

# **Farook Training College**

Research Centre in Education. Farook College, Kozhikode, Kerala.

# Cycle 3 NAAC Re-accreditation 2023.

# SSR - Criterion III

# 3.4.3. Report of each activities with seal and signature of the Principal

### **Affidavit**

I do here by certify that, all the pages in this document are duly authenticated by me, under my privilege as the Head of the Institution of Farook Training College Kozhikode, Kerala



Faronk Training College P.O. Faronk College, (Calacta)

# 2022 - 2023

#### DRESS BANK @ H S S KUNNAMANGALAM

Jan 17, 2023

On January 17/1/23 Farook Training College NSS Unit No 263 Dress Bank inaugural function held at kunnamangalam HSS. The program was conducted in coordination with NSS and JRC unit of Kunnamangalam HSS. The Dress collected by Farook training College trainiees and NSS volunteers Mariha Malik Athulya K.P., Sinobiya Sona .P was handovered to Dr. Afeef Tharavattath, Coordinator, Extension activities, Farook Training College, Kozhikode by Kunnamangalam HSS Head Master . The program was presided by sinobiya followed by welcome speech done by Sona .P . The NSS and JRC representatives of school made their presence in the program. The felicitation was done by headmaster of kunnamangalam HSS, Praseeda teacher and Rajani teacher, JRC representative of the school, Dr. Afeef Tharavattath, Coordinator, Extension activities, Farook Training College. The program ended with vote of thanks by Athulya K.P



### ONE STUDENT ONE MENTOR @ A U P S AZHINJILAM

Jan 19, 2023



Principal
Farook Training College
P.O. Farook College, (Calacut)



NSS UNIT NO. 283 UNIVERSITY OF CALICUT



ONE Student

Each One. Teach One.

Theme Based Remedial Instructions for Disadvantaged Groups



Each One, Teach One,

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Azhinjilam A.U.P School has commenced One Student One Mentor project implemented by Farook Training College NSS unit to provide special training and help to children who are backward in learning. NSS Student Volunteer's inaugurated the project by handing over the project documents to HM Mrs.Sajitha. Azhinjilam A.U.P school teacher's Rajesh and Subash took part in the ceremony.



#### ONE STUDENT ONE MENTOR @ G M U P S FEROKE

Jan 10, 2023

Farook Training College NSS unit implemented One Student One Mentor project at Feroke GMUP School, Farook Training College Principal Dr.T.Muhammad Saleem inaugurated the project by handing over the project documents to School Headmaster Ali Ashraf.One Student

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Farook Training College P.O. Farook College, (Cabout) One Mentor is a scheme implemented with the consent of parents and school authorities to help children who are struggling in learning and related activities and help them in need of support, from the further course of studies to the level of understanding the skills of the child and deciding a career. PTA President Abdu Rahman, NSS Program Officer Faseel Ahamed, teachers Ramsheena and Vidya were present. NSS volunteers Ameena, Arun Raj, Ashita, Aysha Nida, Fahmida, Jishna, Kanakamani, Majida, Rinsha, Shahana and Shamna provided leadership for the function.



#### ONE STUDENT ONE MENTOR @ G M U P S KODAL NADAKKAV

Jan 17, 2023

One Student One Mentor project was implemented by FarookTraining College NSS unit in G.M. U.P.S Kodal Nadakav to provide special training and assistance to children who are backward in learning. Farook Training College Staff Secretary Mr.Rishad inaugurated the project by handing over the project documents to the School Headmaster Mr.Manoj. NSS Program Officer Faseel Ahammed, Kodal Nadakav school teacher's Aman and Renuka, first year NSS volunteer's Anupama, Abhilash and Liji Mol participated in the function .NSS volunteer's Subisha, Maria Sunny, Shada, Jasna and Athira spearheaded the event.

### ONE STUDENT ONE MENTOR @ G U P S RAMANATTUKARA

Jan 16, 2023

One Student One Mentor is a scheme implemented with the consent of parents and school authorities to help children who are struggling in learning and related activities and help them in need of support, from the further course of studies to the level of understanding the skills of the child and deciding a career. College teacher Dr. Aseel Abdul Wahid and NSS Program Officer Fazeel Ahmed were present. Farooq Training College Principal Dr.T.Muhammad Saleem School Headmaster B. C. The project started by handing over the project documents to Khader. NSS volunteers Semeena Rosli and Hina presided over the function.

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Principal
Faronk Training College
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#### ONE STUDENT ONE MENTOR @ H S S KUNNAMANGALAM

Jan 17, 2023

Farook Training College NSS Unit 263 has started One Student One Mentor project at Kunnamangalam Higher Secondary School to provide special training and help to children who are backward in learning. Dr. Afeef Tharavattath, staff advisor Farook Training college inaugurated the ceremony by handing over the documents of the project to Deputy Head Master Praveen. Mrs. Praseetha, Mrs. Rajini and Mr.Krishnan, teachers of Kunnamangalam Higher Secondary School were present on the occasion. Second year NSS volunteers Mariha Malik, Sona P, Athulya, K. P and Sinobiya. P. T led the programme.







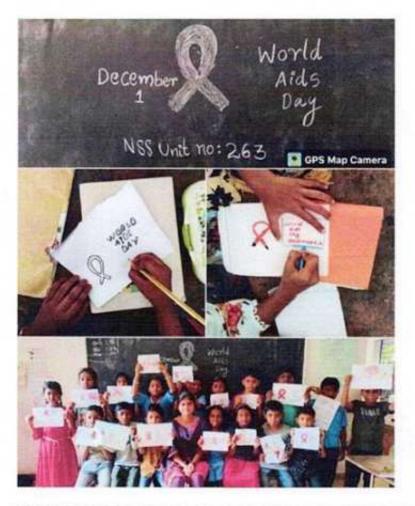
#### AIDS DAY: POSTER MAKING AND AWARENESS

# @ A U P S AZHINJILAM Dec 1, 2022

As part of AIDS Day, on Dec 1 2022 Farook Training College NSS UNIT 263 conducted an awareness class and poster making on the topic 'Say No to Disease, Not to Patients at Azhinhilam AUP School led by NSS volunteers Vipin, Swathi and Harsha.

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# INTERNATIONAL DAY OF PEOPLE WITH DISABILITY POSTER&AWARENESS @ G A U P S KARINKALLAYI Dec 3, 2022

Under the patronage of Farooq Training College NSS UNIT 263 an awareness class was conducted for the sixth class students of A.U.P School Karikankallayi on December 3rd World Diversity Day. A poster writing competition was also organized to convey the importance of Diversity Day to children. Dilna of 6B was selected as the winner of the competition. Dilsha, an NSS volunteer, led the programme.



