



Farook Training College

Research Centre in Education.
Farook College, Kozhikode, Kerala.

Cycle 3 NAAC Re-accreditation 2023.

SSR - Criterion III

3.3.2.1. Report of each outreach activity with seal and signature of the Principal

Affidavit

I do here by certify that, all the pages in this document are duly authenticated by me, under my privilege as the Head of the Institution of Farook Training College Kozhikode, Kerala



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Principal
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P.O. Farook College, (Kozhikode)

2022 – 2023

World Environment Day

5th June 2022

On World Environment Day, Natura, the Nature club of Farook Training College, joined forces with Bhoomithra Sena to organize a field trip to Kadalundi Bird Sanctuary on 05/06/2022. The collaborative event aimed to raise awareness about the environment. Dr. Afeef Tharavattath, the coordinator of Bhoomithra Sena, delivered a meaningful message during the occasion.

Distribution of Study Materials

17th June 2022

Farook Training College distributed learning materials to selected schools as part of the 'Hridayapoorvam' project. For the past fourteen years, students, teachers and alumni have been working together to bring about various social service activities under the name 'Hridayapoorvam'. Shri. KP Ahammed, Farook Training College Library Assistant, officially opened the distribution. The audience was warmly greeted by Dr. Afef Tharavattath, Project Coordinator. The event was attended by VR, Rinchu, and Binisha. Abdul Rahim Azhinjilam, President of the PTA, expressed his gratitude.

One -day Workshop on ' Edubuntu for Physical Science Teachers'

18th June 2022

A Webinar on "Edubuntu For Physical Science Teachers" was organized by "IQAC, Farook Training College" on 18th June, 2022. The objective of the webinar was to provide detailed knowledge to the teacher trainees, teachers, and teacher educators on what Edubuntu is and how to use it in classrooms. The resource person for the webinar was Mr. Nivedh KR, M.Ed. Student, Farook Training College, Kozhikode. After the welcome note and other speeches the resource person, Mr. Nivedh highlighted the importance and uses of Edubuntu. Many teacher trainees and lecturers from various training colleges took part in the webinar. This interactive webinar was delivered on the Google meet platform. The queries of the participants were clarified very well at the end of the talk. The programme ended by a vote of thanks.

Bhoomithrasena Nature Walk

21st September 2022



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A field trip named as ' Nature Walk ' was conducted by 'Symbios' Natural Science Association and 'Natura' Bhoomitrasena Club on 21st September 2022. A team of 15 students accompanied by Dr.Afeef Tharavattath, Associate Professor in Natural Science and Coordinator of Bhoomitrasena visited the Kadalundi estuary and community Bioreserve . Ms. Shabana.M and Dr. Prajitha delivered lectures on Estuarine biodiversity

"Improve Libraries, Empower Education Programme" Organized by Library and Knowledge Resource Centre, Farook Training College, Kozhikode

03-11-2022, 04-11-2022, and 10-11-2022

In continuum of the request received from The authorities of G.H.S.S. Thadathilparamba, Malappuram on renovation of school library, a team headed by the College Librarian, Mrs. Sabira M. and internship students of Farook Training College (Fadiya Jebin, Aparna, Sayyida Tahani, Dhishna, Jithin, Shabeeb, Raseel, Shahana Shibin), scientifically organised and set up the school library of G.H.S.S Thadathilparamba, Malappuram for use by the school students on (03-11-2022, 04-11-2022, and 10-11-2022). It was carried out as a part of "Improve Libraries, Empower Education Programme" instituted by Library and Knowledge Resource Centre, Farook Training College, Kozhikode which focuses on the development of libraries and reading habits among children. About 3000 books have been categorised according to language, literature, and further into student literature and subject based. The categorized books were classified according to their DDC numbers, spine labels were prepared and pasted. The setting up of the library was wrapped up by arranging the newly classified books on the shelves

Volunteers of FTC Students in Feroke Sub District Youth Festival

16-18th November 2022

Group of fourteen members including two from M.Ed . We splitted into four assisted by teachers, NCC and SPC students. The duty assigned to us includes cleaning the leaflets and tables, assurance of enough food to each one, refilling porridge and water, parceling the food for judges, finally supplying the food with content heart and smile. Each duties were successfully carried out with the direction of Arun the coordinator and other staffs. The crew made us even more happier lauding for the uncompromising assistance. Afterall, we have experienced the essence of teamwork and hardwork.



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**Three Days Workshop of Focus Group-3 on Vision Paper of Curriculum and Pedagogy
28-30th November 2022**

A three days' creative workshop of Focus Group 3 on Vision Paper of Curriculum and Pedagogy, was held at Farook Training College from November 28th to 30th, 2022. The Editing cum Translation was conducted in connection with the School Curriculum Revision under the auspices of SCERT, IQAC and Farook Training College. In addition to the eminent educationists, research scholars of Farook Training College took part in the workshop.

**Human Rights Day – Distribution of Food Packets to Streets
10th December 2022**

As part of Farook Training College's social service project Hrudaypurvath, under the auspices of Student Union, Kerala Railway Police in collaboration with Janamaithri Project distributed biryani packs to the street children of Kozhikode city. Inaugurating the program, Kozhikode Railway Police Sub-Inspector Jamsheed P reminded students to become advocates of humanity. College Union Chairman Ashil welcomed the program and project coordinator Afif Tharavattam presided over the event. Arun Kumar vote of thanks. Amina Misri, Ayesha Nida, Vidya, Smriti, Tabsheera, Arya and Nafia led the distribution of food packs.

**Distribution of Blankets
10th January 2023**

As part of the Christmas-New Year celebrations, Farook Training College organized the project "Hridayapoorvam" in collaboration with FTC Alumni Association-FTCOSA on 10th January 2022. "We can give a blanket, we can stay with you" project has been implemented to cool down around 60 poor families in the vicinity of the college. Farook Training College Old Students Association General Secretary Dr.TK. Umer Farooque Ramanatukara Municipal Councilor Mr. Abdul Hameed was inaugurated by handing over blankets. The coordinator Dr. Afif Tharavattath, Naureen Sharaf, Akhila Jasmin, Krishnapriya and Aswathi led the distribution.



Workshop on Comparative Education: India and Maldives

4th February 2023

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On Saturday, April 2, 2023, at 7 p.m., a webinar titled Comparative Education: India and the Maldives, Teaching Career Opportunities in the Maldives was held as part of the Social Science Association of Farook Training College. The program was organised by Mr. Fasalul Abid (social science teacher at Farook Training College) and first year B-Ed social science students. The resource person was Shebeer Babu, who works as a history teacher at Ghiyasuddin International School, Maldives. The webinar started at 7 o'clock, and Sadiq Ali gave the opening remarks. The class took a very detailed look at job opportunities in maldives and the comparison of the education system in India and Maldives. There was large participation of students from Farooq Training College and other colleges. After the presentation ended, there was a interaction session with Mr. Shebeer, and he responded to all of the students' queries. . The vote of thanks was delivered by Safna V. I.

State Level Workshop on Research & Publication Ethics

21st March 2023

Research Scholars Association of FTC a State Level Workshop on Research and Publication Ethics in order to honour Prof. (Dr.) K.P. Meera, Research Advisory Committee Member, who is retiring this year from Department of Education, University of Calicut. The workshop was conducted on 21st March 2023. The programme commenced at 10.00 am at MMI hall, FTC. Dr. T K Umer Farooque, Associate Professor and Research Coordinator, FTC welcomed the gathering. Principal of FTC, Prof. (Dr.) T. Mohammed Saleem chaired the session. This was followed by the honouring ceremony of Prof. (Dr.) K. P. Meera for her selfless contribution to the field of Education. Dr. K P Meera shared her insights and inaugurated the Workshop. IQAC Coordinator, Dr. K. Vijayakumari and Staff Secretary, Dr. Rishad K. felicitated the function. The official Vote of Thanks was delivered by Zeenath P.Y. , RSA Secretary, FTC. Morning session of the workshop started at 10.45am. The resource person was Dr. Divya C. Senan, Asst. Prof. University of Kerala.

