

PROGRAMMES CONDUCTED BY IQAC FROM 01/06/2022 to 31/05/2023

SL No.	NAME OF PROGRAMMES	Month & Year
1	World Environmental Day @ Kadalundi Bird Sanctuary	5 th June 2022
2	World Environmental Day Celebration by Bhoomithrasena	6 th June 2022
3	Blood Donation Awareness Campaign in various schools in connection with World Blood Donation Day	14 th June 2022
4	One day workshop on Academic Writing	16 th June 2022
5	PhD open defense of Ms. Irshana Shahanaz	17 th June 2022
6	Extension Lecture on Research Methodology	17 th June 2022
7	Farooq Training College Distribution of learning materials to selected schools as part of 'Hridayapoorvam' project	17 th June 2022
8	One-day workshop on 'Edubuntu for Physical Science Teachers' by IQAC and M.Ed Association	18 th June 2022
9	Frontier lecture series-1 on 'Pupil & Environment' organized by Bhumithrasena of FTC in collaboration with FTCOSA	22 nd June 2022
10	Puthu Laharikku Oru Vottu	24 th June 2022
11	Frontier lecture series-2 on 'Flowers & Songs' organized by Bhumithrasena of FTC in collaboration with FTCOSA	30 th June 2022
12	Official Inauguration of F-talk – <i>International Frontier Lecture Series</i>	7 th July 2022
13	Frontier lecture series-3 on 'Introduction to Edu Ubuntu' organized by Bhumithrasena of FTC in collaboration with FTCOSA	13 th July 2022
14	One-day workshop on 'Geogebra' by Mathematics Association of FTC & FTCOSA	15 th July 2022
15	Frontier lecture series-4 on 'Know the Names- Etymology of Biological Terms' organized by Bhumithrasena of FTC in collaboration with FTCOSA	21 st July 2022
16	F-Talk on 21 st Century Teachers	29 th July 2022
17	PhD Open defense of Mr. Anoop Thomas	3 rd August 2022
18	Lecture on 'APA Style Referencing (7th Edition)' by IQAC & RSA	8 th August 2022
19	Independence Day by Socio Sapience-	15 th August 2022
20	Onam Celebration With Mr. Baburaj- Street Singer	21 st August 2022
21	Five Days Art & Drama Workshop	22 nd – 26 th August 2022
22	Campus Extends to Community- Distribution of Pothichoru-	27 th August 2022
23	Coffee tales- Sharing of Expertise-1 on 'Balancing Life and B.Ed Course' by Symbios, Natural Science Association of FTC & FTCOSA	31 st August 2022
24	Bhoomithrasena- Nature Walk to Kadalundi-	21 st September 2022
25	Frontier Lecture Series- F Talk on 'Recovery Oriented Education Programme, OOEP-What, Why and How?',	26 th September 2022
26	PhD Open Defense of Mr. Ravihanker M.P.	28 th September 2022
27	One Week Bridge Programme for B.Ed & M.Ed Students	7 th -12 th October 2022
28	FTC Guruvani Reloaded	10 th October 2022
29	Workshop on 'Module Preparation' for the second year M.Ed students	11 th October 2022
30	ICT Workshop on Poster Making	13 th October 2022
31	Honouring and Certificate Distribution to M.Ed Students-	14 th October 2022
32	Alumni Meet of 1987-88 B.Ed Batch	15 th October 2022
33	PhD Pre-submission of NC, MSK, Shafeel and Philip Joseph-	18 th October 2022
34	Administrative Training programme for TS & NTS- Examination Bar Code System-	21 st October 2022
35	Workshop on Expository Writing for M.Ed	21 st October 2022
36	Farewell to MEd 2020-22 Batch	21 st October 2022
37	National Seminar on 'Revised School Curriculum'	26 th October 2022

38	Teacher's Recruitment Drive -A Job Fair	31 st October 2022
39	Farewell to Mr. Saidalavi, Head Accountant of FTC	31 st October 2022
40	Keralapiravi by Ikthara Malayalam Association	1 st November 2022
41	Workshop on 'Tool Preparation'	5 th November 2022
42	Orientation to 'Evaluation of answer scripts' based on New Bar Code System Implemented by the University of Calicut	9 th November 2022
43	K-TET Orientation	15 th -28 th November 2022
44	Volunteer Service of FTC Students in Feroke sub district Youth Festival	16 th – 18 th November 2022
45	Panorama Film Club- Classroom Theatre	26 th November 2022.
46	Three days creative workshop of Focus Group-3 on Vision Paper of Curriculum and Pedagogy 2022-	28 th 30 th November 2022
47	Three days Micro Teaching Workshop	28 th – 30 th November 2022
48	Hridayapoorvam- A day with Prasanthi Special School Students	29 th November 2022
49	200 th Episode Celebration of FTC Radio Guruvani	1 st December 2022
50	Photography Context 'Click'- As Part of Library Week	5 th December 2022
51	National Seminar on Revival of Education in India-6 December 2022	6 th December 2022
52	Human Rights Day Celebration at FTC	9 th December 2022
53	Human Rights Day Celebration with Street Children	10 th December 2022
54	Union Inauguration	13 th December 2022
55	One-Day Workshop on 'Soft Skills	15 th December 2022
56	Five days Workshop on Second Phase of Micro Teaching	15 th – 19 th December 2022
57	Frontier Lecture Series-5 by Symbios	21 st December 2022
58	National Mathematics Day	22 nd December 2022
59	Christmas day Celebration-	23 rd December 2022
60	Christmas Celebration- Special Episode of Radio Guruvani	23 rd December 2022
61	Alumi Meet of 1994-95 Batch - Soulmates'95	2 nd January 2023
63	F-Talk- Interactive Session with Representatives of Azim Premji University	6 th January 2023
64	Hridayapoorvam- Distribution of Blankets	10 th January 2023
65	Community Living Camp	24 th – 27 th January 2023
66	National Voters Day Pledge	24 th January 2023
67	Employee welfare programme on Financial Management and Banking services.	25 th January 2023
68	F-Talk on ' Professionalising Teacher-Global Perspective'	1 st February 2023
69	Webinar on Comparative Education India and Maldives-	4 th February 2023
70	Hats off to K-TET achievers	4 th February 2023
71	K-TET Orientation	15 th - 28 th February 2023
72	One-week short Term Course on Inclusive Education (Similar to MOOC)	20 th -26 th February 2023.
73	F-Talk- Global Science for Global Well-being- National Science Day Celebration	22 nd February 2023
74	Expert Lecture on "Creative Teaching"	22 nd February 2023
75	Campus Recruitment 2023- MAGE Hybrid Learning	24 th February 2023
76	Three days Workshop on Preparation of Teaching and Learning Materials-	6 th -8 th March 2023
	Workshop on Geogebra by Mathematic Association	9 th March 2023
77	First Year B.Ed Field Trip to Ooty	13 th March 2023
78	One day Workshop on Gender Perspectives in Malayalam Language Text Books	14 th March 2023
79	Web Talk Series by M.Ed Association-Redefining and Reconceptualizing ICT	14 th March 2023
80	World Pi Day Celebration- SAR.GA.M Mathematics Club	14 th March 2023
81	PhD Open Defence of Mr. Rishad KT	20 th March 2023

82	One day State-Level Workshop on Research & Publication Ethics (for honouring Dr. KP Meera)	21 st March 2023
83	F-Talk on 'Creative Teacher'	22 nd March 2023
84	PhD Open Defence and Viva Voce of Ms. Shahanas E	27 th March 2023
85	One-day Workshop on SPSS	29 th March 2023
86	Academic Writing Workshop	31 st March 2023
87	PhD Open defence of Mr.Philip Joseph	10 th April 2023
88	PhD Open defence of Mr. Muhammed Sareef K	11 th April 2023
89	PhD Open defence of Mr. Justin John-	20 th April 2023
90	Web Talk Series 2- Open Educational Resources- By M.Ed Association	25 th April 2023
91	Umbichi Hajee Platinum Jubilee Celebrations (SIAL-2023)in Collaboration with IQAC Farook Training College	29 th -30 th April 2023
92	Young Scholars Enrichment Programme @ SCERT	10 th -11 th May 2023
93	Sven Days Faculty Enrichment Programme on 'Concerns of Academic Research in Social Science'-	10 th -16 th May 2023
94	PhD Open defence of Ms. Sini Susan	15 th May 2023
95	PhD Open defence of Mr. Nowfal C	16 th May 2023
96	APPENDICES - Achievements of Students & Staff of FTC during 2022-2023	




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Principal
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P.O. Farook College, Kozhikode