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# INTERNATIONAL DAY OF PEOPLE WITH DISABILITY - CHANGATHIKKOOTTAM @ G A U P S KARINKALLAYI Dec 8, 2022

Under the leadership of Farooq Training College National Service Scheme, a program was organized under the name of 'Changati Kootam' on the occasion of Disability Day. The group of friends organized a visit to the differently-abled student and his family along with the students of Karinkallai Ganpath AUP School. The group of friends expressed their love to the multiple disability, hydrocephaly and cerebral palsy student and his family by singing songs, giving greeting cards and gifts to the children and teachers. NSS volunteers Dilsha,Srijila, Nasneem and Abhisankar led the way. School's IEDC Teacher in Charge Syrabanu, Special Educator Shilpa. M. and were present.













#### INTERNATIONAL ANTI-CORRUPTION DAY @ H S S KUNNAMANGALAM Dec 9, 2022

Under the NSS Unit No. 263 of Farook Training College, International Anti-Corruption Day was observed on 09 December 2022 at Kunnamangalam HSS. Awareness classes, focusing on the need and importance of such a day, were given by NSS volunteers Mariha Malik and Sinobiya Puthen Theruvil.



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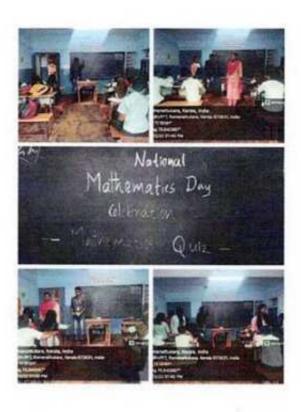


#### NATIONAL MATHEMATICS DAY - QUIZ @ G M U P S FEROKE Dec 22, 2022

As part of National Mathematics Day celebrations on December 22, Farook Training College NSS Unit No. 263 conducted a Quiz competition at GMUP School Feoke. NSS volunteers Ashita RC, Arun Raj, Jishna C, Kanakamani D and Shamna conducted the programme.



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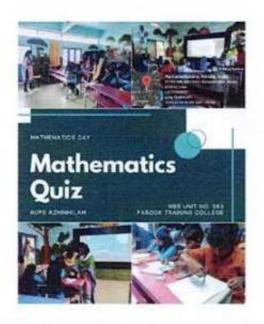


### NATIONAL MATHEMATICS DAY- QUIZ AND GEOMETRICAL CHART COMPETITION

#### @ A U P S AZHINJILAM DEC 22, 2022

As part of National Mathematicas Day celebration on 22/12/2022 ,Farook Training College NSS Unit No. 263 celebrated mathematics day on 12 th December at AUPS AZHINHILAM. Competitions like mathematics quiz, geometrical chart were conducted . NSS Volunteers Harsha , Swathi , Vipin and training teachers Smruthi, Vidya and Muneera led the program

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#### NMMS EXAMINATION TRAINING

#### @ GVHSSNADAKKAV DEC 2, 2022

As a part of NMMS examination, Farook Training College NSS Unit 263 conducted a training session on 2<sup>st</sup> Dec 2022 at GVHSS NADAKKAV. NSS Volunteers Shafreena and Ayisha Shafna were conducted the session.



# NATIONAL TELEVISION DAY - DISCUSSION @ GAUPS

KARINKALLAYI

Dec 21, 2022

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As part of National Television Day, on Nov 21 2022 under the auspices of Farooq Training College NSS UNIT 263, Ganapath AUP held a discussion with children at Karinkallayi School about the importance of television medium and children's television experiences. NSS volunteer Dilsha KV led the discussion.



# ANTI DRUG AWARENESS CLASS @ G U P S RAMANATTUKARA November 15, 2022

Farook Training College under the auspices of NSS Unit,organized anti-drug awareness classes for students in collaboration with Ramanattukara UP School Alumni Association. Ramanattukara Municipality Vice Chairman K. Suresh inaugurated the awareness program called "Akalam Akattam". This program was organized at Ramnattukara Govt: UP School as the first phase of the awareness program which is going to be conducted in all the schools of the municipality. About 60 student teachers of Farook Training College, NSS, have already received awareness training for students of classes 4, 5, 6 and 7. Classes were conducted by volunteers. Mathrubhumi Sub. Editor Dr. K.C Krishnakumar gave an awareness message to the patrons and felicitated Guava Books Novel Award winner Satyanathan Ramanatukara on the occasion. School Head Master B.C Abdul Khader, NSS Program Officer Fazeel Ahmed and PTA President M Manoj Kumar spoke on the occasion. Alumni Association President K.T Razak presided over the function where MK Sudheesh Kumar welcomed and M.P Mohandas gave the vote of thanks.



Principal Faceth Truning College P.O. Fercok College, (Calicial)





# ലഹരിയെ തുരത്താൻ 24 കാസുകളിലും

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16/11/2022 RAMANATTUKARA Pg 15





#### CHILDRENS DAY: LETTER TO NEHRU

# @ G M H S S CU CAMPUS Nov 14, 2022

As a part of children Day November 14, NSS Unit No.263 organised 'A Letter to Nehru' at GMHSS CU CAMPUS. Volnteer Shiji co-ordinate the programme.



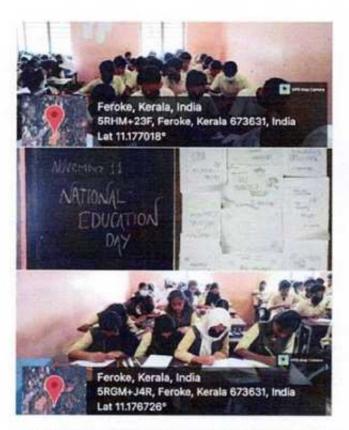
# NATIONAL EDUCATION DAY POSTER MAKING @ G G V H S S FEROKE

Nov 11, 2022

As a part of National Education Day, 11 November 2022 under the auspices of Farooq Training College NSS Unit No. 263, G.G.V.H.S.S. A poster writing competition was organized at Farook School. NSS volunteer Vipin led the way.



Parried Triting College P.O. Farock College, (Calicul)



#### SPORTS FITNESS TRAINING CLASS

#### INFANT PROTECTION DAY @ G G V H S S FEROKE

Nov 07, 2022

As part of Infant Protection Day on Nov 7 2022 Farooq Training College NSS UNIT 263 GGVHSS school sensitized children about increasing infant mortality. NSS Volunteers Dilsha KV, Shahna Sherin and Fahmita Bathul led the way.



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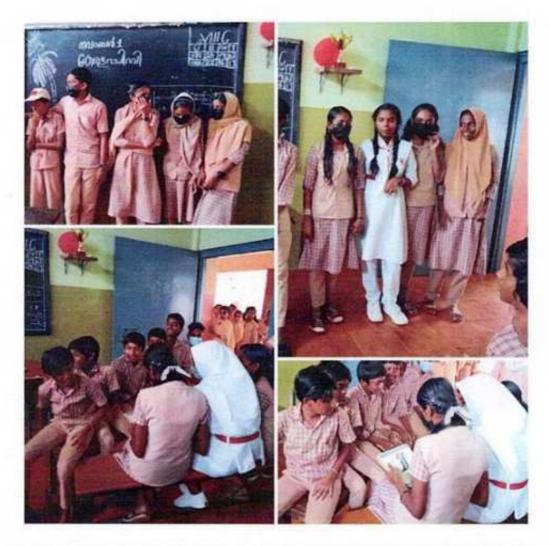
#### KERALAPPIRAVI CELEBRATION: NADANPATTU, VANCHIPPATTU AND MAPPILAPPATTU PRESENTATION

# @ G M H S S C U CAMPUS Nov 1, 2022

As part of Keralappiravi celebration, on Nov 1\* 2022 Farook Training College NSS UNIT 263 conducted nadanpattu, vanchippattu and mappilappattu presentation at GMHSS CU campus led by NSS volunteers Jaseela and Shiji.