Young Scholars Enrichment Programme

10th – 11th May 2023

Two day Young Scholars Enrichment Programme was organised by SCERT in collaboration with Farook Training College on the 10th and 11th of May 2023 at SCERT, Trivandrum. All the MED students of the academic batch 2022-24 and teaching faculty



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2021 - 2022

participated in the event. The programme began with the inaugural session on 10/5/2023 at 10 am. Principal, FTC, Dr.T.Muhammed Saleem presided in the event. Dr.Shoba, director, Research wing,SCERT presented the welcome address. Dr. Jayaprakash, Director, SCERT, inaugurated the event. Dr.MA Sudhir, Prof Emeritus Gandhigram University and Dr.C.Ramakrishnan presented the theme of the event. Senior faculty,FTC, Dr.N S Mumthas delivered the vote of thanks. In the afternoon session,faculties from various stakeholders of school education of Malappuram district from DIET,BRC,DPI,special educators, working teachers and other resource persons shared the venue and presented on the Issues and Challenges in School Education. In the evening session, MEd students got together with their research faculties for topic selection. The day ended with the draft topic presentation before peers.

On the second day of the event, all students presented their research proposal and each was put for discussion before the expert committee. Necessary modifications were made and topic for study was finalized. Valedictory function was organised in the afternoon session with presentation of reflection by students,faculties and expert resource personnels. Dr.Vijayakumari, IQAC Coordinator,FTC presented the vote of thanks.

Avenews 2021

One Day Workshop on Journal Finder/ Suggestion Tools and Software Tools to Identify Predatory Publications-

By Research Scholars Association of FTC

4th June 2021

As part of AVENEWS 2021, Research Scholars Association (RSA), Farook Training College, in collaboration with FTCIA have undertaken one day workshop on "*Journal Finder, Suggestions Tools and software tools to identify Predatory Publications-SPPU*" on 04/5/2021 at 2.30PM. The Workshop was handled by Dr. K S Sajan, Assistant Professor, NSS Training College, Ottapalam. Dr. Hassankoya M P (Research Coordinator) delivered the Welcome Speech and Dr. Mohamed Saleem, Principal presided over the function. It was followed by a prodigious presentation



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Sajan. The session started with the discussion on Topics in Research Ethics Syllabus Prepared by UGC, the same was followed by the University of Calicut. The Participants, Research Scholars from FTC and NSS Training College shared their views and concerns in the new paper Research Ethics as part of their PQE. After that, the Resource person went through very precisely all the aspects in Open Access publications in Research. He demonstrated various software tools to identify Predatory publications like SPPU and journal suggestions tools like JANE, Journal Finder and Springer Journal Suggester and also gave an elaboration on how it finds the right Journals. After the presentation, the Resource person and Participants shared their experiences, queries and concerns in Article Publications. Dr. K S Sajan also mentioned the Care list by UGC to find out the right Journals. The Programme ended at around 4PM with the vote of thanks by Mr. Anoop Thomas Alex, Senior Research Scholar. A total of 40 participants, in which research scholars from FTC and NSS Training College and Teacher Educators from FTC actively participated in the Workshop.

Distribution of Vegetable Kits at GLPS Karinkallai

4th June 2021

Farook Training College as part of the School Adoption Project distributed food kits including vegetables to the students of LP School. Farook Training College has decided to distribute food items to help parents who are unemployed considering the Covid pandemic. Project Coordinator Faseel Ahmed School handed over the items to the Headmaster in Charge Shri. Manoj Kumar. The distribution was in compliance with the Covid protocols in the presence of the school PTA president S. Suchitra, Mother PTA president Dhanyasree and Farook Training College library staff member Ahmed K

Tapioca challenge by FTC In order to Provide A Helping Hand to Farmers

4th June 2021

In order to help farmers who are facing challenges to sell their tapioca due to covid pandemic and rain, Farook training college staff had come up with a different challenge. They had bought nearly a ton of tapioca from farmers and distributed among the family members who couldnt go for job due covid pandemic in the nearest vicinity of college which includes Feroke, Ramanattukara municipalities and different wards under Vazhayoor Punjayath was the tapioca challenge.



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Tapioca was distributed in Paruthipara, Kunnammal, Melevaram, Kottamangalam, Karinkallai school, Ayinjilam Mappila L.P School, 4th division of Ramanattukara municipality, Snehatheeram Old age home. Tapioca distribution was coordinated by the Faculty Mr Faseel Ahammed and an Office staff Mr Ahammed. Ramanattukara municipal councillor Safa Rafeeq, K.K Muhammed Koya, U.K Ashraf, Melevaram AC store Subramaniyan, Karinkallai School headmaster in charge Mr Manoj Kumar, PTA president Sujithra S, Masood, Ayinjilam Mappila school manager Mr K.P Abdul Azeez, Raheem had received tapioca from different wards and distributed to the needy people.

Club House Meeting on Health Issues During Covid Pandemic

9th June 2021

Student Council of Farook Training College in Association with emergency management cell conducted a Clubhouse meeting on the topic health issues or problems during covid pandemic. the program is located on Wednesday (9th June 2021) between 7:30 p.m. and 9:30 p.m. on the official page of Farook Training College in the Clubhouse. Dr. Shimna Azeez, public health worker and Muhammad Aslam, NSS technical master trainee, was the chief guests of the programme. welcome speech was presented by Mr. noufal.C the adviser of student council. the programme was presided by Dr. Mohammed Salim principal farook training college. following the presidential address the chief guests were delivered their speech. After that, Very interesting and useful discussion was held. clear and precise answers were given by the resource persons to doubts of participants. The programme was ended with the vote of thanks speech of Dr. Richad, Faculty of Farook Training College.

Vayana Dinam @ GLPS Karinkallai (Reading Day)

19th June 2021

As part of School Adoption Project, Farook Training College donated books to the program 'Grhangana Library' and 'Amma vazhana' of Karigallayi G.L.P School in this reading day. About 150 books collected by Dr. Vijayakumari Teacher, the Associate Professor, FTC contributed to Grhangana library program. Sri. S. Manoj Kumar, Head Master in charge received the books from Dr. Vijayakumari. Rajitha K. V, Assistant professor, handed over books to PTA President Mrs. Suchithra for 'Amma Vayana' program. The Function was presided over by Faseel Ahammed, the coordinator of School Adoption Project ETC.



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PSC- Social Science Orientation Programme

19th July 2021

At the Farook Training College, Social Science Association Socio sapiens with under auspicious of FTCIA PTEP hosted an online PSC, HSA Social science general orientation on 19/07/2021 at 7:30 PM through Google meet. 47 students actively participated in the general orientation. According to the Orientation programme Student of B.Ed,M.Ed 2019-20 batches were given to opportunity to participate. The event was welcomed by Mr. Fasalul Abid C.M and the social science department HOD Dr. JouharMunavvir presided over by the programme. The Farook Training College principal Dr.Muhammed Salim T. inaugurated the Orientation programme. PTEP Cordinator Mr. Noufal.C also spoke with greeting of this program. The chief guest and college alumni was Mr.Jatheesh who spoke as a resource person.

This program was the useful orientation for the candidates who have applied for the Social Science exam. It also provided clear guidance and learning method and how to make the dream of HSA in the minds of job seekers come true. After class there was an interactive session for resolving doubts. The social science association Secretary Jamsheera .K, event ended with vote of thanks.

