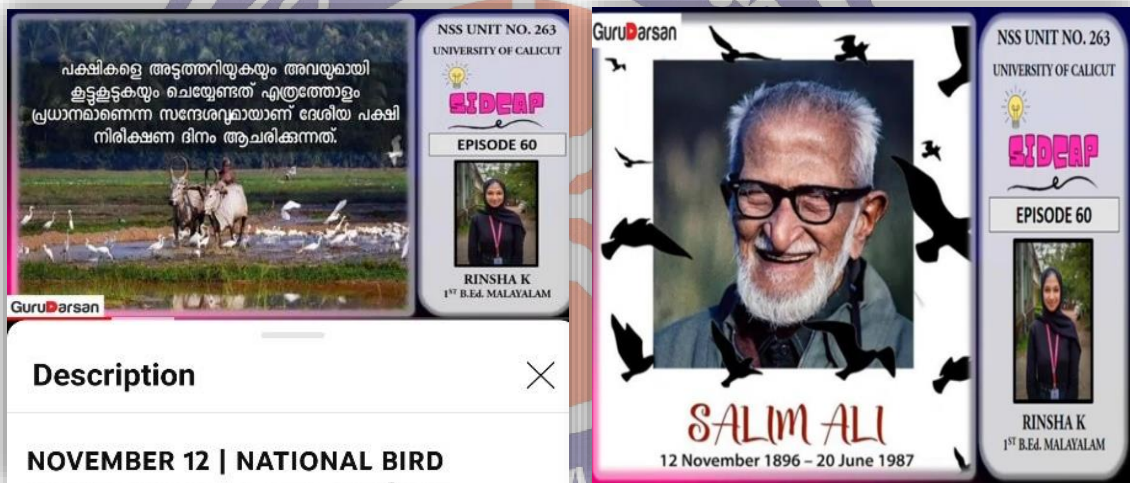
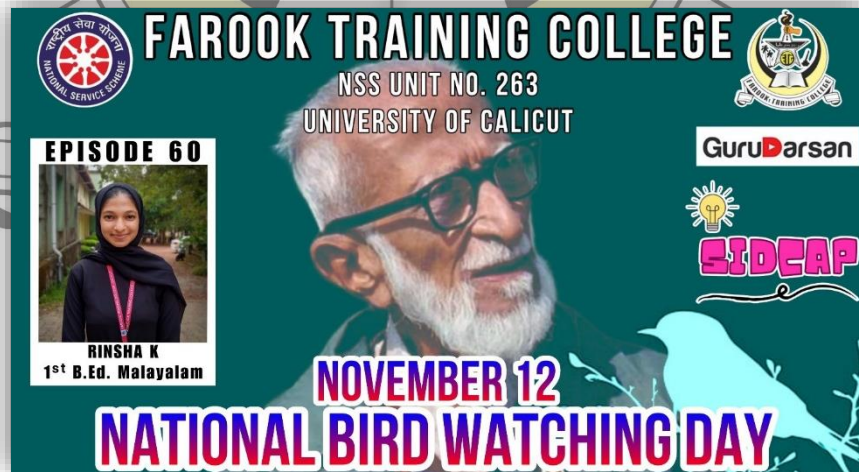
4 18 Nov 7

2. 'രോഗത്തോട് അപകടമാണ് ചികിത്സ കിമോതെറാപ്പി, റേഡിയോ തെറാപ്പി പോലുള്ള ചികിത്സാരീതികൾ ഗൗരവമുള്ള ഹാർഷ്കരണങ്ങൾ സൃഷ്ടിക്കുന്നത് പലതരം ആശങ്കകളെടുത്തു. എന്നാൽ കിമോതെറാപ്പി, തെറാപ്പികളുടെയും റേഡിയേഷൻ തെറാപ്പിയുടെയും രോഗങ്ങൾ ലഘൂകരിക്കുന്നതിൽ വലിയ ഉന്നേക്കും അടുത്ത കാലത്തായി ഉണ്ടായിട്ടുണ്ട്. കടുത്ത ചർദ്ദി, ക്ഷീണം, രൂടികൊഴിച്ചിൽ, കോശങ്ങൾക്കുണ്ടാകുന്ന കേടുപാടുകൾ എന്നിവയെല്ലാം ഇപ്പോൾ വളരെ കുറവാണ്. കാൻസർ ചികിത്സയുടെ ഹാർഷ്കരണങ്ങൾ ഇല്ലാതാക്കുന്നതിനെക്കുറിച്ച് വെള്ളാമ്പലം സമൂഹം ഏറെ ഗൗരവത്തോടെ ചിന്തിക്കുന്നുണ്ട്'

ASLA P
1ST B.ED. MATHEMATICS

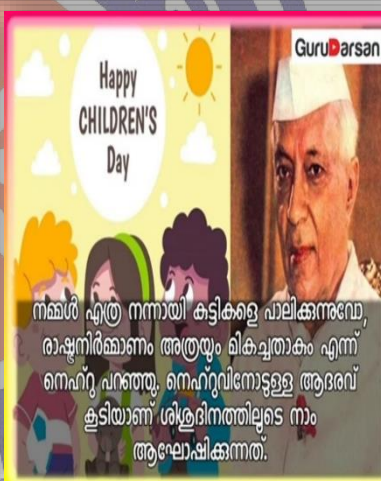
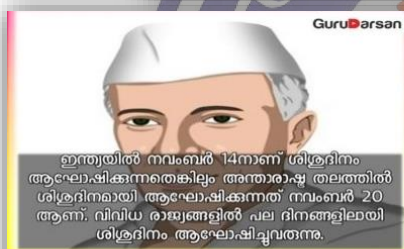
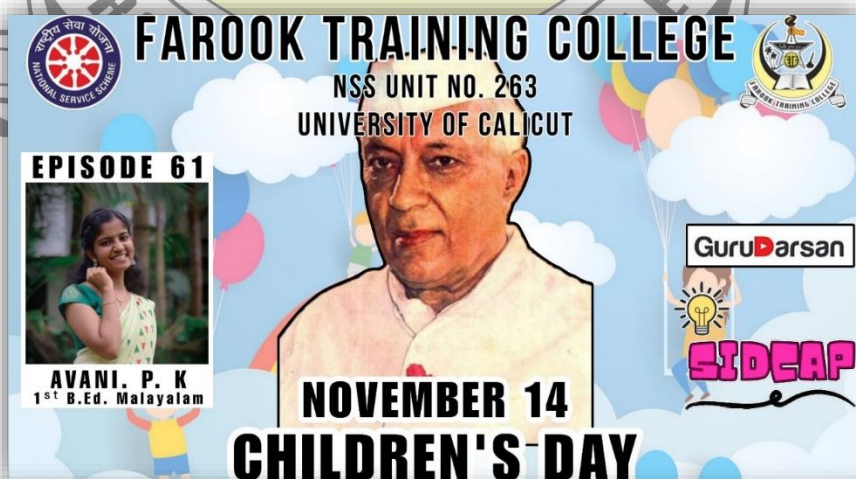
SIDCAP – NATIONAL BIRD WATCHING DAY
NOVEMBER 12,2023

Farook Training College NSS (Unit No. 263) conducted the 60th episode of the Students Initiative Day Celebration Awareness Project (SIDCAP) on November 12, focusing on ‘National Bird Watching Day’. The project aims to celebrate the birth anniversary of ornithologist Dr. Salim Ali, who is known as ‘birds man’ of India. The Presentation was delivered by Rinsha K, first-year B.Ed. student of Malayalam. The programme was coordinated by Asla P and Mohammed Fasil.P. The video discusses the biodiversity of birds in India and the importance of protecting them. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.



