



Farook Training College

Research Centre in Education.
Farook College, Kozhikode, Kerala.

Cycle 3 NAAC Re-accreditation 2023.


SSR - Criterion VI

6.5.3. List of quality initiatives undertaken by IQAC / other quality mechanism signed by the Principal

Affidavit

I do here by certify that, all the pages in this document are duly authenticated by me, under my privilege as the Head of the Institution of Farook Training College Kozhikode, Kerala




Principal
Farook Training College
P.O. Farook College, Kozhikode, Kerala

List of Quality Initiatives Undertaken by IQAC

2018-2019



ZM
Principal
Farook Training College
P.O. Farook College (Calicut)

QUALITY INITIATIVES BY IQAC DURING 2018-19

| YEAR | TITLE OF PROGRAMMES | DATE OF CONDUCTING THE ACTIVITY |
|------|---|---------------------------------|
| 2018 | Praveshanolsavam at GLPS Karinkallai | 12-06-2018 |
| 2018 | Reading Day Clebratioiin at GLPSKarinkallai & @ FTC | 19/6/2018 |
| 2018 | Induction programme for B.Ed andM.Ed students of 2018-19 | 02-07-2018 |
| 2018 | Fareweel to Dr. Noushad PP | 09-07-2018 |
| 2018 | Brainstorming Session | 10-07-2018 |
| 2018 | Workshop on Samagra | 13/7/2018 |
| 2018 | Hridayapoorvam- Distribution ofnotebooks to Farook HSS | 17/7/2018 |
| 2018 | Hridayapoorvam- distribution ofPacket Lunch to Streets | 17/7/2018 |
| 2018 | Natura- Distribution of Cotton Bags to students of FTC who are going forpractice teaching | 24/7/2018 |
| 2018 | Talents Day, Paski | 31/7/2018 |




 Principal
 Farook Training College
 P.O. Farook College (Calicut)

| | | |
|------|---|------------|
| 2018 | Hiroshima Day | 06-08-2018 |
| 2018 | Panorama- My home is green | 06-08-2018 |
| 2018 | Induction programme for LanguageLab | 07-08-2018 |
| 2018 | Independence day celebration | 15/8/2018 |
| 2018 | Flood Relief | 17/8/2018 |
| 2018 | Crisis Counselling for Children seeking Normalcy after Flood, incollaboration with Resilience, on 28/8/2018 | 28/8/2018 |
| 2018 | Teachers Day Celebration | 05-09-2018 |
| 2018 | Formal Inauguration of College Unioin 2018-19, Aurora by Prof. A.P.Abdul Wahab (Chairman, Minority Financial and DevelopmentCooperation, Kerala Government) . | 10-09-2018 |
| 2018 | Sweet distribution at Kaniv SpecialSchool | 24/9/2018 |
| 2018 | Natural Science Department to Visitkaniv Special School | 28/9/2018 |
| 2018 | CAMPUS Cleaning as part of SwatchBharath Mission | 02-10-2018 |
| 2018 | Field trip to Nedunkayam TraibalSchool and distribution of books | 09-10-2018 |
| 2018 | Visit to Kaniv Special School by PSstudents | 12-10-2018 |
| 2018 | K-TET Coaching Classes (4 days) | 13/10/2018 |
| 2018 | Hear and Heritage (Talk on Calicut-The way of Truth) with Captain Ramesh, NIRDESH Chaliyam | 15/10/2018 |
| 2018 | Hridayapoorvam- Distribution of Toys to kids of flood affected areas | 15/10/2018 |
| 2018 | All Kerala Inter Training College Badminton Championship at FarookTraining College | 31/10/2018 |
| 2018 | Laptop distribution to GLPS SchoolKarinkallai-Adopted School | 14/10/2018 |
| 2018 | Kerala Piravi Celebration and Quiz Programme | 01-11-2018 |
| 2018 | Visit to Kadalundi Birds Sanctuary | 05-11-2018 |
| 2018 | Hridayapoorvam-Visit to 'Single teacher School' at Nilambur Nedumkayam Adivasi Colony and distribution of books and financialaid for uniform stitching | 28/11/2018 |




 Principal
 Farook Training College
 P.O. Farook College (Calicut)

| | | |
|------|--|------------|
| 2018 | Panorama- Colour of Paradise as part of International day of person with disability | 29/11/2018 |
| 2018 | One Day Workshop for Differently Abled Students in collaboration with BRC and IQAC | 04-12-2018 |
| 2018 | Community living camp- HEIMA | 11-12-2018 |
| 2018 | National Seminar on 4 year Integrated Teacher Education Programme (ITEP) | 18/12/2018 |
| 2018 | Blood Donation | 20/12/2018 |
| 2018 | X-Mas Day celebration @ FTC and GLPS Karinkallai School | 21/12/2018 |
| 2018 | College day celebration | 30/12/2018 |
| 2019 | Republic day celebration | 26/1/2019 |
| 2019 | Fine Arts Fest (Kalangari) | 30/1/2019 |
| 2019 | College Magazine release Ms. Arya Gopi | 31/1/2019 |
| 2019 | National Seminar on Decoding Inborn Potential through Multiple Intelligences Assessment in collaboration with Alpha E. | 02-09-2019 |
| 2019 | Annual Athletic Championship | 23/2/2019 |
| 2019 | Theatre Workshop by Pookkad Kalalayam | 08-02-2019 |
| 2019 | One Week Educational Field Trip to Hyderabad | 28/2/2019 |
| 2019 | One day field trip to Ooty | 06-03-2019 |
| 2019 | Marathon in collaboration with JCI as part of International Women's Day Celebration | 08-03-2019 |
| 2019 | Erudite Lecture by Prof Faisal Devji (Professor, Indian History, Oxford University) | 19/3/2019 |
| 2019 | Release of College Blood Directory in collaboration with Hridayapoorvam | 21/3/2019 |
| 2019 | Field Trip to Chaliyar (for preserving river) | 25/3/2019 |
| 2019 | Honouring KTET, SET, NET winners | 26/3/2019 |
| 2019 | College day celebration | 26/3/2019 |
| 2019 | Inauguration of Aksharakkoottu to Gvt. Childrens Home | 04-01-2019 |




 Principal
 Farook Training College
 P.O. Farook College (Calicut)

List of Quality Initiatives Undertaken by IQAC

2019-2020



ZM
Principal
Farook Training College
No. Farook College (Calicut)

IQAC Initiative programme During 2019-20

| SL No. | NAME OF PROGRAMME | Month & Year |
|--------|---|----------------------------------|
| 1 | Praveshanolsavam | 6 th June, 2019 |
| 2 | Padanopakarana Vidaranam | 18 th June 2019 |
| 3 | International Yoga Day | 22 nd June, 2019 |
| 4 | Panorama- Knowing the City of Truth | 23 rd June, 2019 |
| 5 | Nature-Planting of trees | 9 th July, 2019 |
| 6 | Finishing School | 15 th July, 2019 |
| 7 | Hridayapoorvam- Visit to Prasanthi Special School | 23 rd July, 2019 |
| 8 | National Colloquium on NEP | 30 th July, 2019 |
| 9 | Hridayapoorvam- Friend in Need Voluntary Blood Donation Camp | 30 th July, 2019 |
| 10 | Freshers Day for MEd | 1 st August, 2019 |
| 11 | Talents Day | 6 th August, 2019 |
| 12 | Handing a Hold for Flood | 17 th August, 2019 |
| 13 | Hridayapoorvam- Handovering Books to Library by Arundathi as her Wedding Gift | 22 nd August, 2019 |
| 14 | National Sports Day | 29 th August, 2019 |
| 15 | Aksharadeepam- Wayanad | 4 th September, 2019 |
| 16 | Kodikaineettam | 4 th September, 2019 |
| 17 | College Union Election | 5 th September, 2019 |
| 18 | Onam Celebration @ FTC | 6 th September, 2019 |
| 19 | Onam Celebration @GLPS | 6 th September, 2019 |
| 20 | World White cane day-Struggling Against Physical Barriers- Kabab | 15 th September, 2019 |
| 21 | College Union Inauguration | 20 th September, 2019 |
| 22 | Fine Arts Inauguration | 20 th September, 2019 |
| 23 | Edu Support | 20 th September, 2019 |
| 24 | ID Card Distribution @ GLPS School | 20 th September, 2019 |
| 25 | Vidya Theeram Project | 23 rd September, 2019 |
| 26 | Quizindependence | 23 rd September, 2019 |
| 27 | Radio FTC | 25 th September, 2019 |
| 28 | Book Talk with the Author | 30 th September, 2019 |
| 29 | Aksharasree | 1 st October, 2019 |
| 30 | Gandhijayanthi | 2 nd October, 2019 |
| 31 | Hridayapoorvam- House built to Shibin | 2 nd October, 2019 |
| 32 | Sports Day @GLPS | 4 th October, 2019 |
| 33 | International Teachers Day | 5 th October, 2019 |
| 34 | Natura- Field trip to Kadalundi & Chaliyam | 13 th October, 2019 |
| 35 | Fine Arts Day @ GLPS | 14 th October, 2019 |
| 36 | Yoga and Fitness Programme | 14 th October, 2019 |
| 37 | Greet Great Gretta – MEd | 14 th October, 2019 |
| 38 | World Students Day-MEd | 15 th October, 2019 |
| 39 | English Café | 15 th October, 2019 |
| 40 | Natural Science Association Inauguration | 17 th October, 2019 |



Prof. (Dr.) T. Muhammed Salim
Principal
Farook Training College
P.O. Farook College, Kadalundi



Z.M.
Principal
Farook Training College
P.O. Farook College (Calicut)

| | | |
|----|---|---|
| 41 | Sarga Sparsham- Visit to Kanivu Special School | 18 th October, 2019 |
| 42 | Pradhishedhakootazhma against Fashist | 18 th October, 2019 |
| 43 | Grand Alumni Reunion | 19 th October, 2019 |
| 44 | Launching of FTCA 20-20 | 24 th October, 2019 |
| 45 | Mathematics Association Inauguration | 24 th October, 2019 |
| 46 | Field Trip to Ooty by MEd | 26 th October, 2019 |
| 47 | Natura- Field visit to Calicut University Botanical Garden | 26 th October, 2019 |
| 48 | School Cleaning and Painting @GLPS | 27 th October, 2019 |
| 49 | Vigilance Awareness Week | 28 th October, 2019 |
| 50 | Pradhishedha Jwala- Protest against Walayar Verdict- MEd | 28 th October, 2019 |
| 51 | All Kerala Inter Training Collegiate Badminton Championship | 30 th October, 2019 |
| 52 | Keralapiravi | 1 st November, 2019 |
| 53 | M.Ed Association Inauguration | 2 nd November, 2019 |
| 54 | Kaliyangu | 4 th November, 2019 |
| 55 | English Association Inauguration | 6 th November, 2019 |
| 56 | Snehapathra Kaimattam | 6 th November, 2019 |
| 57 | State Level Workshop on UGC Fixation | 9 th November, 2019 |
| 58 | National Education Day by M.Ed | 11 th November, 2019 |
| 59 | National Education Day-One Week Programme | 14 th -21 st November, 2019 |
| 60 | Childrens Day | 14 th November, 2019 |
| 61 | Pradhishedhakootazhma- Protest on Demanding a Transparent Investigation | 14 th November, 2019 |
| 62 | Navaprabha | 14 th November, 2019 |
| 63 | National Constitution Day by M.Ed | 26 th November, 2019 |
| 64 | Community Living Camp | 26 th November, 2019 |
| 65 | Training for Counselors | 27 th November, 2019 |
| 66 | Physical Science Association Inauguration | 4 th December, 2019 |
| 67 | Munnorukkam- Releasing of Digital Question paper by M.Ed | 5 th December, 2019 |
| 68 | Panorama- Classroom Theatre Practice | 11 th December, 2019 |
| 69 | Workshop on Preparation of In-Service Teacher Training Module | 12 th December, 2019 |
| 70 | Human Rights Day | 12 th December, 2019 |
| 71 | Breast Cancer Awareness Programme | 12 th December, 2019 |
| 72 | Batch Alumni Meet | 14 th December, 2019 |
| 73 | Kaliyangu-Panorama | 18 th December, 2019 |
| 74 | Protest against NRC & CAA | 19 th December, 2019 |
| 75 | Christmas Day Celebration @ FTC | 20 th December, 2019 |
| 76 | Christmas and New year Celebration @GLPS | 1 st January, 2020 |
| 77 | Dialysis Centre Inauguration | 11 th January, 2020 |
| 78 | Palliative Day | 15 th January, 2020 |
| 79 | IQAC Orientation on NAAC Reaccreditation | 17 th January, 2020 |
| 80 | Hridayapoorvam- Handovering fund to Dialysis centre by Irfan | 17 th January, 2020 |
| 81 | PTA Family Meet | 25 th January, 2020 |
| 82 | SIP Launch | 25 th January, 2020 |
| 83 | Republic Day @ FTC | 26 th January, 2020 |
| 84 | Republic Day @GLPS | 26 th January, 2020 |



Prof. (Dr.) T. Mohamed Saleem
Principal
Farook Training College
P.O. Farook College, Kozhikode



Zms
Principal
Farook Training College
P.O. Farook College (Calicut)

| | | |
|-----|--|--|
| 85 | Face 2 Face- Women Empowerment | 2 nd February, 2020 |
| 86 | Food Fest @GLPS | 4 th February, 2020 |
| 87 | Pothichoru | 5 th February, 2020 |
| 88 | Talents Day & PTA Meet @ GLPS | 6 th February, 2020 |
| 89 | Campus Placement Drive | 14 th February, 2020 |
| 90 | State Level Meet With Destitute Blinds | 25 th February, 2020 |
| 91 | Fine Arts Day | 27 th February, 2020 |
| 92 | Annual Sports Meet | 4 th March, 2020 |
| 93 | Academic Writing Workshop | 5 th March, 2020 |
| 94 | Padanolsavam | 6 th March, 2020 |
| 95 | International Womens Day | 9 th March, 2020 |
| 96 | Participatory Training on Mentimeter | 9 th March, 2020 |
| 97 | Awareness Programme on Corona Virus- by M.Ed | 10 th March, 2020 |
| 98 | Alumni Fund Handovering | 16 th – 19 th March, 2020 |
| 99 | College Magazine Release | 26 th March, 2020 |
| 100 | Battle Handovering from Dr. CAJ to Dr. MS | 31 st March, 2020 |
| 101 | Farewell to Dr. CAJ by MEd students | 31 st March, 2020 |
| 102 | Winners of Thunjan Literary Quiz Competition | 6 th -12 th February, 2020 |
| 103 | PhD Awards | Upto 22 nd January,2020 |



Prof. (Dr.) T. Mohamed Saleem
Principal
Farook Training College
P.O. Farook College, Kuttanadu



TMS
Principal
Farook Training College
P.O. Farook College (Kuttanadu)

List of Quality Initiatives Undertaken by IQAC

2020-2021



Zms
Principal
Farook Training College
No. Farook College (Calicut)