PTEP- PTEP-Prospective Teacher Empowerment Programme- *NET Online Orientation*

21 September 2021- 2nd October 2021

As part of our mission to equip our students to qualify NET examination , 10 days Online Enrichment sessions for NET aspirants was organised by Farook Training College, Calicut from 23/09/21 to 2/10/20. The initiative commenced on 23/09/2021 with the Inauguration and general orientation by Dr T Muhammad Saleem, the principal, Farook Training College. Presidential talk was delivered by Mr Nowfal C, the project director. Classes were handled by eminent resource persons including Dr Vijayakumari, Dr Jesa M , Dr Manoj Praveen G Dr Hassan Koya MP , Nowfal C, Dr. Muhammed K V, Rajitha KV, Dr Afeef T, Dr TK Umer Farooque, Fasalul Abid, Dr Fathima Jaseena ,KM Shareef, Dr JouharMunavvir, Irshana U, Rishad K, Dr Niranjana and on the various content areas covering the syllabus. The detailed schedule was given below



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PTEP-Prospective Teacher Empowerment Programme
NET Online Orientation
Tentative Schedule

SESSION	DATE	TIME	RP	TOPIC	AREA
1.	21/09/21	10-12 FN	Dr Muhammed KV MG UNiversity	Teaching Aptitude	General Paper
2.	21/09/21	2-4 AN	Dr Muhammed KV MG UNiversity	Inclusive Education	Core Paper
3.	22/09/21	2-3 AN	Dr T Mohamed Saleem Principal, FTC	General Orientation & Inauguration	
4.	23/09/21	1.30 -2.30 FN	Dr Jesa M	Reading Comprehension	General Paper
5.	23/09/21	AN 4-5.30	Rajitha KV	Higher education	General & Core paper
6	24/09/21	AN 1.30_3.30	Dr Jesa M	Curriculum	Core paper
7	24/09/21	Night 7-8.30	Dr JouharMunavvir	Guidance and counselling	Core paper
8	25/09/21	10-12 FN	Dr Afeef Tharavattath FTC	Pupil and Enviornment	General Paper
9	25/09/21	AN 2-4	Dr P Rekha	Sociology	Core paper
10	26/09/21	FN 10-12	Rishad K	ICT	General paper
11	26/09/21	AN 2-4	Dr Fathima Jaseena MPM	Curriculum	Core paper



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12	26/09/21	Night 7-8.30	Irshana Shahnaz Ulladan	Curriculum	Core paper
13	27/09/21	AN 2-4	Dr Nirnjana KP	Teacher education	Core paper
14	27/09/21	Night 7-8.30	Dr Umer Farooque	Growth and development	Core paper
15	28/09/21	AN 2-4	Nowfal C	Communication	General paper
16	28/09/21	Night 7-8.30	Fasalul Abid CM	Personality	Core paper
17	29/09/21	2-4 AN	Dr Anees Muhammed C	Research aptitude	General and core
18	29/09/21	Night 7-8.30	Dr Nazimudeen	Personality	Core paper
19	30/09/21	AN 2-4	Dr vijayakumari	Research in education	Core paper
20	30/09/21	Night 7-8.30	Muhammed Sareef K	Learner and learning process	Core paper
21	1/10/21	AN 2-4	Dr Manoj Praveen G	Technology in education	Core paper
22	1/10/21	Night 7-8.30	Dr Hassan Koya MP	Pedagogy and Andragogy	Core paper
23	2/10/21	FN 10-12	Dr Anees Muhammed	Indian Philosophy	Core paper
24	2/10/21	AN 2-4	Nowfal C	Assessment	Core
25	2/10/21	Night 7-8.30	Dr Afeef Tharavattathu	Education commission	Core

Blood Donation Camp on Memory of Late Ashokan Alaprath

6th October 2021



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Farook Training College Blood Donation Team 'Front in Need' won the blood donation award distributed in memory of Ashokan Alaprath, who was a prominent figure in the field of blood donation. The organization 'Front in Need' which has been active in the field of voluntary blood donation for the last thirteen years, is notable for the presence of female blood donors. Students received the award from Kozhikode Deputy Collector Shamin Sebastian at a function held at the Kottaparambu Govt. A blood donation camp and a memorial lecture was organized on the occasion. Dr. Afeef Tharavattath delivered the memorial speech. Twenty people, including 18 girls from Farook Training College, donated blood. Lunch was distributed to the patients and bystanders of the Medical College under the auspices of Front in Need. Rotary District Governor Dr. Rajesh Subhash presided over the function. KBDF Secretary N.K. Ganesh expressed vote of thanks.

Handovering Renovation Materials to GLPS Karinkallai As Part of New Academic Beginning

27th October 2021

As part of the Farook Training College School Adoption Project, Project Coordinator Mr Faseel Ahammed handed over the renovation materials like paint and other cleaning materials to Mr.S.Manojkumar, the headmaster of Karingallayi GLPS. It was for the renovation and cleaning purposes before the reopening of schools after long Covid pandemic. Student's Union Chairman Midhun Gopi and Union member Akhil.K were present.

Cleaning Activities @ GLPS Karinkallai As Part of New Academic Beginning

29th October 2021

As part of the opening of the schools, Farook Training College B.Ed students conducted cleaning activities in FTC Adopted school, Karingallayi GLP School premises and classrooms. School Adoption Project Coordinator Mr Faseel Ahmed and Karingallayi GLP School Head Master Manoj Kumar.S led the works. Students Akhil Balaraj, Megha T, Anjana M, Kavya Chandran, Tintu Sebastian, Nila P Shanty, Anmary Shaji, Jinesh Kumar, Sameera PP, Fazeela NM, Mithun Gopi C and Anjana. M were present

Distribution of Study Materials to GLPS Karinkallai

1st November 2021

As part of the Farook Training College School Adoption Project, Karingallayi GLP School students were provided with study materials including bags. Farook Training College



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Principal Professor Dr. T. Muhammad Saleem inaugurated the distribution of study materials by handing over it to the School Headmaster Mr Manoj Kumar. Then the welcome ceremony for freshers was inaugurated by Ramanattukara Municipal Ward Councilor K. Geetha. PTA President M.S. Suchitra, Former Ward Councilor M Prakashan and Farook Training College Assistant Professor Dr. Fathima Jaseena also greeted the gathering. PTA officials and parents attended the function. M.Ed students Afeefa, Jazeela, Bhavya, Amrita, Najma, Jasmine, Najda, Ajmala, Murfia, Jumana and Anjali performed various activities for the children. Farook Training College School Adoption Coordinator MrFaseel Ahamed and teachers Dr. Afeef Tharavattath and Noufal.C led the events.

Children's Day Celebration @GLPS Karinkallai

12th November 2021

Farook Training College M.Ed.and D.E.C.C. E students organized Children's Day celebrations at Karingallayi GLP School. As part of the celebrations, hats were made at the school and various children's art activities were held. FTC School Adoption Project Coordinator MrFaseelAhammed,M.Ed and D.E.C.C.E students Reshmi, Haritha, Aishwarya, Lavanya, Sonima, Fasna, Mustafa, Srilal Afifa, Fasna, Fida, Irfana, Ayesha Jumaila and Nasila led the program.

Hridayapoorvam- By MEd First Year Students

22nd December 2021

'Hridayapoorvam' Project of the 2021-23 batch of Farook Training College has started. The ceremony which was held at the railway station premises was inaugurated by the 'Hridayapoorvam' coordinator Dr. Afeef Tharavattattu. The project started with the distribution of biryani packets to street dwellers in Kozhikode city. The biryani packets were distributed under the leadership of first year M.Ed students.

X'mas& New Year celebration @ GLPS Karinkall

22nd December 2021

X'mas celebration at GLP School Karinkallayi, our adopted school was started with the official programmes.Basil (first year B.Ed) welcomed all the programme. The presidential address was delivered by Sajna (1st year B.Ed). Mrs. Kavitha, the Headmistress of the school inaugurated the programme and Mr. Manoj (Teaching faculty, GLPS Karinkallayi) and




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Sujithra, PTA president felicitated the function. Vote of thanks was extended by Sinobia (1st year B.Ed) Jasmine (2nd year M.Ed) communicated the message regarding the X'mas.