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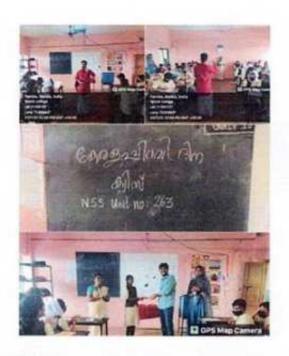
# KERALA DAY CELEBRATION - QUIZ @ G G V H S S FEROKE

Nov 01, 2022

As part of Kerala Birth Day celebrations, Farook Training College organized a quiz competition at GGVHSS Feroke School under the auspices of NSS Unit No. 263 on 1st November 2022. NSS Volunteers Abia, Ayisha, Niyas and Vipin led the way.



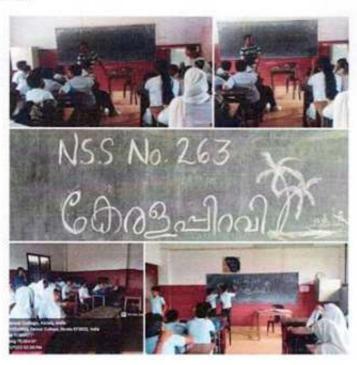
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Faronk Training College
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#### KERALAPPIRAVI CELEBRATION: QUIZ & GAMES

# @ F H S S FEROKE Nov 1, 2022

As part of Keralapiravi celebrations, quiz competition and games were organized at Farook Higher Secondary School on November 1, 2022 under the auspices of Farook Training College NSS Unit No. 263. NSS volunteers Fasil, Ashita and Jishna presided over the programme.

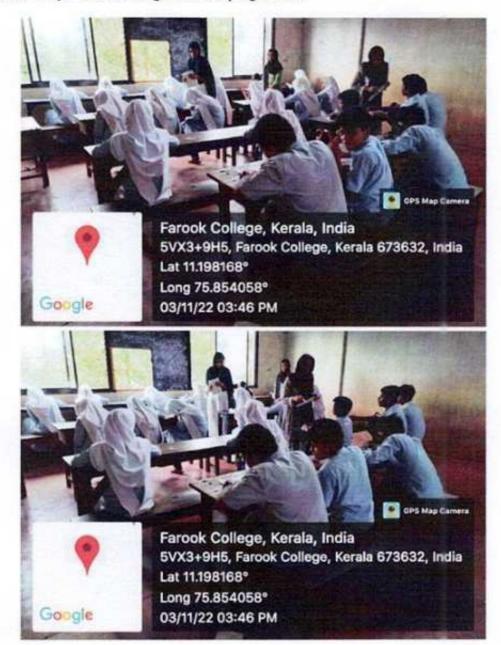


### KERALAPPIRAVI CELEBRATION STORY WRITING



#### @ F H S S FEROKE Nov 3, 2022

As part of Keralappiravi celebration, Farook Training College NSS volunteers conducted a story writing competition at F H S S Feroke on 3<sup>rd</sup> November 2022. Volunteers Anagha, Semeena, Raniya and Fasil organized the programme.



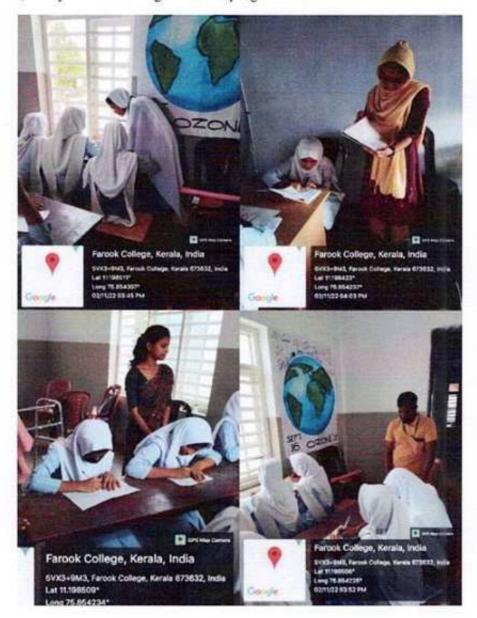
#### KERALAPPIRAVI CELEBRATION VERSIFICATION @ FHSS

FEROKE Nov 2, 2022





As part of Keralappiravi celebration, Farook Training College NSS volunteers conducted a versification competition at F H S S Feroke on 2nd November 2022. Volunteers Anagha, Semeena, Raniya and Fasil organized the programme.



#### NATIONAL CANCER AWARENESS DAY: POSTER MAKING COMPETITION

O G M H S S C U CAMPUS Nov 7, 2022

As part of National cancer awareness day, on Nov 7th, 5032 Farcok Training College NSS UNIT 263 conducted poster making competition at GMHSS CU campus led by NSS volunteers Jaseela and Shiji.









# NATIONAL CANCER DAY- AWARENESS CLASS

# @ H S S KUNNAMANGALAM NOV 11, 2022

Under the NSS unit No. 263 of Farook training College organised an national cancer awareness day at kunnamangalam has on November seventh in the year 2022. A session on various cancer, their causes was provided to students by NSS volunteer Mariha Malik.



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#### NATIONAL EDUCATION DAY @ H S S KUNNAMANGALAM

#### Nov 11, 2022

Under the NSS Unit No. 263 of Farook Training College, National Education Day was observed on 11 November 2022 at Kunnamangalam HSS. An Awareness class on Educational rights of child and history of Moulana Abdul Kalam Azad's influence on Education was given by NSS volunteer Mariha Malik. Athulya K. P. and Sinobiya Puthen Theruvil co-organized the program.







# NATIONAL LEGAL SERVICE DAY @ G G V H S S FEROKE

Nov 09, 2022

As a part of National Legal Services Day, Farook Training College NSS Unit No.263 conducted an Awareness class at GGVHSS, Feroke. NSS volunteer Oshin N facilitated the session.



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P.O. Farook College, (Calicut)



# Vidhyarthi- rakshakarthav shaktheekarana paripadi Akalam-Akattam November 15, 2022

As part of drug awareness programs conducted all over Kerala NSS unit of farook training college (Unit No-263) conducted awareness classes for students of Ramanattukara GUP School on fifteenth november 2022. The program called 'Akalam-Akattam' was inaugurated by Ramanattukara municipality chairman K Suresh.Akalam-Akattam is the beginning of drug awareness programs to be conducted at every school under the municipality. The awareness class was attended by Pupil of standard 4th 5th 6th and 7th. About fifty NSS volunteers of farook training college who already received training and regulations on how to lead drug awareness classes led the program. As students received awareness classes from volunteers parents were educated about drug related problems by Mathrubhumi sub-editor Dr K.C Krishnakumar.Perakka Book award winner sathyanadhan was honoured at the event. The program was conducted in collaboration with Ramanattukara old students association. School headmaster B. C Abdul khader, NSS program officer Faseel Ahammed and PTA president of the school M Manoj spoke at the event. When all

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school students president M.K Sudheesh Kumar welcomed the group M.P Mohandas thanked the group.