SIDCAP – CHILDREN’S DAY
NOVEMBER 14,2023

Farook Training College NSS (Unit No. 263) conducted the 61th episode of the Students Initiative Day Celebration Awareness Project (SIDCAP) on November 14, focusing on ‘Children’s day’. The project aims to celebrate the birth anniversary of the first prime minister of India, Jawahar Lal Nehru who loved children very much. The Presentation was delivered by Avani. P. K, first-year B.Ed. student of Malayalam. The programme was coordinated by Mohammed Fasil .P and Asla P. The video serves as a reminder to protect and nurture children and highlighting the challenges they face, such as poverty and lack of access to education. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.



Description

നവംബർ 14 | ശിശു ദിനം | NOVEMBER 14 | CHILDREN'S DAY

8 Likes 117 Views Nov 14 2023

SIDCAP – NATIONAL INTEGRATION DAY
NOVEMBER 19,2023

Farook Training College NSS (Unit No. 263) conducted the 62nd episode of the Students Initiative Day Celebration Awareness Project (SIDCAP) on November 19, focusing on ‘National Integration Day’. The project aims to celebrate the birth anniversary of former Indian Prime Minister Indira Gandhi. The Presentation was delivered by Shimla A, first-year B.Ed. student of Social Science. The programme was coordinated by Nandana Mohanan and Mohammed Fasil.P. The video also highlights how national integration helps in keeping the stability of the country and helps in the development. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit



SIDCAP – INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN
NOVEMBER 25, 2023

Farook Training College NSS (Unit No. 263) conducted the 63rd episode of the Students Initiative Day Celebration Awareness Project (SIDCAP) on November 25, focusing on ‘International Day for the Elimination of Violence against Women’. The project aims to raise public awareness about the issues faced by women as well as the importance of increasing both policymaking and resources dedicated to ending violence against women and girls worldwide. The Presentation was delivered by Shifana Moideen Kutty, second-year M.Ed. student. The programme was coordinated by Asla P and Mohammed Fasil.P. The video highlights the importance of discussing ways to stop violence against women. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.

FAROOK TRAINING COLLEGE
 NSS UNIT NO. 263
 UNIVERSITY OF CALICUT

EPISODE 63

SHIFANA MOIDEEN KUTTY
 2nd year M.Ed.

GuruDarsan
SIDCAP

NOVEMBER 25
INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN

Violence against women and girls is rooted in gender inequality, discrimination, harmful norms and stereotypes, and power imbalances between men and women. It is also influenced by multiple and intersecting factors, such as age, race, ethnicity, disability, poverty, migration status, and sexual orientation and gender identity.

NSS UNIT NO. 263
 UNIVERSITY OF CALICUT
SIDCAP
 EPISODE 63
SHIFANA MOIDEEN KUTTY
 2nd M.Ed.

Description ✕

NOVEMBER 25 | INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN

Safest Countries For Women
 Women, Peace And Security
 Index In South Asia

Country	WPS Index score	Rank
India	0.714	95
Bangladesh	0.687	105
Nepal	0.642	129
Maldives	0.587	148
Sri Lanka	0.584	152
Pakistan	0.476	167
Sri Lanka	0.278	170

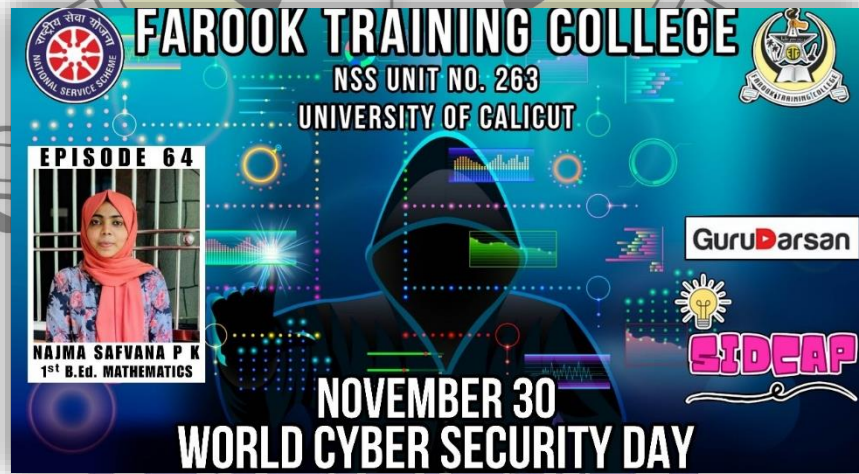
INCLUSION

Country	Education (years)
India	11.1
Bangladesh	6.0
Nepal	5.4
Maldives	4.3
Sri Lanka	3.9
Pakistan	3.3
Sri Lanka	1.9

NSS UNIT NO. 263
 UNIVERSITY OF CALICUT
SIDCAP
 EPISODE 63
SHIFANA MOIDEEN KUTTY
 2nd M.Ed.

SIDCAP – WORLD CYBER SECURITY DAY
NOVEMBER 30,2023

Farook Training College NSS (Unit No. 263) conducted the 64th episode of the Students Initiative Day Celebration Awareness Project (SIDCAP) on November 30, focusing on ‘World Cyber Security Day’. The project aims to raise public awareness about the proper usage of internet and social media. The Presentation was delivered by Najma Safvana P K, first-year B.Ed. student of Mathematics. The programme was coordinated by Asla P and Mohammed Fasil.P. The video highlights the vulnerability of cyber space and the proper usage of internet. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.