All of the students were given a chance to participate in any items like song, story telling, dance etc. They made it an active session and crayon boxes were presented to all students as a gift. A coloring competition was also there and the students were really interested. X'mas cake cutting was done by Ms. Kavitha and it was distributed among students, teachers, parents and other aunties there. Their happiness was in explainable. Some games like musical chair was also conducted in an interesting way. All students actively participated in each activity. Gifts were presented to all participants by our teachers. The presence of our beloved teachers Dr. Niranjana KP, Mr. Noufal, Ms. Aswathy and Dr. Afeef Tade the event more colourful and the guidance of Mr. Faseel Ahammed, the teacher in charge of school adoption project was super. We together sang the X'mascarol and the programme ended with a delicious special lunch.

PTEP- SET Orientation Programme

5th – 6th January 2022

Farook Training College has conducted offline orientation program on Tuesday & Wednesday, 4-5 January 2022 for the aspirants of State Eligibility Test (SET) to be held in near future. The first day of the program held at the college auditorium on 4th January was formally started at 10:00 am with the welcome address by Ms. Rahidha, followed by presentation of the outline of the program by Dr. Anees and a motivational remark by Dr. Farook. While Mr. Navas Kalpatta, a well-known motivator trainer and chief Resource Person handled the main content of the program covering areas of General Knowledge and Current Affairs. Apart from short 15minutes refreshing break at 11:30 am, and the lunch break during 1:00 pm – 2:00 pm, participants enjoyed the valuable sessions until 4:00 pm when the program was formally concluded with vote of thanks rendered by Ms. Raveena Krishnan. This successful orientation program was well coordinated by Mr. Noufal C.

Whereas, the second day of the program was held at the M Ed lecture hall on 5th January 2022 and Dr. Anees Mohamed delivered a detailed PowerPoint presentation on Research Methodology, elaborating various aspects of research including research aptitude, preparing research proposal, tools and techniques to be used for research etc. Dr. Anees also discussed some of the questions asked for SET examination during previous years. At the




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end of the second day's session, Ms. Greeshma, M Ed student rendered vote of thanks. SET aspirants from Farook Training College greatly appreciated the orientation program.

First Aid Awareness Programme @ GLPS Karinkallai School

13 January 2022

A first aid training and awareness class for students ,parents and teacher's were conducted at GLP School Karingallayi under the leadership of Farook Training College School Adoption Project. Farook Sub-district AEO Sri. Ajith Kumar. P inaugurated the program. Dr. T. Mohammad Saleem, Principal, Farook Training College was the chief guest at the inaugural function which started at 2 pm. School PTA President Suchitra presided and Rajan P, President of School Preservation Committee, addressed the function. FTC Principal Dr T Muhammad Saleem handed over the first aid kit prepared by the FTC DECCE students to Karingallayi GLPS headmistress Mrs Kavitha. School Headmistress Mrs. Kavitha welcomed the function and School Staff Secretary Manoj Kumar thanked. Following this, Faseel Ahmed, Physical Education Assistant Professor and First Aid Trainer, Farook Training College conducted a first aid training and awareness class for parents and students. Farooq Training College D. E. C. C. E students Shaibuna V. P, Hasna Fabi, Fida C, Fasna, Fabina, Jalwa and Fatima Nijila, organized a first aid play for school children. School PTA officials and Farook Training College student Basil OP led the program.

Blood Donation Camp

22nd February 2022

A voluntary blood donation camp was conducted at the college auditorium on 22.2.22. Farook Training College blood donors forum friend in need in association with FTCOSA (Farook Training College Old Students' Association) and Kerala Blood Donors Forum organised the camp. A total of 100 members participated in the camp and 52 persons donated the blood. Dr.TK Umer Farooq (General Secretary FTCOSA) welcomed the gathering. Principal Dr.T Muhammad Saleem inaugurated the function. Dr.AfeefTharavattath received a momento for his fiftieth blood donation. Mr.Shajahan, secretary KBDF felicitated the gathering. Student coordinator Midhun Gopi delivered vote of thanks.

Anti-Drug Awareness Programme- Say Yes to Life, No to Drugs

11th March 2022



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Aiming to provide an insight on qualitative research and its analysis, RSA in collaboration with IQAC organized one day workshop on ANALYSIS OF DATA IN QUALITATIVE RESEARCH on 10.03.2022. Shafeek P, welcomed the participants and Prof(Dr.) T. MOHAMED SALEEM T, principal of Farook Training College inaugurated the workshop. Dr. UMER FAROOQUE T.K, Research Coordinator chaired the session. Dr.Hassankoya M.P facilitated the programme. Technical sessions of the workshop led by Dr.Noushad P.P(Associate Professor, School of Gandhian Thought and Development Studies, MG University, Kottayam). The workshop was very effective for budding scholars and M.Ed. students. Preetha George, RSA representative delivered the vote of thanks.

PTEP- Prospective Teacher Empowerment Programme- K-TETCoaching Class

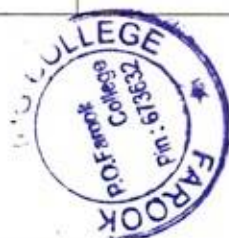
18 April 2022 – 26th April 2022

As part of our mission to empower prospective teachers and to equip our students to qualify for the KTET examination, 8-day online enrichment sessions for KTET aspirants were organised by Farook Training College, Calicut from 18/04/22 to 26/04/22. Classes were handled by eminent resource persons including Dr. Muhammed K V, Abdul Qadir, Dr. Afeef T, Dr. TK Umer Farooque, Rajitha KV, KM Shareef, Nowfal C, Dr Hassan Koya, Dr JouharMunavvir, Fasalul Abid CM, Irshana U, on the various content areas covering Psychology, Pedagogy, English, Malayalam, Social Science, Physical Science, Natural Science, and Mathematics based on the syllabus prescribed for KTET category 3. Mr. Nowfal C, the project director, along with student coordinators Jineesh Kumar and Anjana, coordinated various sessions.

Schedule

Mode: Online

Sl No.	Date	Resource Person	Topic	Time
1	18/04/22	Dr Muhammed KV, Assistant Professor, MG University	General Orientation and Teaching Aptitude	9.30-1 pmFN (Offline)
2	19/04/22	Rajitha KV, FTC	Malayalam	10-12.30, FN



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4	19/04/22	Rajitha KV, FTC	Malayalam	1.30-3.30, AN
5	20/04/22	Mohammed Shareef, FTC	Learning Theories	10-12.30, FN
6	20/04/22	Abdul Qadir	Developmental Theories	1.30-3.30, AN
7	21/04/22	Nowfal C, FTC	Assessment and Evaluation	10-12.30, FN
8	22/04/22	Dr Umer Farooque TK, FTC	Growth and Development	10-12.30, FN
9	23/04/22	Nowfal C, FTC	General English	10-12.30, FN
10	23/04/22	Dr Aseel Abdul Wahid	Children with special Needs	1.30_3.30, AN
11	24/04/22	Optional	Optional	FN &AN
12	26/04/22	Dr Afeef T, FTC	Factors affecting learning	FN

Webinar on Mental Wellbeing of Children during Covid 19

15th August 2020

A parent webinar was organized in collaboration with the Ministry of Information and Broadcasting, Government of India in connection with the FTCIA Web Talk Series organized by Farook Training College. The program aims to educate students, teachers and parents about the mental well-being of children during the Kovid 19 period. College Principal Dr. T



T.M.
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2020 - 2021

Muhammad Saleem delivered the inaugural address. Kannur District Mental Health Nodal Officer Dr. Vanathi Subramanian, MD Psychiatry delivered the keynote address. She talked about the different mental problems of children and how to solve them.

Union Adviser Mr. Nowfal C presided over the ceremony. Uday Kumar, Field Assistant, Ministry of Information and Broadcasting, Government of India, felicitated the event. Field Officer, Ministry of Information and Broadcasting, India Shri. Preejith Kumar presented the welcome note. Jabir proposed the vote of thanks.

