



# Farook Training College

Research Centre in Education.  
Farook College, Kozhikode, Kerala.

## Cycle 3 NAAC Re-accreditation 2023.

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#### Affidavit

I do here by certify that, all the pages in this document are duly authenticated by me, under my privilege as the Head of the Institution of Farook Training College Kozhikode, Kerala



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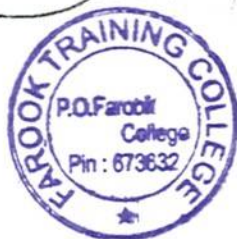




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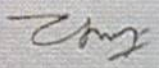
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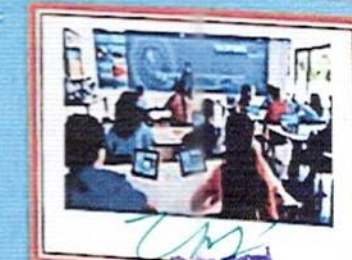
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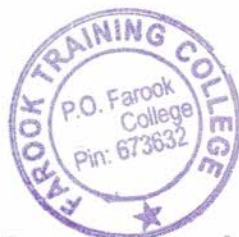
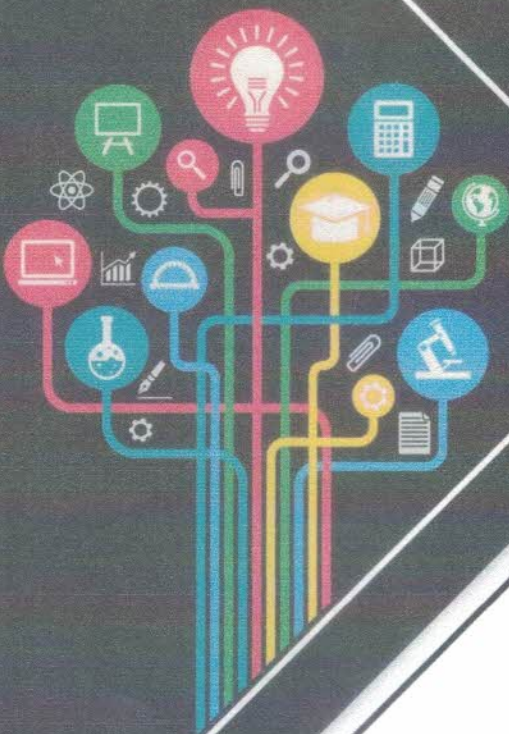
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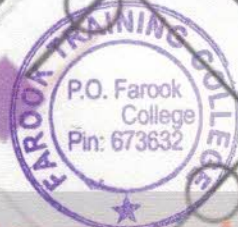
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AN OVERVIEW OF EMOTION REGULATION  
AMONG PLEASANT LEARNERS IN  
NATURAL SCHOOLS



**Dr. Fathima Jaseena M. P. M.**

Assistant Professor, Farook Training College, Kozhikode, Kerala.

ABSTRACT: Emotions are physiologically based peoples can not only experience and also their subsequent expression; this can be regulated. It has an important effect on learning and because schooling.

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Dr. Jaseena M. P. M.