Description ✕

NOVEMBER 30 | WORLD CYBER SECURITY DAY | നവംബർ 30 | ലോക സൈബർ സുരക്ഷാ ദിനം

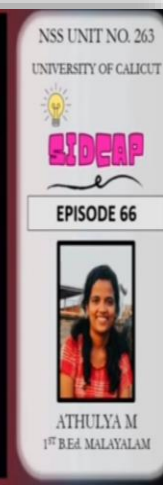
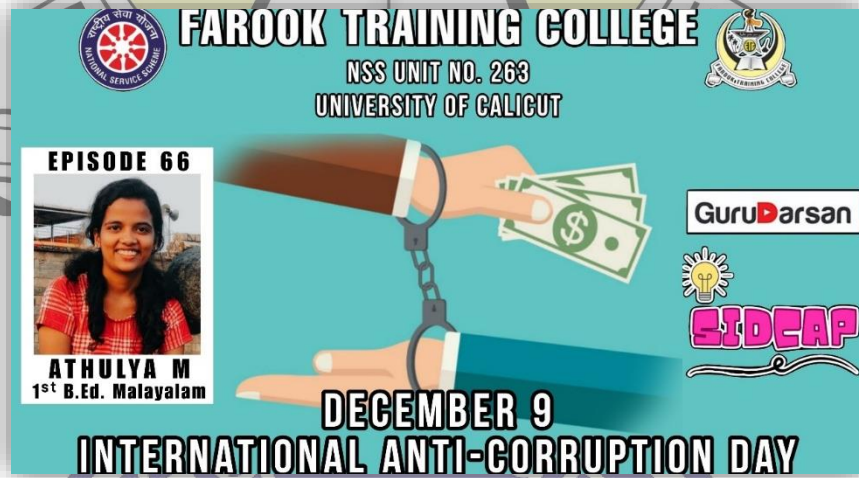


**SIDCAP – INTERNATIONAL DAY OF PERSONS WITH
DISABILITIES
DECEMBER 3, 2023**

Farook Training College NSS (Unit No. 263) conducted the 65th episode of the Students Initiative Day Celebration Awareness Project (SIDCAP) on December 3, focusing on ‘International Day of Persons with Disabilities’. The project aims to draw attention to the issues faced by individuals with disabilities. The Presentation was delivered by Abhishek K, first-year B.Ed. student of English. The programme was coordinated by Asla P and Mohammed Fasil.P. The video highlights the importance of inclusivity to attain the sustainable development goals and for the advancement of society. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.

SIDCAP – INTERNATIONAL ANTI-CORRUPTION DAY
DECEMBER 9, 2023

Farook Training College NSS (Unit No. 263) conducted the 66th episode of the Students Initiative Day Celebration Awareness Project (SIDCAP) on December 9, focusing on 'International Anti-Corruption Day'. The project aims to foster a collective commitment to combat corruption. The Presentation was delivered by Athulya M, first-year B.Ed. student of Malayalam. The programme was coordinated by Asla P and Mohammed Fasil.P. The video promotes accountability and transparency to create a global environment where corruption is not tolerated. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.

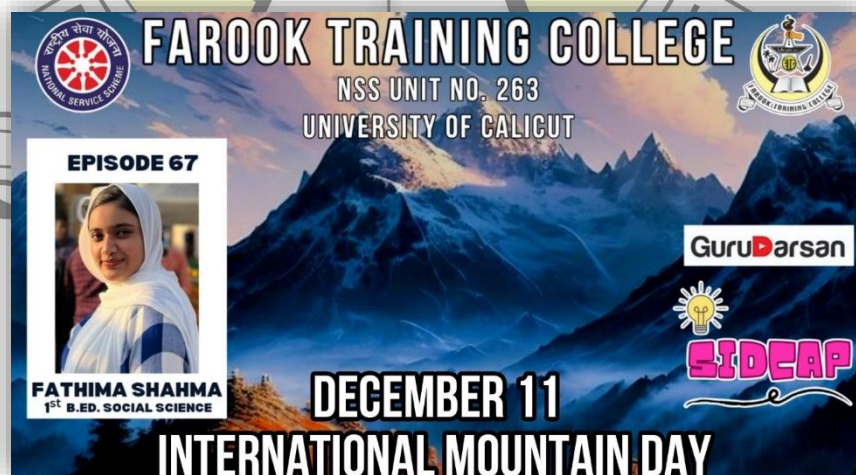


Description

DECEMBER 9 | INTERNATIONAL ANTI-CORRUPTION DAY

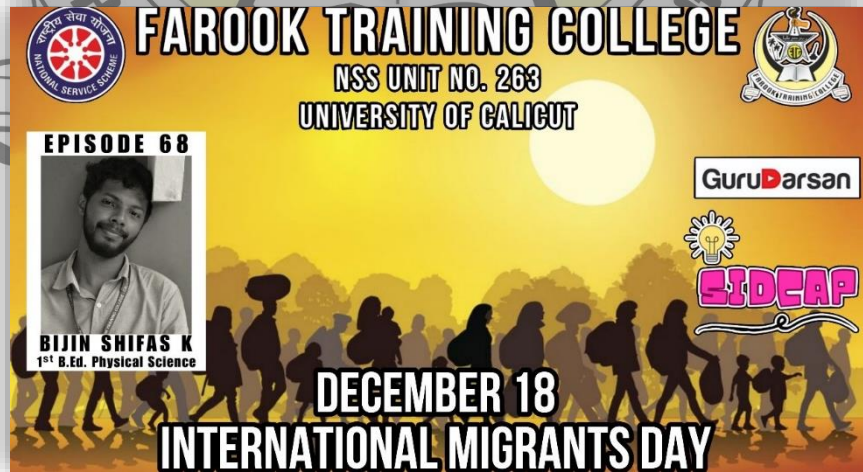
SIDCAP – INTERNATIONAL MOUNTAIN DAY
DECEMBER 11,2023

Farook Training College NSS (Unit No. 263) conducted the 67th episode of the Students Initiative Day Celebration Awareness Project (SIDCAP) on December 11, focusing on ‘International Mountain Day’. The project aims to create awareness about the importance of mountains to life and ecosystem. The Presentation was delivered by Fathima Shahma, first-year B.Ed. student of Social Science. The programme was coordinated by Nandana Mohanan and Mohammed Fasil.P. The video highlights the need of bringing positive changes to the mountain ecosystem. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.



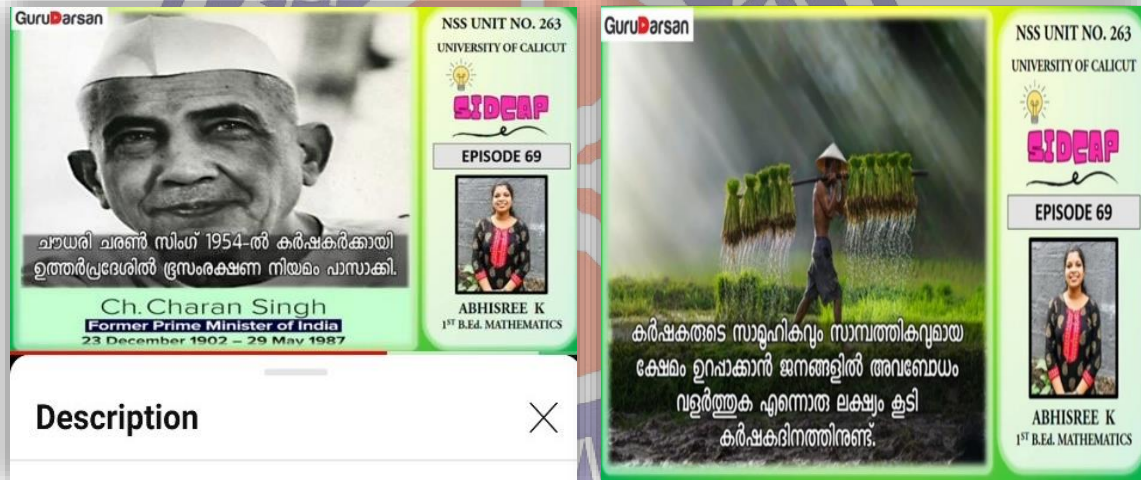
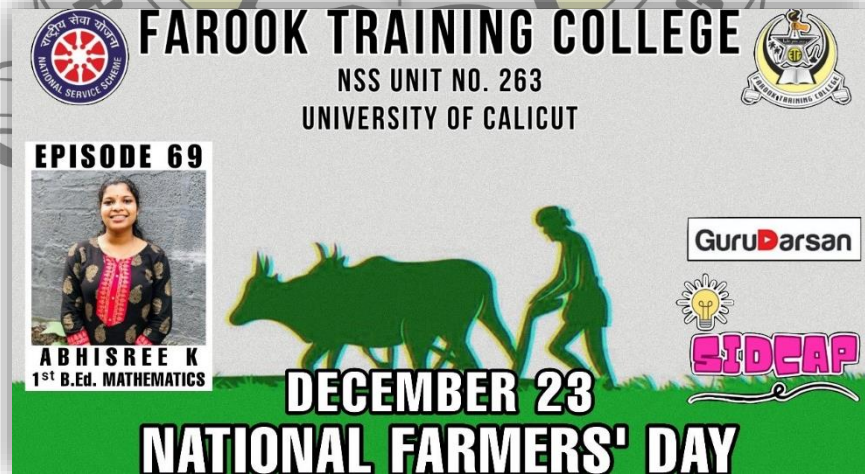
SIDCAP – INTERNATIONAL MIGRANTS DAY
DECEMBER 18,2023