Webinar on Research & Publication Ethics

25th August 2020

As part of Avenews 2020, Research department have undertaken a webinar on 25/8/2020 at 10.45AM on "*Research & Publication Ethics*". The Webinar handled by Dr.Vinod V M, Assistant Librarian, Research Desk, CHMK Library, University of Calicut. Dr Hassankoya M P delivered the Welcome Speech and Dr. Mohamed Saleem presided over the function. It was followed by a prodigious presentation by Dr. Vinod V.M. The Resource person went through very precisely all the aspects of Plagiarism. He mentioned various types of plagiarism and examples. After that, he introduced the Plagiarism detection software URKUND and gave an elaboration on how it detects, prevents and handles plagiarism. He Explained the Guidelines for submitting Documents in URKUND with a Demo. After the presentation, the resource person cleared all queries from the participants. The Webinar ended at around 1.45pm with the vote of thanks by Mr. Anoop Thomas Alex(Senior Research Scholar).

PadanopakaranaVidaranam

Distribution of Learning Resources

27th August 2020

As part of the School Adoption Project of Farook Training College, learning resources were distributed to the students of GLPS Karinkkallai. College Principal Dr. T Muhammed Saleem inaugurated the distribution by handing over the materials to S.Manoj Kumar, HM In charge at GLPS Karinkkallai.

All the students from class 1 to 4 will receive kits including Notebooks, Workbooks, Drawing books and pencils. Mr .Fasalul Abid, Assistant Professor, Farook Training College was also present in the function.



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Five Days Online Orientation for NET Aspirants

5th - 11th September 2020

Each One Teach One project is being launched as part of the FTCLIA to prepare students for various competitive examinations, to encourage each other, to create collaborative learning environment, to provide specialized training in teacher qualification examinations such as NET, SET and TET under the guidance of expert faculties, and to equip children for government employment along with education. Its first activity is happily started with a 7-day training program for UGC NET aspirants. As part of the Each One Teach One NET General Paper Free 7 days Online Coaching Programme being conducted by Farook Training College, Calicut commenced on 5th September 2020.

Jb. Muhammed Younus, Secretary of Farook Training College Management Committee gave the inaugural address followed by the Presidential talk by Principal Dr. T. Mohammed Saleem. The college YouTube channel Gurudarsan live telecasted the Inaugural cum General Orientation Session. The Class was handled by Dr.P.P.Noushad, Associate Professor, MG University which was an inspiring and eye opening for all NET aspirants. Mr. Noufal C, Director of the Finishing School and Mrs. Irshana Shahnaz, Associate director of Finishing School presented the note of welcome and thanks respectively.

Gurudarsan Faculty Lead Innovative Programme(G-FLIP)

9th September 2020

As part of social outreach programme by Gurudarshan, the official YouTube channel of Farook Training College the GFLIP was inaugurated today. The aim of the project is to bring knowledge to all through the use of YouTube media. Gurudarshan-led project Gurudarsan -Faculty lead innovative programs (G-FLIP) benefits the general public, teachers, students and parents by using the expertise of faculties.

The programme was inaugurated by Prof EP Imbichi Koya , Manager, FTC. Principal Dr. T. Mohammed Saleem delivered the Presidential address. A video on TPACK by Mr. Mohammed Sareef K, Assistant Professor was released as part of the launching programme. IQAC Coordinator Dr. Manoj Praveen G and Research Coordinator Dr. Hassam Koya MP.



Dr. Hassam Koya MP
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presented the felicitations. Mr. Fasalul Abid, Director of Gurudarshan and Dr. Fathima Jaseena MPM, Associate Director of Gurudarshan presented the notes of welcome and thanks respectively.

National Education Policy 2020

22nd September 2020

The fourth lecture in web talk series organized by Farook Training College Liberte Student Union in collaboration with OCLP was delivered on Friday, 22nd September 2020 at 2.30 pm. via Google meet with live streaming through YouTube Channel. Prof. Dr K N Gireesh, a prominent thinker, writer, historian and retired Professor who is actively involved in the public sphere of Kerala through his eloquent discourse and writing in a distinctive style, spoke on the topic National Education Policy. In his beautiful discourse, K.N Ganesh was able to accurately present both sides by examining the possibilities of the ideas put forward by the new education policy and sharing the concerns and challenges and critically evaluating the impact that many of the proposals of the new education policy are going to have on the current educational situation.

College Principal Dr. T Mohammad Saleem gave an introductory speech at the function which was presided over by Staff Advisor Mr. Nowfal C, UUC Mr. Sadhiq welcomed and Ms. Shafeena proposed vote of thanks.

FTC Recruitment Drive Webinar

3rd October 2020

Farook Training College has organised an online Recruitment Drive Webinar on October 03, 2020. The objective of the programme was to give the participants an orientation about career opportunities in the field of Education and to help for placements. The programme was organised in collaboration with Edleem Inspiring Educators, a leading virtual school and educational service platform in India and abroad. The programme started at 10.00 am with the welcome speech of Dr. C. Anees Mohammed, Co-coordinator of the programme and Director of Placement Cell. The programme was presided by Dr. Muhammed Salim, Principal, Farook Training College. Felicitation was given by Mohammed Shareef, Staff Secretary, Farook Training College.




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The key note address was delivered by Abdul Shareef, Head, Edleem Inspiring Educators. He pointed out the importance of gaining true education and explained various job opportunities in the field of education. He offered placement for the participants if they fulfilled Edleem's selection criteria. There was opportunity for the participants to ask their doubts regarding the placement procedure. Many participants expressed their gratitude for giving chance to participate the event. Dr. Mohammed Nasimudheen, Associate Director of Placement Cell thanked the programme. The programme was organised on ZOOM. The number of participants was sixty. The programme was wrapped up at 12.00 pm.

Ten Days Online Enrichment Session for LPSA/UPSA Teacher Aspirants

10th – 20th October 2020

As part of our mission to mould quality teachers, Professional Teacher Enrichment Project, 10 days Online Enrichment sessions for LPSA and UPSA aspirants was organised by Farook Training College, Calicut from 10/10/20 to 20/10/20. The initiative commenced on 10/10/2020 with the Inauguration by Mr. Mansoorali Kappungal, well known and proven PSC thriller having qualified a number of service examinations. Presidential talk was delivered by Principal Dr. T. Mohammed Saleem.

The college YouTube channel Gurudarsan live telecasted the Inaugural and valedictory Sessions. Classes were handled by eminent resource persons including Abdul Qadir, Faris, Sandeep, Dr. Muhammed K V, Rafeeq, Naseer and KM Shareef on the various content areas covering Psychology, Pedagogy, Social Science, Basic Science and Mathematics. An online mock test was also conducted for the participants on 20/10/2020. Mr. Noufal C, Director of the Finishing School and Dr. Manoj Praveen G, Coordinator of Finishing School and IQAC Coordinator respectively presented the note of welcome and thanks. Dr Hassan Koya MP, Dr Anees Mohammed C, Mrs. Irshana Shahnaz U, Mr Faseel Ahmed, and Mr Fasalul Abid coordinated various sessions.

Children's Day @ GLPS Karinkalli School

14th November 2020

As part of Farook Training College School Adoption Project children's day was celebrated in WhatsApp group of parents and children, GLPS, Karinkallayi. The program began with concerns that the school could not be run directly because it was not open in the context of the Covid 19. Manoj Master welcomed the gathering which started on November



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14 at 7 pm. Ward Councilor Prakashan M inaugurated the function which was presided over by Mrs. Suchitra. Dr. T. Muhammad Salim, Principal, Farooq Training College was the chief guest. Farooq Training College School Adoption Project Coordinator Fazil Ahmed, College faculty member Dr. Afif Tharavattam, Staff Secretary K. Muhammad Sharif and Student Union Chairman Sreehari addressed the gathering. This was followed by an online quiz competition and various cultural program in which all the students actively participated. The program came to end at 9 p.m.