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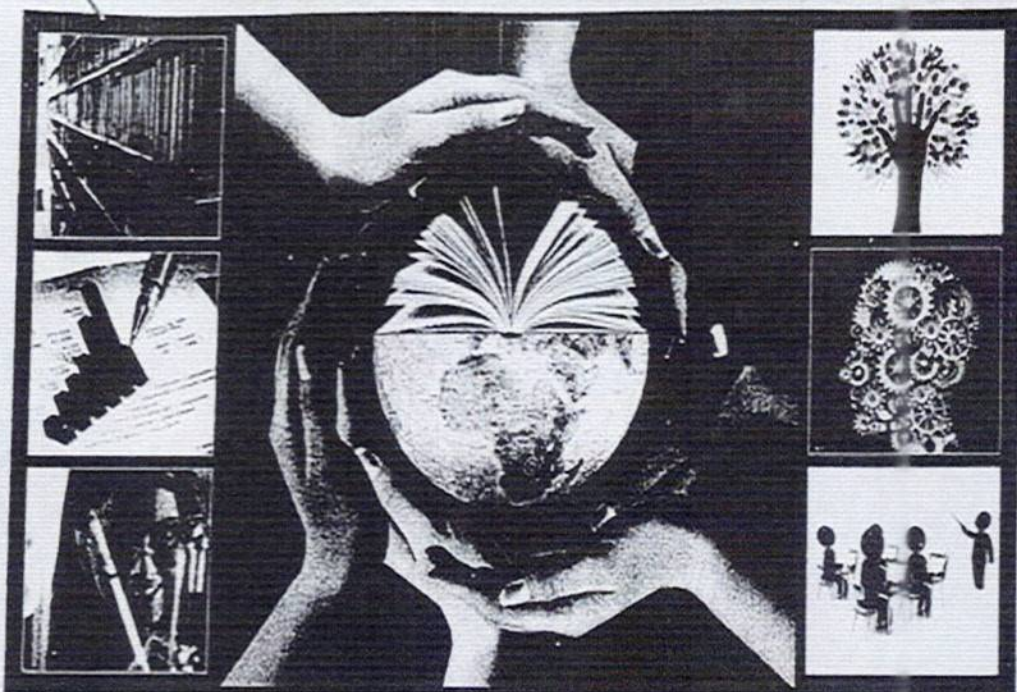
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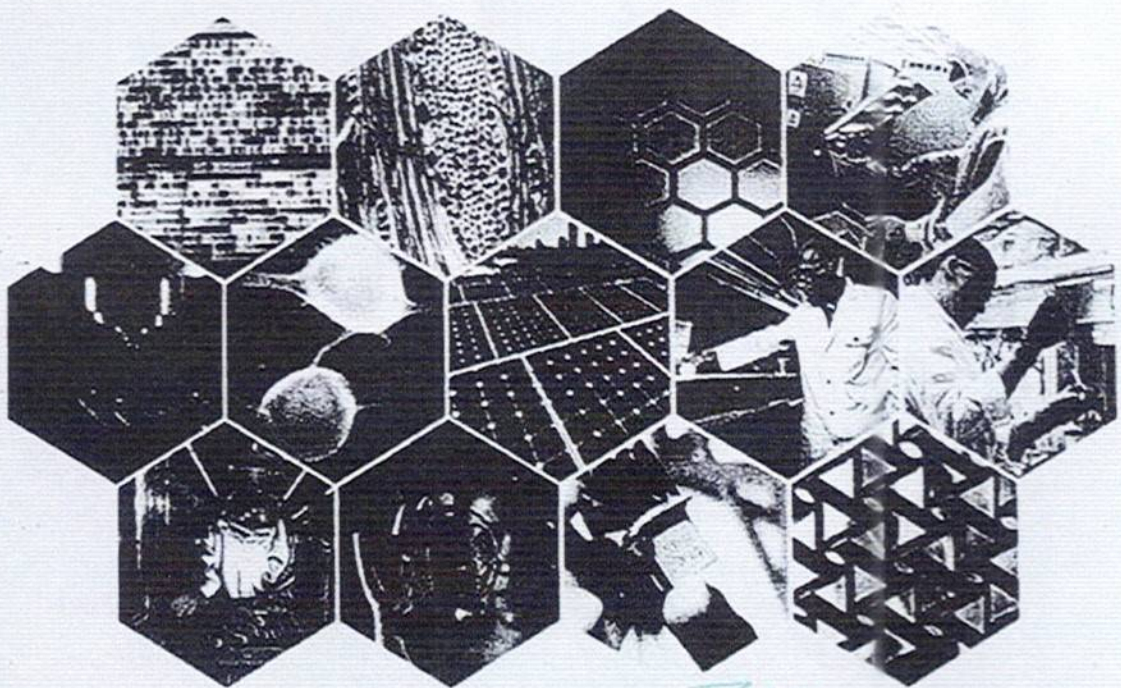
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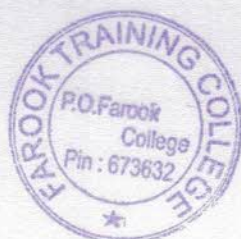
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