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# ലഹരിയെ തുരത്താൻ 24 കാസുകളിലും

#### ഒരേസമയം ബോധവത്കരണം

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TRAYORLD PUBLIC TRANSPORT DAY @ H S S KUNNAMANGALAM

#### Nov 10, 2022

Under the NSS Unit No. 263 of Farook Training College, World Public Transport Day was observed on 10 November 2022 at Kunnamangalam HSS. Awareness class focusing on the importance of availing public transport were given by NSS Volunteers Sona P. and Sinobiya Puthen Theruvil.



### WORLD TELEVISION DAY: TABLEAU

# @ A U P S AZHINJILAM Nov 21, 2022

As part of World Television Day, on Nov 21 2022 Farook Training College NSS UNIT 263 conducted a tableau with children about the importance of television children's television experiences and tableau at Azhinjilam AUP School led by NSS volunteers Swathi and Harsha.

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### WORLD TSUNAMI DAY: CREATIVITY CHALLENGE

### @ F H S S FEROKE Nov 3, 2022

As part of World Tsunami Day celebrations, Farook Training College NSS Unit No. 263 organized a program called "Tsunami day creativity challenge" at Farook Higher Secondary School on November 3, 2022. B.Ed second year student Abhi Shankar and NSS volunteer Harsha presided over the programme.

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# ANTI DRUG CAMPAIGN - AWARENESS CLASS @ S P B H S S RAMANATTUKARA Oct 6, 2022

As a part of Lahari Mukta Kerala Drug Free Campaign ,Farook Training College NSS Unit 263 conducted an awarenesss class for students of Seva Mandir Post Basic School on October 6, 2022. NSS volunteers Muhammad Basil, Subisha, Jesna, Shadha, Athira and Maria handled the classes. Students of 8th, 9th and 10th students participated in the programme. Student teachers Khalia and Anjali joined the programme Faronk Training College P.O. Faronk College (Calacus)



#### ANTI DRUG CAMPAIGN: AWARENESS

# @ F H S S FEROKE Oct 14, 2022

Farook Training College organized an anti-drug awareness class at Farook Higher Secondary School under the auspices of NSS Unit 263. NSS volunteers Mohammad Fazil and Jishna led the way.



ANTI DRUG CAMPAIGN POSTER MAKING @ G GTM HAS SHEEROKE
P.O. Farock College, (Calicut)

#### Oct 29, 2022

As part of Anti drug campaign, Farooq Training College NSS UNIT 263 ouganised a poster making on oct 29, 2022. NSS Volunteer Vipin das led the activity



# ANTI DRUG CAMPAIGN - POSTER MAKING @ S P B H S S RAMANATTUKARA Oct 6, 2022

As part of Lahari Mukta Kerala anti-drug campaign, Farook Training College NSS volunteers conducted a anti-drug poster making program at SevaMandir Post Basic Higher Secondary School on 6th October 2022. The program was to create awareness among the pupils on the harmful effects of drug usage and to educate them on the same. Particiapants actively involved in the program and prepared creative, informative posters. Training college students Muhammad Basil, Subisha, Jesna, Shadha, Khalia, Anjali, Athira and Maria organized the program.



Principal
Farook Training College
P.O. Ferook College, (Calical)

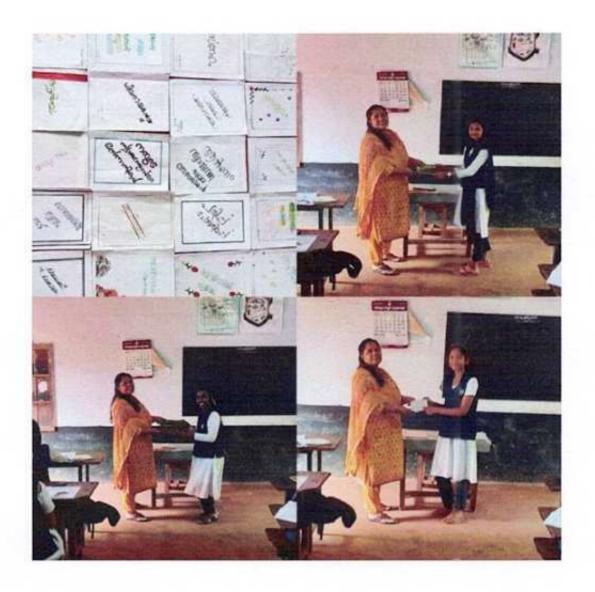


# GANDHI JAYANTI - ALBUM MAKING @ S P B H S S RAMANATTUKARA Oct 2, 2022

As a part of Gandhi Jayanti, Farook Training College NSS Unit 263 conducted album making competition at Seva Mandir Post Basic Higher Secondary School on October 2, 2022. The prize distribution of album making competition was done by Malayalam department teacher Jayashree. Students actively took part in the competition. NSS volunteers Muhammad Basil, Subisha, Jesna, Shada and Maria coordinated the program.



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# GANDHI JAYANTHI QUIZ @ G G V H S S FEROKE Oct 6, 2022

As part of Gandhi Jayanthi, Farook Training College NSS volunteers conducted a quiz at G G V H S S Feroke on 6th October 2022. Volunteers Ameena, Ayisha Nidha, Niyaz, Sanjay, Uvais and Vipin organized the programme.



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#### INTERNATIONAL DAY OF GIRL CHILD: VIDEO SCREENING

#### @ F H S S FEROKE Oct 11, 2022

Under the NSS unit 263 of Farook Training College, Intrnational Day of Girl Child was observed on 11 October 2022 at Farook Higher Secondary School. A short video was screened before the students focusing on the theme of the day. NSS Volunteers Jishna C, Kanakamani D, Shabana V organized the program.

Principal
Faronk Training College
P.O. Faronk College, (Calicut)



### INTERNATIONAL INTERNET DAY @ H S S KUNNAMANGALAM Oct 29, 2022

Under the NSS Unit No. 263 of Farook Training College, International Internet Day was observed on 29 October 2022 at Kunnamangalam HSS. An interactive session was organized by the NSS Volunteer Sinobiya Puthen Theruvil.



Primapel
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### INTERNATIONAL INTERNET DAY: DEBATE

#### @ F H S S FEROKE Oct 29, 2022

On the occasion of International Internet Day on 29th October NSS Unit No. 263, Farook Training College organized a debate on the topic Pros and cons on the access of internet to students at Farook Higher Secondary School. NSS volunteer Ashitha RC, Jishna C, Kanakamani D, Smruthi KS led the program.