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Sl No	Name Of Programmes	Month & Year	Resource Person/ Collaboration	Type Of Programme
20	Pravesanolsav - Distribution Of Study Materials.	1 st June 2022	NSS volunteers @GLP School Karinkallayi	School Adoption Project
21	Vidhyatheeram Project	2 nd June 2022	NSS volunteers @GLP School Karinkallayi	School Adoption Project/Ed ucation Extension
22	Vidhyatheeram Project	3 rd June 2022	NSS volunteers @GLP School Karinkallayi	School Adoption Project/Ed ucation Extension
23	Fit Ride : Bicycle Training- Inauguration	3 rd June 2022	NSS Volunteers	Health And Fitness/Car bon Neutral Campus
24	Environment Day Celebration. Plastic Waste Free Campus. Documentary Show. Memory Tree	5 th June 2022	Bhoomitrasena	Environme nt/Nature
25	Njungalum Krishiyilek Campaign	6 th June 2022	Krishi Bhavan,Particiatory village- Vazhayoor Panchayat	Agricultur al Initiative/P articiatory




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				village
26	Vidhyatheeram Project	6 th June 2022	@GLP School Karinkallayi	School Adoption Project
27	Njungalum Krishiyilek Momento	7 th June 2022	T.V Ibrahim MLAVazhayoor Panchayat	Agricultural Initiative/P articiatory village
28	“Ocha” Talk Contest - Cross Roads Debate Club	7 th June 2022	NSS Volunteers	Dabate Club/Stude nt Leadership Activity
29	Awareness Class On World Food Safety Day.	7 th June 2022	@ Farook LP School, Ganapath AUP School, G.L.P.S Karinkallai, Azhinjilam A.U.P School	Food And Nutrition
30	Food Safty Day - Online Awareness class “Food Safty Management System”	7 th June 2022	Pradeep Kumar V.K (Assistent Commissioner Food Safty Department Palakkad)	Food And Nutrition/ Hygiene
31	Vidhyatheeram Project	8 th June2022	NSS Volunteers@ GLPS,Karinkallayi	School Adoption
32	Salgira:Letters Of Love	8 th June 2022	NSS Volunteers	Book Donation
33	Digital Poster Making Competition On World Ocean Day	8 th June 2022	NSS Volunteers	ICT/Day Celebratio n
34	Vidhyatheeram Project	9 th June 2022	NSS Volunteers@ GLPS,Karinkallayi	School Adoption
35	Workshop On Poster Making	9 th June 2022	Mr.Nivedh K.R(Student Scholar)	ICT/Stude nt Leadership Activity



36	Friday Dry day:Anti Mosquito Day	10 th June 2022	NSS Volunteers	Cleaning/ Health and Hygeine/Day Celebration
37	Vidhyatheeram Project	10 th June 2022	NSS Volunteers@ GLPS,Karinkallayi	School Adoption
38	Vidhyatheeram Project	13 th June 2022	NSS Volunteers@ GLPS,Karinkallayi	School Adoption
39	Awareness Class On Blood Donors Day	14 th June 2022	Swathy & Shafna (NSS Volunteers) @ G.H.S.S, Balussery	Blood Donation/Student Leadership Activity
40	Awareness Class On Blood Donors Day	14 th June 2022	Disha (NSS Volunteer) @ G.V.H.S.S, Cheruvannoor	Blood Donation/Student Leadership Activity
41	Awareness Class On First Aid	14 th June 2022	Shamna & Nidha (NSS Volunteers) @ G.G.V.H.S.S,Feroke	First Aid Awareness /Student Leadership Activity
42	Awareness Class On Blood Donors Day	14 th June 2022	Naja Mehajebin & mariya Sunny (NSS Volunteers) @ Sevamandir P.B.H.S.S	Blood Donation/Student Leadership Activity
43	Awareness Class On Blood Donors Day	14 th June 2022	Jasna ,Jishna & Ashitha (NSS Volunteers) @S.H.M.G.V.H.S.S, Edavanna	Blood Donation/Student Leadership Activity
44	Awareness Class On Blood	14 th June 2022	Harsha & Srijila	Blood Donation/S



	Donors Day		(NSS Volunteers) @ G.H.S.S, Pookottumpadam	tudent Leadership Activity
45	Mansoon Diseases& Environmental Sanitation- Awareness Class	14 th June 2022	NSS Volunteers @G.L.P.S, Karinkallayi	Health And Hygiene/St udent Leadership Activity
46	Special Selfimaram Project	15 th June 2022	NSS Volunteers @G.V.H.S.S , Cheruvannur	Environe nt/Nature
47	Special Selfimaram Project	15 th June 2022	NSS Volunteers @S.H.M.G.V.H.S.S, Edavanna	Environe nt/Nature
48	Special Selfimaram Project	16 th June 2022	NSS Volunteers @H.S.S ,Kunnaman gulam	Environe nt/Nature
49	Special Selfimaram Project	17 th June 2022	NSS Volunteers @F.H.S.S ,Feroke	Environe nt/Nature
50	Special Selfimaram Project	17 th June 2022	NSS Volunteers @G.G.V.H.S.S , Feroke	Environe nt/Nature
51	Special Selfimaram Project	17 th June 2022	NSS Volunteers @ G.H.S.S, Balussery	Environe nt/Nature
52	Special Selfimaram Project	17 th June 2022	NSS Volunteers @G.H.S.S , Pookottumpadam	Environe nt/Nature
53	Special Selfimaram Project	17 th June 2022	NSS Volunteers @G.V.H.S.S, Meenchantha	Environe nt/Nature
54	Special Selfimaram Project	17 th June 2022	NSS Volunteers @G.V.H.S.S,	Environe nt/Nature



			Nadakkavu	
55	Special Selfi Maram Project	17 th June 2022	NSS Volunteers @S.P.B.H.S.S, Ramanattukara	Environment/Nature
56	Awareness Class On First Aid	17 th June 2022	Sreelekha & Shanti (NSS Volenteers) @G.V.H.S.S, Nadakkavu	First Aid Awareness /Student Leadership Activity
57	Fit Ride : Cycle Training Project	17 th June 2022	Uvais & Semeena (NSS Volenteers) @F.H.S.S, Feroke	Health And Fitness/Carbon Neutral Campus
58	Anchu Dhinam Anchu Kadha - Vayanavaraacharanam	20 th June 2022	Subisha . E (NSS Volenteer)	Reading Day Celebration/Student Leadership Activity
59	Special Selfi Maram Project	20 th June 2022	NSS Volunteers @ S H M G V H S S Ramanattukara	Environment/Nature
60	Special Selfi Maram Project	20 th June 2022	NSS Volunteers @ P.P.M.H.S.S, kottukara	Environment/Nature
61	International Yoga Day “Yoga For Humanity”	21 st June 2022	Smt.S Bindhu(Yoga Trainer Sivananda International School of Yoga) Ms.Roshna Pradeep (Morarji dasi National Institute of Yoga)	Health And Fitness
62	Anchu Dhinam Anchu Kadha - Vayanavaraacharanam	21 st June 2022	Naja Majabin (NSS Volenteer)	Reading Day Celebration/Student



				Leadership Activity
63	Mixtape : Music Day Celebration	21 st June 2022	Ms. Aswathy.K.K (Assistent Professor of performing arts Farook Training College)	Day Celebration/Cultural Activity
64	Aaradhyam Paadum Musical Game Show	21 st June 2022	Ms. Aswathy.K.K (Assistent Professor of performing arts Farook Training College)	Day Celebration/Cultural Activity
65	Chodhyapetti Competition-Vayanavaaraaghosham	21 st June 2022	NSS Volenteers	Day Celebration/Cultural Activity
66	Dina Yoga :Yoga For Harmony. Yogasana Competition	21 st June 2022 To 25 th June 2022	Ministry of youth and sports affairs, Fit India Movement , Ministry of AYUSH & NSS India	University Level Program/Yoga Health And Fitness
67	Anchu Dhinam Anchu Kadha - Vayanavaraacharanam	22 nd June 2022	Dhanya (NSS Volenteer)	Reading Day Celebration/Student Leadership Activity
68	Hyku Kavitha Competition	22 nd June 2022	NSS Volunteers	Day Celebration
69	Lecture series-Birds & Songs	22 nd June 2022	Dr. Kishore Kumar (HOD Botony department Farook College)	Biodiversity/Environment/Nature
70	Anchu Dhinam Anchu Kadha - Vayanavaraacharanam	23 rd June 2022	Sinobiya (NSS Volenteer)	Reading Day Celebration/Student Leadership Activity