Farook Training College NSS (Unit No. 263) conducted the 68th episode of the Students Initiative Day Celebration Awareness Project (SIDCAP) on December 18, focusing on ‘International Migrants Day’. The project aims to recognize the contribution of migrants to societies worldwide. The Presentation was delivered by Bijin Shifas K, first-year B.Ed. student of Physical Science. The programme was coordinated by Mohammed Fasil.P and Nandana Mohanan. The video promotes the protection of their rights and raises awareness about the challenges and opportunities associated with migration. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.



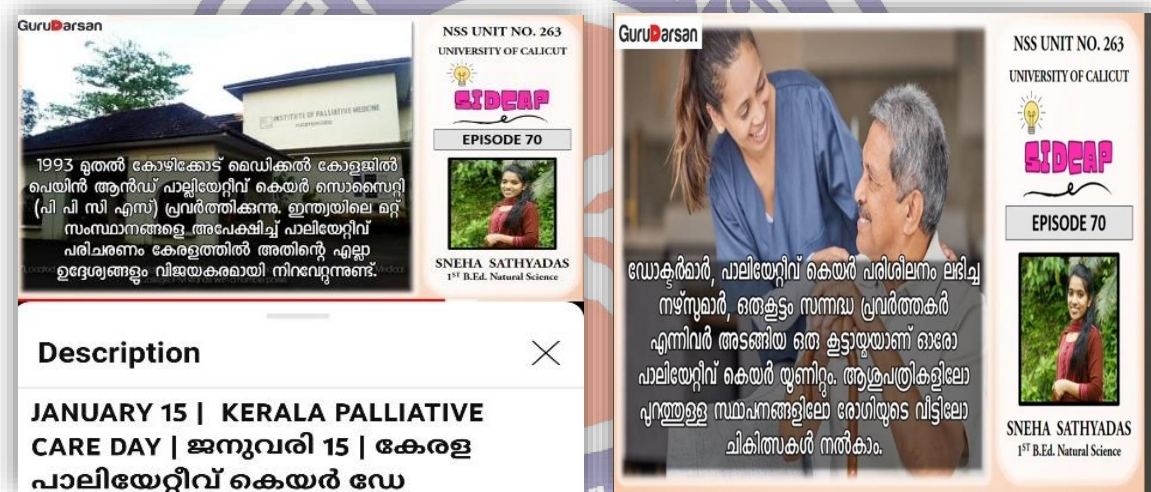
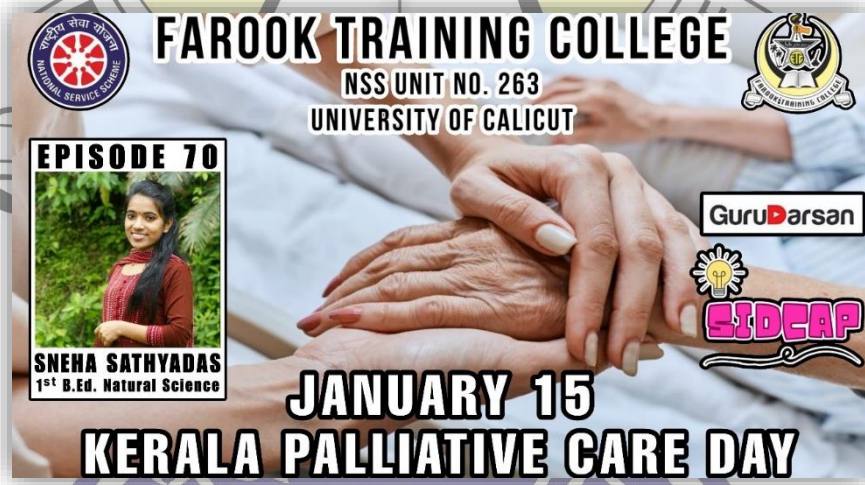
SIDCAP – NATIONAL FARMERS’ DAY
DECEMBER 23,2023

Farook Training College NSS (Unit No. 263) conducted the 69th episode of the Students Initiative Day Celebration Awareness Project (SIDCAP) on December 23, focusing on ‘National Farmers’ Day’ (Kisan Diwas)’. The project aims to honor the contributions of farmers to society and our country’s economy. The Presentation was delivered by Abhisree K, first-year B.Ed. student of Mathematics. The programme was coordinated by Mohammed Fasil.P and Asla P. The video highlights the contributions of India’s fifth Prime Minister Chaudhary Charan Singh towards the development of farmers. His birth anniversary is celebrated as Kisan Diwas. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.



SIDCAP – KERALA PALLIATIVE CARE DAY
JANUARY 15, 2024

Farook Training College NSS (Unit No. 263) conducted the 70th episode of the Students Initiative Day Celebration Awareness Project (SIDCAP) on January 15, focusing on ‘Kerala Palliative Care Day’. The project aims to draw attention of the people towards the services done by palliative care units in the field of health care. The Presentation was delivered by Sneha Sathyadas, first-year B.Ed. student of Natural Science. The programme was coordinated by Nandana Mohanan and Mohammed Fasil.P. The video highlights the history and mode working of the palliative care units in Kerala. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.