QUALITY INITIATIVE TAKEN BY IQAC DURING 2020-21

| SL No. | NAME OF PROGRAMMES | Month & Year |
|--------|---|---|
| 1 | Lockdown Online Quiz Competition –Covid 19 | 17 th April 10 th May 2020 |
| 2 | Habitat Photography Contest (Organized by College Union) | 19 th April 2020 |
| 3 | Covid 19 Online Quiz & Awareness Programme | 7 th May – 21 st May 2020 |
| 4 | FTCIA –DPLP | 8 th May 2020 |
| 5 | FTCIA DPLP Coursera | 12 th May- 1 st December 2020 |
| 6 | FTCIA Fitness Challenge | 18 th May 2020 |
| 7 | FTC- EMC | 22 nd May 2020 |
| 8 | Taking Charge as Principal- Dr. T Mohammed Saleem | 1 st June 2020 |
| 9 | Titling Ceremony of FTC Youtube Channel | 1 st June 2020 |
| 10 | Orientation Programme on Google Classroom for Teachers | 3 rd June 2020 |
| 11 | Orientation Programme on Google Classroom for Students | 4 th June 2020 |
| 12 | World Environmental Day | 5 th June 2020 |
| 13 | Participatory Training on MOODLE | 24 th - 25 th June 2020 |
| 14 | Natura Ormathanal Project (with Kerala Forest Dept) | 25 th June 2020 |
| 15 | Natura Smrithimaram Project | 26 th June 2020 |
| 16 | Farewell to B.Ed 2018-20 Batch | 26 th June 2020 |
| 17 | Dr. MPG taking Charge as New IQAC Coordinator | 29 th June 2020 |
| 18 | TV Challenge by MEd | 30 th June 2020 |
| 19 | PhD Open Deference and Viva of Ms. Suneera | 7 th July 2020 |
| 20 | PhD Open Deference and Viva of Mr. Rajithlal | 7 th July 2020 |
| 21 | Training on Moodle- Gnomio for Students | 12 th July 2020 |
| 22 | Teachers for Today and Tomorrow | 13 th July 2020 |
| 23 | Experiential Learning Programme With MOODLE- Gnomio | 14 th July 2020 |
| 24 | Webinar on Edutools | 22 nd July 2020 |
| 25 | PhD RAC Meeting | 23 rd July 2020 |
| 26 | Webinar on Cardio Dance Aerobics | 24 th July 2020 |
| 27 | PhD Pre Submission- Mr. Muneer & Ms. Binita | 29 th July 2020 |
| 28 | Webinar on Emotional Intelligence | 29 th July 2020 |
| 29 | Webinar on The Science Teacher- Meet with a Master | 30 th July 2020 |
| 30 | Fitness Challenge (Virtual Zumba) | 30 th July 2020 |
| 31 | FTC Youtube Logo Design Contest | 31 st July 2020 |
| 32 | Webinar on Meet with Teacher | 4 th August 2020 |
| 33 | Webinar on Teaching Science Interestingly- | 6 th August 2020 |
| 34 | Online Quiz competition in connection with "Hiroshima Nagasaki Day"- Social Science Association | 9 th August 2020 |
| 35 | Independence Day Celebration-Social Science Association | 15 th August 2020 |
| 36 | Webinar on Mental Wellbeing of Children during Covid 19 | 15 th August 2020 |
| 37 | NEP Discussion among Staff Members | 17 th Aug- 19 th Aug, 2020 |
| 38 | AVENEWS 2020-Web talk Series (By Res. Scholars) | 17 th Aug- 20 th August, 2020 |
| 39 | Social Science Association Inauguration | 19 th August 2020 |
| 40 | Mobile Photography- (By Socio Sapiens) | 20 th August 2020 |



Prof. (Dr.) T. Mohamed Saleem
Principal
Farook Training College
PO Farook College, Kozhikode



Principal
Farook Training College
PO. Farook College (Calicut)

| | | |
|----|--|---|
| 41 | Web Talk- Post Covid New World....A rethinking | 21 st August 2020 |
| 42 | Webinar on Research & Publication Ethics | 27 th August 2020 |
| 43 | PhD Pre-submission of Mr. Rishad & Ms. Irshana | 27 th August 2020 |
| 44 | Padanopakarana Vidaranam @ GLPS Karinkallai | 27 th August 2020 |
| 45 | Onam Celebration @ FTC | 28 th Aug-2 nd Sept, 2020 |
| 46 | National Sports Day-Virtual Run | 29 th August 2020 |
| 47 | 'Assiriyar Vazhthukal'- Teachers Day | 5 th September 2020 |
| 48 | Five Days Online Orientation for NET Aspirants | 5 th - 11 th September 2020 |
| 49 | Gurudarsan Faculty Lead Innovative Programme(G-LIP) | 9 th September 2020 |
| 50 | PhD Open Defense and Viva Voce Examination of Ms. Santhikrishna C | 9 th September 2020 |
| 51 | Web Talk of -National Education Policy 2020 | 22 nd September 2020 |
| 52 | Gandhijayanthi | 2 nd October 2020 |
| 53 | FTCIA Recruitment Drive with Edleem Inspiring Edn | 3 rd October 2020 |
| 54 | International Teachers Day | 5 th October 2020 |
| 55 | Ten Days Online Enrichment Session for LPSA/UPSA Teacher Aspirants | 10 th -20 th October 2020 |
| 56 | DECCE Curriculum Development Workshop | 13 th – 15 th October 2020 |
| 57 | Forschung- Webinar Series by FTC Part time Research Scholars | 15 th October 2020 |
| 58 | Webinar on Future Techno Pedagogue | 31 st October 2020 |
| 59 | Keralapiravi | 1 st November 2020 |
| 60 | PhD Pre Submission of Mr. Ravishankar & Mr. Midhundas | 10 th November 2020 |
| 61 | National Education Day- Webinar & Book Discussion | 11 th November 2020 |
| 62 | Children's Day @GLPS Karinkalli | 14 th November 2020 |
| 63 | Online Induction Programme of BEd, MEd & Research Students | 16 th November 2020 |
| 64 | Webinar on Journalism During Covid Period | 18 th November 2020 |
| 65 | Web Talk Series- Lasaghu 2K20 (By Mathematics Association) | 25 th November 2020 |
| 66 | PhD Open Defense & Viva of Ms. Reshma PT | 30 th November 2020 |
| 67 | One Day Workshop on Poster Making by MEd Students | 1 st December 2020 |
| 68 | Honoring Dr. MS for the Best Teacher Educator Award by NCTE | 2 nd December 2020 |
| 69 | One Day Workshop on E-Certificate Creation by MEd Students | 2 nd December 2020 |
| 70 | Orientation on SAAC Accreditation | 7 th December, 2020 |
| 71 | DECCE Induction Meeting | 7 th December 2020 |
| 72 | Ten Days Online Enrichment Session for KTET Teacher Aspirants | 7 th - 18 th December 2020 |
| 73 | Familiarising Campus EPR | 10 th December 2020 |
| 74 | Condolence Meeting of Adv. Beeran Sahib | 10 th December 2020 |
| 75 | Forschung- Webinar Series by Part time Research Scholars | 18 th December 2020 |
| 76 | Online Workshop on Indian Classical Artform Odissi | 24 th -28 th December 2020 |
| 77 | X'mas & New Year Celebration | 25 th December 2020 |
| 78 | Home Lab Project @ GLPS Karinkalli School | 31 st December 2020 |
| 79 | Home Library Empowerment Project @ GLPS Karinkallai | 1 st January 2021 |
| 80 | Natura- Tree of Hope 2021 | 19 th January 2021 |
| 81 | Yoga & Fitness Programme for New BEd students | 20 th January 2021 |
| 82 | Freshers Day for MEd First Year Students | 20 th January 2021 |
| 83 | Republic Day Celebration | 26 th January 2021 |



Prof. (Dr.) T. Mohamed Saleem
Principal
Farook Training College
P.O. Farook College, Calicut



Zms
Principal
Farook Training College
P.O. Farook College (Calicut)

| | | |
|-----|---|---|
| 84 | EMC- Formation of Covid Cell | 22 nd February 2021 |
| 85 | Workshop on Physical Fitness by MEd Students | 22 nd February 2021 |
| 86 | Participatory Workshop on You Tube Chanel Creation | 2 nd March 2021 |
| 87 | National Science Day | 3 rd March 2021 |
| 88 | International Women's Day | 8 th March 2021 |
| 89 | Community Living Camp | 8 th -9 th , March 2021 |
| 90 | Workshop on Learning Disabilities and Methods of Teaching by Meds | 12 th March 2021 |
| 91 | Theatre Work Shop by Film Club | 15 th March 2021 |
| 92 | Talents Day- MEd & DECCE | 17 th March 2021 |
| 93 | Bidding Farewell to Dr. CA Jawahar | 18 th March 2021 |
| 94 | Placement Drive for B.Ed and M.Ed students | 18 th March 2021 |
| 95 | PhD Open Defiance of Ms. Onathara Binitha | 19 th March 2021 |
| 96 | Online Workshop on Indian Classical Artform Odissi | 20 th March 2021 |
| 97 | Workshop on Resume Making Applications by MEd Students | 23 rd March 2021 |
| 98 | B.Ed Field Trip to Munnar | 25 th March 2021 |
| 99 | Talents Day- B.Ed | 27 th March 2021 |
| 100 | Workshop on Interview Techniques by MEd Students | 29 th March 2021 |
| 101 | PhD Convocation Ceremony | 31 st March 2021 |
| 102 | Inauguration of FTC Sports Hub | 31 st March 2021 |
| 103 | College Day Celebration | 31 st March 2021 |
| 104 | Achievements of Students & Teachers during 2020-21 Academic Year | |



 Prof. (Dr.) T. Muhammed Qassem
 Principal
 Farook Training College
 PO Farook College, Kullabada




 Principal
 Farook Training College
 P.O. Farook College (Calicut)

List of Quality Initiatives Undertaken by IQAC

2021-2022




ZMS
Principal
Farook Training College
P.O. Farook College (Calicut)


LIST OF PROGRAMMES CONDUCTED BY IQAC DURING 2021-22

| SL No. | NAME OF PROGRAMMES | MONTH & YEAR |
|--------|---|--|
| 1 | Avenews 2021- One Day Workshop on Journal Finder/ Suggestion Tools and Software Tools to Identify Predatory Publications- | 4 th June 2021 |
| 2 | Distribution of Vegetable Kits at GLPS Karinkallai | 4 th June 2021 |
| 3 | Tapioca challenge by FTC Staff to provide a helping hand to Farmers | 4 th June 2021 |
| 4 | World Environmental Day | 5 th June 2021 |
| 5 | Two Days Academic Writing Workshop for Meds | 7 th - 8 th June 2021 |
| 6 | FTC Radio Guruvani- Reloaded | 8 th June 2021 |
| 7 | Clubhouse Discussion on Health Issues During Covid Pandemic | 9 th June 2021 |
| 8 | Snehapoorvam- Free Kits Distribution by Farookhabhad Staff | 11 th June 2021 |
| 9 | Web Talk: Cultural Values To Be Protected | 15 th June 2021 |
| 10 | Copa-America EURO cup Prediction Context- | 17 th - 30 th June 2021 |
| 11 | Reading Day @FTC | 19 th June 2021 |
| 12 | Reading Day @ GLPS Karinkallai | 19 th June 2021 |
| 13 | One Week Programme on Reading day @ FTC | 19 th - 24 th June 2021 |
| 14 | International Yoga Day | 21 st June 2021 |
| 15 | International Webinar on Changing Trends in Teaching- | 24 th June, 2021 |
| 16 | Radio FTC With RJ Jaisal | 26 th June 2021 |
| 17 | Students Council Inauguration | 29 th June 2021 |
| 18 | G-TWEET With Maala Parvathy | 3 rd July 2021 |
| 19 | Vaikom Muhammed Basheer Anusmaranam | 5 th July 2021 |
| 20 | Webinar on Ponnakkanda...Pennayalmathi (By Womens Cell). | 6 th July 2021 |
| 21 | Logo Release of Radio FTC- Guruvani | 11 th July 2021 |
| 22 | One day Workshop on Audio Editing | 18 th July 2021 |
| 23 | PSC Orientation Class on Social Science | 19 th July 2021 |
| 24 | Vyghari Fine Arts Fest | 19 th -25 th July 2021 |
| 25 | Eid Malhar | 21 st July 2021 |
| 26 | Ishal Eid Programme | 23 rd July 2021 |
| 27 | PhD Open Defence of Mr. Midhundas A.M | 26 th July 2021 |
| 28 | International Day Against Anti Drug | 27 th - 1 st August 2021 |
| 29 | Fine Arts Day Inauguration | 28 th July 2021 |
| 30 | Mathematics Club Inauguration | 29 th July 2021 |
| 31 | PhD Open Defense of Mr. Muneer | 30 th July 2021 |
| 32 | Condolence Meeting of Prof. Sreekandan Nair | 2 nd August 2021 |
| 33 | Launching of Digi Device Bank | 3 rd August 2021 |
| 34 | Interactive Webinar on Early Childhood Intervention | 8 th August 2021 |
| 35 | Workshop On Online Teaching Learning Tools | 8 th August 2021 |
| 36 | Interactive Web Series by Mathematics Club | 14 th August 2021 |
| 37 | Republic Day Celebration @ FTC | 15 th August 2021 |




 Principal
 Farook Training College
 P.O. Farook College (Calicut)




 Prof. (Dr.) T. Mohamed Saleem
 Principal
 Farook Training College
 P.O. Farook College, Kozhikode

| | | |
|----|---|---|
| 38 | E-Castra DECCE Community Living Camp | 15 th – 8 th August 2021 |
| 39 | Onam Celebration- Aarponam | 19 th – 22 nd August 2021 |
| 40 | National Sports Day | 29 th August 2021 |
| 41 | Workshop on Referencing With Mendeley | 29 th August 2021 |
| 42 | Anti-Drug Awareness Class | 31 st August 2021 |
| 43 | Teachers Day Celebration | 5 th September 2021 |
| 44 | College Magazine Release- Liberte Students Union | 9 th September 2021 |
| 45 | One Day Workshop on Introduction to SPSS for Statistical Analysis | 17 th September 2021 |
| 46 | PTEP- NET Orientation | 21 st September–2 nd October 2021 |
| 47 | Labeling of Trees Inside The Campus | 29 th September 2021 |
| 48 | Gandhi Jayanthi Celebration | 2 nd October 2021 |
| 49 | Blood Donation Camp on Memory of Late Ashokan Alaprath | 6 th October 2021 |
| 50 | Gender Awareness Programme | 8 th October 2021 |
| 51 | One Day Webinar on Disaster Management | 14 th October 2021 |
| 52 | Handovering Renovation Materials to GLPS Karinkallai School as Part of New Academic Beginning | 27 th October 2021 |
| 53 | Cleaning Activities at GLPS Karinkallai School As Part of New Academic Beginning | 29 th October 2021 |
| 54 | Distribution of Study Materials to GLPS Karinkallai School | 1 st November 2021 |
| 55 | Training Programme on Moodle for M.Ed and B.Ed Students of 2021-23 Batch | 10 th & 12 th November 2021 |
| 56 | National Education Day | 11 th November 2021 |
| 57 | Children's Day @ FTC | 12 th November 2021 |
| 58 | Children's Day @ GLPS Karinkallai School | 12 th November 2021 |
| 59 | DECCE Expo | 17 th November 2021 |
| 60 | Induction Meeting for M.Ed and B.Ed for the batch 2021-23 | 17 th November 2021 |
| 61 | Farewell to MEd students of 2019-21 Batch | 18 th November 2021 |
| 62 | Workshop on Module Preparation | 19 th November 2021 |
| 63 | DECCE Montessori Training Camp | 22 nd November 2021 |
| 64 | Peer Discussion of MEd Students | 24 th November 2021 |
| 65 | SAAC Visit @ FTC | 29 th -30 th November 2021 |
| 66 | Menstrual Cup Awareness Talk- | 2 nd December 2021 |
| 67 | One day Workshop on Poster Making | 6 th December 2021 |
| 68 | DECCE Field trip to Wayanad | 8 th December 2021 |
| 69 | One day Workshop on ICT | 9 th December 2021 |
| 70 | Human Rights Day Celebration | 10 th December 2021 |
| 71 | Bhoomithrasena Launching | 14 th December 2021 |
| 72 | PhD Pre submission of Anoop Thomas Alex and Shahanas E | 14 th December 2021 |
| 73 | Talents Day for B.Ed and Med | 15 th December 2021 |
| 74 | MEd Field Trip to Thonikadavu & Janakikkadud | 16 th December 2021 |
| 75 | Panorama Film Club – Switch on | 16 th December 2021 |
| 76 | Fratellanza- Farook College Campus Institutions Volleyball Sports Meet | 20 th December 2021 |
| 77 | National Mathematics Day Celebration | 21 st December 2021 |
| 78 | Hridayapoorvam- Food Distribution to Street | 22 nd December 2021 |
| 79 | Christmas Day Celebration @ GLPS School | 22 nd December 2021 |
| 80 | Christmas Day Celebration @ FTC | 23 rd December 2021 |