71	“Hello Mike Testing”	23 rd June 2022	Ms.Anoop (Student Scholar)	Student Leadership Activity
72	Kids & Olympics International Olympic Day Celebration	23 rd June 2022	NSS Volunteer @G.L.P.S ,Karinkallayi	Health And Fitness/School Adoption Project
73	“Ninja” Fun Game Contest - Cross Road Debate Club	23 rd June 2022	NSS Volunteers	Debate Club/Student Leadership Activity
74	Puthulararik Oru Vote - Campaign	24 th June 2022	Kozhikode District Administration & Nasha Mukta Barath	Tobacco/Anti Drug Awareness /State level
75	Anchu Dhinam Anchu Kadha - Vayanavaraacharanam	24 th June 2022	Ayswarya Alex (NSS Volunteer)	Reading Day Celebration/Student Leadership Activity
76	“Puthakathil Oru Nidhi”- Treasure Hunt	24 th June 2022	NSS Volunteers	Day Celebration
77	Volunteers Orientation Class	25 th June 2022	DR. Moideenkutty (HOD Arabic Department University of Calicut)	Unit Level
78	Salgira Letters Of Love	26 th June 2022	NSS Volunteers	Book Donation
79	Training Programme On “Child Friendly Initiatives”. Class On Pocsu Act & Juvenile Justice Act.Class On Introduction To Child Line.	28 th June 2022	District Legal Services Authority and child line nodal Organization by District Sub Judge Mr.Shyjal K	Child care And Legal Awareness
80	Salgira:Letters of Love	28 th June 2022	NSS Volunteers	Book Donation

81	Salgira:Letters of Love	29 th June 2022	NSS Volunteers	Book Donation
82	Revive:Music Therapy & Counselling - Inauguration	30 th June 2022	Ms. Aswathy.K.K (Assistant Professor of performing arts Farook Training College) Ms. Athira .P (Clinical Psychologist) @ Kaniv Special School	Special School Activities/ Therapy And Counselling
83	Flowers And Songs- Lecture series	30 th June 2022	Dr. K. Kishore Kumar(HOD Department of Botony Farook College) Bhoomitrasena And Natura	Biodiversity/Environment/Nature
84	Vana Maholsav - District Level Inauguration	1 st July2022	Mr.Suresh.K(Municipal vice chairman, Ramanattukara) Mr.Sunil Kumar.K (Assistant Conservator of Forests Extension Division & Forest Department	District Level/forest,Environment,Nature
85	Training Programme On “Child Friendly Initiatives”. Topic: Child Rights	2 nd July 2022	Adv. Babitha Balraj Balavakasa Commission, Childline nodal Organisation	Legal Awareness /Women And Child Care
86	Baarish Two Day Residential Camp. Day 1: *Child Friendly Initiative	2 nd July 2022	Mr.Fasalul Abid (Assistant Professor Farook Training College) Mrs.Fathima Jaseena (Assistant Professor Farook Training	Residential Camp/Agri culture/Medicinal Garden

	*Medicinal Garden *Group Dynamics & Cultural Programs		College) NSS Volunteers	
87	Baarish Two Day Residential Camp. Day 2: *Morning Walk To Chaaliyar *Agricultural Activities *Campus Work	3rd July 2022	NSS Volunteers	Residential Camp/Agri culture/Medicinal Garden
88	Basheer Day Celebration	6 th July 2022	NSS Volunteers @GLPS , Karinkallayi	Day Celebration
89	Awareness Class On Zoonotic Diseases	6 th July 2022	Ms.Shabana.V (Student Scholar)	Health And Hygeine
90	Troll Making Competition : On World Population Day	11 th July 2022	NSS Volunteers	Day Celebration
91	Salgira Letters Of Love	13 th July,2022	NSS Volunteers	Book Donation
92	Three Week of Revive:Music Therapy & Counselling	14 th July,2022	Ms. Aswathy.K.K (Assistent Professor of performing arts Farook Training College)	Special School Activities/ Therapy And Counselling
93	Emote - Make an Emoji	17 th July 2022	NSS Volunteers	Unit Level
94	Mazhavillu - Kanivu School Decoration Of Classrooms And Walls With Painting	18 th July 2022	Mr. Subhash Chalil (Assistant Professor Visual Arts Farook Training College)	Student Leadership Program/Special School Activity/Disability
95	Disa Career Counselling And	18th	Dr. Muhammed K.V(Assisitent	Participatory



	Motivation Class	July ,2022	Professor School of Pedagogical Sciences MG University @ Vazhayoor Service Cooperative bank auditorium)	Village/Ed ucation Extension
96	Library Renovation And Cleaning	19 th July 2022	NSS Volunteers @ Govt. Mental Health centre Kuthiravattom	Student Leadership Activity/Field Visit/Painting and Beautification Project
97	Thelicham - Rakshaakarthuru Shakthikaranam Padhathi	20 th July 2022	Dr.Jouhar Munavvir.T (Assistent Professor Farook Training College)	Participatory Village/Ed ucation Extension/ Parenting
98	Thelicham - Parent Empowerment project Inauguration	20 th July 2022	Mr.T.P Vasudevan Master(Vazhayoor Grama Panchayat President) Dr.Muhammed Shareef .K(Assistent Professor Farook Training College)	Participatory Village/Ed ucation Extension/ Parenting
99	“What If”- Sentence writing competition You Are The First One Who Landed On The Moon, What Will You Say	21 st July 2022	NSS Volunteers	Day Celebration
100	Chart Making Competition On Moon Day	21 st July 2022	NSS Volunteers	Day Celebration
101	Salgira : Letters of Love	21 st July 2022	NSS Volunteers	Book Donation

102	Salgira : Letters of Love	21 st July 2022	NSS Volunteers	Book Donation
103	Nature Conservation Day Conservation Of Trees	28 th July 2022	NSS Volunteers	Day Celebration/Forest Environment and Nature
104	“Appuppan Thadi”- Field visit to Children’s Home	30 th July 2022	@Children's Home Kozhikode, Gender Park Mahilamandiram, Saghi- One stop center & HCMC	Special School Activities/Institution Painting and Beautification Project



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INDEX- NATIONAL SERVICE SCHEME NSS UNIT NO : 263 AUGUST 1ST 2022 TO NOVEMBER 31ST 2022

Sl No	Name Of Programmes	Month & Year	Resource Person/ Collaboration	Type Of Programme
105	“Cliq”- Online Treasure hunt on World Wide Web Day	1 st August,2022	NSS Volunteers	Day Celebration
106	Thelicham Project Implemented For The Empowerment Of Parents Of The School Students	2 nd August 2022	Dr.Mohamed Shareef.K (Assistent Professor Farook Training Collage) @ A.M.L.P.S , Kakkov	Participatory Village/Education Extension/ Parenting
107	Revive “Rhythm Of Relief” Music Therapy & Counselling	2 nd August 2022	Ms. Aswathy.K.K (Assistent Professor of performing arts Farook Training College)	Special School Activities/Therapy And Counselling
108	“Hirosakhi” Hiroshima- Naghasakhi Day Observation	5 th August 2022	Mr. T.P Vasudevan Master(President Vazhayoor Grama Pnachayat)	Day Celebration /Education Extension
109	Quiz Competition- Quit India Movement Day	9 th August 2022	Ministry of Information & Broadcasting Central Bureau of Communication NSS Volunteers	Day Celebration / Azadi Ka Amrut Mahotsav
110	Thelicham Project Implemented For The Empowerment Of Parents Of The School Students	11 th August 2022	Dr.Jouhar Munavvir.T (Assistent Professor Farook Training College) @ A.M.U.P.School Puthur Pallikkal	Participatory Village/Education Extension/ Parenting
111	Freedom Wall:Azadhi Ka Amrit Maholsav 75 th Independence Day Celebration	11 th August 2022	Ministry Of Information And Broadcasting Central Bureau of Communication, Gov	National Level/Wall Painting Beautification



			.of India	Project/Day Celebration / Azadi Ka Amrut Mahotsav
112	Versification - 75 th Independence Day Celebration	11 th August 2022	Ministry of Information & Broadcasting Central Bureau of Communication NSS Volunteers	National Level/Day Celebration / Azadi Ka Amrut Mahotsav
113	Essay Writing Competition - 75 th Independence Day Celebration	11 th August 2022	Ministry of Information & Broadcasting Central Bureau of Communication NSS Volunteers	National Level/Day Celebration / Azadi Ka Amrut Mahotsav
114	Inaugural Session Of Azadhi Ka Amrith Maholsav & Har Ghar Thirang with Puppet Drama	12 th August 2022	Mr.Prajith Kumar(Field Officer, Ministry of Information & Broadcasting, F.O,Wayand) Mr.Sunil Pattimattom& Team(Vision of Life,Thiruvananthapuram)	National Level/Day Celebration / Azadi Ka Amrut Mahotsav
115	Elocution Competition- 75 th Independence Day Celebration	12 th August 2022	Ministry of Information & Broadcasting Central Bureau of Communication NSS Volunteers	National Level/Day Celebration / Azadi Ka Amrut Mahotsav
116	Patriotic Song Competition	12 th August 2022	Ministry of Information & Broadcasting Central Bureau of Communication NSS Volunteers	National Level/Day Celebration / Azadi Ka Amrut Mahotsav
117	“Quizzpendence”-	12 th August	Ministry of Information &	National Level/Day