Farook Training College P.O. Farook College, (Calcut)



#### NATIONAL UNITY DAY- AWARENESS CLASS

#### @ GMHSSCUCAMPUS Oct 31, 2022

As a part of National Unity Day 2022 GMHSS CU CAMPUS conducted a class on the topic 'The Iron Man: Vallabhai Pattel' .NSS volunteer Shiji.K organize the programme







#### NATIONAL POSTAL WEEK: LETTER WRITING TRAINING

#### @ G G V H S S FEROKE

#### Oct 13, 2022

As a part of National postal week celebration, the NSS unit number 263 of Farook Training College conducted an awareness class and letter training program at GGVHSS Feroke school on 13th October 2022. NSS volunteers Salva, Sreedevi and the BEd student Sahana led the programme.

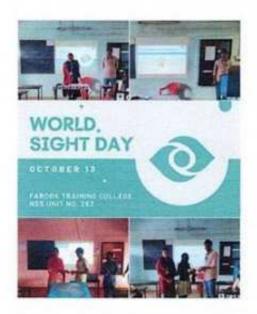


#### WORLD SIGHT DAY - QUIZ @ G V H S S FEROKE Oct 13, 2022

As part of world sight Day celebrations on october 13, Farook Training College NSS Unit No. 263 conducted a Quiz competition and awareness at GVHSS Feoke. NSS volunteers vipin, niyas, nidha and naja conducted the programme.



Faronk Training College P.O. Faronk College, (Calicus)



#### WORLD SIGHT DAY - QUIZ @ F H S S FEROKE Oct 13, 2022

As part of world sight Day celebrations on october 13, Farook Training College NSS Unit No. 263 conducted a Quiz competition and awareness at FHSS Feoke, NSS volunteers jishna and harsha conducted the programme.



### ANTI DRUG CAMPAIGN - SIGNATURE COLLECTION @ G G V H S S FEROKE Oct 6, 2022

As part of Lahari Mukta Kerala anti-drug campaign, anti-drug usage oath taking by secondary school students of G G V H S S FEROKE was organized on 6 October 2022. As a part of oath taking, signatures of students who took the oath were collected. Volunteers Abhiya, Fahmidha, Niyas, Rinsha, Salva, Shahana, and Uvais organized the program

Farook Training College P.O. Farook College, (Calicus)



### ANTI DRUG CAMPAIGN - SIGNATURE COLLECTION @ S P B H S S RAMANATTUKARA Oct 6, 2022

As part of Lahari Mukta Kerala anti-drug campaign, anti-drug usage oath taking by secondary school students of SevaMandir Post Basic Higher Secondary School was organized on 6 October 2022. As a part of oath taking, signatures of students who took the oath were collected. The signature collection was handed over to the headmistress of the institution. Students of Seva Mandir Post Basic school actively participated in the program. Farook Training college students Jesna, Shada, Mohammad Basil, Subisha, Khaliya, Anjali, Athira and Maria organized the program



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P.O. Farook College, (Calicut)



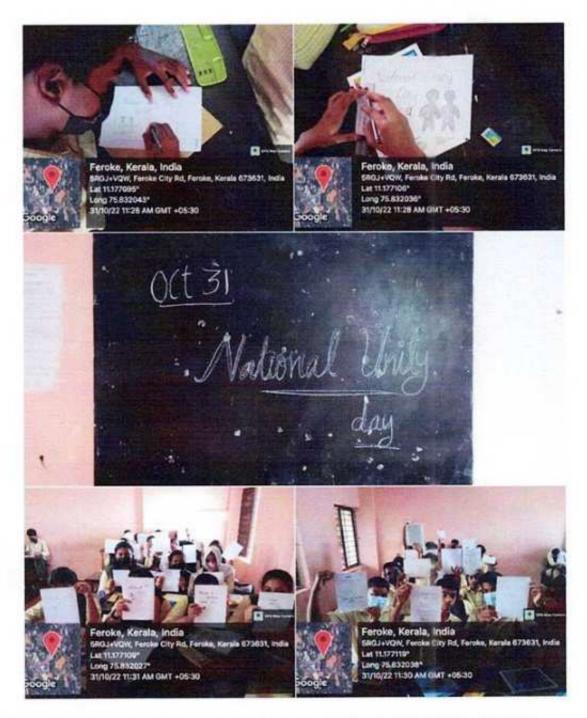
#### NATIONAL UNITY DAY POSTER MAKING @ G G V H S S FEROKE

Oct 31, 2022

As a part of Rashtriya Ekta Diwas celebration on 31st October 2022 under the auspices of Farook Training College NSS Unit No. 263, a poster making competition was organized on the theme of "Unity in Diversity" at GGVHSS Feroke School. NSS volunteer Vipin led the way.



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#### WORLD CEREBRAL PALSI DAY AWARENESS @ F H S S FEROKE Oct 6, 2022

As part of World Cerebral Palsi day, Farook Training College NSS volunteers conducted an awareness class on 6th October 2022. Volunteers Fasil and Harsha organized the programme.



Faronk Training College P.O. Ferons College, (Calicus)



### WORLD CEREBRAL PALSI DAY AWARENESS @ G G V H S S FEROKE Oct 7, 2022

As part of World Cerebral Palsi day, Farook Training College NSS volunteers conducted an awareness class on 6th October 2022. Volunteers Vimeethar, Ameena, Nidha and Naja organized the programme.



Faronk Training College P.O. Faronk College, (Calicut)



## WORLD CEREBRAL PALSI DAY AWARENESS @ G M H S S CALICUT UNIVERSITY CAMPUS Oct 6, 2022

As part of World Cerebral Palsi day, Farook Training College NSS volunteers conducted an awareness class on 6th October 2022. Volunteers Shiji and Jaseela mol organized the programme.



Faront Training College P.O. Faront College, (Calicut)



## WORLD LAUGHTER DAY @ G M H S S CALICUT UNIVERSITY CAMPUS Oct 7, 2022

Under the NSS Unit No. 263 of Farook Training College, World Laughter Day was observed on October 7 at GMHSS Calicut uuniversity campus. A program titled make a smiley was organized which gave the children an opportunity to share their happiest moment in their life. NSS Volunteers shiji conducted the programme.



Faronk Training College P.O. Faronk College, (Calicut)



#### WORLD LAUGHTER DAY @ H S S KUNNAMANGALAM Oct 7, 2022

Under the NSS Unit No. 263 of Farook Training College, World Laughter Day was observed on October 7 at Kunnamangalam HSS. A program titled Chiriyo Chiri was organized which gave the children an opportunity to share their happiest moment in their life. NSS Volunteers Mariha Malik, Sona P., and Sinobiya Puthen Theruvil conducted the programme.



Faronk Training College P.O. Feronk College, (Calicia)



### WORLD LAUGHTER DAY @ S P B H S S RAMANATTUKARA Oct 7, 2022

Under the NSS Unit No. 263 of Farook Training College, World Laughter Day was observed on October 7 at SPBHSS Kunnamangalam. A program titled Chiri Chiri was organized which gave the children an opportunity to share their happiest moment in their life. NSS Volunteers subisha, jasna, shadha, khaliya, anjali, athira and mariya conducted the programme.