 Principal
 Farook Training College
 P.O. Farook College (Calicut)

| | | |
|-----|--|--|
| 81 | New Year Celebration @ FTC | 27 th December 2021 |
| 82 | Donation of Ambulance to Palliative Care | 2 nd January 2022 |
| 83 | International Web Series by SAR.GA.M Mathematics Club- | 5 th January 2022 |
| 84 | Two Days PTEP SET Online Orientation | 5 th -6 th January 2022 |
| 85 | Women Cell Talk On 'Be Strong- Mental Wellness in New Normal Period' | 10 th January 2022 |
| 86 | Fratellanza- Shuttle Badminton Championship- | 12 th January |
| 87 | FTC Radio 100 th Episode | 12 th January 2022 |
| 88 | First Aid Awareness Programme @ GLPS Karinkallai | 13 th January 2022 |
| 89 | Parorama - Classroom Theatre Practice- | 15 th January 2022 |
| 90 | Condolence meeting of Prof. Ayyappan Pillai | 18 th January 2022 |
| 91 | Republic Day Celebration @ FTC | 26 th January 2022 |
| 92 | Community Living Camp | 1 st -4 th February 2022 |
| 93 | World Wetlands Day- Online discussion | 2 nd February 2022 |
| 94 | Condolence Meeting of Jb. Ismail Sahib | 2 nd February 2022 |
| 95 | Commemorating Lata Mangeshkar | 7 th February |
| 96 | Five days Art and Drama Workshop | 7 th -11 th February 2022 |
| 97 | Coffee Talk- Sharing of Expertise | 9 th February 2022 |
| 98 | One day Workshop on SPSS-MEd Association | 10 th February 2022 |
| 99 | Coffee Talk- Sharing of Expertise | 16 th February 2022 |
| 100 | Fundamentals of photography- | 17 th February 2022 |
| 101 | Women's Cell talk on 'Yathra- Anubhavam- Orma | 18 th Feb 2022 |
| 102 | Pedagogic Visit to Calicut University Botanical Garden by NS 1 st year students | 19 th February 2022 |
| 103 | World Mother Language Day- By Malayalam Association | 21 st -23 rd February 2022 |
| 104 | Blood Donors Camp | 22 nd February 2022 |
| 105 | One day workshop on Soft skills | 23 rd February 2022 |
| 106 | One day workshop on Youtube Channel Creation | 24 th February 2022 |
| 107 | Annual Athletic Meet | 26 th February 2022 |
| 108 | PhD Pre submission of Linisha CK | 2 nd March 2022 |
| 109 | Coffee Talk- Sharing of Expertise | 2 nd March 2022 |
| 110 | SCI-TECH 2K22(Science day Celebration)-Quiz Competition | 2 nd March 2022 |
| 111 | Workshop on Improvisation of Science Teaching | 3 rd March 2022 |
| 112 | International Women's Day-Break the Bias | 8 th March 2022 |
| 113 | One Day Workshop on Analysis of Data in Quantitative Research | 10 th March 2022 |
| 114 | Anti drug awareness programme-FTCOSA & NSS | 11 th March 2022 |
| 115 | World Pi Day Celebration- Math Club | 14 th March 2022 |
| 116 | B.Ed Field Trip to Dandeli, Gokarna and Chickmangalore | 22 nd - 25 th March 2022 |
| 117 | B.Ed Field Trip to Ooty | 26 th March 2022 |
| 118 | Farewell to Dr. MPG & Dr. HK By Staff Council | 30 th March 2022 |
| 119 | Official Inauguration of NSS Unit @ FTC | 31 st March 2022 |
| 120 | Releasing of DECCE's Digital E-Magazine (E-Nitiate) | 31 st March 2022 |
| 121 | College Day Celebration for the year 2021-22 | 31 st March 2022 |
| 122 | M.Ed. Field Trip (2020-22) To Alapuzha | 1 st April 2022 |
| 123 | National Level Workshop on 'Article Writing' | 12 th April 2022 |



Tms
Principal
Farook Training College,
P.O. Farook College (Calicut)



Tms
Prof. (Dr.) T. Mohamed Saleem
Principal
Farook Training College
P.O. Farook College, Calicut

| | | |
|-----|---|--|
| 124 | PTEP- Online Orientation Programme for K-TET Aspirants | 18 th - 26 th April 2022 |
| 125 | Online FDP on 'Best Practices for Online Teaching: Classrooms, Courseware and Tools' Organised by KSHEC | 11 th -17 th May 2022 |
| 126 | One day Orientation programme on 'Recent Trends in Screening, Assessment and Management of Learning Disability' | 26 th May 2022 |
| 127 | Fareweel to Prof. (Dr.) Hassankoya, by RSA | 31 st May 2022 |




Zms
Principal
Farook Training College
P.O. Farook College, Calicut


LIST OF PROGRAMMES CONDUCTED UNDER THE NATIONAL SERVICE SCHEME (NSS) DURING 2021-22

| SL No. | NAME OF PROGRAMMES | MONTH & YEAR |
|--------|--|--|
| 1 | Celebration of World Hearing Day | 3 rd March 2022 |
| 2 | Campaign on 'Digilocker' | 5 th March 2022 |
| 3 | Women day celebration- Break the Bias | 8 th March 2022 |
| 4 | Kalichiri kanivu | 8 th March 2022 |
| 5 | Penkaruth | 8 th March 2022 |
| 6 | Anti drug awareness class | 11 th March 2022 |
| 7 | Participation in 'Pusthaka thanal' | 18 th March 2022 |
| 8 | Jeevanam | 22 nd March 2022 |
| 9 | Vidyatheeram | 22 nd March 2022 |
| 10 | Cross roads debate-1 | 6 th April 2022 |
| 11 | Arokhya nikethan @ snehatheeram - | 7 th April 2022 |
| 12 | Cross roads debate- 2 | 13 th April 2022 |
| 13 | Cross roads debate - 3 | 18 th April 2022 |
| 14 | Quiz Competition on 'Health day' | 18 th April 2022 |
| 15 | Online Arts Fest-Guernica | 15 th - 20 th May 2022 |
| 16 | Guernica online arts valedictory | 21 st May 2022 |
| 17 | Quiz competition on Biodiversity | 22 nd May 2022 |
| 18 | A biodiversity Field Trip to Tusharagiri- Kadum kattarum | 25 th May 2022 |
| 19 | Cleaning of Canal -(Kannithod cleaning) | 26 th May 2022 |
| 20 | Menstrual hygiene day video awareness - may 28 | 28 th May 2022 |
| 21 | A class on 'Menstrual hygiene' | 28 th -29 th May 2022 |
| 22 | 'No tobacco' - poster-making competition | 30 th May 2022 |
| 23 | 'No tobacco' awareness class | 31 st May 2022 |




Prof. (Dr.) T. Mohamed Salcan
Principal
Farook Training College
P.O. Farook College, Kozhikode




Principal
Farook Training College
P.O. Farook College (Calicut)

List of Quality Initiatives Undertaken by IQAC

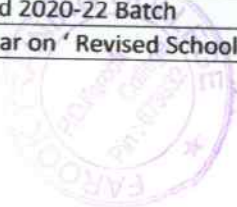
2022-2023



ZMS
Principal
Farook Training College
Co. Farook College (Calicut)

PROGRAMMES CONDUCTED BY IQAC FROM 01/06/2022 to 31/05/2023

| SL No. | NAME OF PROGRAMMES | Month & Year |
|--------|---|---|
| 1 | World Environmental Day @ Kadalundi Bird Sanctuary | 5 th June 2022 |
| 2 | World Environmental Day Celebration by Bhoomithrasena | 6 th June 2022 |
| 3 | Blood Donation Awareness Campaign in various schools in connection with World Blood Donation Day | 14 th June 2022 |
| 4 | One day workshop on Academic Writing | 16 th June 2022 |
| 5 | PhD open defense of Ms. Irshana Shahanaz | 17 th June 2022 |
| 6 | Extension Lecture on Research Methodology | 17 th June 2022 |
| 7 | Farooq Training College Distribution of learning materials to selected schools as part of 'Hridayapoorvam' project | 17 th June 2022 |
| 8 | One-day workshop on 'Edubuntu for Physical Science Teachers' by IQAC and M.Ed Association | 18 th June 2022 |
| 9 | Frontier lecture series-1 on 'Pupil & Environment' organized by Bhumithrasena of FTC in collaboration with FTCOSA | 22 nd June 2022 |
| 10 | Puthu Laharikku Oru Vottu | 24 th June 2022 |
| 11 | Frontier lecture series-2 on 'Flowers & Songs' organized by Bhumithrasena of FTC in collaboration with FTCOSA | 30 th June 2022 |
| 12 | Official Inauguration of F-talk – <i>International Frontier Lecture Series</i> | 7 th July 2022 |
| 13 | Frontier lecture series-3 on 'Introduction to Edu Ubuntu' organized by Bhumithrasena of FTC in collaboration with FTCOSA | 13 th July 2022 |
| 14 | One-day workshop on 'Geogebra' by Mathematics Association of FTC & FTCOSA | 15 th July 2022 |
| 15 | Frontier lecture series-4 on 'Know the Names- Etymology of Biological Terms' organized by Bhumithrasena of FTC in collaboration with FTCOSA | 21 st July 2022 |
| 16 | F-Talk on 21 st Century Teachers | 29 th July 2022 |
| 17 | PhD Open defense of Mr. Anoop Thomas | 3 rd August 2022 |
| 18 | Lecture on 'APA Style Referencing (7th Edition)' by IQAC & RSA | 8 th August 2022 |
| 19 | Independence Day by Socio Sapience- | 15 th August 2022 |
| 20 | Onam Celebration With Mr. Baburaj- Street Singer | 21 st August 2022 |
| 21 | Five Days Art & Drama Workshop | 22 nd – 26 th August 2022 |
| 22 | Campus Extends to Community- Distribution of Pothichoru- | 27 th August 2022 |
| 23 | Coffee tales- Sharing of Expertise-1 on 'Balancing Life and B.Ed Course' by Symbios, Natural Science Association of FTC & FTCOSA | 31 st August 2022 |
| 24 | Bhoomithrasena- Nature Walk to Kadalundi- | 21 st September 2022 |
| 25 | Frontier Lecture Series- F Talk on 'Recovery Oriented Education Programme, OOEP-What, Why and How?', | 26 th September 2022 |
| 26 | PhD Open Defense of Mr. Ravihanker M.P. | 28 th September 2022 |
| 27 | One Week Bridge Programme for B.Ed & M.Ed Students | 7 th -12 th October 2022 |
| 28 | FTC Guruvani Reloaded | 10 th October 2022 |
| 29 | Workshop on 'Module Preparation' for the second year M.Ed students | 11 th October 2022 |
| 30 | ICT Workshop on Poster Making | 13 th October 2022 |
| 31 | Honouring and Certificate Distribution to M.Ed Students- | 14 th October 2022 |
| 32 | Alumni Meet of 1987-88 B.Ed Batch | 15 th October 2022 |
| 33 | PhD Pre-submission of NC, MSK, Shafeel and Philip Joseph- | 18 th October 2022 |
| 34 | Administrative Training programme for TS & NTS- Examination Bar Code System- | 21 st October 2022 |
| 35 | Workshop on Expository Writing for M.Ed | 21 st October 2022 |
| 36 | Farewell to MEd 2020-22 Batch | 21 st October 2022 |
| 37 | National Seminar on 'Revised School Curriculum' | 26 th October 2022 |



Principal
 Farooq Training College
 P.O. Farooq College (Calicut)

| | | |
|----|---|---|
| 38 | Teacher's Recruitment Drive -A Job Fair | 31 st October 2022 |
| 39 | Farewell to Mr. Saidalavi, Head Accountant of FTC | 31 st October 2022 |
| 40 | Keralapiravi by Ikthara Malayalam Association | 1 st November 2022 |
| 41 | Workshop on 'Tool Preparation' | 5 th November 2022 |
| 42 | Orientation to 'Evaluation of answer scripts' based on New Bar Code System Implemented by the University of Calicut | 9 th November 2022 |
| 43 | K-TET Orientation | 15 th -28 th November 2022 |
| 44 | Volunteer Service of FTC Students in Feroke sub district Youth Festival | 16 th – 18 th November 2022 |
| 45 | Panorama Film Club- Classroom Theatre | 26 th November 2022. |
| 46 | Three days creative workshop of Focus Group-3 on Vision Paper of Curriculum and Pedagogy 2022- | 28 th 30 th November 2022 |
| 47 | Three days Micro Teaching Workshop | 28 th – 30 th November 2022 |
| 48 | Hridayapoorvam- A day with Prasanthi Special School Students | 29 th November 2022 |
| 49 | 200 th Episode Celebration of FTC Radio Guruvani | 1 st December 2022 |
| 50 | Photography Context 'Click' - As Part of Library Week | 5 th December 2022 |
| 51 | National Seminar on Revival of Education in India-6 December 2022 | 6 th December 2022 |
| 52 | Human Rights Day Celebration at FTC | 9 th December 2022 |
| 53 | Human Rights Day Celebration with Street Children | 10 th December 2022 |
| 54 | Union Inauguration | 13 th December 2022 |
| 55 | One-Day Workshop on 'Soft Skills | 15 th December 2022 |
| 56 | Five days Workshop on Second Phase of Micro Teaching | 15 th – 19 th December 2022 |
| 57 | Frontier Lecture Series-5 by Symbios | 21 st December 2022 |
| 58 | National Mathematics Day | 22 nd December 2022 |
| 59 | Christmas day Celebration- | 23 rd December 2022 |
| 60 | Christmas Celebration- Special Episode of Radio Guruvani | 23 rd December 2022 |
| 61 | Alumi Meet of 1994-95 Batch - Soulmates'95 | 2 nd January 2023 |
| 63 | F-Talk- Interactive Session with Representatives of Azim Premji University | 6 th January 2023 |
| 64 | Hridayapoorvam- Distribution of Blankets | 10 th January 2023 |
| 65 | Community Living Camp | 24 th – 27 th January 2023 |
| 66 | National Voters Day Pledge | 24 th January 2023 |
| 67 | Employee welfare programme on Financial Management and Banking services. | 25 th January 2023 |
| 68 | F-Talk on ' Professionalising Teacher-Global Perspective' | 1 st February 2023 |
| 69 | Webinar on Comparative Education India and Maldives- | 4 th February 2023 |
| 70 | Hats off to K-TET achievers | 4 th February 2023 |
| 71 | K-TET Orientation | 15 th - 28 th February 2023 |
| 72 | One-week short Term Course on Inclusive Education (Similar to MOOC) | 20 th -26 th February 2023. |
| 73 | F-Talk- Global Science for Global Well-being- National Science Day Celebration | 22 nd February 2023 |
| 74 | Expert Lecture on "Creative Teaching' | 22 nd February 2023 |
| 75 | Campus Recruitment 2023- MAGE Hybrid Learning | 24 th February 2023 |
| 76 | Three days Workshop on Preparation of Teaching and Learning Materials- | 6 th -8 th March 2023 |
| | Workshop on Geogebra by Mathematic Association | 9 th March 2023 |
| 77 | First Year B.Ed Field Trip to Ooty | 13 th March 2023 |
| 78 | One day Workshop on Gender Perspectives in Malayalam Language Text Books | 14 th March 2023 |
| 79 | Web Talk Series by M.Ed Association-Redefining and Reconceptualizing ICT | 14 th March 2023 |
| 80 | World Pi Day Celebration- SAR.GA.M Mathematics Club | 14 th March 2023 |
| 81 | PhD Open Defence of Mr. Rishad KT | 20 th March 2023 |