	Quiz Competition	2022	Broadcasting Central Bureau of Communication NSS Volunteers	Celebration / Azadi Ka Amrut Mahotsav
118	Digital Album Making Competition - The Topic "From 57 To 47"	14 th August 2022	Ministry of Information & Broadcasting Central Bureau of Communication NSS Volunteers	National Level/Day Celebration / Azadi Ka Amrut Mahotsav
119	75 th Independence Day Celebration	15 th August 2022	Ministry of Information & Broadcasting Central Bureau of Communication NSS Volunteers @ GLPS Karinkallayi	National Level/Day Celebration / Azadi Ka Amrut Mahotsav
120	Photography Competition On World Photography Day	19 th August 2022	 NSS Volunteers	Day Celebration /Institution Level Competitio n/Cultural Activity
121	Digital Poster Making Competition "National Integrity & Communal Harmony." On Sadbhavanadiwas.	20 th August 2022	 NSS Volunteers	Day Celebration /Institution Level Competitio n/Cultural Activity/Na tional Integration
122	Art & Drama Workshop	22 nd August 2022 To 26 th August 2022	Aswathy K (Assistant Professor, FTC)	Art And Drama/Mus ic
	*An Introduction To		Subash Chalil(Assistant Professor, FTC)	
	The World Of Sounds			
	*Creative Teacher		Krishna Kumar	



	*Music Integrated		Kizhisseri (Artist)	
	Pedagogy		Arjun (Research Scholar, University of Calicut)	
	*Art Of Teaching			
	*Welcome To Doll's House			
	* Art Integrated			
	Pedagogy			
	*Drama Presentation			
	* Art Integrated			
123	"Gadika" - Folklore Day Celebration	23 rd August, 2022	NSS Volunteers	Day Celebration
124	Salgira: Letters Of Love	25 th August, 2022	NSS Volunteers	Book Donation
125	National Sports Day Celebration	29th August, 2022	JB.C A Ummer Koya(Treasurer, FT C Management Committee)	Day Celebration/ Physical Education
126	Dina Yoga & Gournica Prize Distribution	30 th August 2022	Dr.Soni T.L (NSS Programme Coordinator University of Calicut) Dr.K.M.Naseer(Principal Farook College) Dr.T.Muhammed Saleem(Principal Farook Training College)	University Level/Yoga Fitness
127	Salgira: Letters Of Love	30 th August 2022	NSS Volunteers	Book Donation
128	Paamaranam Paattukaan	31th August 2022	Hrudayapoorvam, FTCOSA, Babu bhai(Street singer)	Day Celebration

129	Health & Fitness Awareness Programme	1 st September 2022	NSS Volunteers @ Farook D.El.Ed. College	Health And Fitness/School Extension/ Student Leadership Activity
130	“Kurunnonam”- Onam Celebration	2 nd September 2022	NSS Volunteers @GLPS Karinkallayi	Day Celebration / School Adoption
131	Comic Strip Making Competition - Nutritional Week Celebration	5 th September 2022	NSS Volunteers	Health And Nutrition/Unit Level Competition
132	Card Making Competition - National Teachers’ Day	5 th September 2022	NSS Volunteers	Teacher’s Day Celebration
133	“Nutrition In Daily Life” On National Nutrition week September 1-7	5 th September 2022	Ministry Of Information And Broadcasting Central Bureau of Communication Field Office Wayanad, Govt. of India, Ms.Farsana Sherin(Dietitian)	National Level Program/Health And Nutrition
134	Video Message - National Teachers’ Day	5 th September 2022	NSS Volunteers	ICT/Day Celebration /Institution Level
135	Nutritional Food Recipe Competition On National Nutrition Week September 1-7	6 th September 2022	NSS Volunteers	Health And Nutrition/Institution Level Competition
136	Selfie With Pookkalam	8 th September 2022	NSS Volunteers	Day celebration/Institution

				Level
137	Online Sudoku Competition	9 th September 2022	NSS Volunteers	Day Celebration /Institution level
138	Online Quiz Competition On Kerala Reniassance	10 th September 2022	NSS Volunteers	Kerala Reniassance
139	Salgira : Letter Of Love	12 th September, 2022	NSS Volunteers	Book Donation
140	Anti Drug campaign - Trainers Training workshop	12 th September 2022	Mr.Fasalul Abid (Assistant Professor Farook Training College)	Tobacco/Anti Drug Activities
141	Coastal Clean up Day	17 th September 2022	Swachh Sagar Surakshit Sagar @Bey pore Beach	National Level/University Level/Swatch Sagar Abhiyan
142	Introduction To Disability Studies - Talk Session	17 th September 2022	Dr.Abhiruchi Ojha(Central University of Kashmir) ,F -Talk	National Seminar/Disability/Special Needs
143	Felicitation Ceremony - Participatory Village Prize Distribution For Students Who Achieved Good Result In SSLC, Plus Two & Degree	18 th September 2022	Mr.Vasudeven Master(Vazhayoor Gramapanchayat President) Souhradha Residence Association	Participatory Village/Education Extension
144	International Peace Day - Poster Making Competition “A World Without War”	20 th September 2022	NSS Volunteers @ G.V.H.S.S, Nadakkavu	Internship/Day Celebration
145	World Alzheimer’s Day - Awareness	20 th September	NSS Volunteers @ H.S.S ,	Internship/Day



		2022	Kunnamangalam	Celebration
146	World Alzheimer's Day - Awareness	20 th September 2022	NSS Volunteers @ G.G.V.H.S.S ,Feroke	Internship/ Day Celebration
147	Sadako Peace Crane Making Competition	20 th September 2022	NSS Volunteers @ F.H.S.S, Feroke	Day Celebration /Extension Programme
148	Sadako Peace Crane Making Competition	20 th September 2022	NSS Volunteers @ G.G.V.H.S.S, Feroke	Day Celebration /Extension Programme
149	Sree Narayana Guru Samathi Day- Awareness & Quiz Competition	20 th September 2022	NSS Volundeers @ H.S.S, Kunnamangalam	Day Celebration
150	Sree Narayana Guru Samathi Day- Awareness & Quiz Competition	20 th September 2022	NSS Volundeers @ F.H.S.S, Feroke	Day Celebration
151	Sree Narayana Guru Samathi Day- Awareness & Quiz Competition	20 th September 2022	NSS Volundeers @G.G.V.H.S.S, Feroke	Day Celebration
152	International Sign Language Day- Dumb Charades Game & Awareness Class	23 rd September 2022	NSS Volunteers @GGVHSS , Feroke	Day Celebration /Internship/ Education Extension
153	International Sign Language Day- Dumb Charades Game & Awareness Class	23 rd September 2022	NSS Volunteers @FHSS , Feroke	Day Celebration /Internship/ Education Extension
154	Awareness Class About NSS	24 th September 2022	NSS Volunteers @FHSS Farook	Day Celebration /School Extension/I nternship
155	Awareness Class About NSS	24 th September	NSS Volunteers @HSS	Day Celebration /School

		2022	Kunnamangalam	Extension/Internship
156	World River Day- Quiz Program & Awareness Class	24 th September 2022	NSS Volunteers @GGVHSS Feroke	Day Celebration /Internship/ School Extension
157	Catalyst - NSS Day Celebration	25 th September 2022	Mr.Irshad Kallampara (Reporter Mathrboomi), Ms.Saritha PM(Member Vazhayoor Panchayat Ward 2), Ms.Jouhara (Member Vazhayoor Panchayat Ward 1)	Unit Level /Day Celebration /Participatory Village
158	Salgira: Letters Of Love	25 th September 2022	NSS Volunteers	Book Donation
159	World Environmental Health Day - Quiz Competition & Awareness Class	26 th September 2022	NSS Volunteers @ G.V.H.S.S, Nadakkavu	Day Celebration /Internship/ School Extension
160	World Rabies Day - Awareness Class	28 th September 2022	NSS Volunteers @ F.H.S.S,Feroke	Day Celebration /Internship/ School Extension
161	World Rabies Day - Awareness Class	28 th September 2022	NSS Volunteers @ G.G.V.H.S.S,Feroke	Day Celebration /Internship/ School Extension
162	World Tourism Day - Quiz Competition & Awareness Class	28 th September 2022	NSS Volunteers @ G.G.V.H.S.S, Feroke	Day Celebration /Internship/ School Extension
163	International Translation Day Awareness Programme	30 th September	NSS Volunteers @GGVHSS Feroke	Day Celebration /Internship/