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#### WORLD MENTAL HEALTH DAY: AWARENESS

#### @ F H S S FEROKE Oct 10, 2022

On the occasion of World Mental Health Day on October 10, Farook Training College organized an awareness class on Importance of Mental Health at Farook Higher Secondary School under the auspices of NSS Unit No. 263. B.Ed 2nd Year Student Smrithi KS NSS Volunteer Ashita RC, Jishna.C, Harsha PJ, Kanakamani. D, Shabana V, Srijila CP. and led the program.

Prencipal
Farous Training College
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#### COASTAL CLEAN UP September 17, 2022

As part of Swach Sagar Surakshit Sagar project, NSS volunteers of Farook Training College participated in cleaning the coastal area. Around 30 volunteers took part in the event held at Beypur beach. Volunteers Secretary Mohammad Basil, Naja Mehjabin, Harsha and Sanjay led the programme.



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NSS UNIT NO. 263 UNIVERSITY OF CALICUT

SEPTEMBER 17



Sumobh Sagar Surakshki Sagar



NSS UNIT NO. 265 UNIVERSITY OF CALICUT



## INTERNATIONAL DAY OF PEACE- AWARENESS & PAPER CRANE MAKING @ F H S S FEROKE September 20, 2022

As part of September 21 International Day of Peace, this session was handled by Abhi shanker and Ashitha on the topic Sadako Peace Crane Making at FHSS Feroke under the auspices of NSS Unit No. 263.



Proof College, (Calses)



## INTERNATIONAL DAY OF PEACE- AWARENESS & PAPER CRANE MAKING @ G G V H S S FEROKE September 20, 2022

As part of September 21 International Day of Peace, this session was handled by Vipin das on the topic Sadako Peace Crane Making at GGVHSS Feroke under the auspices of NSS Unit No. 263. NSS volunteers Arun Raj and Dilsha led the session successfully.





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### MAKING @ G V H S S NADAKKAVU

September 20, 2022

On September 21, as part of International Peace Day celebration, Farook Training College NSS unit 263 organized a poster making competition on the topic 'A world without war' at GVHSS Nadakkavu. Prize distributed on September 29. Nss volunteers and B. Ed 2nd year student teachers of FTC led the program.



## INTERNATIONAL SIGN LANGUAGE DAY- AWARENESS & DUMBCHARADES @ G G V H S S FEROKE September 23, 2022

As part of September 23 International Sign Language Day, Farook Training College under the auspices of NSS Unit No. 263 organized an awareness class, from the topic daily message and dumbcharades game at GGVHSS Feroke School. This session was successfully handled by NSS volunteers Ameena misiri, Ayisha Nidha and Vipindas.



Prencipal
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## INTERNATIONAL SIGN LANGUAGE DAY- AWARENESS & DUMBCHARADES @ F H S S FEROKE September 23, 2022

As part of September 23 International Sign Language Day, Farook Training College under the auspices of NSS Unit No. 263 organized an awareness class from the topic daily message and dumbcharades game at FHSS Feroke. This session was successfully handled by NSS volunteers kanakamani, harsha, jishna, ashitha and anagha.





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### INTERNATIONAL TRANSLATION DAY-AWARENESS @ G G V H S S FEROKE

September 30, 2022

As part of September 30 International Translation Day, Farook Training College under the auspices of NSS Unit 263 conducted a program on daily message and designation was organised at GGVHSS Feroke school.NSS Volunteers Devu Mohanan and Sridevi led the program.



#### NSS DAY- AWARENESS @ F H S S FEROKE September 24, 2022

As part of September 24 NSS Day, Farook Training College under the auspices of NSS Unit No. 263 organized an awareness class, from the topic daily message at FHSS Feroke. This session was successfully handled by NSS volunteers Kanakamani, Shabana and Anagha.



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#### NSS DAY-AWARENESS @ H S S KUNNAMANGALAM September 24, 2022

As part of September 24 NSS Day, Farook Training College under the auspices of NSS Unit No. 263 organized an awareness class, from the topic daily message at HSS Kunnamangalam. This session was successfully handled by NSS volunteers sona, sinobiya and mariha.



#### SREE NARAYANAGURU SAMDHI DAY- AWARENESS & QUIZ

#### @ F H S S FEROKE September 20, 2022

Sree Narayana Guru Samadhi Day, as a part of this day NSS volunteers organized a quiz competition on the theme Kerala Renaissance. NSS volunteers Kanakamani, Jishna, Ashitha and Shabana led the competition.

RAIN

Principal
Faront Training College
P.O. Faront College, (Calicat)



#### SREE NARAYANAGURU SAMDHI DAY- AWARENESS & QUIZ

#### @ G G V H S S FEROKE September 20, 2022

Sree Narayana Guru Samadhi Day, as a part of this day NSS volunteer Arun raj who organized a quiz competition on the theme Kerala Renaissance. NSS volunteers Ameena, Nida, Vipin Das, Vemeethar, Sanjay Joseph, Niyas led the competition. At the end of this competition NSS volunteer Niyas carried out the prize distribution.





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Faronk Training College
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#### SREE NARAYANA GURU SAMADHI DAY- AWARENESS & QUIZ

#### @ HSS KUNNAMANGALAM September 20, 2022

Sree Narayana Guru Samadhi Day, as a part of this day NSS volunteer Mariha Malik who organized a quiz competition on the theme Kerala Renaissance. NSS volunteers Sona and Sinobiya led the competition.



### WORLD ALZHEIMER'S DAY- AWARENESS @ H S S KUNNAMANGALAM September 20, 2022

As part of September 21 World Alzheimer's Day, Farook Training College organized an Alzheimer's Awareness Class under the auspices of NSS Unit No. 263. NSS volunteer Sinobiya conducted the class at HSS kunnamangalam. NSS volunteers sona and mariha led the way successfully.



Principal Farook Training College P.O. Farook College, (Calsest)



## WORLD ALZHEIMER'S DAY-AWARENESS @ G G V H S S FEROKE September 20, 2022

As part of September 21 World Alzheimer's Day, Farook Training College organized an Alzheimer's Awareness Class under the auspices of NSS Unit No. 263. NSS volunteer Vemeethar conducted the class at GGVHSS Feroke. NSS volunteers Irfana and Sanjay Joseph led the way successfully.



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#### WORLD ENVIRONMENTAL HEALTH DAY-AWARENESS @ G V H S S NADAKKAVU September 26, 2022

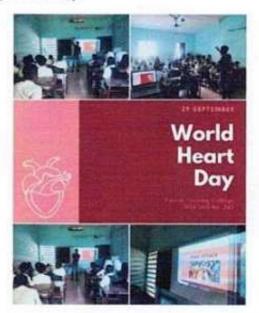
On September 26, as part of World Environmental Health Day, Farook Training College NSS unit 263 organized a Quiz competition and an Awareness class at GVHSS NADAKKAVU.Nss volunteers and B.Ed 2nd year student teachers of FTC led the programme.