Principal
Farook Training College
P.O. Farook College (Calicut)

**Programmes Conducted by
NSS
During 2022-23**



Zms
Principal
Farook Training College
P.O. Farook College (Calicut)

INDEX- NATIONAL SERVICE SCHEME UNIT NO : 263 APRIL 1st 2022 TO JULY 31st 2022

| Sl No | Name Of Programmes | Month & Year | Resource Person/ Collaboration | Type Of Programme |
|-------|--|---------------------------|---|--|
| 20 | Pravesanolsav - Distribution Of Study Materials. | 1 st June 2022 | NSS volunteers @GLP School Karinkallayi | School Adoption Project |
| 21 | Vidhyatheeram Project | 2 nd June 2022 | NSS volunteers @GLP School Karinkallayi | School Adoption Project/Ed ucation Extension |
| 22 | Vidhyatheeram Project | 3 rd June 2022 | NSS volunteers @GLP School Karinkallayi | School Adoption Project/Ed ucation Extension |
| 23 | Fit Ride : Bicycle Training- Inauguration | 3 rd June 2022 | NSS Volunteers | Health And Fitness/Car bon Neutral Campus |
| 24 | Environment Day Celebration. Plastic Waste Free Campus. Documentary Show. Memory Tree | 5 th June 2022 | Bhoomitrasena | Environme nt/Nature |
| 25 | Njangalum Krishiyilek Campaign | 6 th June 2022 | Krishi Bhavan,Particiatory village- Vazhayoor Panchayat | Agricultur al Initiative/P articiatory |



Prof. Dr. T. Mahamed Samad
Principal
Farook Training College
P.O. Farook College, Calicut



Principal
Farook Training College
P.O. Farook College (Calicut)

| | | | | |
|----|---|---------------------------|--|--|
| | | | | village |
| 26 | Vidhyatheeram Project | 6 th June 2022 | @GLP School Karinkallayi | School Adoption Project |
| 27 | Njangalum Krishiyilek Momento | 7 th June 2022 | T.V Ibrahim MLAVazhayoor Panchayat | Agricultur al Initiative/P articiary village |
| 28 | “Ocha” Talk Contest - Cross Roads Debate Club | 7 th June 2022 | NSS Volunteers | Dabate Club/Stude nt Leadership Activity |
| 29 | Awareness Class On World Food Safety Day. | 7 th June 2022 | @ Farook LP School, Ganapath AUP School, G.L.P.S Karinkallai, Azhinjilam A.U.P School | Food And Nutrition |
| 30 | Food Safty Day - Online Awareness class “Food Safty Management System” | 7 th June 2022 | Pradeep Kumar V.K (Assistent Commissioner Food Safty Department Palakkad) | Food And Nutrition/ Hygiene |
| 31 | Vidhyatheeram Project | 8 th June2022 | NSS Volunteers@ GLPS,Karinkallayi | School Adoption |
| 32 | Salgira:Letters Of Love | 8 th June 2022 | NSS Volunteers | Book Donation |
| 33 | Digital Poster Making Competition On World Ocean Day | 8 th June 2022 | NSS Volunteers | ICT/Day Celebratio n |
| 34 | Vidhyatheeram Project | 9 th June 2022 | NSS Volunteers@ GLPS,Karinkallayi | School Adoption |
| 35 | Workshop On Poster Making | 9 th June 2022 | Mr.Nivedh K.R(Student Scholar) | ICT/Stude nt Leadership Activity |




 Farook Training College
 P.O. Farook College (Calicut)

| | | | | |
|----|-------------------------------------|----------------------------|--|---|
| 36 | Friday Dry day: Anti Mosquito Day | 10 th June 2022 | NSS Volunteers | Cleaning/ Health and Hygeine/ Day Celebration |
| 37 | Vidhyatheeram Project | 10 th June 2022 | NSS Volunteers@ GLPS, Karinkallayi | School Adoption |
| 38 | Vidhyatheeram Project | 13 th June 2022 | NSS Volunteers@ GLPS, Karinkallayi | School Adoption |
| 39 | Awareness Class On Blood Donors Day | 14 th June 2022 | Swathy & Shafna (NSS Volunteers) @ G.H.S.S, Balussery | Blood Donation/ Student Leadership Activity |
| 40 | Awareness Class On Blood Donors Day | 14 th June 2022 | Disha (NSS Volunteer) @ G.V.H.S.S, Cheruvannoor | Blood Donation/ Student Leadership Activity |
| 41 | Awareness Class On First Aid | 14 th June 2022 | Shamna & Nidha (NSS Volunteers) @ G.G.V.H.S.S, Feroke | First Aid Awareness / Student Leadership Activity |
| 42 | Awareness Class On Blood Donors Day | 14 th June 2022 | Naja Mehajebin & mariya Sunny (NSS Volunteers) @ Sevamandir P.B.H.S.S | Blood Donation/ Student Leadership Activity |
| 43 | Awareness Class On Blood Donors Day | 14 th June 2022 | Jasna, Jishna & Ashitha (NSS Volunteers) @ S.H.M.G.V.H.S.S, Edavanna | Blood Donation/ Student Leadership Activity |
| 44 | Awareness Class On Blood | 14 th June 2022 | Harsha & Srijila | Blood Donation/ Student Leadership Activity |



Prof. (Dr.) T. Mohamed Saleem
Principal
Farook Training College
P.O. Farook College, Calicut

MS
Principal

Farook Training College
P.O. Farook College (Calicut)

| | | | | |
|----|---|----------------------------|--|--|
| | Donors Day | | (NSS Volunteers) @ G.H.S.S, Pookottumpadam | tudent Leadership Activity |
| 45 | Mansoon Diseases& Environmental Sanitation- Awareness Class | 14 th June 2022 | NSS Volunteers @G.L.P.S, Karinkallayi | Health And Hygiene/St udent Leadership Activity |
| 46 | Special Selfimaram Project | 15 th June 2022 | NSS Volunteers @G.V.H.S.S , Cheruvannur | Environme nt/Nature |
| 47 | Special Selfimaram Project | 15 th June 2022 | NSS Volunteers @S.H.M.G.V.H.S.S, Edavanna | Environme nt/Nature |
| 48 | Special Selfimaram Project | 16 th June 2022 | NSS Volunteers @H.S.S ,Kunnaman gulam | Environme nt/Nature |
| 49 | Special Selfimaram Project | 17 th June 2022 | NSS Volunteers @F.H.S.S ,Feroke | Environme nt/Nature |
| 50 | Special Selfimaram Project | 17 th June 2022 | NSS Volunteers @G.G.V.H.S.S , Feroke | Environme nt/Nature |
| 51 | Special Selfimaram Project | 17 th June 2022 | NSS Volunteers @ G.H.S.S, Balussery | Environme nt/Nature |
| 52 | Special Selfimaram Project | 17 th June 2022 | NSS Volunteers @G.H.S.S , Pookottumpadam | Environme nt/Nature |
| 53 | Special Selfimaram Project | 17 th June 2022 | NSS Volunteers @G.V.H.S.S, Meenchantha | Environme nt/Nature |
| 54 | Special Selfimaram Project | 17 th June 2022 | NSS Volunteers @G.V.H.S.S, | Environme nt/Nature |



Prof. Dr. T. Mohamed Saleem
Principal
Farook Training College
P.O. Farook College, Calicut



Zmy
Principal
Farook Training College
P.O. Farook College (Calicut)

| | | | | |
|----|--|----------------------------|---|---|
| | | | Nadakkavu | |
| 55 | Special Selfi Maram Project | 17 th June 2022 | NSS Volunteers @S.P.B.H.S.S, Ramanattukara | Environment/Nature |
| 56 | Awareness Class On First Aid | 17 th June 2022 | Sreelekha & Shanti (NSS Volenteers) @G.V.H.S.S, Nadakkavu | First Aid Awareness /Student Leadership Activity |
| 57 | Fit Ride : Cycle Training Project | 17 th June 2022 | Uvais & Semeena (NSS Volenteers) @F.H.S.S, Feroke | Health And Fitness/Carbon Neutral Campus |
| 58 | Anchu Dhinam Anchu Kadha - Vayanavaraacharanam | 20 th June 2022 | Subisha . E (NSS Volenteer) | Reading Day Celebration/Student Leadership Activity |
| 59 | Special Selfi Maram Project | 20 th June 2022 | NSS Volunteers @ S H M G V H S S Ramanattukara | Environment/Nature |
| 60 | Special Selfi Maram Project | 20 th June 2022 | NSS Volunteers @ P.P.M.H.S.S, kottukara | Environment/Nature |
| 61 | International Yoga Day "Yoga For Humanity" | 21 st June 2022 | Smt.S Bindhu(Yoga Trainer Sivananda International School of Yoga) Ms.Roshna Pradeep (Morarji dasi National Institute of Yoga) | Health And Fitness |
| 62 | Anchu Dhinam Anchu Kadha - Vayanavaraacharanam | 21 st June 2022 | Naja Majabin (NSS Volenteer) | Reading Day Celebration/Student |



Prof. Dr. T. Mahamed Saleem
Principal
Farook Training College
P.O. Farook College, Calicut



ZMS
Principal
Farook Training College
P.O. Farook College (Calicut)

| | | | | |
|----|---|--|--|---|
| | | | | Leadership Activity |
| 63 | Mixtape : Music Day Celebration | 21 st June 2022 | Ms. Aswathy.K.K (Assistent Professor of performing arts Farook Training College) | Day Celebration/Cultural Activity |
| 64 | Aaradhyam Paadum Musical Game Show | 21 st June 2022 | Ms. Aswathy.K.K (Assistent Professor of performing arts Farook Training College) | Day Celebration/Cultural Activity |
| 65 | Chodhyapetti Competition-Vayanavaaraaghosham | 21 st June 2022 | NSS Volenteers | Day Celebration/Cultural Activity |
| 66 | Dina Yoga :Yoga For Harmony. Yogasana Competition | 21 st June 2022 To 25 th June 2022 | Ministry of youth and sports affairs, Fit India Movement , Ministry of AYUSH & NSS India | University Level Program/Yoga Health And Fitness |
| 67 | Anchu Dhinam Anchu Kadha - Vayanavaraacharanam | 22 nd June 2022 | Dhanya (NSS Volenteer) | Reading Day Celebration/Student Leadership Activity |
| 68 | Hyku Kavitha Competition | 22 nd June 2022 | NSS Volunteers | Day Celebration |
| 69 | Lecture series-Birds & Songs | 22 nd June 2022 | Dr. Kishore Kumar (HOD Botony department Farook College) | Biodiversity/Environment/Nature |
| 70 | Anchu Dhinam Anchu Kadha - Vayanavaraacharanam | 23 rd June 2022 | Sinobiya (NSS Volenteer) | Reading Day Celebration/Student Leadership Activity |



Prof. Dr. T. Mohan Kumar
Principal
Farook Training College
K.O. Farook College, Calicut



Zmj.
Principal
Farook Training College
P.O. Farook College (Calicut)

| | | | | |
|----|---|----------------------------|---|---|
| 71 | "Hello Mike Testing" | 23 rd June 2022 | Ms.Anoop (Student Scholar) | Student Leadership Activity |
| 72 | Kids & Olympics International Olympic Day Celebration | 23 rd June 2022 | NSS Volunteer @G.L.P.S ,Karinkallayi | Health And Fitness/School Adoption Project |
| 73 | "Ninja" Fun Game Contest - Cross Road Debate Club | 23 rd June 2022 | NSS Volunteers | Debate Club/Student Leadership Activity |
| 74 | Puthulaharik Oru Vote - Campaign | 24 th June 2022 | Kozhikode District Administration & Nasha Mukta Barath | Tobacco/Anti Drug Awareness /State level |
| 75 | Anchu Dhinam Anchu Kadha - Vayanavaraacharanam | 24 th June 2022 | Ayswarya Alex (NSS Volunteer) | Reading Day Celebration/Student Leadership Activity |
| 76 | "Puthakathil Oru Nidhi"- Treasure Hunt | 24 th June 2022 | NSS Volunteers | Day Celebration |
| 77 | Volunteers Orientation Class | 25 th June 2022 | DR. Moideenkutty (HOD Arabic Department University of Calicut) | Unit Level |
| 78 | Salgira Letters Of Love | 26 th June 2022 | NSS Volunteers | Book Donation |
| 79 | Training Programme On "Child Friendly Initiatives". Class On Pocsu Act & Juvenile Justice Act.Class On Introduction To Child Line. | 28 th June 2022 | District Legal Services Authority and child line nodal Organization by District Sub Judge Mr.Shyjal K | Child care And Legal Awareness |
| 80 | Salgira:Letters of Love | 28 th June 2022 | NSS Volunteers | Book Donation |