		2022		School Extension
164	Awareness Class -World Heart Day	30 th September 2022	NSS Volunteers @ G.G.V.H.S.S, Feroke	Day Celebration /Health And Fitness/Internship
165	Online Gandhi Quiz Competition	2 nd October 2022	NSS Volunteers	Day Celebration /Azadi Ka Amrut Mahotsav
166	Gandhi Jayanti - Album Making	2 nd October 2022	NSS Volunteers @ SPBHSS, Ramanattukara	Day Celebration/Azadi ka Amruth Mahotsav
167	Photography Competition : World Nature Day	3 rd October 2022	NSS Volunteers	Day Celebration /Environment and Nature
168	Speakola Cross Roads Debate Club	5 th October 2022	NSS Volunteers	Debate club/Student Leadership Activity
169	World Teachers' Day - Troll Making	5 th October 2022	NSS Volunteers	Unit Level Competition/Day Celebration
170	World Teacher's Day - Essay Competition	5 th October 2022	NSS Volunteers	Unit Level Competition/Day Celebration
171	Anti Drug Campaign - Awareness class	6 th October 2022	NSS Volunteers @ S.P.B.H.S.S, Ramanattukara	Tobacco/Anti Drug Awareness
172	Gandhi Sculpture Dedication & Anti Drug Awareness Class For Parents	6 th October 2022	Mr.Fasalul Abid(Assistant Professor Farook	State Level Campaign/ Tobacco/A

			Training Collage) @GLPS ,Karinkalla yi	Anti Drug Awareness
173	Anti Drug Campaign Signature Collection Anti Drug Poster Making	6 th October 2022	NSS Volunteers @ SPBHSS, Ramanattukara	State Level Campaign/ Tobacco/A Anti Drug Awareness
174	Anti Drug Pledge	6 th October 2022	NSS Volunteers Drug Free Kerala, Anti Drug Campaign Govt. Of Kerala	State Level Campaign/ Tobacco/A Anti Drug Awareness
175	Gandhi Jayandhi - Quiz Competition	6 th October 2022	NSS Volunteers @GGVHSS,Feroke	Day Celebration /Azadi Ka Amrut Mahotsav
176	World Teachers' Day - Poster Making	6 th October 2022	NSS Volunteers @GGVHSS ,Feroke	Day Celebration
177	Anti Drug Campaign - Signature Collection "Zindagi Hi Nasha He"	6 th October 2022	NSS Volunteers @GGVHSS, Feroke	Tobacco/A Anti Drug Awareness/ Anti Drug Club
178	Anti Drug Campaign - Signature Collection "Zindagi Hi Nasha He"	6 th October 2022	NSS Volunteers @ SPBHSS, Ramanattukara	Tobacco/A Anti Drug Awareness/ Anti Drug Club
179	World Cerebral Palsy Day Awareness Class	6 th October 2022	NSS Volunteers @ FHSS, Feroke	Day Celebration /Health And Fitness/Inte rnship
180	World Cerebral Palsy Day Awareness Class	6 th October 2022	NSS Volunteers @ GMHSS CU Campus	Day Celebration /Health And Fitness/Inte rnship



181	World Cerebral Palsi Day Awareness Class	7 th October 2022	NSS Volunteers @ GGVHSS, Feroke	Day Celebration /Health And Fitness/Internship
182	World Laughter Day- Make A Smiley	7 th October 2022	NSS Volunteers @ GMHSS CU Campus	Day Celebration /Internship/School Extension
183	World Laughter Day- Make A Smiley	7 th October 2022	NSS Volunteers @ SPBHSS, Ramanattukara	Day Celebration /Internship/School Extension
184	World Laughter Day- Make A Smiley	7 th October 2022	NSS Volunteers @ HSS Kunnamangalam	Day Celebration /Internship/School Extension
185	National Wild Life Week : Digital Album Making Topic : Endangered Species In India	9 th October 2022	NSS Volunteers	Day Celebration /Internship/School Extension
186	Salgira :Letters of Love	10 th October 2022	NSS Volunteers	Book Donation
187	World Mental Health Day Awareness	10 th October 2022	NSS Volunteers @ FHSS ,Feroke	Day Celebration /Mental Health And Fitness
188	Anti Drug -Awareness class	11 th October 2022	NSS Volunteers	Tobacco/Anti Drug Awareness/Anti Drug Club
189	Salgira : Letters of Love	11 th October 2022	NSS Volunteers	Book Donation
190	International Day Of Girl Child : Video Screening	11 th October 2022	NSS Volunteers @FHSS Farook	Day Celebration /Women



				And a Child Safety
191	Anti Drug Campaigning *Anti Drug Pledge *Debate Competition *Quiz Competition *Panel Discussion	12 th October 2022	NSS Volunteers Drug Free Kerala, Anti Drug Campaign Govt. Of Kerala	State Level Campaign/ Tobacco/A nti Drug Awareness/ Anti Drug Club
192	World Sight Day :Quiz Competition	13 th October 2022	NSS Volunteers @GGVHSS, Feroke	Day Celebration /Internship
193	World Sight Day :Quiz Competition	13 th October 2022	NSS Volunteers @FHSS, Feroke	Day Celebration /Internship
194	National Postal Week : Letter Writing Training	13 th October 2022	NSS Volunteers @GGVHSS, Feroke	Day Celebration /Internship
195	World Sight Day - Awareness Class And Short Film Presentation	13 th October 2022	NSS Volunteers @ SPBHSS, Ramanattukara	Day Celebration /Internship
196	Salgira : Letters of Love	14 th October 2022	NSS Volunteers	Book Donation
197	Anti Drug Campaign :Awareness Class	14 th October 2022	NSS Volunteers @F.H.S.S,Feroke	Tobacco/A nti Drug Awareness/ Anti Drug Club/Intern ship
198	Milan	15 th October 2022	NSS Volunteers	Entertainment
199	Salgira : Letters of Love	15 th October 2022	NSS Volunteers	Book Donation
200	Two Days Training Workshop On Basic Life Support & Trauma Management(B.Ed)	18 th October 2022 To 19 th October	Mr.Muneer MP (Coordinator American Heart Association Aster MIMS), Mr.Rajeesh KP(BLS	First Aid Awareness/ Health And Fitness



			trainer, Angels International Foundation) ,Mr.Biju,Mr.Ashraf & Mr.Rishad(Volunteer AIF)	
201	Basic Life Support (BLS) & Trauma Management Training(M.Ed)	19 th October 2022	Mr.Muneer MP (Coordinator American Heart Association Aster MIMS), Mr.Rajeesh KP(BLS trainer, Angels International Foundation) ,Mr.Biju,Mr.Ashraf & Mr.Rishad(Volunteer AIF)	First Aid Awareness/ Health And Fitness
202	Open Mike Programme	20 th October	NSS Volunteers	Student leadership Activity/Debate Club
203	“Yum Yum” - Cooking Competition	20th October 2022	NSS Volunteers	Entertainment/ Student Leadership activity/Daily celebration
204	Felicitation Programme @ University of Calicut - Anti Drug Rally As Part Of Naac A+ Accreditation Celebration	21 st October 2022	NSS Volunteers @ University of Calicut	University Level Campaign/ Tobacco/Anti Drug Awareness
205	Bodhapoornima - Anti Drug Campaign	22 nd October 2022	Higher Education Department Govt. Of Kerala	State Level Campaign/ Tobacco/Anti Drug Awareness/ Anti Drug Club
206	Anti Addiction Flame	24 th October 2022	NSS Volunteers	Tobacco/Anti Drug Awareness/



				Anti Drug Club/Unit level
207	Salgira. Letters of Love	25 th October 2022	NSS Volunteers	Book Donation
208	Salgira :Letters of Love	28 th October 2022	NSS Volunteers	Book Donation
209	Koode	29 th October 2022	NSS Volunteers @ Snehatheeram Old Age Home	Arts And Cultural Activity/Entertainment /Field visit
210	International Internet Day. Debate On The Topic "Pros&Cons On The Access Of Internet To Students"	29 th October 2022	NSS Volunteers @ FHSS Feroke	Day Celebration /Internship
211	International Internet Day Observation	29 th October 2022	NSS Volunteers @HSS , Kunnamangalam	Day Celebration /Internship
212	Samanwayam Anti Drug Rally	29 th October 2022	NSS volunteers @ Azhinjillam Adopted School, Azhijilam Arts Club Library, Model G.R.C Vazhayoor & Kudumbasree Vigilent Group	Tobacco/Anti Drug Awareness/ School Adoption/ Participatory Village
213	Salgira. Letters of Love	29 th October 2022	NSS Volunteers	Book Donation