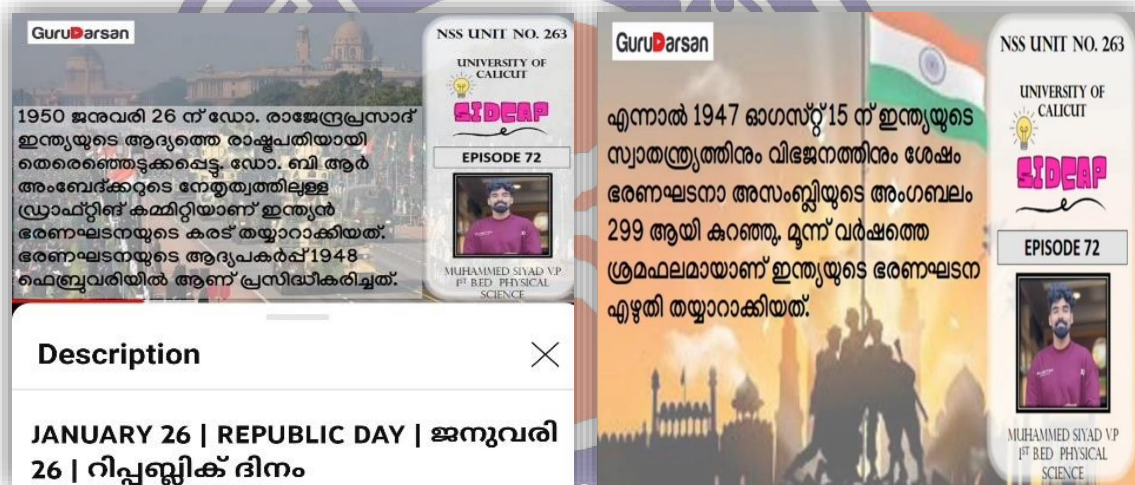
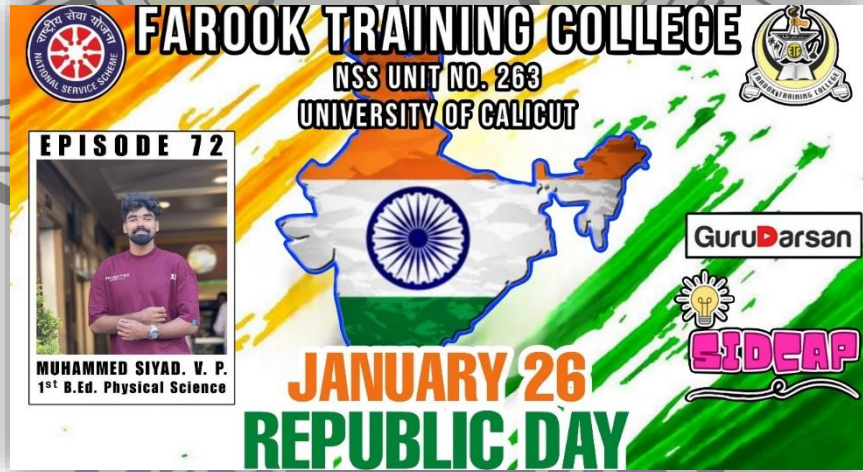
SIDCAP – NATIONAL GIRL CHILD DAY
JANUARY 24,2024

Farook Training College NSS (Unit No. 263) conducted the 71st episode of the Students Initiative Day Celebration Awareness Project (SIDCAP) on January 24, focusing on ‘National Girl Child Day’. The project aims to provide knowledge about the rights of girl child. The Presentation was delivered by Anusree K, first-year B.Ed. student of Mathematics. The programme was coordinated by Nandana Mohanan and Asla P. The video highlights the importance of female education, health and nutrition. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.



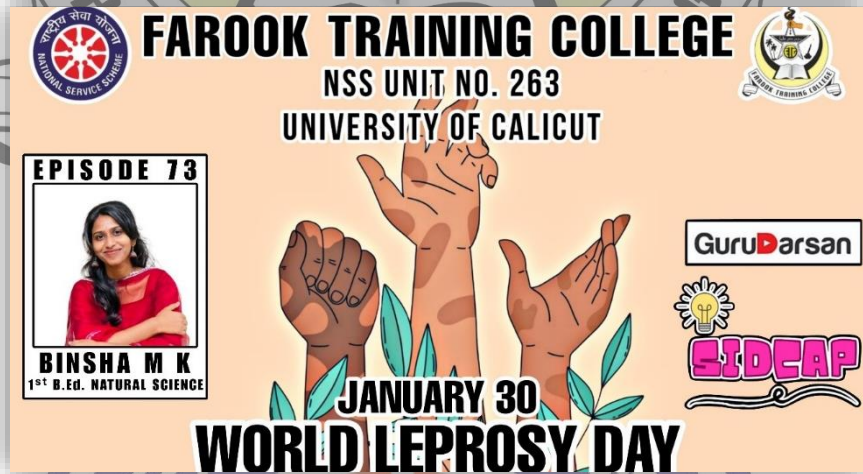
SIDCAP – REPUBLIC DAY
JANUARY 26,2024

Farook Training College NSS (Unit No. 263) conducted the 72nd episode of the Students Initiative Day Celebration Awareness Project (SIDCAP) on January 26, focusing on 'Republic Day'. The project aims to celebrate and honour the day in which the Indian constitution was established. The Presentation was delivered by Muhammed Siyad .V. P. , first-year B.Ed. student of Physical Science. The programme was coordinated by Asla P and Mohammed Fasil.P. The video highlights the historical background of the development of Indian constitution and the formation of parliament. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.



SIDCAP – WORLD LEPROSY DAY
JANUARY 30,2024

Farook Training College NSS (Unit No. 263) conducted the 73rd episode of the Students Initiative Day Celebration Awareness Project (SIDCAP) on January 30, focusing on ‘World Leprosy Day’. The project aims to give awareness about the disease called Leprosy and the importance of Leprosy day. The Presentation was delivered by Binsha M K, first-year B.Ed. student of Natural Science. The programme was coordinated by Mohammed Fasil.P and Nandana Mohanan. The video highlights the causes and method of treatment of leprosy. It also tells us that people with leprosy should not be marginalized by society. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.



SIDCAP – INTERNATIONAL EPILEPSY DAY
FEBRUARY 12, 2024

Farook Training College NSS (Unit No. 263) conducted the 74th episode of the Students Initiative Day Celebrations Awareness Project (SIDCAP) on February 12, focusing on 'International Epilepsy Day'. The project aims to give awareness about epilepsy, a neurological disorder characterized by recurrent seizures. The Presentation was delivered by Najma Moidu, first-year B.Ed. student of Physical Science. The programme was coordinated by Asla P and Mohammed Fasil.P. The video aims to dispel myths, reduce stigma, and educate people about epilepsy. It promotes understanding and support for those living with the condition. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.

FAROOK TRAINING COLLEGE
NSS UNIT NO. 263
UNIVERSITY OF CALICUT

EPISODE 74

Najma Moidu
1st B.Ed. Physical science

GuruDarsan

SIDCAP

FEBRUARY 12
INTERNATIONAL EPILEPSY DAY

International Epilepsy Day exists to educate the general public about epilepsy and to teach people how to provide better care for people living with the disorder.