Ten Days Online Enrichment Session for KTET Teacher Aspirants

7th – 18th December 2020

As part of our mission to empower prospective teachers and to equip our students to qualify KTET examination Prospective Teacher Empowerment Program, 10 days Online Enrichment sessions for KTET aspirants was organised by Farook Training College, Calicut from 07/12/20 to 18/12/20. The initiative commenced on 07/12/2020 with the Inauguration and general orientation by Dr T Muhammad Saleem, the principal, Farook Training College. Presidential talk was delivered by Mr Nowfal C, the project director. The college YouTube channel Gurudarsan live telecasted the Inaugural and valedictory Sessions. Classes were handled by eminent resource persons including Abdul Qadir, Faris, Nowfal C, Dr. Muhammed K V, Rajitha KV, Dr Afeef T, Dr TK Umer Farooque, Fasal Abid, Dr Fathima Jaseena, KM Shareef, Dr Jesa, Dr Hassan Koya, Dr Manoj Praveen, Dr Jouhar Munavvir, Irshana U, Rishad K, Dr Niranjana and Dr Vijayakumari on the various content areas covering Psychology, Pedagogy, English, Malayalam, Social Science, Physical Science, Natural Science and Mathematics based on the syllabus prescribed for KTET category 3. Dr Anees Mohammed C, Mrs. Irshana Shahnaz U and Mr Faseel Ahmed coordinated various sessions.

Home Lab Project @ GLPS Karinkallai

31st December 2020

GLPS Karinkallai, the adopted school of Farook Training College, has started a home lab project to nurture students' interest in science. Ward Councilor Smt. Geetha inaugurated the project on 31.12.2020 and Dr. Mohammad Saleem, Principal, Farook Training College announced the support of Farook Training College in the venture. Dr. Hassan Koya MP, Associate Professor, Farook Training College delivered the keynote address. Mr. Faseel



Mr. Faseel
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Ahmed, Assistant Professor & School Adoption Project Coordinator, Farook Training College and Mrs. Rajitha KV, Assistant Professor, Farook Training College presented the felicitations.

Home Library Empowerment Project @ GLPS Karinkallai

1st January 2020

As part of the Farook Training College School Adoption Project, GLP School Home Library Empowerment Program was launched at the school. Farook Training College Principal Dr.T. Muhammad Saleem inaugurated the project. The inauguration was held under the auspices of the Farook Training College School Adoption Project. School Headmaster in Charge Shri.Manoj Kumar, School Adoption Project Coordinator Mr. Faseel Ahammed, School P.T.A President Suchitra, Vice President Divyasree and Farook Training College teachers Dr. Niranjana KP and Mr. Rishad K also attended the programme.

Placement Drive for MEd & B.Ed Students

18th March 2021

Farook Training College Placement Cell conducted an interview in collaboration with Master Vidya to select potential teachers towards the launching of a new educational app in 3 phases on 18 & 29 March and on 3rd April 2021. Nearly 80 candidates appeared in total and 20 teachers were selected by the panel of experts which included Dr. Hassan Koya, Dr.C.Anees Muhammad and Dr.T. Nasimuddin led by Principal of FTC Dr. T. Muhammed Saleem and CEO, Master Vidhya, Mr. Muhammed Shafeeq.

FIT TREAT- Online Post Covid Fitness Training

20th May 2021

Department of Physical Education of Farook Training College in collaboration with Government Arts and Science College, Kondotty jointly organized the **Fit Treat** Online Post Covid fitness training counselling to provide guidance on how to do breathing exercises, yoga and other physical exercises at home in the present scenario of pandemics. About 80 people from the various parts of Kerala participated in this counselling organized through Google Meet. The program was done by sending videos, pictures and audio to all of them through WhatsApp and Google Meet.



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2019 - 2020

The event went ahead with the supporting hands of fitness trainers and consultants Dr. M Antony, the Principal of peevces public School Nilambur , Mr. Faseel Ahammed, Assistant professor at Farook Training College and Dr. Abdussalam K, Head of the department of physical education, Government Arts and Science College Kondotty.

SOLACE Counselling Clinic By FTC-EMC & FTC Alumni

29th May 2021

In order to address the concerns and psychological problems faced by students against the backdrop of Covid-19, official launch of Solace Counselling clinic under the guidance of Emergency Management cell of Farook college was held on 29th May 2021 at 10 am. The program was inaugurated by former HOD of The Department of lifelong education and International TCI faculty, Dr. Thomas Abraham. The programme was presided over by the principal. The inaugural speech was delivered by EMC Director and teacher Dr Afeef Tharavatath with Ms Irshana being the moderator. FTCOSA Secretary Dr TK Umar Farooq conveyed his wishes. The programme came to end by 11 am with vote of thanks conveyed by General convener Midhun Gopi.

Panorama- Knowing the City of Truth- Calicut

23th June 2019

Calicut Heritage Trial initiated to know the history and heritage of the legendary city of truth- Calicut conducted by FTC Panorama in association with Art and Heritage Foundation, Calicut on 32/06/2019. The programme lead by Captain Ramesh Babu, NIRDESH, Chaliyam . Dr. Afeef Tharavattath, coordinator of Panorama Natura lead the programme followed by Mr. Ashraf Ali and students of FTC.

Padanopakarana Vidaranam *Distribution of Notebooks*

18th June 2019

On behalf of Hridayapoorvam project, the students of Farook Training College supplied around 500 note books for six schools nearby the campus to support the needy students. Sri. Najib, Head Master of Farook Higher Secondary School, Farook College inaugurated the program. Mr. Ahamed, library staff, FTC coordinated the program. Students



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representatives from all the optional classes and MEd students made the venture a grand success.

Praveshanolsavam @ GLPS Karingallai

6th June 2019

Praveshanolsavam, was studied with novelty this year. This is for the first time that all students ranging from minus two to plus two are getting advent to school. However it was the students, members of Karinkalayi Govt. L P School and Mr. Hamsath Ali who made the praveshanolsavam a festive one. Mr Hamsath, a Payyoli native is retiring from his H M post this year. He gifted a self-built Tagore statue and a huge Gandhi portrait to his dearest students.

Hridayapoorvam- Friend in Need

Voluntary Blood Donation Camp

30th July 2019

'Hridayapoorvam' conducted a 'Friend in Need' campaign of Blood Donors Forum. Farook Training College organized voluntary blood donation camp at the campus in association with the Perinthalmanna Thaluk Hospital on 30/07/2019. About 70 persons including teaching and non teaching staff, Students of B.Ed. and M.Ed and the alumni students were participated in the camp

Hridayapoorvam- Visit To PrasanthiSpecial School

23rd July 2019

Hridayapoorvam- Campus extends to community to share, care and cure. Various social service activities are organized and conducted under this scheme. As part of this project, the extension programme, M.Ed. students of Farook Training College visited Prasanthi Special School, Pantheerankavu, Calicut on 23/07/2019. Principal Dr. CA Jawahar oriented the students about the functioning and classroom practices of the school and the students interacted with the teachers and students.

In addition to the M.Ed students sponsored the lunch for the day. Dr. Afeef Tharavattath, Extension Programme Coordinator, Dr. TK Umer Farooque, DrNiranjana KP were accompanied the students.

Natura- Planting the Trees



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9th July 2019

'NATURA' is the nature club of Farook Training college and is affiliated to Malabar Natural History Society. 'Conserve the nature, Build the future' is the slogan of Natura. Recycling of waste materials, sapling of plants, drinking water facility, fish harvesting, introducing mug and glass to the teachers and students are the few initiatives taken by Natura.