214	Anti Drug Campaign Poster Making	29 th October 2022	NSS Volunteers @GGVHSS, Feroke	Tobacco/Anti Drug Awareness/ Internship
215	Unity Day Pledge - Ekta Shrinkala Campaign	31 st October 2022	NSS Volunteers	Day Celebration
216	National Unity Day - Poster Making Topic "Unity In Diversity "	31 st October 2022	NSS Volunteers @ GGVHSS, Feroke	Day Celebration /Internship
217	National Unity Day - Awareness Class	31 st October 2022	NSS Volunteers @GMHSS CU Campus	Day Celebration /Internship
218	Debate Competition - International Internet Day	31 st October 2022	NSS Volunteers	Student Leader Activity/ Debate club
219	Human Chain	1 st November 2022	Laharivimukta Keralam Govt.of kerala,Ramanattukara Municipal Cooperation NSS Volunteers of Farook College,Frook Training College, Farook Institute of Teacher Education and Farook HSS	Tobacco/Anti Drug Awareness/ Day Celebration
220	Iktara- Keralapiravi Dinaaghosham Bharanabhasha vaaraacharanam	1 st November 2022	Malayalam Association, NSS Volunteers	Day Celebration /Unit level/Entertainment
221	Kerala Day Celebration- Quiz	1 st November 2022	NSS Volunteers @ GGVHSS Feroke	Day celebration/ Informative /Internship
222	Keralappiravi Celebration : Qiz	1 st November	NSS Volunteers	Day celebration/



	& Games	2022	@FHSS Feroke	Informative /Internship
223	Keralappiravi Celebration : Naadan Pattu, Vanchi Pattu & Mappila pattu resentation	1 st November 2022	NSS Volunteers @GMHSS CU Campus	Day celebration/ Internship/ Entertainment
224	Salgira :Letters of Love	1 st November 2022	NSS Volunteers	Book Donation
225	Salgira:Letters of Love	1 st November 2022	NSS Volunteers	Book Donation
226	Salgira :Letters of Love	1 st November 2022	NSS Volunteers	Book Donation
227	Karinkallai Adopted School Sports Festival	2 nd November 2022	NSS Volunteers, Karinkallayi GLP School Students	Sports& Physical activity/School Adoption Project
228	Keralappiravi Celebration : Versification	2 nd November 2022	NSS Volunteers @FHSS Feroke	Day celebration/ Informative /Internship
229	World Tsunami Day : 'Creativity Challenge'	3 rd November 2022	NSS Volunteers @ FHSS Feroke	Day celebration/ Informative /Internship
230	Keralappiravi Celebration : Story writing	3 rd November 2022	NSS Volunteers @FHSS Feroke	Day celebration/ Informative /Internship
231	NSS Orientation Class	4 th November 2022	Pro.Dr.C R Ajith Sen(Coordinator NSS IHRD College of Engineering Chengannur)	Unit Level/Orientation
232	Salgira :Letters of Love	4 th November 2022	NSS Volunteers	Book Donation
233	Salgira :Letters of Love	4 th November 2022	NSS Volunteers	Book Donation



234	Salgira :Letters of Love	4 th November 2022	NSS Volunteers	Book Donation
235	Bharanabhasha vaaragosham - Photography Competition	4 th November 2022	NSS Volunteers	Day Celebration /Unit level
236	Bharanabhasha vaaragosham - Haiku Poem Competition	5 th November 2022	NSS Volunteers	Day Celebration /Unit level
237	Bharanabhasha vaaragosham Administrative Language Translation Competition	6 th November 2022	NSS Volunteers	Day Celebration /Unit level
238	Bharanabhasha vaaragosham - Quiz Competition	7 th November 2022	NSS Volunteers	Day Celebration /Unit level
239	National Cancer Awareness Day : Poster Making Competition	7 th November 2022	NSS Volunteers @GMHSS CU Campus	Health & Fitness/Internship/Day Celebration
240	Infant Protection Day	7 th November 2022	NSS Volunteers @GGVHSS Feroke	Day Celebration /Women & child Protection
241	National Cancer Day- Awareness Class	7 th November 2022	NSS Volunteers @HSS Kunnamangalam	Health & Fitness/Internship/Day Celebration
242	National Legal Service Day	9 th November 2022	NSS Volunteers	Day Celebration



			@ GGVHSS Feroke	/Informativ e/Internship
243	Blood Donation Camp	9 th November 2022	Mr.Bibin NSS Volunteers, Govt.Taluk Hospital Blood Bank , Perinthalmanna	Blood Donation
244	Trainers Training @ GUPS Ramanattukara	9 th November 2022	Mr.Santhosh Cheruvot (Private Officer Kerala Excise) Ms.Safa Rafeek (Chairperson, Education Standing Committee,Ramanat tukara Municipality Mr.K T Razak (President, Old Students Association GUPS Ramanattukara) Mr.M P Mohandas(Counsel ling psychologist), NSS Volunteers	Tobacco/A nti Drug Awareness/ Student Leadership activity
245	Cuddles	10 th November 2022	NSS Volunteers @Kanivu Special School	School Extension Activity/En tertainment / Special School Activity/Di sability
246	World Public Transport Day	10 th November 2022	NSS Volunteers @ HSS Kunnamangalam	Day Celebration /Internship/ Informative
247	National Education Day Poster Making	11 th November 2022	NSS Volunteers @ GGVHSS, Feroke	Day Celebration /Internship/ Informative



248	National Education Day	11 th November 2022	NSS Volunteers @ HSS, Kunnamangalam	Day Celebration /Internship/ Informative
249	IPM & Care Home Visit	12 th November 2022	NSS Volunteers @ IPM,Home care Medical College Kozhikode	Field visit/Inform ative
250	Chachajiyum Kuttyolum- Children's Day Celebrations	14 th November 2022	NSS Volunteers @ GLPS , Karinkallayi	Day Celebration / School Adoption Project/Ent ertainment
251	Children's Day Celebration @ Kanivu Special School	14 th November 2022	NSS Volunteers @ Kanivu Special School	Day Celebration / School Adoption Project/Ent ertainment/ Special School Activity/Di sability
252	Bharanabhasha vaaragosham Seminar Presentation	14 th November 2022	NSS Volunteers	Day Celebration /Informativ e
253	Children's Day : Letter to Nehru	14 th November 2022	NSS Volunteers @ GMHSS CU Campus	Day Celebration /Internship
254	Salgira:Letters of Love	14 th November 2022	NSS Volunteers	Book Donation
255	Salgira :Letters of Love	14 th November 2022	NSS Volunteers	Book Donation
256	Salgira :Letters of Love	14 th November 2022	NSS Volunteers	Book Donation
257	Anti - Drug Awareness class Vidhyarthi Rakshakartha Shaktheekarana Paripaadi-	15 th November 2022	NSS Volunteers @GUPS , Ramanattukara	Tobacco/A nti Drug Awareness/ Student Leadership

	Akalam - Akattam			activity
258	Panel Discussion Kerala School Padyapadhathi Parishkaranam	16 th November 2022	NSS Volunteers	Day Celebration /Informativ e
259	Salgira :Letters of Love	17 th November 2022	NSS Volunteers	Book Donation
260	Salgira :Letters of Love	17 th November 2022	NSS Volunteers	Book Donation
261	Salgira :Letters of Love	17 th November 2022	NSS Volunteers	Book Donation
262	Salgira :Letters of Love	21 st November 2022	NSS Volunteers	Book Donation
263	Salgira :Letters of Love	21 st November 2022	NSS Volunteers	Book Donation
264	World Television Day : Tableu	22 nd November 2022	NSS Vounteers @ A.U.P.S Azhinjillam	Day Celebration /Internship/ Informative
265	Quiz Competition On Fifa World Cup	22 nd November 2022	NSS Volunteers	Sports & Physical activity/Da y Celebration
266	Shoot Out Programme “Katharilekk Oru Thattum Koode Oru Kuthum”	22 nd November 2022	NSS Volunteers	Sports & Physical Activity/Da y Celebration
267	Vidhyatheeram -Sports fitness Training Class	22 nd November 2022	NSS Volunteers @ GLP School Karinkallai	Sports & Physical Activity/Sc hool Adoption Project/Sch ool Extension Activity
268	Sthree Samrakshana Niyamangal Bodhavalkkarana	25 th November 2022	Mr.Abdul Bari(District women	Women Empowerm