WORLD HEART DAY- AWARENESS CLASS @ G G V H S FEROKE P.O. Faroot College, (Canal)

September 30, 2022

As part of World Heart Day on September 29, Farook Training College under the auspices of NSS Unit No. 263 organized an awareness class on Heart and Heart Care at GGVHSS Feroke School. NSS volunteer Sanjay Joseph handled the session. NSS volunteers Arun Raj, Ayisha Nidha and Vipin Das led the way sucessfully.



#### WORLD RABIES DAY- AWARENESS CLASS @ F H S S FEROKE September 28, 2022

As part of September 28 World rabies day, Farook Training College under the auspices of NSS unit No 263 conducted a Awareness Class on The Prevention and Remediation against Rabies ,NSS volunteers Anagha and Shabana led the class at FHSS FEROKE successfully.

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Principal
Farook Training College
P.O. Farook College, (Calicia)



# WORLD RABIES DAY-AWARENESS CLASS @ G G V H S S FEROKE September 28, 2022

As part of September 28 World rabies day, Farook Training College under the auspices of NSS unit No 263 conducted a Awareness Class on The Prevention and Remediation against Rabies ,NSS volunteers Dilsha and Fatima Shamna led the class at GGVHSS FEROKE School successfully.

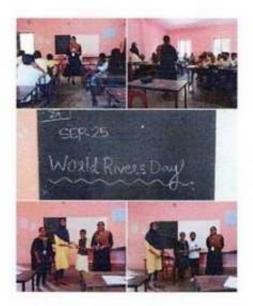


ORLD RIVER DAY-AWARENESS & QUIZ @ G G V H S S
FEROKE

Faront Training College P.O. Faront College, (Calicat)

#### September 24, 2022

As part of September 25th World Rivers Day ,farook training college organized a Day awareness and quiz competition under the auspices of NSS Unit No:263. NSS volunteers Vipin, Aiysha Nida, Abiya sara thomas and Naja led the program successfully at GGVHSS Feroke school.



## WORLD TOURISM DAY- AWARENESS & QUIZ @ G G V H S S FEROKE September 28, 2022

On the occasion of World Tourism Day (September 27), Farook Training College under the auspices of NSS Unit 263 conducted a program on daily message and quiz competition, at GGVHSS feroke school. This session was handled by NSS volunteers Vipindas, Aiysha Nidha, Muhamed Niyas and Naja.



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Farook Training College
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### HIROSAKKI - HIROSHIMA NAGASAKKI DAY OBSRVATION @ G M L P S THIRUTHIYAD

August 5, 2022

Under the leadership of NSS Unit 263, Farook Training College, various programs were organised on the occasion of Hiroshima-Nagasaki Day, with the objective of spreading anti-war message to the students of GMLP School, Vazhayoor, Tiruthiyad. The program was inaugurated by Ward Member Ms. Rashida Foulad while Mr. Abdul Karim, headmaster, GMLP School, gave the presidential address. Dr. Umar Farooque delivered the anti-war message to the students while NSS program officer, Mr. Faseel Ahmed and NSS Volunteer Secretary Ms. Naja Mehjabin felicitated. Volunteers hosted various activities like Sneha Gatha Paduvin, an Anti-war song written by Abhi Sankar, 1st yr. student of Farook Training College, Dance based on the theme of revival of Japan and a Drama-Hirosaki. The program was coordinated by volunteer Ms. Irfana. The faculties of the school, Mr. Grijesh, welcomed the gathering and Ms. Sheena proposed Vote of Thanks.Mr. Mohammad Niyas, Volunteer Coordinator of Adopted Village, thanked the students.



Paroot Training College P.O. Faroot College, (Calicia)







Principal College (Calicus)
P.O. Faroca College (Calicus)

ALTERNATION.

#### **െ**നുപ്രദാതം

### 'ഹിരോസാക്കി' യുദ്ധ വിരുദ്ധ സന്ദേശവുമായി ഫാറൂഖ് ട്രെയിനിങ് കോളജ് എൻ.എസ്.എസ്

ഹാനൂല് ട്രെയ്സിംഗ് കോളജ് എൻ.എൻ.എസ് യൂനിറ്റിന്റെ te brasen telestations வுள்ளியை நடித்தை விரும் സ്കൂളിൽ ഹിരോഷിമ താഗ സാക്കി ദിനാചരണത്തോടനു ബന്ധിച്ച് ഹിരോസാക്കിഎന്ന five fectation within forces September.

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#### BLOOD DONOTION AWARENESS CLASS @ GHSS BALUSSERY

June 14, 2022

As a part of World Blood Donor Day, Farook Training College NSS Unit (Unit No-263) conducted Awareness classes on "Blood Donation" in different schools. The unit conducted Awareness classes for the students of GHSS Balussery on june 14° 2022. Classes were taken by volunteers Swathy and Shafna.



Farook Training College P.O. Feroal College, (Calicat)



#### BLOOD DONOTION AWARENESS CLASS @ GHSS POOKOTTUMPADAM

June 14, 2022

As a part of World Blood Donor Day, Farook Training College NSS Unit (Unit No-263) conducted Awareness classes on "Blood Donation" in different schools. The unit conducted Awareness classes for the students of GHSS pookottumpadam on june 14° 2022. Classes were taken by volunteers Harsha and Srijila.





Principal
Faront Training College
P.O. Faront College, (Calicul)

#### BLOOD DONOTION AWARENESS CLASS @ GVHSS CHERUVANNOOR

#### June 14, 2022

As a part of World Blood Donor Day, Farook Training College NSS Unit (Unit No-263) conducted Awareness classes on "Blood Donation" in different schools. The unit conducted Awareness classes for the students of GVHSS Cheruvannoor on june 14st 2022. Classes was taken by volunteer Dilsha.



#### BLOOD DONOTION AWARENESS CLASS @ SEVAMANDIR PBHSS

#### June 14, 2022

As a part of World Blood Donor Day, Farook Training College NSS Unit (Unit No-263) conducted Awareness classes on "Blood Donation" in different schools. The unit conducted Awareness classes for the students of Seva Mandhir post basic has on june 14-2022. Classes were taken by volunteers Naja and Mariya.



Farook Training College P.O. Farord College, (Calcus)



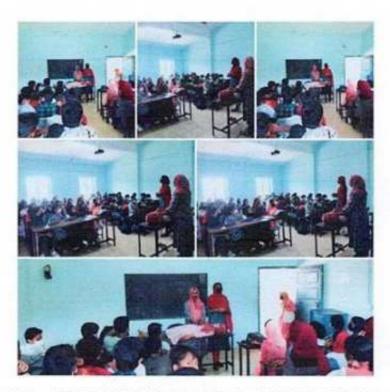
#### FIRST AID AWARENESS CLASS @ GGVHSS FEROKE

June 14, 2022

Farook Training College NSS Unit (Unit No-263) conducted Awareness classes on "Firt aid" in different schools. The unit conducted Awareness classes for the students of GGVHSS Feroke on june 14= 2022. Class were taken by volunteers Shamna and Nidha.