Principal
Farook Training College
P.O. Farook College (Calicut)

| | | | | |
|----|--|----------------------------|--|--|
| 81 | Salgira:Letters of Love | 29 th June 2022 | NSS Volunteers | Book Donation |
| 82 | Revive:Music Therapy & Counselling - Inauguration | 30 th June 2022 | Ms. Aswathy.K.K (Assistent Professor of performing arts Farook Training College) Ms. Athira .P (Clinical Psychologist) @ Kaniv Special School | Special School Activities/ Therapy And Counselling |
| 83 | Flowers And Songs- Lecture series | 30 th June 2022 | Dr. K. Kishore Kumar(HOD Department of Botony Farook College) Bhoomitrasena And Natura | Biodiversit y/Environ ment/Natura e |
| 84 | Vana Maholsav - District Level Inauguration | 1 st July2022 | Mr.Suresh.K(Municipal vice chairman, Ramanattukara) Mr.Sunil Kumar.K (Assistant Conservator of Forests Extension Division & Forest Department | District Level/foret,Environm ent,Nature |
| 85 | Training Programme On "Child Friendly Initiatives". Topic: Child Rights | 2 nd July 2022 | Adv. Babitha Balraj Balavakasa Commission, Childline nodal Organisation | Legal Awareness /Women And Child Carc |
| 86 | Baarish Two Day Residential Camp. Day 1: *Child Friendly Initiative | 2 nd July 2022 | Mr.Fasalul Abid (Assistent Professor Farook Training College) Mrs.Fathima Jascena (Assistent Professor Farook Training | Residential Camp/Agri culture/Me dicinal Garden |



Prof. Dr. T. Mohammed Saleem
Principal
Farook Training College
P.O. Farook College, Calicut

Zmg
Principal
Farook Training College
P.O. Farook College (Calicut)

| | | | | |
|----|--|----------------|--|---|
| | *Medicinal Garden *Group Dynamics & Cultural Programs | | College) NSS Volunteers | |
| 87 | Baarish Two Day Residential Camp. Day 2: *Morning Walk To Chaaliyar *Agricultural Activities *Campus Work | 3rd July 2022 | NSS Volunteers | Residential Camp/Agri culture/Medicinal Garden |
| 88 | Basheer Day Celebration | 6th July 2022 | NSS Volunteers @GLPS , Karinkallayi | Day Celebration |
| 89 | Awareness Class On Zoonotic Diseases | 6th July 2022 | Ms.Shabana.V (Student Scholar) | Health And Hygeine |
| 90 | Troll Making Competition : On World Population Day | 11th July 2022 | NSS Volunteers | Day Celebration |
| 91 | Salgira Letters Of Love | 13th July,2022 | NSS Volunteers | Book Donation |
| 92 | Three Week of Revive:Music Therapy & Counselling | 14th July,2022 | Ms. Aswathy.K.K (Assistant Professor of performing arts Farook Training College) | Special School Activities/ Therapy And Counselling |
| 93 | Emote - Make an Emoji | 17th July 2022 | NSS Volunteers | Unit Lvcl |
| 94 | Mazhavillu - Kanivu School Decoration Of Classrooms And Walls With Painting | 18th July 2022 | Mr. Subhash Chalil (Assistant Professor Visual Arts Farook Training College) | Student Leadership Program/Special School Activity/Disability |
| 95 | Disa Career Counselling And | 18th | Dr. Muhammed K.V(Assitent | Participatory |



Prof. Dr. T. Mohd. Sadek
Principal
Farook Training College
P.O. Farook College, Kallayil



ZMS
Principal
Farook Training College
P.O. Farook College (Calicut)

| | | | | |
|-----|--|----------------------------|---|---|
| | Motivation Class | July ,2022 | Professor School of Pedagogical Sciences MG University @ Vazhayoor Service Cooperative bank auditorium) | Village/Ed ucation Extension |
| 96 | Library Renovation And Cleaning | 19 th July 2022 | NSS Volunteers @ Govt. Mental Health centre Kuthiravattom | Student Leadership Activity/Field Visit/Painting and Beautification Project |
| 97 | Thelicham - Rakshaakartru Shakthikaranam Padhathi | 20 th July 2022 | Dr.Jouhar Munavvir.T (Assistent Professor Farook Training College) | Participatory Village/Ed ucation Extension/ Parenting |
| 98 | Thelicham - Parent Empowerment project Inauguration | 20 th July 2022 | Mr.T.P Vasudevan Master(Vazhayoor Grama Panchayat President) Dr.Muhammed Shareef .K(Assistent Professor Farook Training College) | Participatory Village/Ed ucation Extension/ Parenting |
| 99 | “What If”- Sentence writing competition You Are The First One Who Landed On The Moon, What Will You Say | 21 st July 2022 | NSS Volunteers | Day Celebration |
| 100 | Chart Making Competition On Moon Day | 21 st July 2022 | NSS Volunteers | Day Celebration |
| 101 | Salgira : Letters of Love | 21 st July 2022 | NSS Volunteers | Book Donation |



Prof. Dr. T. Muhammed Saleem
Principal
Farook Training College
P.O. Farook College, Calicut



Handwritten signature
Farook Training College
P.O. Farook College (Calicut)

| | | | | |
|-----|--|----------------------------|---|---|
| 102 | Salgira : Letters of Love | 21 st July 2022 | NSS Volunteers | Book Donation |
| 103 | Nature Conservation Day Conservation Of Trees | 28 th July 2022 | NSS Volunteers | Day Celebration/Forest Environment and Nature |
| 104 | “Appuppan Thadi”- Field visit to Children’s Home | 30 th July 2022 | @Children's Home Kozhikode, Gender Park Mahilamandiram, Saghi- One stop center & HCMC | Special School Activities/Institution Painting and Beautification Project |



Prof. (Dr.) T. Muhammed Saleem
Principal
Farook Training College
P.O. Farook College, Kozhikode



Zms
Principal
Farook Training College
P.O. Farook College (Calicut)

INDEX- NATIONAL SERVICE SCHEME NSS UNIT NO : 263 AUGUST 1ST 2022 TO NOVEMBER 31ST 2022

| SI No | Name Of Programmes | Month & Year | Resource Person/ Collaboration | Type Of Programme |
|-------|--|------------------------------|---|--|
| 105 | “Cliq”- Online Treasure hunt on World Wide Web Day | 1 st August,2022 | NSS Volunteers | Day Celebration |
| 106 | Thelicham Project Implemented For The Empowerment Of Parents Of The School Students | 2 nd August 2022 | Dr.Mohamed Shareef.K (Assistent Professor Farook Training Collage) @ A.M.L.P.S , Kakkov | Participatory Village/Ed uation Extension/ Parenting |
| 107 | Revive “Rhythm Of Relief” Music Therapy & Counselling | 2 nd August 2022 | Ms. Aswathy.K.K (Assistent Professor of performing arts Farook Training College) | Special School Activities/T herapy And Counselling |
| 108 | “Hirosakhi” Hiroshima- Naghasakhi Day Observation | 5 th August 2022 | Mr. T.P Vasudevan Master(President Vazhayoor Grama Pnachayat) | Day Celebration /Education Extension |
| 109 | Quiz Competition- Quit India Movement Day | 9 th August 2022 | Ministry of Information & Broadcasting Central Bureau of Communication NSS Volunteers | Day Celebration / Azadi Ka Amrut Mahotsav |
| 110 | Thelicham Project Implemented For The Empowerment Of Parents Of The School Students | 11 th August 2022 | Dr.Jouhar Munavvir.T (Assistent Professor Farook Training College) @ A.M.U.P.School Puthur Pallikkal | Participatory Village/Ed uation Extension/ Parenting |
| 111 | Freedom Wall:Azadhi Ka Amrit Maholsav 75 th Independence Day Celebration | 11 th August 2022 | Ministry Of Information And Broadcasting Central Bureau of Communication, Gov | National Level/Wall Painting Beautificati on |



Prof. (Dr.) T. Mohamed Saleem
Principal
Farook Training College
P.O. Farook College, Kakkov



TMS
Principal

Farook Training College
P.O. Farook College (Calicut)

| | | | | |
|-----|---|------------------------------|--|--|
| | | | .of India | Project/Day Celebration / Azadi Ka Amrut Mahotsav |
| 112 | Versification - 75 th Independence Day Celebration | 11 th August 2022 | Ministry of Information & Broadcasting Central Bureau of Communication NSS Volunteers | National Level/Day Celebration / Azadi Ka Amrut Mahotsav |
| 113 | Essay Writing Competition - 75 th Independence Day Celebration | 11 th August 2022 | Ministry of Information & Broadcasting Central Bureau of Communication NSS Volunteers | National Level/Day Celebration / Azadi Ka Amrut Mahotsav |
| 114 | Inaugural Session Of Azadhi Ka Amrith Maholsav & Har Ghar Thirang with Puppet Drama | 12 th August 2022 | Mr.Prajith Kumar(Field Officer, Ministry of Information & Broadcasting, F.O,Wayand) Mr.Sunil Pattimattom& Team(Vision of Life,Thiruvananthapuram) | National Level/Day Celebration / Azadi Ka Amrut Mahotsav |
| 115 | Elocution Competition- 75 th Independence Day Celebration | 12 th August 2022 | Ministry of Information & Broadcasting Central Bureau of Communication NSS Volunteers | National Level/Day Celebration / Azadi Ka Amrut Mahotsav |
| 116 | Patriotic Song Competition | 12 th August 2022 | Ministry of Information & Broadcasting Central Bureau of Communication NSS Volunteers | National Level/Day Celebration / Azadi Ka Amrut Mahotsav |
| 117 | “Quizzpendence”- | 12 th August | Ministry of Information & | National Level/Day |



Prof. (Dr.) T. Muhammed Bassem
Principal
Farook Training College
P.O. Farook College, Kuttanadu



Zmy
Principal
Farook Training College
P.O. Farook College (Calicut)

| | | | | |
|-----|--|--|--|---|
| | Quiz Competition | 2022 | Broadcasting Central Bureau of Communication NSS Volunteers | Celebration / Azadi Ka Amrut Mahotsav |
| 118 | Digital Album Making Competition - The Topic "From 57 To 47" | 14 th August 2022 | Ministry of Information & Broadcasting Central Bureau of Communication NSS Volunteers | National Level/Day Celebration / Azadi Ka Amrut Mahotsav |
| 119 | 75 th Independence Day Celebration | 15 th August 2022 | Ministry of Information & Broadcasting Central Bureau of Communication NSS Volunteers @ GLPS Karinkallayi | National Level/Day Celebration / Azadi Ka Amrut Mahotsav |
| 120 | Photography Competition On World Photography Day | 19 th August 2022 | NSS Volunteers | Day Celebration /Institution Level Competitio n/Cultural Activity |
| 121 | Digital Poster Making Competition "National Integrity & Communal Harmony." On Sadbhavanadiwas. | 20 th August 2022 | NSS Volunteers | Day Celebration /Institution Level Competitio n/Cultural Activity/Na tional Integration |
| 122 | Art & Drama Workshop *An Introduction To The World Of Sounds *Creative Teacher | 22 nd August 2022 To 26 th August 2022 | Aswathy K (Assistant Professor, FTC) Subash Chalil (Assistant Professor, FTC) Krishna Kumar | Art And Drama/Mus ic |



[Signature]
Principal
Farook Training College
No. Farook College (Calicut)

| | | | | |
|-----|---|-------------------------------|---|-------------------------------------|
| | *Music Integrated | | Kizhisseri (Artist) | |
| | Pedagogy | | Arjun (Research Scholar, University of Calicut) | |
| | *Art Of Teaching | | | |
| | *Welcome To Doll's House | | | |
| | * Art Integrated Pedagogy | | | |
| | *Drama Presentation | | | |
| | * Art Integrated | | | |
| 123 | "Gadika" - Folklore Day Celebration | 23 rd August, 2022 | NSS Volunteers | Day Celebration |
| 124 | Salgira: Letters Of Love | 25 th August, 2022 | NSS Volunteers | Book Donation |
| 125 | National Sports Day Celebration | 29th August, 2022 | JB.C A Ummer Koya (Treasurer, FT C Management Committee) | Day Celebration/ Physical Education |
| 126 | Dina Yoga & Gournica Prize Distribution | 30 th August 2022 | Dr.Soni T.L (NSS Programme Coordinator University of Calicut) Dr.K.M.Naseer (Principal Farook College) Dr.T.Muhammed Saleem (Principal Farook Training College) | University Level/Yoga Fitness |
| 127 | Salgira: Letters Of Love | 30 th August 2022 | NSS Volunteers | Book Donation |
| 128 | Paamaranam Paattukaaran | 31th August 2022 | Hrudayapoorvam, FTCOSA, Babu bhai (Street singer) | Day Celebration |



Prof. Dr. T. Muhammed Saleem
Principal
Farook Training College
Farook College, Calicut



ZMS
Principal

Farook Training College
o. Farook College (Calicut)

| | | | | |
|-----|---|--------------------------------|---|---|
| 129 | Health & Fitness Awareness Programme | 1 st September 2022 | NSS Volunteers @ Farook D.El.Ed. College | Health And Fitness/School Extension/Student Leadership Activity |
| 130 | "Kurunnonam"- Onam Celebration | 2 nd September 2022 | NSS Volunteers @GLPS Karinkallayi | Day Celebration / School Adoption |
| 131 | Comic Strip Making Competition - Nutritional Week Celebration | 5 th September 2022 | NSS Volunteers | Health And Nutrition/Unit Level Competition |
| 132 | Card Making Competition - National Teachers' Day | 5 th September 2022 | NSS Volunteers | Teacher's Day Celebration |
| 133 | "Nutrition In Daily Life" On National Nutrition week September 1-7 | 5 th September 2022 | Ministry Of Information And Broadcasting Central Bureau of Communication Field Office Wayanad, Govt. of India, Ms.Farsana Sherin(Dietitian) | National Level Program/Health And Nutrition |
| 134 | Video Message - National Teachers' Day | 5 th September 2022 | NSS Volunteers | ICT/Day Celebration /Institution Level |
| 135 | Nutritional Food Recipe Competition On National Nutrition Week September 1-7 | 6 th September 2022 | NSS Volunteers | Health And Nutrition/Institution Level Competition |
| 136 | Selfie With Pookkalam | 8 th September 2022 | NSS Volunteers | Day celebration/Institution |



Prof. Dr. T. Muhammed Sultan
Principal
Farook Training College
P.O. Farook College, Wayanad

Z.M.J.
Principal
Farook Training College
P.O. Farook College (Calicut)

| | | | | Level |
|-----|--|----------------------------------|--|--|
| 137 | Online Sudoku Competition | 9 th September 2022 | NSS Volunteers | Day Celebration /Institution level |
| 138 | Online Quiz Competition On Kerala Reniassance | 10 th September 2022 | NSS Volunteers | Kerala Reniassance |
| 139 | Salgira : Letter Of Love | 12 th September, 2022 | NSS Volunteers | Book Donation |
| 140 | Anti Drug campaign - Trainers Training workshop | 12 th September 2022 | Mr.Fasalul Abid (Assistant Professor Farook Training College) | Tobacco/Anti Drug Activities |
| 141 | Coastal Clean up Day | 17 th September 2022 | Swachh Sagar Surakshit Sagar @Bey pore Beach | National Level/University Level/Swatch Sagar Abhiyan |
| 142 | Introduction To Disability Studies - Talk Session | 17 th September 2022 | Dr.Abhiruchi Ojha(Central University of Kashmir),F -Talk | National Seminar/Disability/Special Needs |
| 143 | Felicitation Ceremony - Participatory Village Prize Distribution For Students Who Achieved Good Result In SSLC, Plus Two & Degree | 18 th September 2022 | Mr.Vasudeven Master(Vazhayoor Gramapanchayat President) Souhradha Residence Association | Participatory Village/Education Extension |
| 144 | International Peace Day - Poster Making Competition "A World Without War" | 20 th September 2022 | NSS Volunteers @ G.V.H.S.S, Nadakkavu | Internship/Day Celebration |
| 145 | World Alzheimer's Day - Awareness | 20 th September | NSS Volunteers @ H.S.S , | Internship/Day |