This time, Nature initiated to plant few trees in and around the campus, which is a joint venture of first year B.Ed. & M.Ed students and the alumni of batch 2017-19. The programme headed by Dr. Afeef Tharavattath, Coordinator of Natura, Mr. Anto Kuryan, Ms. Sukrtha, Abdul Basith, Mr. Saran and Mr. Aneesh

Aksharadeepam

Strengthening the Library of Schools at Muthanga, Waynad

4th September 2019

The 'Aksharadeepam project' is a prestigious project of Farook Training College to support the school libraries. The libraries of the schools where the teacher trainee undergoes their teaching practice cum internship are empowered with books. It is a life-long educational support and is unique of that kind. The programme is run by the fund raised by the teacher trainees of respective schools

The students and staff of Farook Training College distributed the books worth Rs. 6000/- on 4th September 2019 with a view to strengthen the library of schools around Muthanga, Waynad region, as part of the mission 'Aksharadeepam'. Dr. Afeef Tharavattath, the Programme convener and Assistant professor of Farook Training College inaugurated the function. The selected students from B.Ed and M.Ed and Dr. Umer Farooque TK were accompanied for the programme.

Kodikaineetam

4th September 2019



Umer
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'Kodikaineetam ' is a project by Hridayapoorvam of Farook Training College. Here the students collect new dresses by their own effort and handed over to ADORA, an NGO working among tribes of Waynad district. The dresses handovered to Ms. Nargees Beegam, coordinator of ADORA by Dr. Umer Farooque TK., Assistant profesor of FTC accompanied by Dr. Afeef Tharavattath , coordinator of Hridayapoorvam and students of Hridayapoorvam project 2019-20

Onam Celebration @ GLPS Karingallai

6th September 2019

Karinkallayi G.L.P School celebrated Onam festival along with Farook Training College School adoption project and School PTA members. Onam feast and various programmes were held in the school .The full students got prize and also Onapudava were distributed for the cooking staff. Previous head master Mr. Hamzathali , Valsala and prasanna were greeted in this function. Ramanattukara municipal ward councilor Mr. Prakashan N, school protection committee president Mr. Rajan P , School Adoption project co-odinator Mr. Faseel Ahammed , PTA president Ms. Suchithra , Farook Training College Assistant professor Mr. Mohammed Sareef were participated in the colourful Onam celebration.

VIDHYA THEERAMUNION INAUGURATION

23rd September 2019

The Farook Training College School Adoption Scheme has been launched VidyaTheeram at Govt. L P School Karinkallai as part of the third phase of the project. The project aims to uplift the students achievement in the area of English, Mathematics and Malayalam

A specially trained first semester B.Ed Students will be instructed. School Adoption Program Convener Faeel Ahammed said the program would be implemented three days a week to provide the services of these students to the school.

Aksharashree - Farook Training College MEd students gifts Books

to celebrate birthday

1st October 2019



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Farook Training College students celebrates their birthdays with a pleasant twist. This special project of giving books to the adopted school of FTC, GLPS Karinkallai has been conceived by the MEd students and christened as Aksharashree. The project was inaugurated by Dr. CA Jawahar, Principal of the college who complemented the project as commendable since students today celebrate their birthdays in affluence and mere showoff. The message here is that of goodness and thought provoking.

The project is being implemented in the leadership of MEd Association. Coordinator Dr. T.K. Umer Farooq presided over the function. MEd students Anu K, Anto and Felisha handed over their birthday gifts to school Adoption Coordinator Mr. Faseel Ahmed, Assistant Professors of the college, Dr. Afeef Tharavattath, Dr KP Niranjana and Rajitha KV spoke on the occasion.

MEd Association Secretary, Shabeeha Shamsad and K. Muhammed Ismail delivered the notes of welcome and thanks respectively.

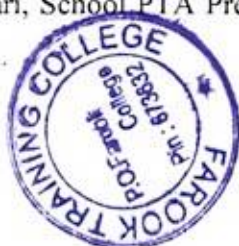
Gandhi jayanthi: Message for Clean Awareness Shanti

(Hygiene Awareness Peace Message)

2nd October 2019

Farook Training College and Karinkallai GLP School jointly conducted 'Hygiene Awareness Peace Awareness Walk' to mark the occasion of Gandhi Jayanti. The march, led by Farook Training College School Adoption Project, was flagged off by Ramanattukara Municipal Ward Councilor M. Prakash and Farook Training College Principal Dr.CA Jawahar. The 'Shanthi Sandesha Yathra' which started from Karinkallai school ended at Farook Training College.

Students and teachers of Farook Training College along with the Teachers, Students and Parents of the school participated. FTC School Adoption Program coordinator Mr. Faseel Ahmed, Karinkallai GLP School Head Master Mr. N Anand Kumar, Staff Advisor Dr. K. Vijayakumari, School PTA President Ms. Suchitra, Dr Umar Farooque and Rishad.K led the event.



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Climate change and natural disasters are caused by man who has been trying to conquer nature said the Principal of FTC, Dr.C A Jawahar . He was inaugurating the solidarity meeting with school activist Greta Thunberg, a climate activist organized by the MEd Association. Greta Thunberg, who has become a major force before the nations of the world, called for unity against the denial of justice, from the common man to the states.

M.Ed. Coordinator Dr. T.K. Umer Farooque presided over the function. Mr. KP Muhammed Faiz and Ms. Greeshma M sang environmental protection poems. Tree planting and signature collection were also held. Dr. Muhammed Salim, Dr. Afeef Tharavattath, Dr. Niranjana KP, Ms. Rajitha KV, Mr. Faseel Ahmed, Ms. Irshana Shahnaz Ulladan and Union Chairman Mr. Sreehari were also spoke.

FTC Hridayapoorvam hands over a House for their student

2nd October 2019

As part of Farook Training College's Hridayapoorvam Project, the key to the house built for the 2016-18 batch of BEd student, Shubin EP, will be presented by Principal Dr .C. A. Jawhar on the day of Gandhiji Jayanthi, October 2, 2019. Suhara Razak, President of the Niramarithoor Gram Panchayat, will be the chief guest at the function. The Block Panchayath member Mr. Ahsokan Ayyatil will be honoured in the function for his great support for the construction of house built programme.

Natura- Field Trip to Kadalundi and Chaliyam

13th October 2019

A field visit to Kadalundi Bird sanctuary and Chaliyam was organised by NATURA, the Nature club of FTC on 13/10/2019. The bird sanctuary and the surrounding mangrove forests holds enormous faunal diversity. The main objective of the visit was to study the ecological importance and bio diversity of estuary eco system. The visit to Hortus Malabaricus made the students more aware of the rich biodiversity and herbal wealth of the State, especially of Malabar. A walk was made to one of the oldest and renowned historic structure, the Chaliyam light house. The trip was conducted in association with the Natural Science Association of FTC. Dr. Afeef Tharavattath, coordinator of Natura lead the programme.



Cleaning and Painting @ GLPS Karingallai


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27th October 2019

As part of the Farook Training College School Adoption Project, Farook Training College second year B.Ed. students cleaned Karimkallayi GLP school premises and filled soil in the grow bags for organic farming. School Adoption Project Coordinator Mr. Faseel Ahammed, Dr. Umer Farooque TK, Dr. Aseel Abdul Wahid, Dr. Afeef Tharavattath, Mr. Rishad K, Mr. Noufal C and Dr Rekha P led the program. All the hundred students actively participated. The entire school premises was cleaned and The KG class rooms were painted. Food was distributed to all the students and teachers.

Hridayapoorvam- SARGASPARSHAM

October 18th , 2019

As part of the Hridayapoorvam project, 40 differently-abled students working near the Farook College Bus Stand are working on a 'Sarga Sparsham' Program at the special school called 'Kanivu'. This project aims to explore at the minute spelling mistakes of nature in human births and to spend some time with them, distributing toys and develop their creativity. College Principal Dr. C A. Jawahar inaugurated the project and Coordinator, Dr. Afeef Tharavattath welcomed the meeting

Sports Meet at GLPS Karinkallai

4th October 2019

Sports meet was held at the Farook Training College Adoption School, Karinkallai GLPS on 4th Oct. FTC students were the main officials of the meet. Competitions were held in various sport items. The food was distributed to all students under the aegis of the college. The participation of parents along with the students provided a visual treat. The competitions, led by Kariyangallai School Head Master N .Anand Kumar, Farook Training College General Captain Abdul Basith VP and Abdul Nasser, ended at 2 pm. Members of teaching staff Mr. Faseel Ahammed, Dr Afeef Tharavattath, Dr Umer Farooq and Dr Aseel Abdul Wahid were also present.