NSS UNIT NO. 263
UNIVERSITY OF CALICUT
SIDCAP
EPISODE 74
NAJMA MOIDU
1st B.ED. PHYSICAL SCIENCE

Description ×

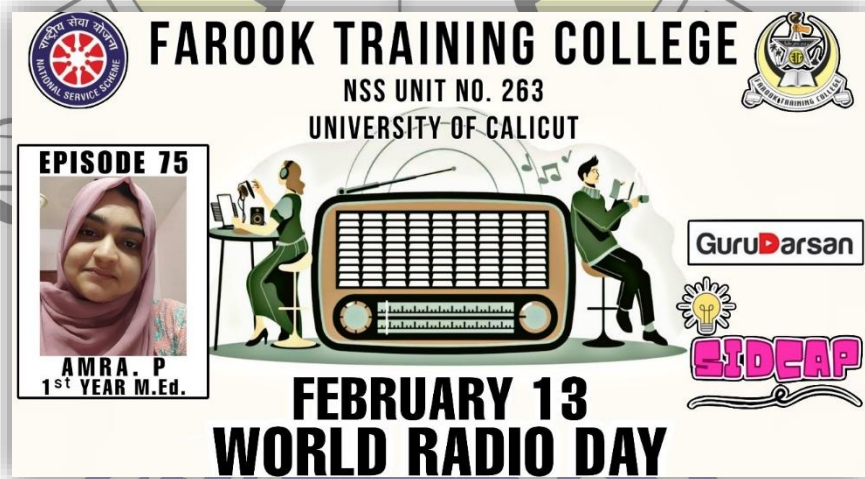
FEBRUARY 12 | INTERNATIONAL EPILEPSY DAY

The major causes of epilepsy include genetic factors, brain injuries, brain conditions, infections and developmental disorders.

NSS UNIT NO. 263
UNIVERSITY OF CALICUT
SIDCAP
EPISODE 74
NAJMA MOIDU
1st B.ED. PHYSICAL SCIENCE

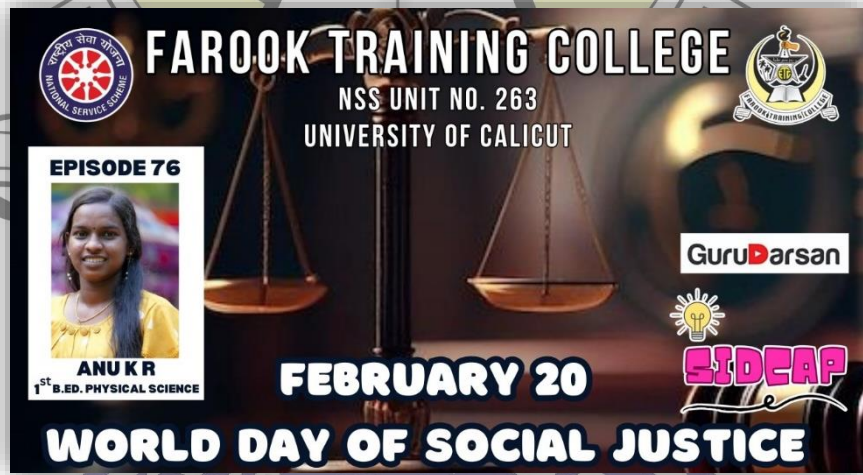
SIDCAP – WORLD RADIO DAY
FEBRUARY 13,2024

Farook Training College NSS (Unit No. 263) conducted the 75th episode of the Students Initiative Day Celebrations Awareness Project (SIDCAP) on February 13, focusing on ‘World Radio Day’. The project aims to celebrate the radio day and understand the relevance of radio in the digital age. The Presentation was delivered by Amra. P, first-year M.Ed. student. The programme was coordinated by Mohammed Fasil.P and Nandana Mohanan. The video highlights innovation and diversity in radio broadcasting. It emphasizes the importance of radio as a medium for communication. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.



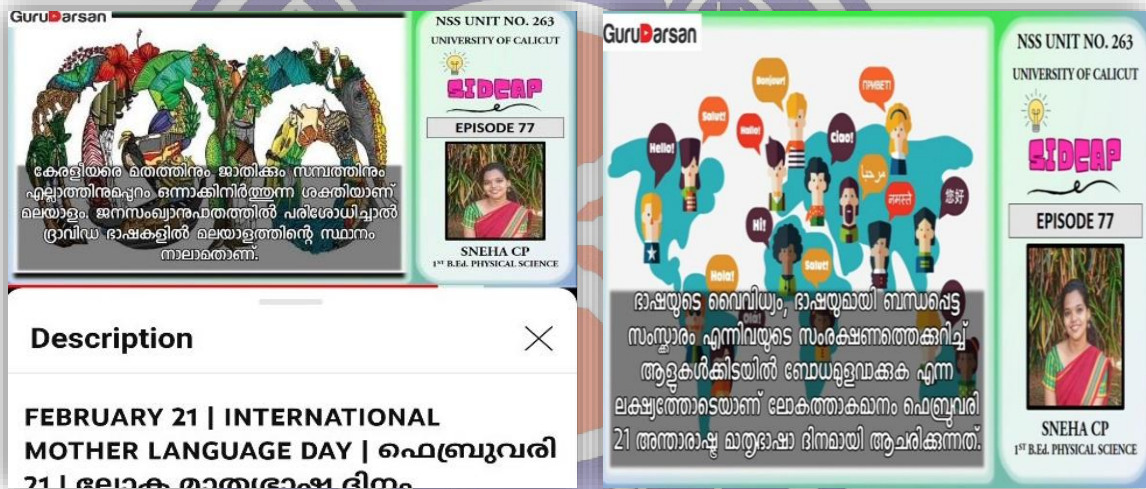
SIDCAP – WORLD DAY OF SOCIAL JUSTICE
FEBRUARY 20,2024

Farook Training College NSS (Unit No. 263) conducted the 76th episode of the Students Initiative Day Celebrations Awareness Project (SIDCAP) on February 20, focusing on ‘World Day of Social Justice’. The project aims to give awareness about importance of social justice in achieving peace and development worldwide. The Presentation was delivered by Anu K R, first-year B.Ed. student of Physical Science. The programme was coordinated by Nandana Mohanan and Asla P. The video reminds us the need for fair treatment, equal opportunities and respect for human rights for all people, regardless of race, gender, ethnicity or social status. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.