Prof. Dr. T. Mohamed Saeed
Principal
Farook Training College
P.O. Farook College, Kadalundi



Principal
Farook Training College
P.O. Farook College (Calicut)

| | | | | |
|-----|---|---------------------------------|--|--|
| | | 2022 | Kunnamangalam | Celebration |
| 146 | World Alzheimer's Day - Awareness | 20 th September 2022 | NSS Volunteers @ G.G.V.H.S.S ,Feroke | Internship/Day Celebration |
| 147 | Sadako Peace Crane Making Competition | 20 th September 2022 | NSS Volunteers @ F.H.S.S, Feroke | Day Celebration /Extension Programme |
| 148 | Sadako Peace Crane Making Competition | 20 th September 2022 | NSS Volunteers @ G.G.V.H.S.S, Feroke | Day Celebration /Extension Programme |
| 149 | Sree Narayana Guru Samathi Day- Awareness & Quiz Competition | 20 th September 2022 | NSS Volundeers @ H.S.S, Kunnamangalam | Day Celebration |
| 150 | Sree Narayana Guru Samathi Day- Awareness & Quiz Competition | 20 th September 2022 | NSS Volundeers @ F.H.S.S, Feroke | Day Celebration |
| 151 | Sree Narayana Guru Samathi Day- Awareness & Quiz Competition | 20 th September 2022 | NSS Volundeers @G.G.V.H.S.S, Feroke | Day Celebration |
| 152 | International Sign Language Day- Dumb Charades Game & Awareness Class | 23 rd September 2022 | NSS Volunteers @GGVHSS , Feroke | Day Celebration /Internship/ Education Extension |
| 153 | International Sign Language Day- Dumb Charades Game & Awareness Class | 23 rd September 2022 | NSS Volunteers @FHSS , Feroke | Day Celebration /Internship/ Education Extension |
| 154 | Awareness Class About NSS | 24 th September 2022 | NSS Volunteers @FHSS Farook | Day Celebration /School Extension/ Internship |
| 155 | Awareness Class About NSS | 24 th September | NSS Volunteers @HSS | Day Celebration /School |


 Prof. Dr. J. Mohamed Saleem
 Principal
 Farook Training College
 PO Farook College, Kuttanada




 Principal
 Farook Training College
 P.O. Farook College (Calicut)

| | | | | |
|-----|---|---------------------------------|---|--|
| | | 2022 | Kunnamangalam | Extension/Internship |
| 156 | World River Day- Quiz Program & Awareness Class | 24 th September 2022 | NSS Volunteers @GGVHSS Feroke | Day Celebration /Internship/ School Extension |
| 157 | Catalyst - NSS Day Celebration | 25 th September 2022 | Mr.Irshad Kallampara (Reporter Mathrboomi), Ms.Saritha PM(Member Vazhayoor Panchayat Ward 2), Ms.Jouhara (Member Vazhayoor Panchayat Ward 1) | Unit Level /Day Celebration /Participatory Village |
| 158 | Salgira: Letters Of Love | 25 th September 2022 | NSS Volunteers | Book Donation |
| 159 | World Environmental Health Day - Quiz Competition & Awareness Class | 26 th September 2022 | NSS Volunteers @ G.V.H.S.S, Nadakkavu | Day Celebration /Internship/ School Extension |
| 160 | World Rabies Day - Awareness Class | 28 th September 2022 | NSS Volunteers @ F.H.S.S,Feroke | Day Celebration /Internship/ School Extension |
| 161 | World Rabies Day - Awareness Class | 28 th September 2022 | NSS Volunteers @ G.G.V.H.S.S,Feroke | Day Celebration /Internship/ School Extension |
| 162 | World Tourism Day - Quiz Competition & Awareness Class | 28 th September 2022 | NSS Volunteers @ G.G.V.H.S.S, Feroke | Day Celebration /Internship/ School Extension |
| 163 | International Translation Day Awareness Programme | 30 th September | NSS Volunteers @GGVHSS Feroke | Day Celebration /Internship/ |

| | | | | |
|-----|---|---------------------------------|---|--|
| | | 2022 | | School Extension |
| 164 | Awareness Class - World Heart Day | 30 th September 2022 | NSS Volunteers @ G.G.V.H.S.S, Feroke | Day Celebration /Health And Fitness/Internship |
| 165 | Online Gandhi Quiz Competition | 2 nd October 2022 | NSS Volunteers | Day Celebration /Azadi Ka Amrut Mahotsav |
| 166 | Gandhi Jayanti - Album Making | 2 nd October 2022 | NSS Volunteers @ SPBHSS, Ramanattukara | Day Celebration /Azadi ka Amrut Mahotsav |
| 167 | Photography Competition : World Nature Day | 3 rd October 2022 | NSS Volunteers | Day Celebration /Environment and Nature |
| 168 | Speakola Cross Roads Debate Club | 5 th October 2022 | NSS Volunteers | Debate club/Student Leadership Activity |
| 169 | World Teachers' Day - Troll Making | 5 th October 2022 | NSS Volunteers | Unit Level Competition/Day Celebration |
| 170 | World Teacher's Day - Essay Competition | 5 th October 2022 | NSS Volunteers | Unit Level Competition/Day Celebration |
| 171 | Anti Drug Campaign - Awareness class | 6 th October 2022 | NSS Volunteers @ S.P.B.H.S.S, Ramanattukara | Tobacco/Anti Drug Awareness |
| 172 | Gandhi Sculpture Dedication & Anti Drug Awareness Class For Parents | 6 th October 2022 | Mr.Fasalul Abid(Assistant Professor Farook | State Level Campaign/ Tobacco/A |



Prof. Dr. T. Mohamed Sultan
Principal
Farook Training College
P.O. Farook College, Kuttanadu



Zmj
Principal
Farook Training College
P.O. Farook College (Calicut)

| | | | | |
|-----|---|---------------------------------|--|---|
| | | | Training Collage) @GLPS ,Karinkalla yi | Anti Drug Awareness |
| 173 | Anti Drug Campaign Signature Collection Anti Drug Poster Making | 6 th October 2022 | NSS Volunteers @ SPBHSS, Ramanattukara | State Level Campaign/ Tobacco/A Anti Drug Awareness |
| 174 | Anti Drug Pledge | 6 th October 2022 | NSS Volunteers Drug Free Kerala, Anti Drug Campaign Govt. Of Kerala | State Level Campaign/ Tobacco/A Anti Drug Awareness |
| 175 | Gandhi Jayandhi - Quiz Competition | 6 th October 2022 | NSS Volunteers @GGVHSS,Feroke | Day Celebration /Azadi Ka Amrut Mahotsav |
| 176 | World Teachers' Day - Poster Making | 6 th October 2022 | NSS Volunteers @GGVHSS ,Feroke | Day Celebration |
| 177 | Anti Drug Campaign - Signature Collection "Zindagi Hi Nasha He" | 6 th October 2022 | NSS Volunteers @GGVHSS, Feroke | Tobacco/A Anti Drug Awareness/ Anti Drug Club |
| 178 | Anti Drug Campaign - Signature Collection "Zindagi Hi Nasha He" | 6 th October 2022 | NSS Volunteers @ SPBHSS, Ramanattukara | Tobacco/A Anti Drug Awareness/ Anti Drug Club |
| 179 | World Cerebral Palsy Day Awareness Class | 6 th October 2022 | NSS Volunteers @ FHSS, Feroke | Day Celebration /Health And Fitness/Inte rnship |
| 180 | World Cerebral Palsy Day Awareness Class | 6 th October 2022 | NSS Volunteers @ GMHSS CU Campus | Day Celebration /Health And Fitness/Inte rnship |



Prof. Dr. J. T. Mohamed Sabar
Principal
Feroke Training College
610 Feroke College, Karinkalla



Handwritten signature in green ink.

| | | | | |
|-----|---|-------------------------------|---|--|
| 181 | World Cerebral Palsi Day Awareness Class | 7 th October 2022 | NSS Volunteers @ GGVHSS, Feroke | Day Celebration /Health And Fitness/Internship |
| 182 | World Laughter Day- Make A Smiley | 7 th October 2022 | NSS Volunteers @ GMHSS CU Campus | Day Celebration /Internship/School Extension |
| 183 | World Laughter Day- Make A Smiley | 7 th October 2022 | NSS Volunteers @ SPBHSS, Ramanattukara | Day Celebration /Internship/School Extension |
| 184 | World Laughter Day- Make A Smiley | 7 th October 2022 | NSS Volunteers @ HSS Kunnamangalam | Day Celebration /Internship/School Extension |
| 185 | National Wild Life Week : Digital Album Making Topic : Endangered Species In India | 9 th October 2022 | NSS Volunteers | Day Celebration /Internship/School Extension |
| 186 | Salgira :Letters of Love | 10 th October 2022 | NSS Volunteers | Book Donation |
| 187 | World Mental Health Day Awareness | 10 th October 2022 | NSS Volunteers @ FHSS ,Feroke | Day Celebration /Mental Health And Fitness |
| 188 | Anti Drug -Awareness class | 11 th October 2022 | NSS Volunteers | Tobacco/Anti Drug Awareness/ Anti Drug Club |
| 189 | Salgira : Letters of Love | 11 th October 2022 | NSS Volunteers | Book Donation |
| 190 | International Day Of Girl Child : Video Screening | 11 th October 2022 | NSS Volunteers @FHSS Farook | Day Celebration /Women |



Prof. Dr. V. Mohanadasan
Principal
Farook Training College
P.O. Farook College, Kollam



Zms
Principal
Farook Training College
P.O. Farook College (Calicut)

| | | | | |
|-----|---|---|---|---|
| | | | | And a Child Safety |
| 191 | Anti Drug Campaigning *Anti Drug Pledge *Debate Competition *Quiz Competition *Panel Discussion | 12 th October 2022 | NSS Volunteers Drug Free Kerala, Anti Drug Campaign Govt. Of Kerala | State Level Campaign/ Tobacco/Anti Drug Awareness/ Anti Drug Club |
| 192 | World Sight Day :Quiz Competition | 13 th October 2022 | NSS Volunteers @GGVHSS, Feroke | Day Celebration /Internship |
| 193 | World Sight Day :Quiz Competition | 13 th October 2022 | NSS Volunteers @FHSS, Feroke | Day Celebration /Internship |
| 194 | National Postal Week : Letter Writing Training | 13 th October 2022 | NSS Volunteers @GGVHSS, Feroke | Day Celebration /Internship |
| 195 | World Sight Day - Awareness Class And Short Film Presentation | 13 th October 2022 | NSS Volunteers @ SPBHSS, Ramanattukara | Day Celebration /Internship |
| 196 | Salgira : Letters of Love | 14 th October 2022 | NSS Volunteers | Book Donation |
| 197 | Anti Drug Campaign :Awareness Class | 14 th October 2022 | NSS Volunteers @F.H.S.S,Feroke | Tobacco/Anti Drug Awareness/ Anti Drug Club/Internship |
| 198 | Milan | 15 th October 2022 | NSS Volunteers | Entertainment |
| 199 | Salgira : Letters of Love | 15 th October 2022 | NSS Volunteers | Book Donation |
| 200 | Two Days Training Workshop On Basic Life Support & Trauma Management(B.Ed) | 18 th October 2022 To 19 th October | Mr.Muneer MP (Coordinator American Heart Association Aster MIMS), Mr.Rajeesh KP(BLS) | First Aid Awareness/ Health And Fitness |




 Principal
 Farook Training College
 P.O. Farook College (Calicut)

| | | | | |
|-----|--|-------------------------------|---|---|
| | | | trainer, Angels International Foundation), Mr. Bij u, Mr. Ashraf & Mr. Rishad (Volunteer AIF) | |
| 201 | Basic Life Support (BLS) & Trauma Management Training (M.Ed) | 19 th October 2022 | Mr. Muneer MP (Coordinator American Heart Association Aster MIMS), Mr. Rajeesh KP (BLS trainer, Angels International Foundation), Mr. Bij u, Mr. Ashraf & Mr. Rishad (Volunteer AIF) | First Aid Awareness/ Health And Fitness |
| 202 | Open Mike Programme | 20 th October | NSS Volunteers | Student leadership Activity/ Debate Club |
| 203 | "Yum Yum" - Cooking Competition | 20 th October 2022 | NSS Volunteers | Entertainment/ Student Leadership activity/ Day celebration |
| 204 | Felicitation Programme @ University of Calicut - Anti Drug Rally As Part Of Naac A+ Accreditation Celebration | 21 st October 2022 | NSS Volunteers @ University of Calicut | University Level Campaign/ Tobacco/Anti Drug Awareness |
| 205 | Bodhapoornima - Anti Drug Campaign | 22 nd October 2022 | Higher Education Department Govt. Of Kerala | State Level Campaign/ Tobacco/Anti Drug Awareness/ Anti Drug Club |
| 206 | Anti Addiction Flame | 24 th October 2022 | NSS Volunteers | Tobacco/Anti Drug Awareness/ |



Zm
Principal
Farook Training College
P.O. Farook College (Calicut)

| | | | | Anti Drug Club/Unit level |
|-----|--|-------------------------------|--|--|
| 207 | Salgira. Letters of Love | 25 th October 2022 | NSS Volunteers | Book Donation |
| 208 | Salgira :Letters of Love | 28 th October 2022 | NSS Volunteers | Book Donation |
| 209 | Koode | 29 th October 2022 | NSS Volunteers @ Snehatheeram Old Age Home | Arts And Cultural Activity/Entertainment /Field visit |
| 210 | International Internet Day. Debate On The Topic "Pros&Cons On The Access Of Internet To Students" | 29 th October 2022 | NSS Volunteers @ FHSS Feroke | Day Celebration /Internship |
| 211 | International Internet Day Observation | 29 th October 2022 | NSS Volunteers @HSS , Kunnamangalam | Day Celebration /Internship |
| 212 | Samanwayam Anti Drug Rally | 29 th October 2022 | NSS volunteers @ Azhinjillam Adopted School, Azhijilam Arts Club Library, Model G.R.C Vazhayoor & Kudumbasree Vigilant Group | Tobacco/Anti Drug Awareness/ School Adoption/Participatory Village |
| 213 | Salgira. Letters of Love | 29 th October 2022 | NSS Volunteers | Book Donation |



Prof. Dr. J. T. Muhammed Salim
Principal
Farook Training College
PO Farook College, Calicut