	Class		& child Development Officer), Ms.Archana(Administrator Sakhi one Stop centre)	ent/Protection of women & Children
269	Dowry Prohibition Pledge	25 th November 2022	ORANGE THE WORLD CAMPAIGN ,ICDS NSS Volunteers	Women Empowerment/Protection of women & Children
270	Azadi Ka Amrit Maholsav Campaign Volunteering	27 th November 2022	Ministry of Information & Broadcasting Central Bureau of Communication NSS Volunteers	National Level/Inter Collage/ Azadi Ka Amrit Mahotsav
271	Flash Mob& Mime With Messages to end Violence Against Women	29 th November 2022	NSS Volunteers	Anti Drug/Day celebration/ Women Empowerment/Protection of women & Children
272	Thelicham:Rakshaakathru Shaktheekara Paripaadi	29 th November 2022	Dr.Noufal T(Assistant Professor,Farook Training College)@GLPS Vazhayur,Thiruthiyad	Education Extension/ Parenting



Prof. (Dr.) T. Mohamed Saleem
Principal
Farook Training College
P.O. Farook College, Kozhikode

INDEX- NATIONAL SERVICE SCHEME NSS UNIT NO : 263 DECEMBER 1ST 2022 TO MARCH 31ST 2022

SI No	Name Of Programmes	Month & Year	Resource Person/ Collaboration	Type Of Programme
273	Vidyatheeram-Karinkallai school Kanakkile Kootalum Kurackalum	1 st December 2022	NSS Volunteers @ GLPS Karinkallai	School Adoption Project/Edu cation Extension
274	AIDS Day : Poster Making & Awareness	1 st December 2022	NSS Volunteers @ AUPS Azhinjilam	Day Celebration /Internship/ Informative
275	Oath on Aids Day	1 st December 2022	NSS Volunteers	Day Celebration
276	SIDCAP-Aids Day	2 nd December 2022	NSS Volunteers- Gurudarshan(Colleg e Youtube Channel)	Day Celebration /Communit y Outreach Program)
277	NMMS Examination Training	2 nd December 2022	NSS Volunteers@ GVHSS Nadakkav	Internship/I nformative
278	International Day Of People With Disability - Poster & Awareness	3 rd December 2022	NSS Volunteers@ GAUPS Karinkallayi	Day Celebration /Internship/ Informative
279	Elecution Competition CrossRoads Debate Club	5 th December 2022	NSS Volunteers	Debate Club/Stude nt Leadership Activitty/U nit Level
280	International Day Of Disable Persons - Awareness & Poster Displays	5 th December 22	Mr. Yusuf Changaroath(Social Activist) Abdul Qader A P(Pricipal, D.El.Ed Farook)	Day Celebration /Disability/I nformative
281	Self Defence Training	6 th December 2022	Kerala Police Defence Team Ms.Sheena	Health & Physical Activity/W

			P.P(Sr.Civil Service Officer) Ms.Faseela(Sr.Civil Service Officer) Ms.Raseena(Sr.Civil Service Officer) Abdul Qader A P(Principal,Farook Institute of Teacher Education)	Women & Child Protection
282	Salgira :Letters of Love	6 th December 2022	NSS Volunteers	Book Donation
283	Salgira :Letters of Love	7 th December 2022	NSS Volunteers	Book Donation
284	Salgira :Letters of Love	7 th December 2022	NSS Volunteers	Book Donation
285	International Day Of People With Disability - Changathikkoottam	8 th December 2022	NSS Volunteers@ GAUPS Karinkallayi	Day Celebration /Internship/ Informative
286	Fit Ride : Bicycle Training- Inauguration	8 th December 2022	NSS Volunteers	Health And Fitness/Car bon Neutral Campus
287	Salgira :Letters of Love	8 th December 2022	NSS Volunteers	Book Donation
288	International Anti-Corruption Day	9 th December 2022	NSS Volunteera @ H.S.S Kunnamangalam	Day Celebration /Internship/ Informative
289	Children's Home Painting- 'Appuppanthaadi'	10 th December 2022	NSS Volunteers@ Kozhikode Government Childrens Home For Boys & Girls,After Care Home,HMDC,Mahila Mandiram,Skhi One Stop Centre,Punya Bhavanam	Student Leadership Activity/Field Visit/Painting and Beautification Project



290	Vidyatheeram - Drawing Training Class	12 th December 2022	NSS Volunteers @ GLPS Karinkallayi	School Adoption Project/Education Extension
291	Buds School Program-Mejora(M. Ed)	12 th December 2022	NSS Volunteers @ Buds Special School Ramanattukara	Special School Activity/Disability
292	Salgira :Letters of Love	13 th December 2022	NSS Volunteers	Book Donation
293	National Television Day-Discussion	21 st December 2022	NSS Volunteers @ GAUPS Karinkallayi	Day Celebration /Internship/ Informative
294	SIDCAP-Episode 4 National Mathematics Day	22 nd December 2022	NSS Volunteers-Gurudarshan(College YouTube Channel)	Day Celebration /Community Outreach Program)
295	National Mathematics Day	22 nd December 2022	NSS Volunteers @ GMUPS Feroke	Day Celebration /Internship/ Informative
296	National Mathematics Day-Quiz & Geometrical Chart Competition	22 nd December 2022	NSS Volunteers @ AUPS Azhijilam	Day Celebration /Internship/ Informative
297	SIDCAP (Farmer's Day)	23 rd December 2022	NSS Volunteers-Gurudarshan(College Youtube Channel)	Day Celebration /Community Outreach Program)
298	Salgira :Letters of Love	23 rd December 2022	NSS Volunteers	Book Donation
299	"Thoyadhi" Seven Day Special Camp Day One	24 th December 2022	K. Ashwin Prathap(Beypore Port Officer) @ Umbichy Hajee Higher Secondary School,Chaliyam	Special Camp

300	“Thoyadhi” Seven Day Special Camp Day Two	25 th December 2022	NSS Volunteers @ Umbichy Hajee Higher Secondary School,Chaliyam, NSS Volunteers @ Meen Chappa,Chaliyam V.K Surendran(OSD Nirdesh,Rtd DGM,Mumbai Shipyard)	Special Camp/Com munity Extension Program/Fi eld Visit
301	“Thoyadhi” Seven Day Special Camp Day Three	26 th December 2022	Ms.Anusha V(President, Kadalundi GramaPanchayat)	Special Camp/Com munity Extension Program
302	“Thoyadhi” Seven Day Special Camp Day Four	27 th December 2022	NSS Volunteers @ Gov.Fisheries School, K.M Shareef(Assistant Professor,Farook Training College NSS Volunteers @ Beyppore Fest- Lavitu(Anti Drug Awareness Dance) Riyasudheen Gurukkal(National Kalari Sangham, Cheruvannur Srambia), Academy Of Japan Fighting Arts, Mrs.Bindhu(Yoga Guru)	Special Camp/Com munity Extension Program/A ntidrug
303	“Thoyadhi” Seven Day Special Camp	28 th December 2022	Mr. Rajeesh K P (BLS Trainer,Angels	Special Camp/Com



	Day Five		International Foundation)	munity Extension Program/First Aid
304	“Thoyadhi” Seven Day Special Camp Day Six	29 th December 2022	NSS Volunteers @ Hopeshore Special School	Special Camp/Field Visit/Painting and Beautification Project
305	“Thoyadhi” Seven Day Special Camp Day Seven	30 th December 2022	Zin Sreejith(International Instructor Zumba,Assistant Professor)	Health & Physical Fitness/Special Camp/.Entertainment
306	Special Care Room Inauguration	4 th January 2023	Dr. T Muhammed Saleem (Principal,Farook Training College) @ UHHSS Chaliyam P. B.I Muhammad Ashraf(UHHSS Secretary) Syed Hisamuddin(Principal,UHHSS)	Education Extension Activity/Adopted School/Innovation
307	Salgira :Letters of Love	9 th January 2023	NSS Volunteers	Book Donation
308	One Student One Mentor	10 th January 2023	NSS Volunteers @ GMUPS Feroke	One Student One Mentor
309	Vidhyatheeram-Drawing Clas	11 th January 2023	NSS Volunteers @ GLPS Karinkallayi	School Adoption Project/Education Extension
310	SIDCAP (National Road Safety Day)	11 th January 2023	NSS Volunteers-Gurudarshan(College Youtube Channel)	Day Celebration /Community Outreach Program)