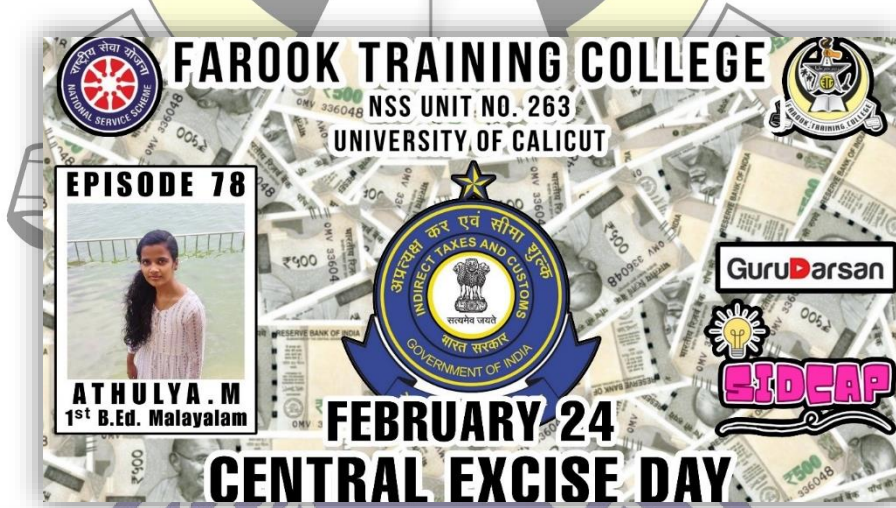
SIDCAP – INTERNATIONAL MOTHER LANGUAGE DAY
FEBRUARY 21,2024

Farook Training College NSS (Unit No. 263) conducted the 77th episode of the Students Initiative Day Celebrations Awareness Project (SIDCAP) on February 21, focusing on ‘International Mother Language Day’. The project aims to give awareness about importance of preserving and promoting mother languages. The Presentation was delivered by Sneha CP, first-year B.Ed. student of Physical Science. The programme was coordinated by Mohammed Fasil.P and Asla P. The video commemorates the Bengali Language Movement of 1952 in Bangladesh, where students protested for the recognition of their mother tongue. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.



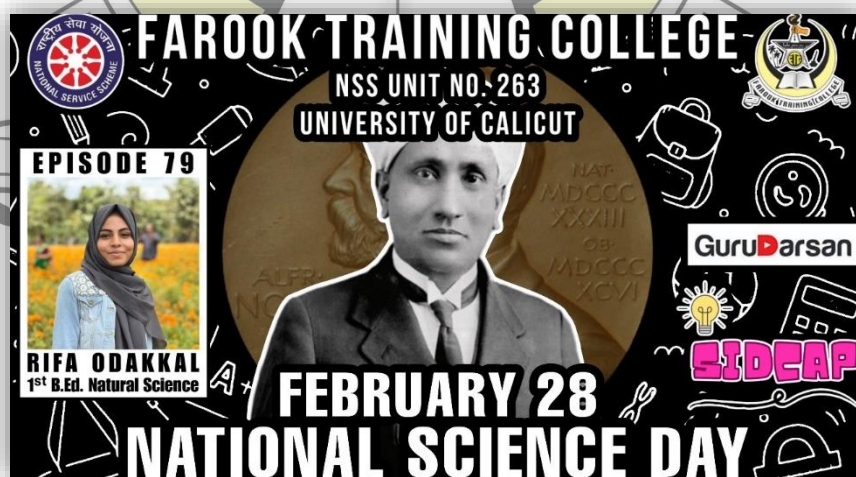
**SIDCAP – CENTRAL EXISE DAY
FEBRUARY 24,2024**

Farook Training College NSS (Unit No. 263) conducted the 78th episode of the Students Initiative Day Celebrations Awareness Project (SIDCAP) on February 24, focusing on ‘Central Excise Day’. The project aims to honor the contributions and efforts of the Central Excise and Customs officials who work diligently to ensure the smooth functioning of our country’s taxation system. The Presentation was delivered by Athulya.M, first-year B.Ed. student of Malayalam. The programme was coordinated by Mohammed Fasil.P and Nandana Mohanan. The video reminds us the importance of fair and efficient taxation policies in promoting economic growth and stability. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.



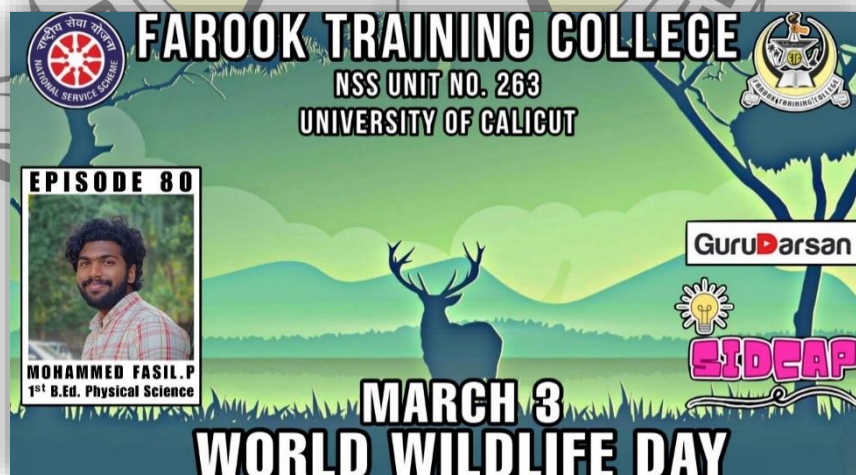
SIDCAP – NATIONAL SCIENCE DAY FEBRUARY 28, 2024

Farook Training College NSS (Unit No. 263) conducted the 79th episode of the Students Initiative Day Celebrations Awareness Project (SIDCAP) on February 28, focusing on 'National Science Day'. The project aims to promote scientific awareness and to celebrate the anniversary of the famous discovery of 'Raman Effect' by Indian physicist C.V. Raman. The Presentation was delivered by Rifa Odakkal, first-year B.Ed. student of Natural Science. The programme was coordinated by Nandana Mohanan and Mohammed Fasil.P. The video highlights India's achievements in the field of science and encourages young minds to pursue careers in science. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.



SIDCAP – WORLD WILD LIFE DAY MARCH 3, 2024

Farook Training College NSS (Unit No. 263) conducted the 80th episode of the Students Initiative Day Celebrations Awareness Project (SIDCAP) on March 3, focusing on 'World Wildlife Day'. The project aims to raise awareness about the importance of wildlife and the need for its conservation. The Presentation was delivered by Mohammed Fasil.P, first-year B.Ed. student of Physical Science. The programme was coordinated by Gayathri O and Mohammed Fasil.P. The video highlights the critical role that wildlife plays in maintaining ecosystems, biodiversity and the balance of the nature. Celebrating World Wildlife Day helps promote efforts to protect and conserve endangered species and their habitat worldwide. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.