ZMS
Principal
Farook Training College
PO, Farook College (Calicut)

| | | | | |
|-----|---|-------------------------------|---|--|
| 214 | Anti Drug Campaign Poster Making | 29 th October 2022 | NSS Volunteers @GGVHSS, Feroke | Tobacco/Anti Drug Awareness/ Internship |
| 215 | Unity Day Pledge - Ekta Shrinkala Campaign | 31 st October 2022 | NSS Volunteers | Day Celebration |
| 216 | National Unity Day - Poster Making Topic "Unity In Diversity " | 31 st October 2022 | NSS Volunteers @ GGVHSS, Feroke | Day Celebration /Internship |
| 217 | National Unity Day - Awareness Class | 31 st October 2022 | NSS Volunteers @GMHSS CU Campus | Day Celebration /Internship |
| 218 | Debate Competition - International Internet Day | 31 st October 2022 | NSS Volunteers | Student Leader Activity/ Debate club |
| 219 | Human Chain | 1 st November 2022 | Laharivimukta Keralam Govt.of kerala,Ramanattukara Municipal Cooperation NSS Volunteers of Farook College,Frook Training College, Farook Institute of Teacher Education and Farook HSS | Tobacco/Anti Drug Awareness/ Day Celebration |
| 220 | Iktara- Keralapiravi Dinaaghosham Bharanabhasha vaaraacharanam | 1 st November 2022 | Malayalam Association, NSS Volunteers | Day Celebration /Unit level/Entertainment |
| 221 | Kerala Day Celebration- Quiz | 1 st November 2022 | NSS Volunteers @ GGVHSS Feroke | Day celebration/ Informative /Internship |
| 222 | Keralappiravi Celebration : Qiz | 1 st November | NSS Volunteers | Day celebration/ |



Prof. Dr. V. Mangalathayalil
Principal
Farook Training College
P.O. Farook College, Feroke



Zms
Principal
Farook Training College
P.O. Farook College (Callout)

| | | | | |
|-----|--|----------------------------------|--|---|
| | & Games | 2022 | @FHSS Feroke | Informative /Internship |
| 223 | Keralappiravi Celebration : Naadan Pattu, Vanchi Pattu & Mappila pattu resentation | 1 st November 2022 | NSS Volunteers @GMHSS CU Campus | Day celebration/ Internship/ Entertainm ent |
| 224 | Salgira :Letters of Love | 1 st November 2022 | NSS Volunteers | Book Donation |
| 225 | Salgira:Letters of Love | 1 st November 2022 | NSS Volunteers | Book Donation |
| 226 | Salgira :Letters of Love | 1 st November 2022 | NSS Volunteers | Book Donation |
| 227 | Karinkallai Adopted School Sports Festival | 2 nd November 2022 | NSS Volunteers, Karinkallayi GLP School Students | Sports& Physical activity/Sch ool Adoption Project |
| 228 | Keralappiravi Celebration : Versification | 2 nd November 2022 | NSS Volunteers @FHSS Feroke | Day celebration/ Informative /Internship |
| 229 | World Tsunami Day : 'Creativity Challenge' | 3 rd November 2022 | NSS Volunteers @ FHSS Feroke | Day celebration/ Informative /Internship |
| 230 | Keralappiravi Celebration : Story writing | 3 rd November 2022 | NSS Volunteers @FHSS Feroke | Day celebration/ Informative /Internship |
| 231 | NSS Orientation Class | 4 th November 2022 | Pro.Dr.C R Ajith Sen(Coordinator NSS IHRD College of Engineering Chengannur) | Unit Level/Orie ntation |
| 232 | Salgira :Letters of Love | 4 th November 2022 | NSS Volunteers | Book Donation |
| 233 | Salgira :Letters of Love | 4 th November 2022 | NSS Volunteers | Book Donation |



Prof. (Dr.) F. Mohamed Saeed
Principal
Farook Training College
P.O. Farook College, Chengannur

[Handwritten Signature]
Principal
Farook Training College
P.O. Farook College (Calicut)

| | | | | |
|-----|---|-------------------------------|--------------------------------------|---|
| 234 | Salgira :Letters of Love | 4 th November 2022 | NSS Volunteers | Book Donation |
| 235 | Bharanabhasha vaaragosham - Photography Competition | 4 th November 2022 | NSS Volunteers | Day Celebration /Unit level |
| 236 | Bharanabhasha vaaragosham - Haiku Poem Competition | 5 th November 2022 | NSS Volunteers | Day Celebration /Unit level |
| 237 | Bharanabhasha vaaragosham Administrative Language Translation Competition | 6 th November 2022 | NSS Volunteers | Day Celebration /Unit level |
| 238 | Bharanabhasha vaaragosham - Quiz Competition | 7 th November 2022 | NSS Volunteers | Day Celebration /Unit level |
| 239 | National Cancer Awareness Day : Poster Making Competition | 7 th November 2022 | NSS Volunteers @GMHSS CU Campus | Health & Fitness/Internship/Day Celebration |
| 240 | Infant Protection Day | 7 th November 2022 | NSS Volunteers @GGVHSS Feroke | Day Celebration /Women & child Protection |
| 241 | National Cancer Day-Awareness Class | 7 th November 2022 | NSS Volunteers @HSS Kunnamangalam | Health & Fitness/Internship/Day Celebration |
| 242 | National Legal Service Day | 9 th November 2022 | NSS Volunteers | Day Celebration |




 Principal
 Farook Training College
 P.O. Farook College (Calicut)

| | | | | |
|-----|---|-----------------------------------|--|---|
| | | | @ GGVHSS Feroke | /Informativ e/Internship |
| 243 | Blood Donation Camp | 9 th November 2022 | Mr.Bibin NSS Volunteers, Govt.Taluk Hospital Blood Bank , Perinthalmanna | Blood Donation |
| 244 | Trainers Training @ GUPS Ramanattukara | 9 th November 2022 | Mr.Santhosh Cheruvot (Private Officer Kerala Excise) Ms.Safa Rafeek (Chairperson, Education Standing Committee,Ramanat tukara Municipality Mr.K T Razak (President, Old Students Association GUPS Ramanattukara) Mr.M P Mohandas(Counsel ling psychologist), NSS Volunteers | Tobacco/A nti Drug Awareness/ Student Leadership activity |
| 245 | Cuddles | 10 th November 2022 | NSS Volunteers @Kanivu Special School | School Extension Activity/En tertainment / Special School Activity/Di sability |
| 246 | World Public Transport Day | 10 th November 2022 | NSS Volunteers @ HSS Kunnamangalam | Day Celebration /Internship/ Informative |
| 247 | National Education Day Poster Making | 11 th November 2022 | NSS Volunteers @ GGVHSS, Feroke | Day Celebration /Internship/ Informative |



Principal
Farook Training College
P.O. Farook College (Calicut)

| | | | | |
|-----|---|--------------------------------|---|--|
| 248 | National Education Day | 11 th November 2022 | NSS Volunteers @ HSS, Kunnamangalam | Day Celebration /Internship/ Informative |
| 249 | IPM & Care Home Visit | 12 th November 2022 | NSS Volunteers @ IPM,Home care Medical College Kozhikode | Field visit/Informative |
| 250 | Chachajiyum Kuttuvolum- Children's Day Celebrations | 14 th November 2022 | NSS Volunteers @ GLPS , Karinkallayi | Day Celebration / School Adoption Project/Entertainment |
| 251 | Children's Day Celebration @ Kanivu Special School | 14 th November 2022 | NSS Volunteers @ Kanivu Special School | Day Celebration / School Adoption Project/Entertainment/ Special School Activity/Di sability |
| 252 | Bharanabhasha vaaragosham Seminar Presentation | 14 th November 2022 | NSS Volunteers | Day Celebration /Informativ e |
| 253 | Children's Day : Letter to Nehru | 14 th November 2022 | NSS Volunteers @ GMHSS CU Campus | Day Celebration /Internship |
| 254 | Salgira:Letters of Love | 14 th November 2022 | NSS Volunteers | Book Donation |
| 255 | Salgira :Letters of Love | 14 th November 2022 | NSS Volunteers | Book Donation |
| 256 | Salgira :Letters of Love | 14 th November 2022 | NSS Volunteers | Book Donation |
| 257 | Anti - Drug Awareness class Vidhyarthi Rakshakartha Shaktheekarana Paripaadi- | 15 th November 2022 | NSS Volunteers @GUPS , Ramanattukara | Tobacco/A nti Drug Awareness/ Student Leadership |



Prof. Dr. T. Mohamad Saeed
Principal
Farook Training College
P.O. Farook College, Calicut



ZMS
Farook Training College
P.O. Farook College (Calicut)

| | | | | |
|-----|--|-----------------------------------|---|--|
| | Akalam - Akattam | | | activity |
| 258 | Panel Discussion Kerala School Padyapadhathi Parishkaranam | 16 th November 2022 | NSS Volunteers | Day Celebration /Informativ e |
| 259 | Salgira :Letters of Love | 17 th November 2022 | NSS Volunteers | Book Donation |
| 260 | Salgira :Letters of Love | 17 th November 2022 | NSS Volunteers | Book Donation |
| 261 | Salgira :Letters of Love | 17 th November 2022 | NSS Volunteers | Book Donation |
| 262 | Salgira :Letters of Love | 21 st November 2022 | NSS Volunteers | Book Donation |
| 263 | Salgira :Letters of Love | 21 st November 2022 | NSS Volunteers | Book Donation |
| 264 | World Television Day : Tableu | 22 nd November 2022 | NSS Vounteers @ A.U.P.S Azhinjillam | Day Celebration /Internship/ Informative |
| 265 | Quiz Competition On Fifa World Cup | 22 nd November 2022 | NSS Volunteers | Sports & Physical activity/Da y Celebration |
| 266 | Shoot Out Programme "Katharilekk Oru Thattum Koode Oru Kuthum" | 22 nd November 2022 | NSS Volunteers | Sports & Physical Activity/Da y Celebration |
| 267 | Vidhyatheeram -Sports fitness Training Class | 22 nd November 2022 | NSS Volunteers @ GLP School Karinkallai | Sports & Physical Activity/Sc hool Adoption Project/Sch ool Extension Activity |
| 268 | Sthree Samrakshana Niyamangal Bodhavalkarana | 25 th November 2022 | Mr.Abdul Bari(District women | Women Empowerm |



2022
Principal
Farook Training College
P.O. Farook College (Calk)

| | | | | |
|-----|---|--------------------------------|---|---|
| | Class | | & child Development Officer), Ms.Archana(Administrator Sakhi one Stop centre) | ent/Protection of women & Children |
| 269 | Dowry Prohibition Pledge | 25 th November 2022 | ORANGE THE WORLD CAMPAIGN ,ICDS NSS Volunteers | Women Empowerment/Protection of women & Children |
| 270 | Azadi Ka Amrit Maholsav Campaign Volunteering | 27 th November 2022 | Ministry of Information & Broadcasting Central Bureau of Communication NSS Volunteers | National Level/Inter Collage/ Azadi Ka Amrit Mahotsav |
| 271 | Flash Mob& Mime With Messages to end Violence Against Women | 29 th November 2022 | NSS Volunteers | Anti Drug/Day celebration/ Women Empowerment/Protection of women & Children |
| 272 | Thelicham:Rakshaakathru Shaktheekara Paripaadi | 29 th November 2022 | Dr.Noufal T(Assistant Professor,Farook Training College)@GLPS Vazhayur,Thiruthiyad | Education Extension/ Parenting |



Prof. (Dr.) T. Mohamed Saleem
Principal
Farook Training College
P.O. Farook College, Kuttanadu



Zmj
Principal
Farook Training College
P.O. Farook College (Calicut)

INDEX- NATIONAL SERVICE SCHEME NSS UNIT NO : 263 DECEMBER 1ST 2022 TO MARCH 31ST 2022

| Sl No | Name Of Programmes | Month & Year | Resource Person/ Collaboration | Type Of Programme |
|-------|--|----------------------------------|---|--|
| 273 | Vidyatheeram-Karinkallai school Kanakile Kootalum Kurackalum | 1 st December 2022 | NSS Volunteers @ GLPS Karinkallai | School Adoption Project/Edu cation Extension |
| 274 | AIDS Day : Poster Making & Awareness | 1 st December 2022 | NSS Volunteers @ AUPS Azhinjilam | Day Celebration /Internship/ Informative |
| 275 | Oath on Aids Day | 1st December 2022 | NSS Volunteers | Day Celebration |
| 276 | SIDCAP-Aids Day | 2 nd December 2022 | NSS Volunteers- Gurudarshan(Colleg e Youtube Channel) | Day Celebration /Communit y Outreach Program) |
| 277 | NMMS Examination Training | 2 nd December 2022 | NSS Volunteers@ GVHSS Nadakkav | Internship/I nformative |
| 278 | International Day Of People With Disability - Poster & Awareness | 3 rd December 2022 | NSS Volunteers@ GAUPS Karinkallayi | Day Celebration /Internship/ Informative |
| 279 | Elecution Competition CrossRoads Debate Club | 5 th December 2022 | NSS Volunteers | Debate Club/Stude nt Leadership Activitty/U nit Level |
| 280 | International Day Of Disable Persons - Awareness & Poster Displays | 5 th December 22 | Mr. Yusuf Changaroath(Social Activist) Abdul Qader A P(Pricipal, D.El.Ed Farook) | Day Celebration /Disability/I nformative |
| 281 | Self Defence Training | 6 th December 2022 | Kerala Police Defence Team Ms.Sheena | Health & Physical Activity/W |



Principal
Farook Training College
P.O. Farook College (Calicut)

| | | | | |
|-----|---|--------------------------------|---|--|
| | | | P.P(Sr.Civil Service Officer) Ms.Faseela(Sr.Civil Service Officer) Ms.Raseena(Sr.Civil Service Officer) Abdul Qader A P(Principal,Farook Institute of Teacher Education) | Women & Child Protection |
| 282 | Salgira :Letters of Love | 6 th December 2022 | NSS Volunteers | Book Donation |
| 283 | Salgira :Letters of Love | 7 th December 2022 | NSS Volunteers | Book Donation |
| 284 | Salgira :Letters of Love | 7 th December 2022 | NSS Volunteers | Book Donation |
| 285 | International Day Of People With Disability - Changathikkoottam | 8 th December 2022 | NSS Volunteers@ GAUPS Karinkallayi | Day Celebration /Internship/ Informative |
| 286 | Fit Ride : Bicycle Training- Inauguration | 8 th December 2022 | NSS Volunteers | Health And Fitness/Car bon Neutral Campus |
| 287 | Salgira :Letters of Love | 8 th December 2022 | NSS Volunteers | Book Donation |
| 288 | International Anti-Corruption Day | 9 th December 2022 | NSS Volunteera @ H.S.S Kunnamangalam | Day Celebration /Internship/ Informative |
| 289 | Children's Home Painting- 'Appuppanthaadi' | 10 th December 2022 | NSS Volunteers@ Kozhikode Government Childrens Home For Boys & Girls,After Care Home,HMDC,Mahila Mandiram,Skhi One Stop Centre,Punya Bhavanam | Student Leadership Activity/Field Visit/Painting and Beautificati on Project |



Prof. Dr. T. Mahamed Sabar
Principal
Farook Training College
P.O. Farook College, Calicut