311	SIDCAP (National Youth Day)	12 th January 2023	NSS Volunteers- Gurudarshan(College Youtube Channel)	Day Celebration /Community Outreach Program)
312	Jeevodhyam Endosulfan Affected Students In Buds School Maked Product Selling.	12 th January 2023	Endosulfan Buds Special School, Enmakaja, Sneha Buds School, Karaduka, Jeevodayam Buds Special School, Kanhangad	Special School Activity/Community Outreach Program/Student Leadership Activity
313	Neeharam - 2 Day Camp	12 th January 2023 & 13 th January 2023	NSS Volunteers	Residential Camp
314	Sayamprbha-Vayojana Samgamam	15 th January 2023	NSS Volunteers @ GLPS Azhinjilam	Participatory Village/Senior Citizens Protection
315	Palliative Care Activity	16 th January 2023	NSS Volunteers @Palliative Jubilee Health Center	Paliative Care/First Aid
316	Kood Shilasthapanam	16 th January 2023	Mrs Jouhara (Member ward one, Vazhayoor) Mrs.Saritha (Member ward two, Vazhayoor)	Community Outreach Program/Participatory Village
317	One Student One Mentor	16 th January 2023	NSS Volunteers @ GUPS Ramanattukara	One Student One Mentor
318	One Student One Mentor	17 th January 2023	NSS Volunteers @ GMUPS Kodal Nadakkav	One Student One Mentor
319	One Student One Mentor	17 th January 2023	NSS Volunteers @ HSS	One Student One

			Kunnamangalam	Mentor
320	Vidyaatheeram (Maths Skill)	17 th January 2023	NSS Volunteers @ GLPS Karinkallayi	School Adoption Project/Edu cation Extension
321	Dress Bank	17 th January 2023	NSS Volunteers @ HSS Kunnamangalam	Student Leadership Activity/Int ernship/Dre ss Bank
322	Quizzy Pop	19 th January 2023	NSS Volunteers	Day Celebration /Student Leadership Activity
323	One Student One Mentor	19 th January 2023	NSS Volunteers @ AUPS Azhinjillam	One Student One Mentor
324	Koythum Methiyum	21 st January 2023	NSS Volunteers @Chinnetan's Field (malerithazham, Ramanattukara)	Field Visit/Agric ulture/Infor mative
325	SIDCAP (Farmer's Day)	24 th January 2023	NSS Volunteers- Gurudarshan(Colleg e Youtube Channel)	Day Celebration /Communit y Outreach Program)
326	SIDCAP (World Education Day)	24 th January 2023	NSS Volunteers- Gurudarshan(Colleg e Youtube Channel)	Day Celebration /Communit y Outreach Program)
327	Kood Bhavana Nirmanam	25 th January 2023	Mr. C P kunhi Muhammad(Manage of Farook College) T.P Vasudevan Master(President, Vazhayoor Grama Panchayat) Mrs.Saritha	Community Outreach Program/Par ticipatory Village

			(Member ward 2,Vazhayoor) S. Mohammed Yunus(Farook Training College Secretary)	
328	SIDCAP (National Voter's Day)	25 th January 2023	NSS Volunteers- Gurudarshan(College Youtube Channel)	Day Celebration /Community Outreach Program)
329	Gandhiji's Martyr's Day	30 th January 2023	NSS Volunteers	Day Celebration
330	SIDCAP (Raksthasakshi Dinam)	31 st January 2023	NSS Volunteers- Gurudarshan(College Youtube Channel)	Day Celebration /Community Outreach Program)
331	Abheri Kalasayandhanam	4 th February 2023	Shyjal M P(Sub.Judge & Secretary, District Legal Service Authority Kozhikode) Harris MM (Assistant Superintendent), Ravindran V.T.K (Deputy Prison Officer), Rajesh Kumar T (District Jail Welfare Officer)	Field Visit/Cultural Activity/Jail Welfare
332	Salgira :Letters of Love	7 th February 2023	NSS Volunteers	Book Donation
333	SIDCAP (Internet Safety Day)	7 th February 2023	NSS Volunteers- Gurudarshan(College Youtube Channel)	Day Celebration /Community Outreach Program)
334	Salgira :Letters of Love	9 th February 2023	NSS Volunteers	Book Donation

335	Salgira :Letters of Love	9 th February 2023	NSS Volunteers	Book Donation
336	Salgira :Letters of Love	9 th February 2023	NSS Volunteers	Book Donation
337	Salgira :Letters of Love	9 th February 2023	NSS Volunteers	Book Donation
338	SIDCAP (Women And Children Safety Day)	11 th February 2023	NSS Volunteers- Gurudarshan(College Youtube Channel)	Day Celebration /Community Outreach Program)
339	Nishtta Yoga Training Class	17 th February 2023	Ms.Bindhu (Mind Body Fitness Club) @ Azhinjilam AUPS	Participatory Village/Health & Fitness
340	Parenting Motivation Class Theliccham	19 th February 2023	Dr. T Muhammed Saleem @ Thali Residence Association	Participatory Village/Parenting
341	Salgira :Letters of Love	20 th February 2023	NSS Volunteers	Book Donation
342	Salgira :Letters of Love	20 th February 2023	NSS Volunteers	Book Donation
343	Salgira :Letters of Love	22 nd February 2023	NSS Volunteers	Book Donation
344	Salgira :Letters of Love	23 rd February 2023	NSS Volunteers	Book Donation
345	Destek	23 rd February 2023	Mr. K.K Muhammad (Principal UHHSS) Mr .K.Abdul Jalil(Managing Committee Secretary) Mr.Mohammad Ashraf (P.B.I) Tasleena (IEDC Coordinator)	Special School Activity/Disability/School Extension

			Jayashree(Special Educator)	
346	National Science Day : Photography Competition	24 th February 2023	NSS Volunteers	Day Celebration
347	Nishtta	24 th February 2023	Ms.Bindhu (Mind Body Fitness Club) @ Azhinjilam AUPS	Participatory Village/Health & Fitness
348	National Science Day : Poster Writing Competition	25 th February 2023	NSS Volunteers	Day Celebration
349	Science Day Celebration: Caption Writing Competition	26 th February 2023	NSS Volunteers	Day Celebration
350	SIDCAP (World Sustainable Energy Day)	27 th February 2023	NSS Volunteers-Gurudarshan(College Youtube Channel)	Day Celebration /Community Outreach Program)
351	Quiz Based On National Science Day	28 th February 2023	NSS Volunteers	Day Celebration
352	Nishtta	2 nd March 2023	Ms.Bindhu (Mind Body Fitness Club) @ Azhinjilam AUPS	Participatory Village/Health & Fitness
353	Women's Day Talk	8 th March 2023	Ms.Zoya Naser(District Coordinator, National Literacy Mission Wayanad)	Women Empowerment/Women & Child Safety/Day Celebration
354	Women's Day Celebration. Documentary Screening	8 th March 2023	Dr.Mansoorali (Script Writer,Coordinator, Film Club,Farook College) Anupama Savio (Student Scholar)	Women Empowerment/Women & Child Safety/Day Celebration /ICT
355	SIDCAP (International Women's Day)	27 th February 2023	NSS Volunteers-Gurudarshan(Colleg	Day Celebration /Communit

			e Youtube Channel)	y Outreach Program)
356	Harsham	10 th March 2023	Dr. T. Muhammed Saleem(Principal, Farook Training College) NSS Volunteers	Nature/Environment
357	Nishtta	10 th March 2023	Ms.Bindhu (Mind Body Fitness Club) @ Azhinjilam AUPS	Participatory Village/Health & Fitness
358	Salgira :Letters of Love	10 th March 2023	NSS Volunteers	Book Donation
359	SIDCAP (World Consumer Day)	15 th March 2023	NSS Volunteers-Gurudarshan(College Youtube Channel)	Day Celebration /Community Outreach Program)
360	Nishtta	16 th March 2023	Ms.Bindhu (Mind Body Fitness Club) @ Azhinjilam AUPS	Participatory Village/Health & Fitness
361	Salgira :Letters of Love	16 th March 2023	NSS Volunteers	Book Donation
362	Salgira :Letters of Love	16 th March 2023	NSS Volunteers	Book Donation
363	Nishtta	17 th March 2023	Ms.Bindhu (Mind Body Fitness Club) @ Azhinjilam AUPS	Participatory Village/Health & Fitness
364	Snehavirunn Theruvile Koottukarkk	20 th March 2023	Mr.Jamsheed P(Sub.Inspector,Kerala Railway Police,Calicut), Hridayapoorvam, FTCOSA	Community Outreach Program

365	World Down Syndrome Day Celebration- With Us Not For Us	21 st March 2023	Dr.Anjali Viswanath(MBBS, MD,DNB- Consultant psychiatrist) Ms. Jeena James(Pediatric Physiotherapist, Hopeshore) NSS Volunteers @ Hopeshore Multi Disciplinary School for special needs	Special School Activities/ Day Celebration / Field Trip/Disabi lity
366	Sparsham. Poem Writing Competition	21 st March 2023	NSS Volunteers	Art/Student leadership activity/Da y Celebration
367	Nishtta	23 rd March 2023	Ms.Bindhu (Mind Body Fitness Club) @ Azhinjilam AUPS	Participator y Village/Hea lth & Fitness