Faronic Treating College, (Californ)



#### FIRST AID AWARENESS CLASS @ G V H S S NADAKKAV

June 17, 2022

Farook Training College NSS Unit (Unit No-263) conducted Awareness classes on "Firt aid" in different schools. The unit conducted Awareness classes for the students of G V H S S Nadakkav on june 17s 2022. Class were taken by volunteers Sreelekha and Shanti.





Process College, (Calicia)

#### FOOD SAFETY AWARENESS CLASSES @ SCHOOLS

June 07, 2022

As a part of World Food Safety Day observation, Awareness classes were organized under Farook Training College NSS Unit No. 263 on Better Food, Better Health for students of several institutions. Classes conducted were handled by NSS Volunteers Dilsha, Prajitha, Shafna, Raniya and Sajna. Classes conducted were for the students of Farook ALP School; Ganapath AUP School, Karinkallai; Azhinjilam AUP School and Karinkallai GLPS.



#### NJANGALUM KRISHIYILEKK - RALLY

June 06, 2022

As a part of Njangalum Krishiyilekku program, the second 100-day activity of Hon. Chief Minister, under the Department of Agriculture Development and Farmers' Welfare, the NSS Unit 263 of Farook Training College and Krishibhavan of Vazhayoor Panchayat organized an awareness rally at 10 a.m. on 6 June 2022 in connection with World Environment Day, at Karad. The program following the procession began with Mr. Velayudan, the main farmer and others ploughing the land provided for farming with the accompaniment of different folk songs sung by the natives and the volunteers. The local MLA Mr. T. V. Ibrahim inaugurated the session by sowing the seeds and thereby began the formal session. Vazhayoor Panchayat President T.P. Vasudevan, Former Panchayat President Vimala, Vazhayoor Agricultural Officer Mr. Suresh Kumar and other prominent figures addressed the gathering. Vazhayoor Panchayat gave away several mementos to those who contributed towards the development of the area of the session ended with cultural activities related to Agriculture.

Farook Training College P.O. Farcos College, (Calacia)



#### SELFIE MARAM PROJECT @ F H S S FEROKE

June 17, 2022



Selfie Maram project was implemented under the leadership of Farooq Training College NSS unit 263. The project involves planting trees and taking selfies in various schools. Under this scheme, trees were planted in F H S S Feroke which was led by volunteer Uvais, Irfana, Oshin, Semeena, Kanakamani, Anagha and Neeraja. It has been decided to implement this project in various schools.



Principal
Farook Training College
P.O. Farook College, (Calicut)



#### SELFIE MARAM PROJECT @ G G V H S S FEROKE

#### June 17, 2022

Selfie Maram project was implemented under the leadership of Farooq Training College NSS unit 263. The project involves planting trees and taking selfies in various schools. Under this scheme, trees were planted in G G V H S S Feroke which was led by volunteers Arun, Samjeev, Vipin, Muhsina, Abiya, Shamna and Sreedevi. It has been decided to implement this project in various schools.

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Faront Training College P.O. Faront College, (Calicus)



#### SELFIE MARAM PROJECT @ G H S S BALUSSERY

#### June 17, 2022

Selfie Maram project was implemented under the leadership of Farooq Training College NSS unit 263. The project involves planting trees and taking selfies in various schools. Under this scheme, trees were planted in G H S S Balusssery which was led by volunteers Swathy and Shafna. It has been decided to implement this project in various schools.





Furonk Training College P.O. Furonk College, (Calicut)

#### SELFIE MARAM PROJECT @ G H S S POOKKOTTUMPADAM

June 17, 2022

Selfie Maram project was implemented under the leadership of Farooq Training College NSS unit 263. The project involves planting trees and taking selfies in various schools. Under this scheme, trees were planted in G H S S Pookkottumpadam which was led by volunteer Srijila and Harsha. It has been decided to implement this project in various schools.



#### SELFIE MARAM PROJECT @ G V H S S CHERUVANNUR

June 15, 2022

Selfie Maram project was implemented under the leadership of Farooq Training College NSS unit 263. The project involves planting trees and taking selfies in various schools. Under this scheme, trees were planted in G V H S S Cheruvannur which was led by volunteers Sanjay, Dilsha Vimeethar and Ameena. It has been decided to implement this project in various schools.



Principal
Farook Training College
P.O. Farook College, (Calcut)



#### SELFIE MARAM PROJECT @ G V H S S MEENCHANTHA

#### June 17, 2022

Selfie Maram project was implemented under the leadership of Farooq Training College NSS unit 263. The project involves planting trees and taking selfies in various schools. Under this scheme, trees were planted in G V H S S Meenchantha which was led by volunteer Shafreena. It has been decided to implement this project in various schools.





Farorie Training College P.O. Farook College, (Calcur)

#### SELFIE MARAM PROJECT @ G V H S S NADAKKAV

#### June 17, 2022

Selfie Maram project was implemented under the leadership of Farooq Training College NSS unit 263. The project involves planting trees and taking selfies in various schools. Under this scheme, trees were planted in G V H S S Nadakkav which was led by volunteers Sreelekha, parvathy and Shanti. It has been decided to implement this project in various schools.



#### SELFIE MARAM PROJECT @ H S S KUNNAMANGALAM

#### June 16, 2022

Selfie Maram project was implemented under the leadership of Farooq Training College NSS unit 263. The project involves planting trees and taking selfies in various schools. Under this scheme, trees were planted in H S S Kunnamangalam which was led by volunteer Sinobiya, Mariha and Sona. It has been decided to implement this project in various schools.

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Principal
Faront Training College
P.O. Faront College, (Calicut)



#### SELFIE MARAM PROJECT @ P P M H S S KOTTUKARA

#### June 20, 2022

Selfie Maram project was implemented under the leadership of Farooq Training College NSS unit 263. The project involves planting trees and taking selfies in various schools. Under this scheme, trees were planted in P P M H S S Kottuka which was led by Sharmeela and Lulu Fathima. It has been decided to implement this project in various schools.







#### SELFIE MARAM PROJECT @ S H M G V H S S EDAVANNA

#### June 15, 2022

Selfie Maram project was implemented under the leadership of Farooq Training College NSS unit 263. The project involves planting trees and taking selfies in various schools. Under this scheme, trees were planted in S H M G V H S S Edavanna which was led by volunteers Ashitha, Jesna and Jishna. It has been decided to implement this project in various schools.



#### SELFIE MARAM PROJECT @ S P B H S S RAMANATTUKARA

#### June 17, 2022

Selfie Maram project was implemented under the leadership of Farooq Training College NSS unit 263. The project involves planting trees and taking selfies in various schools. Under this scheme, trees were planted in S P B H S S Ramanattukara which was led by volunteers Basil, Mariya, Subisha and Naja. It has been decided to implement this project in various schools.





Farous Training College P.O. Farous College, (Calcut)