EMJ
Farook Training College
P.O. Farook College (Calicut)

| | | | | |
|-----|---|--------------------------------|---|--|
| 290 | Vidyatheeram - Drawing Training Class | 12 th December 2022 | NSS Volunteers @ GLPS Karinkallayi | School Adoption Project/Education Extension |
| 291 | Buds School Program-Mejora(M. Ed) | 12 th December 2022 | NSS Volunteers @ Buds Special School Ramanattukara | Special School Activity/Disability |
| 292 | Salgira :Letters of Love | 13 th December 2022 | NSS Volunteers | Book Donation |
| 293 | National Television Day-Discussion | 21 st December 2022 | NSS Volunteers @ GAUPS Karinkallayi | Day Celebration /Internship/ Informative |
| 294 | SIDCAP-Episode 4 National Mathamatics Day | 22 nd December 2022 | NSS Volunteers-Gurudarshan(College YouTube Channel) | Day Celebration /Community Outreach Program) |
| 295 | National Mathematics Day | 22 nd December 2022 | NSS Volunteers @ GMUPS Feroke | Day Celebration /Internship/ Informative |
| 296 | National Mathematics Day-Quiz & Geometrical Chart Competition | 22 nd December 2022 | NSS Volunteers @ AUPS Azhinjilam | Day Celebration /Internship/ Informative |
| 297 | SIDCAP (Farmer's Day) | 23 rd December 2022 | NSS Volunteers-Gurudarshan(College Youtube Channel) | Day Celebration /Community Outreach Program) |
| 298 | Salgira :Letters of Love | 23 rd December 2022 | NSS Volunteers | Book Donation |
| 299 | "Thoyadhi" Seven Day Special Camp Day One | 24 th December 2022 | K. Ashwin Prathap(Beypore Port Officer) @ Umbichy Hajee Higher Secondary School,Chaliyam | Special Camp |



Principal
Farook Training College
P.O. Farook College (Calicut)

| | | | | |
|-----|--|--------------------------------|--|---|
| 300 | "Thoyadhi" Seven Day Special Camp Day Two | 25 th December 2022 | NSS Volunteers @ Umbichy Hajee Higher Secondary School,Chaliyam, NSS Volunteers @ Meen Chappa,Chaliyam V.K Surendran(OSD Nirdesh,Rtd DGM,Mumbai Shipyards) | Special Camp/Com munity Extension Program/Fi eld Visit |
| 301 | "Thoyadhi" Seven Day Special Camp Day Three | 26 th December 2022 | Ms.Anusha V(President, Kadalundi GramaPanchayat) | Special Camp/Com munity Extension Program |
| 302 | "Thoyadhi" Seven Day Special Camp Day Four | 27 th December 2022 | NSS Volunteers @ Gov.Fisheries School, K.M Shareef(Assistant Professor,Farook Training College NSS Volunteers @ Beypore Fest- Lavitu(Anti Drug Awareness Dance) Riyasudheen Gurukkal(National Kalari Sangham, Cheruvannur Srambia), Academy Of Japan Fighting Arts, Mrs.Bindhu(Yoga Guru) | Special Camp/Com munity Extension Program/A ntidrug |
| 303 | "Thoyadhi" Seven Day Special Camp | 28 th December 2022 | Mr. Rajeesh K P (BLS Trainer,Angels | Special Camp/Com |

| | | | | |
|-----|---|--------------------------------|--|--|
| | Day Five | | International Foundation) | munity Extension Program/First Aid |
| 304 | “Thoyadhi” Seven Day Special Camp Day Six | 29 th December 2022 | NSS Volunteers @ Hopeshore Special School | Special Camp/Field Visit/Painting and Beautification Project |
| 305 | “Thoyadhi” Seven Day Special Camp Day Seven | 30 th December 2022 | Zin Sreejith(International Instructor Zumba,Assistant Professor) | Health & Physical Fitness/Special Camp/.Entertainment |
| 306 | Special Care Room Inauguration | 4 th January 2023 | Dr. T Muhammed Saleem (Principal,Farook Training College) @ UHHSS Chaliyam P. B.I Muhammad Ashraf(UHHSS Secretary) Syed Hisamuddin(Principal,UHHSS) | Education Extension Activity/Adopted School/Innovation |
| 307 | Salgira :Letters of Love | 9 th January 2023 | NSS Volunteers | Book Donation |
| 308 | One Student One Mentor | 10 th January 2023 | NSS Volunteers @ GMUPS Feroke | One Student One Mentor |
| 309 | Vidhyatheeram-Drawing Clas | 11 th January 2023 | NSS Volunteers @ GLPS Karinkallayi | School Adoption Project/Education Extension |
| 310 | SIDCAP (National Road Safety Day) | 11 th January 2023 | NSS Volunteers-Gurudarshan(College Youtube Channel) | Day Celebration /Community Outreach Program) |



Prof. Dr. T. Muhammed Saleem
Principal
Farook Training College
P.O. Farook College, Calicut



ZMS
Principal
Farook Training College
P.O. Farook College (Calicut)

| | | | | |
|-----|--|---|---|--|
| 311 | SIDCAP (National Youth Day) | 12 th January 2023 | NSS Volunteers- Gurudarshan(College Youtube Channel) | Day Celebration /Community Outreach Program) |
| 312 | Jeevodhyam Endosulfan Affected Students In Buds School Maked Product Selling. | 12 th January 2023 | Endosulfan Buds Special School, Enmakaja, Sneha Buds School, Karaduka, Jeevodayam Buds Special School, Kanhangad | Special School Activity/Community Outreach Program/Student Leadership Activity |
| 313 | Neeharam - 2 Day Camp | 12 th January 2023 & 13 th January 2023 | NSS Volunteers | Residential Camp |
| 314 | Sayamprbha- Vayojana Samgamam | 15 th January 2023 | NSS Volunteers @ GLPS Azhinjilam | Participatory Village/Senior Citizens Protection |
| 315 | Palliative Care Activity | 16 th January 2023 | NSS Volunteers @Palliative Jubilee Health Center | Paliative Care/First Aid |
| 316 | Kood Shilasthapanam | 16 th January 2023 | Mrs Jouhara (Member ward one,Vazhayoor) Mrs.Saritha (Member ward two,Vazhayoor) | Community Outreach Program/Participatory Village |
| 317 | One Student One Mentor | 16 th January 2023 | NSS Volunteers @ GUPS Ramanattukara | One Student One Mentor |
| 318 | One Student One Mentor | 17 th January 2023 | NSS Volunteers @ GMUPS Kodal Nadakkav | One Student One Mentor |
| 319 | One Student One Mentor | 17 th January 2023 | NSS Volunteers @ HSS | One Student One |



Zms
Principal
Farook Training College
P.O. Farook College (Calicut)

| | | | Kunnamangalam | Mentor |
|-----|----------------------------------|----------------------------------|--|---|
| 320 | Vidyaatheeram (Maths Skill) | 17 th January 2023 | NSS Volunteers @ GLPS Karinkallayi | School Adoption Project/Edu cation Extension |
| 321 | Dress Bank | 17 th January 2023 | NSS Volunteers @ HSS Kunnamangalam | Student Leadership Activity/Int ernship/Dre ss Bank |
| 322 | Quizzy Pop | 19 th January 2023 | NSS Volunteers | Day Celebration /Student Leadership Activity |
| 323 | One Student One Mentor | 19 th January 2023 | NSS Volunteers @ AUPS Azhinjillam | One Student One Mentor |
| 324 | Koythum Methiyum | 21 st January 2023 | NSS Volunteers @Chinnetan's Field (malerithazham, Ramanattukara) | Field Visit/Agric ulture/Infor mative |
| 325 | SIDCAP (Farmer's Day) | 24 th January 2023 | NSS Volunteers- Gurudarshan(Colleg e Youtube Channel) | Day Celebration /Communit y Outreach Program) |
| 326 | SIDCAP (World Education Day) | 24 th January 2023 | NSS Volunteers- Gurudarshan(Colleg e Youtube Channel) | Day Celebration /Communit y Outreach Program) |
| 327 | Kood Bhavana Nirmanam | 25 th January 2023 | Mr. C P kunhi Muhammad(Manage of Farook College) T.P Vasudevan Master(President, Vazhayoor Grama Panchayat) Mrs.Saritha | Community Outreach Program/Pa rticipatory Village |



Ums
Farook Training College
P.O. Farook College (Calicut)

| | | | | |
|-----|-------------------------------|----------------------------------|---|---|
| | | | (Member ward 2,Vazhayoor) S. Mohammed Yunus(Farook Training College Secretary) | |
| 328 | SIDCAP (National Voter's Day) | 25 th January 2023 | NSS Volunteers- Gurudarshan(Colleg e Youtube Channel) | Day Celebration /Communit y Outreach Program) |
| 329 | Gandhiji's Martyr's Day | 30 th January 2023 | NSS Volunteers | Day Celebration |
| 330 | SIDCAP (Raksthasakshi Dinam) | 31 st January 2023 | NSS Volunteers- Gurudarshan(Colleg e Youtube Channel) | Day Celebration /Communit y Outreach Program) |
| 331 | Abheri Kalasayandhanam | 4 th February 2023 | Shyjal M P(Sub.Judge & Secretary, District Legal ServiceS Authority Kozhikode) Harris MM (Assistant Superintendent),Rav indran V.T.K (Deputy Prison Officer), Rajesh Kumar T (District Jail Welfare Officer) | Field Visit/Cultur al Activity/Jai l Welfare |
| 332 | Salgira :Letters of Love | 7 th February 2023 | NSS Volunteers | Book Donation |
| 333 | SIDCAP (Internet Safety Day) | 7 th February 2023 | NSS Volunteers- Gurudarshan(Colleg e Youtube Channel) | Day Celebration /Communit y Outreach Program) |
| 334 | Salgira :Letters of Love | 9 th February 2023 | NSS Volunteers | Book Donation |



ZMS
Farook Training College
P.O. Farook College (Calicut)

| | | | | |
|-----|--|--------------------------------|---|---|
| 335 | Salgira :Letters of Love | 9 th February 2023 | NSS Volunteers | Book Donation |
| 336 | Salgira :Letters of Love | 9 th February 2023 | NSS Volunteers | Book Donation |
| 337 | Salgira :Letters of Love | 9 th February 2023 | NSS Volunteers | Book Donation |
| 338 | SIDCAP (Women And Children Safety Day) | 11 th February 2023 | NSS Volunteers-Gurudarshan(College Youtube Channel) | Day Celebration /Community Outreach Program) |
| 339 | Nishtta Yoga Training Class | 17 th February 2023 | Ms.Bindhu (Mind Body Fitness Club) @ Azhinjilam AUPS | Participatory Village/Health & Fitness |
| 340 | Parenting Motivation Class Theliccham | 19 th February 2023 | Dr. T Muhammed Saleem @ Thali Residence Association | Participatory Village/Parenting |
| 341 | Salgira :Letters of Love | 20 th February 2023 | NSS Volunteers | Book Donation |
| 342 | Salgira :Letters of Love | 20 th February 2023 | NSS Volunteers | Book Donation |
| 343 | Salgira :Letters of Love | 22 nd February 2023 | NSS Volunteers | Book Donation |
| 344 | Salgira :Letters of Love | 23 rd February 2023 | NSS Volunteers | Book Donation |
| 345 | Destek | 23 rd February 2023 | Mr. K.K Muhammad (Principal UHSS) Mr .K.Abdul Jalil(Managing Committee Secretary) Mr.Mohammad Ashraf (P.B.I) Tasleena (IEDC Coordinator) | Special School Activity/Disability/School Extension |



Zms
Principal
Farook Training College
P.O. Farook College (Calicut)

| | | | | |
|-----|--|--------------------------------|--|---|
| | | | Jayashree(Special Educator) | |
| 346 | National Science Day : Photography Competition | 24 th February 2023 | NSS Volunteers | Day Celebration |
| 347 | Nishtta | 24 th February 2023 | Ms.Bindhu (Mind Body Fitness Club) @ Azhinjilam AUPS | Participatory Village/Health & Fitness |
| 348 | National Science Day : Poster Writing Competition | 25 th February 2023 | NSS Volunteers | Day Celebration |
| 349 | Science Day Celebration: Caption Writing Competition | 26 th February 2023 | NSS Volunteers | Day Celebration |
| 350 | SIDCAP (World Sustainable Energy Day) | 27 th February 2023 | NSS Volunteers-Gurudarshan(College Youtube Channel) | Day Celebration /Community Outreach Program) |
| 351 | Quiz Based On National Science Day | 28 th February 2023 | NSS Volunteers | Day Celebration |
| 352 | Nishtta | 2 nd March 2023 | Ms.Bindhu (Mind Body Fitness Club) @ Azhinjilam AUPS | Participatory Village/Health & Fitness |
| 353 | Women's Day Talk | 8 th March 2023 | Ms.Zoya Naser(District Coordinator, National Literacy Mission Wayanad) | Women Empowerment/Women & Child Safety/Day Celebration |
| 354 | Women's Day Celebration. Documentary Screening | 8 th March 2023 | Dr.Mansoorali (Script Writer,Coordinator, Film Club,Farook College) Anupama Savio (Student Scholar) | Women Empowerment/Women & Child Safety/Day Celebration /ICT |
| 355 | SIDCAP (International Women's Day) | 27 th February 2023 | NSS Volunteers-Gurudarshan(College) | Day Celebration /Community |



ZMS
Principal
Farook Training College
P.O. Farook College (Calicut)

| | | | | |
|-----|-----------------------------------|-----------------------------|--|--|
| | | | e Youtube Channel) | y Outreach Program) |
| 356 | Harsham | 10 th March 2023 | Dr. T. Muhammed Saleem(Principal, Farook Training College) NSS Volunteers | Nature/Environment |
| 357 | Nishtta | 10 th March 2023 | Ms.Bindhu (Mind Body Fitness Club) @ Azhinjilam AUPS | Participatory Village/Health & Fitness |
| 358 | Salgira :Letters of Love | 10 th March 2023 | NSS Volunteers | Book Donation |
| 359 | SIDCAP (World Consumer Day) | 15 th March 2023 | NSS Volunteers-Gurudarshan(College Youtube Channel) | Day Celebration /Community Outreach Program) |
| 360 | Nishtta | 16 th March 2023 | Ms.Bindhu (Mind Body Fitness Club) @ Azhinjilam AUPS | Participatory Village/Health & Fitness |
| 361 | Salgira :Letters of Love | 16 th March 2023 | NSS Volunteers | Book Donation |
| 362 | Salgira :Letters of Love | 16 th March 2023 | NSS Volunteers | Book Donation |
| 363 | Nishtta | 17 th March 2023 | Ms.Bindhu (Mind Body Fitness Club) @ Azhinjilam AUPS | Participatory Village/Health & Fitness |
| 364 | Snehavirunn Theruvile Koottukarkk | 20 th March 2023 | Mr.Jamsheed P(Sub.Inspector,Kerala Railway Police,Calicut), Hridayapoorvam, FTCOSA | Community Outreach Program |




 Principal
 Farook Training College
 P.O. Farook College (Calicut)

| | | | | |
|-----|---|-----------------------------|--|--|
| 365 | World Down Syndrome Day Celebration- With Us Not For Us | 21 st March 2023 | Dr.Anjali Viswanath(MBBS, MD,DNB-Consultant psychiatrist) Ms. Jeena James(Pediatric Physiotherapist, Hopeshore) NSS Volunteers @ Hopeshore Multi Disciplinary School for special needs | Special School Activities/ Day Celebration / Field Trip/Disability |
| 366 | Sparsham. Poem Writing Competition | 21 st March 2023 | NSS Volunteers | Art/Student leadership activity/Day Celebration |
| 367 | Nishtta | 23 rd March 2023 | Ms.Bindhu (Mind Body Fitness Club) @ Azhinjilam AUPS | Participatory Village/Health & Fitness |



Prof. (Dr.) T. Mohamed Saleem
Principal
Farook Training College
P.O. Farook College, Calicut



[Signature]
Principal
Farook Training College
P.O. Farook College (Calicut)