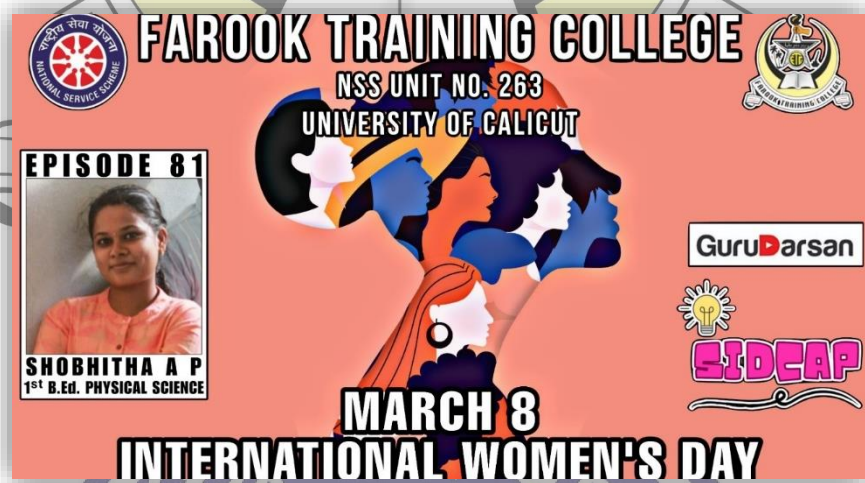


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MARCH 3 | WORLD WILDLIFE DAY

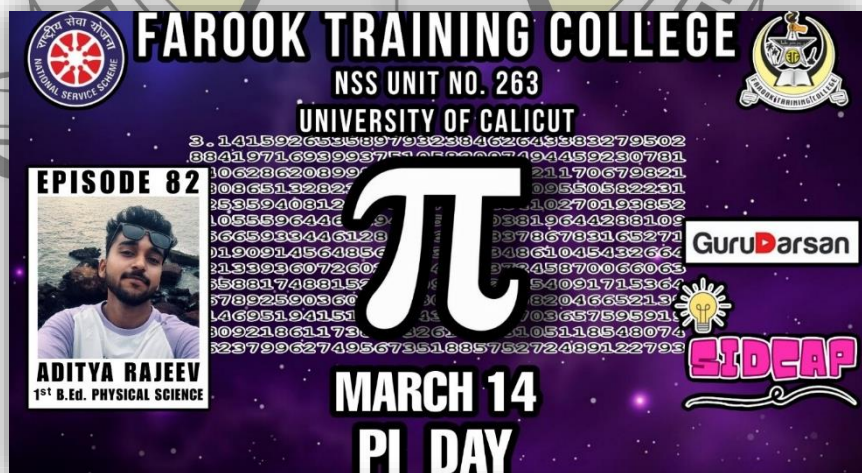
SIDCAP – INTERNATIONAL WOMEN’S DAY
MARCH 8,2024

Farook Training College NSS (Unit No. 263) conducted the 81st episode of the Students Initiative Day Celebrations Awareness Project (SIDCAP) on March 8, focusing on ‘International Women’s Day’. The project aims to raise awareness about women’s rights and to advocate for gender parity. The Presentation was delivered by Shobhitha A P, first-year B.Ed. student of Physical Science. The programme was coordinated by Asla P and Mohammed Fasil.P. The video promotes gender inclusivity and empowerment and gives a message that the international Women’s Day is a day to recognize the social, economic, cultural and political contributions of women. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.



SIDCAP – PI DAY
MARCH 14,2024

Farook Training College NSS (Unit No. 263) conducted the 82nd episode of the Students Initiative Day Celebrations Awareness Project (SIDCAP) on March 14, focusing on ‘Pi Day’. The project aims to give awareness about the significance of π in mathematics and its application in various fields like science, engineering, and technology. The Presentation was delivered by Aditya Rajeev, first-year B.Ed. student of Physical Science. The programme was coordinated by Mohammed Fasil.P and Nandana Mohanan. The video highlights the importance of this fundamental constant in mathematics, which is widely used in geometry, trigonometry and calculus. Pi day is a fun way to celebrate and promote interest in mathematics. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.

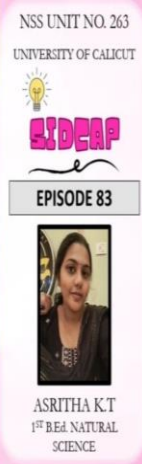


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MARCH 14 | PI DAY | മാർച്ച് 14 | പൈ ദിനം

SIDCAP – INTERNATIONAL DAY OF HAPPINESS
MARCH 20,2024

Farook Training College NSS (Unit No. 263) conducted the 83rd episode of the Students Initiative Day Celebrations Awareness Project (SIDCAP) on March 20, focusing on ‘International Day of Happiness. The project aims to promote the idea that happiness is a fundamental human goal and to recognize its importance in people’s lives. The Presentation was delivered by Asritha K T, first-year B.Ed. student of Natural Science. The programme was coordinated by Nandana Mohanan and Mohammed Fasil.P. The video highlights the pursuit of happiness as a universal human right. It emphasizes the actions that contribute to greater well-being for all. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.

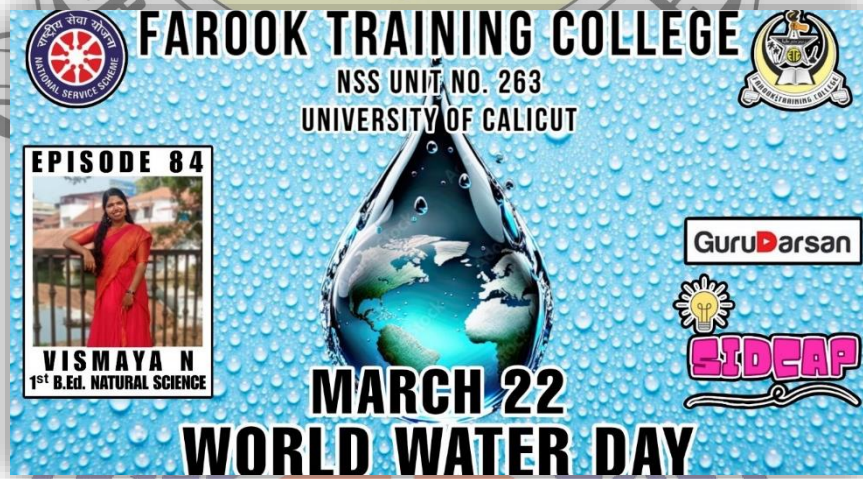


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MARCH 20 | INTERNATIONAL DAY OF HAPPINESS

SIDCAP – WORLD WATER DAY
MARCH 22,2024

Farook Training College NSS (Unit No. 263) conducted the 84th episode of the Students Initiative Day Celebrations Awareness Project (SIDCAP) on March 22, focusing on ‘World Water Day’. The project aims to raise awareness about the importance of freshwater and advocates for the sustainable management of water resources. The Presentation was delivered by Vismaya N, first-year B.Ed. student of Natural Science. The programme was coordinated by Asla P and Mohammed Fasil.P. The video gives insight to the critical role that water plays to maintain bodily functions and highlights water-related issues and global challenges. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.



SIDCAP – WORLD THEATRE DAY
MARCH 27,2024

Farook Training College NSS (Unit No. 263) conducted the 85th episode of the Students Initiative Day Celebrations Awareness Project (SIDCAP) on March 27, focusing on ‘World Theatre Day’. The project aims to promote the importance of theatre arts in all its forms. The Presentation was delivered by Fathima Hamna L, first-year B.Ed. student of Natural Science. The programme was coordinated by Nandana Mohanan and Mohammed Fasil.P. The video highlights the role of theatre arts and its contribution to society in terms of entertainment, expression, and reflection of human experiences. It gives a message that theatres have cultural an educational significance in our society. The presentation video can be accessed through the official YouTube channel of Farook Training College NSS unit.