Children's Day

14th November 2019




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Children's day was celebrated at karinkallayi G.L.P school by organising different programmes under the leadership of FTC Liberte Students union and FTC school adoption project. Dr CA Jawahar, FTC principal flagged off the children's day rally. School headmaster Mr. Anand Kumar, school adoption coordinator Mr. Faseel Ahammed and IQAC coordinator Dr. Muhammad Saleem participated in the function.

FTC Shares their love to GLPS Karinkallai

Utensils for the Mid Day Meal Programmer o GLPS Karingallai

6th November 2019

In collaboration with the School Adoption project, the M. Ed Association of Farook Training College handed over the utensils for the Mid Day Meal programme to the students of Government L. P. School Karinkalai. M. Ed Coordinator Dr. T. K Umer Farooque inaugurated the function by handing over the plates and glasses to the principal Mr. Anand Kumar. School adoption project co-ordinator Mr. Faseel Ahammed presided the function and K. M Ismayil delivered the key note address.

Christmas and New Year Celebration @ GLPS Karingallai

1st January 2020

As a part of celebrating Christmas and New Year, cake cutting and several art programmes were organized at karinkallayi UP School, which is a part of FTC school adoption programme. The programme was conducted under the leadership of the selected first year and second BEd students of Farook Training College. Manu KV, second year BEd student conveyed New year message to the students. After that, Mr.vipin, Ms. Sneha and Ms. sayooja from first year BEd entertained the students by singing and dancing with them. Farook Training College school adoption coordinator Mr. Faseel Ahammed, Student teachers including Mr. Ansar, Mr. Mridula, Ms. Sreelakshmi and Ms.Haritha were also participated in the programme. The first memory of new year became more sweet and special by cutting cake and distributing payasam for all those who involved in the programme.

Food Fest @ GLPS Karingallai

4th February 2020



Principal
Farook Training College
P.O. Farook College, (Calicut)

As a part of Farook training college school adoption project, Food Fest was conducted at karinkallayi GLP school. Dr Aseel Abdul Wahid, Aassistant professor of FTC inaugurated the function. Variety of food items were prepared and distributed to the nearby houses under the leadership of PTA members and parents. The programme was presided over by school head master Mr. Anand Kumar. Farook Training College school adoption project coordinator, Mr. Faseel Ahammed, Ramanattukkara municipal ward counsellor Mr. Prakashan, School welfare team president Mr. Rajan P and PTA president Ms. Suchithra felicitated the function. Food was distributed under the leadership of the people of the locality, parents and FTC students.

Students Day outspreads the light for the visually challenged

25th February 2020

Kizhuparamba: A one-day meet with the inmates at the Home for Destitute Blinds, Kizhuparamb, Arcakode was conducted on 25th February. The meet was organized by the Resilience Foundation Kerala Chapter and the IQAC of Farook Training College as part of FTCIA 2020. Different programs like Motivation, Experience Sharing, Song fusion and Mehendi designing were organized. The contestants were given a consolation prize and the residents were felicitated. Resilience Foundation Chairman Dr Anees Mohammed C, Blind School Director Hameed, Zeenath PY, Sajan Pudiyotil, Suleiman P, Dr.Razila, Fatima, Sreejith, Dr Luqman, Shiji, KM Ismail and Harshan led the program

Pothichoru- Hridayapoorvam

5th February 2020

Farook Training College Students came across the sympathetic eyes of those who had to extend their hands for a single meal and the emptiness of the wandering people who were forced to live in the streets...a day of satisfaction for having given at least a meal for the needy... 'Pothichoor' by Hridayapoorvam of FTC has taught a lesson for life that every grain of rice that is being wasted will have in it, the tears of those who are waiting for it. All B.Ed 2nd year students were engaged in the 'Meal for the Needy' programme. Dr. Afeef Tharavattath, Coordinator of Extension activity coordinated the programme

Thunjan Literary Quiz Competition

6th to 9th February 2020


Principal
Farook Training College
(P.O. Farook College, Calicut)



Mr. Assif (@nd Year B.Ed Malayalam) and Mr. Sreehari R (1st Year B.Ed. Malayalam) were represented Farook College in the Literary Quiz competition held as part of Tirur Thunjan Literary Festival held on 6th to 9th February 2020, Tirur and won the first prize.

Padanolsavam @ GLPSKaringallai

6th March 2020

'Padanotsavam' was conducted in Karinkallayi GLP school in the name "Varnolsavam" (festival of colours). Official inauguration of the programme was done by the Ward Councillor Prakashan M and former Head Master M. Hamsath was the chief guest. PTA President Suchithra made the presidential address. Feroke BRC BPO Anoop, school protection union president Rajan P, Farook training college B. Ed student Reshma, Previous PTA President Vijayan, Head master Anand Kumar, School adoption project coordinator Faseel Ahamed, Farook training college faculty Mr. Fasalul Abid and College student's union chairman Sreehari were made facilitation. Anusha v did the welcome speech and Athira expressed the vote of thanks. Different cultural programmes by students were conducted after that. Apart from Origami, Pencil drawing, Poem recitation, folk song, Speech, Drama, Dance, and skit, Exhibition of models and awareness programmes were conducted in a very different way through visual presentation.



ZAS
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Farook Training College
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2018 - 2019

Vayanadinam at Karinkallayi School

19-06-2018

Farook Training College organized a vayanadinam program at Karinkallayi School on June 19, 2018. The program was designed to promote literacy and education among the students of the school.

Free Meals Distribution to the Street People

28-07-2018

Farook Training College organized a free meals distribution program for the street people in the community. The program was designed to provide food and nourishment to those in need.

One Day Training Program for Counselors on Crisis Counseling for Children Seeking Normalcy After Flood Event

28-08-2018

In the aftermath of the devastating floods that hit Kerala in 2018, Farook Training College conducted a one-day training program for counselors on crisis counseling for children seeking normalcy. The program was designed to equip counselors with the skills and knowledge they need to help children cope with the trauma of the floods.

K-TET Intensive Coaching for Registered Students

13-16 October 2018

Farook Training College conducted an intensive coaching program for registered students preparing for the Kerala Teacher Eligibility Test (K-TET). The program covered all the subjects that are tested on the K-TET and provided students with the opportunity to practice their test-taking skills.

Inter Training College Badminton Tournament

31-10-2018

Farook Training College hosted an intertraining collegiate badminton competition on March 2, 2019. The competition was open to all students from training colleges in the state of Kerala. The event was a great success, with over 100 students participating.



[Signature]
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Farook Training College
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Laptop Distribution to Karinkallayi Govt LP School

14-11-2018

As part of its commitment to social welfare, Farook Training College distributed laptops to Karinkallayi Government LP School. The laptops will help the school to improve its educational facilities and provide students with access to technology.

**National Seminar in Collaboration with the Kerala State Higher Education Council on
Four Year Integrated BEd Program: Prospects and Challenges**

18-12-2018

In collaboration with the Kerala State Higher Education Council, Farook Training College organized a national seminar on the four-year integrated BEd program on December 18, 2018. The seminar aimed to discuss the prospects and challenges of the new program, which was introduced in India in 2018.

**National seminar on Decoding the inborn potential through Multiple intelligences
assessment collaborated with alpha e**

09-02-2019

In collaboration with Alpha, Farook Training College organized a national seminar on decoding the inborn potential through multiple intelligence assessment on February 9, 2019. The seminar aimed to create awareness about the importance of multiple intelligence assessment and how it can be used to identify and nurture the unique talents of students.



ZM
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Farook Training College,
P.O. Farook College, (Calicut)